



The Thompson
AT THE CENTER FOR SENIORS AND COMMUNITY

Experts at Living Well

Committed to helping seniors stay healthy, active, and involved

Annual Report 2013



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(October '12 - April '13)
Patsy Mathews - President
(April '13 - present)
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James Emery, Van Driver/Maintenance
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Candle Klampert, Janitorial

Dear Friends,

Over 30 years ago, The Woodstock Area Council on Aging began serving meals and providing senior advocacy services in our community. We have grown and evolved to meet the needs of the changing population and continue to thrive as a vibrant center committed to helping seniors stay healthy, active, and involved. Research shows that older adults who participate in senior center programs have higher levels of health, social interaction, and life satisfaction.

According to the Older Americans Act Reauthorization, which calls for the support and modernization of senior centers, “in order to effectively engage and address the needs of the aging population, it is crucial that the expertise of multipurpose senior centers be fully tapped...”

Vermont’s population has a high percentage of older citizens and, as the needs in our region are increasing, we are preparing to grow as well. This year we made much needed repairs to our building including the replacement of our roof. We implemented a computerized system to help us manage our services and report more efficiently what we are doing. We continued to develop partnerships that provide more connections to resources for those we serve, and we joined the National Council on Aging Institute for Senior Centers that will be a guide for growth, development, and sustainability. We are proud to be in the role as a critical community based support, but most importantly we truly care for those we serve.

We hope you’ll notice in this report that we are the grateful recipients of the generosity of many who believe in our purpose and want to support our mission. Thank you to the staff, volunteers, Board of Directors, and the wider community, for making the Thompson Center a vibrant resource that continues to make the Woodstock area a region that supports successful aging in our local communities.

Patsy Mathews, *President, Board of Directors*
Deanna Jones, *Executive Director*



Patsy Mathews



Deanna Jones

The Thompson Center will act as a resource and advocate for our senior population, providing timely support on issues that affect aging in our rural community. Our programs and activities will promote the physical, intellectual, and social well-being of the adult community to enhance dignity, self-worth, and independence. In addition, our senior center will provide a gathering place for our community.



Associate Members 2012 - 2013

Mr. & Mrs. Jim Adams
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Richard & Bonnie Atwood
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Peter & Marjorie Behr
Richard & Anne Brodrick
Jeffrey Bendis & Barbara Butler
Jireh Billings
Joan Blackwell
James & Phyllis Bulmer
Mary Cameron
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Phillip & Mary Lee Camp
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Ted & Joan Staples
Sophia Stone
Carl & Ching-Wen Taylor
Ted & Ginny Taylor
Eldon Thompson
Carol Towne
Tambrey Vutech
Kimann Vollers
Harvey & Lois Watson
Katherine Webster
Tom Weschler

Peg & Jess Willard
Chet Williamson
Marie Willis
Charles & Elizabeth Wilson
Chuck & Lora Wise
Joan Wister



Photos (top to bottom): 1. Tom Weschler and Jerry Fredrickson at a Finance committee meeting
2. Bob Forman delivers "Share the Harvest" produce
3. Our Center

Thank You 



19TH ANNUAL VALENTINE AUCTION & DINNER

UNDERWRITERS

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Polly and John Timken

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Louise and William Burgin

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Hull Maynard Hersey Ins. Services, Inc.
Ottauquechee Plumbing & Heating
Tambrey Vutech, Realtor, Lang McLaughry Real Estate



Thank You

Thank you to all of the donors,
bidders, volunteers, and
attendees that made the Valentine
Auction and Dinner a success!



Photos top to bottom:

1. Dining room set for Valentine Dinner
2. Joyce & Carl Hurd
3. Dinner event manager, Katie Merrill and Chef Peter Wynia
4. Priscilla Pannell & Corwin Sharp



Year in Review

2013

Highlights and Accomplishments

- New roof installed and building repairs completed by special fundraising efforts
- Implemented “MySeniorCenter” software for sign-in process to record participation in programs, meals, and transportation giving improved reporting and efficiencies for staff
- Continued partnership with Community Care Coordinator program
- Board adopted a short-term strategic plan with goals to strengthen financial structure, expand marketing and communications, and attract and retain human resources (board, volunteers, associate members, & staff)
- Joined National Council on Aging, National Institute for Senior Centers as a guide for growth, development and sustainability.

In addition to these highlights, The Thompson facilitated educational & medical talks on aging related topics, provided tax services through AARP volunteers, hosted exercise classes, social events, special meals, day trips, language classes, language tables, intergenerational programs, foot clinics, wellness checks, flu shots, and connected hundreds of people with a wide variety of resources.



Meals on Wheels
delivered: 6,479



Congregate Meals
served: 10,985



Local Transportation: 3,127
Medical Rides: 421



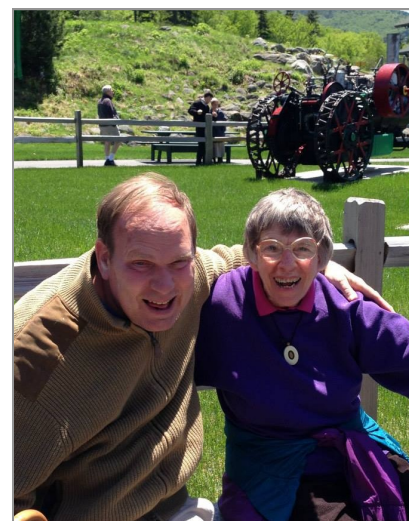
Testimonials & Tributes

"You have made my senior years happy, joyful, and most fulfilling." Daily patron, age 91

"My situation is not unique, but is certainly problematic. I am an only child living in California with an 83 year old mother in Vermont. Mom is a highly articulate, sweet and delightful person who is fiercely independent, and has lived on her own for the last 50 years. After hearing about a sore leg for a number of months, I realized that perhaps her ability to self-diagnose may not be accurate, and after placing some calls ended up connected with Woodstock's Thompson Senior Center. They delivered Meals on Wheels and through personal involvement by the staff, Mom was admitted to the hospital where they were able to treat a leg that was so badly infected that amputation was possible. Since then, we have coordinated ongoing services for Mom at home and the Thompson staff has been my eyes and ears for Mom, taking her to medical appointments, making personal connections, and going beyond normal expectations. In short, I consider the staff at The Thompson to be Angels on Earth."

"I cannot imagine the Woodstock area without The Thompson Senior Center. This is not an all youthful community and I have personally learned that the services the Center provides are essential to the welfare and well being of our older citizens! The Thompson literally makes living at home in the Woodstock Area possible for many who could not otherwise do so. Most important to me is the feeling of warmth and caring and, above all, worth, you give seniors in all circumstances; it cannot be measured by any ordinary standard. I am so thankful to live where you are!"

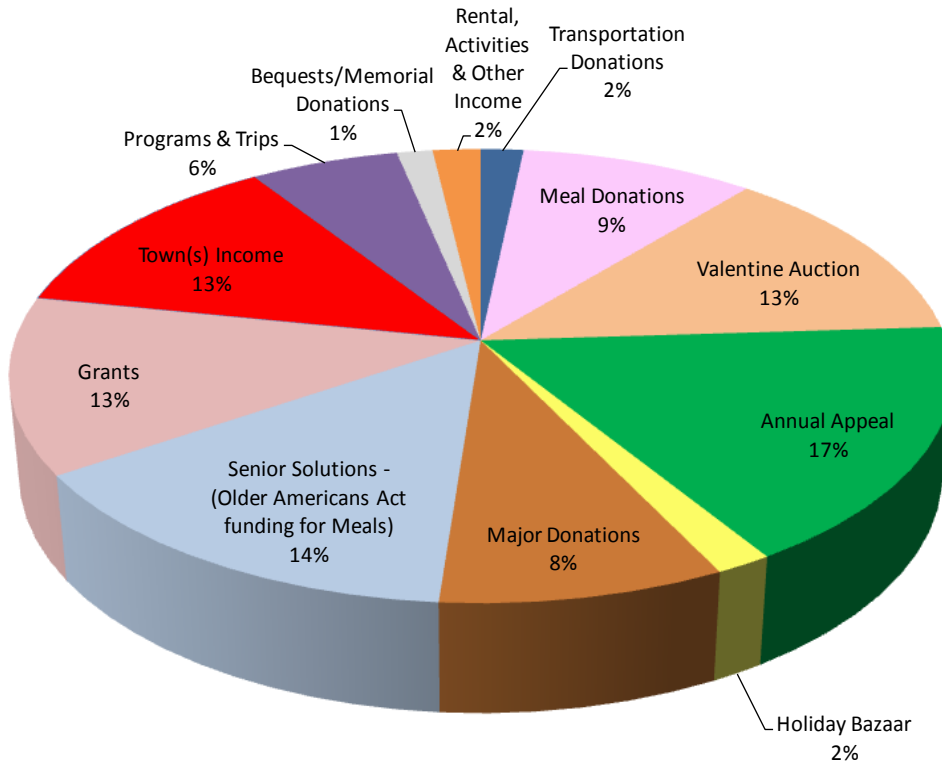
~ Former Meals on Wheels patron and volunteer



Photos (left to right): Diana Hayes and Pauline Holt at the Holiday Lunch, Thompson Center Staff, Rick Kuniholm and Jan Standish on the White Mountain/Cog railroad trip.



Sources of Funding for Operations - 2013



Uses of Funds

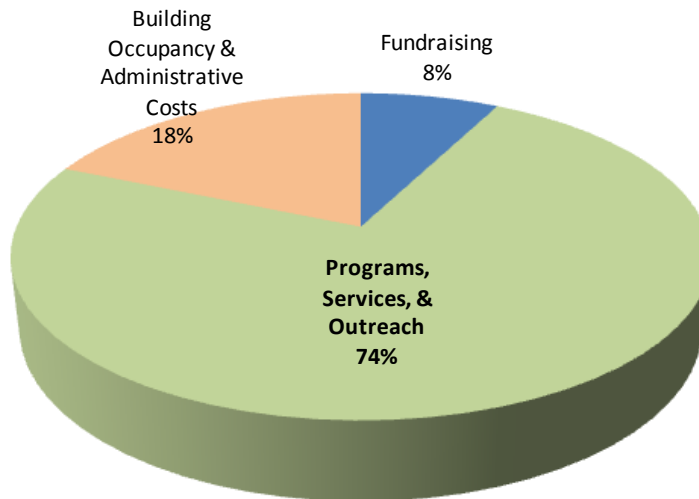


Photo: Holiday Bazaar Fundraiser, Noreen Huff, at her pottery, craft, and folk art table.



SERVICES

- Health -

Fitness classes ♦
 delicious meals ♦
 programs on aging well in your own home ♦ safe driving classes ♦ medical talks ♦ foot care clinics ♦ free hearing, vision & balance screenings ♦ blood pressure clinics

- Socialization -

Speakers and programs ♦
 music ♦ card games ♦ bingo ♦ holiday events ♦ movie night ♦ book clubs ♦ hand crafts ♦ horseshoes ♦ gardening ♦ classes ♦ quilting ♦ genealogy ♦ lunch-time language tables ♦ trips both near and far.

- Transportation -

Medical appointments ♦
 daily ride service ♦
 shopping trips

- Senior Advocacy -

Referrals for: Aging at home resources ♦ financial help and fuel assistance ♦ benefit assistance ♦ caregivers ♦ tax help ♦ medical equipment. We partner with Senior Solutions, the Community Care Coordinators, AARP, and others to provide these and many other resources.

- Volunteering -

There are many ways you can help from waiting tables at lunch ♦ delivering Meals-On-Wheels ♦ serving as a receptionist ♦ driving to medical appointments ♦ helping in the gardens.

Treasurer's Report Fiscal Year 2012 - 2013

We are very thankful for the towns, organizations and individuals that choose to support the mission of the Thompson through grants and by contributing to the Annual Appeal and fundraising events. This year we needed to replace the roof and were blessed with donations from individuals across the many towns we serve. We also raised special funds from two private donors and received a grant for the implementation of a new computer software system. Gifts for both of these capital projects are booked as fundraising income this year while the cost of the projects are capitalized rather than expensed. Please note how this affects the operating bottom line and the Capital Expenditure below. The Board and staff are committed to controlling expenses and sustaining fundraising revenue, but are unable to break even and must continue to depend on our invested funds for budgeted shortfalls. We also look to growing our invested funds so that over the long term we will have sufficient funds to meet our shortfalls for operating needs and capital projects. Respectfully Submitted, John Moore, Treasurer

<u>OPERATING INCOME</u>	FY Ending 9/30/2010	FY Ending 9/30/2011	FY Ending 9/30/2012	FY Ending 9/30/2013
Transportation Donations	2,652	1,454	5,594	6,636
Meal Donations	36,252	34,792	39,679	36,398
Fundraisers	129,018	151,449	153,929	159,370
Senior Solutions - Meals & Van	76,540	76,067	77,570	55,950
Grants	61,535	54,014	51,173	54,603
Town(s) Income	20,900	30,975	43,000	49,075
Programs & Trips	31,467	19,622	30,600	23,038
Rental	3,660	3,890	2,625	3,010
Bequests/Memorial Donations	7,945	13,665	675	5,552
Other Income	17,336	2,153	2,050	5,225
Roof Donations	-	-	-	20,275
Total Operating Income	<u>387,305</u>	<u>388,081</u>	<u>406,895</u>	<u>419,132</u>
<u>OPERATING EXPENSES</u>				
Fundraising Expense	11,338	10,356	11,220	13,436
Insurance	6,921	5,782	5,920	7,033
Occupancy & Utilities	26,356	28,602	34,954	35,855
Personnel	252,012	280,602	258,719	247,412
Food & Kitchen	54,713	53,454	59,792	58,604
Program & Trips	35,711	23,473	29,511	23,544
Vehicle Expense	20,222	24,805	23,222	17,926
Administrative	31,979	28,825	25,888	25,911
Total Operating Expenses	<u>439,252</u>	<u>455,899</u>	<u>449,226</u>	<u>429,721</u>
Net Operating Income (Loss)	<u>(51,947)</u>	<u>(67,818)</u>	<u>(42,331)</u>	<u>(10,589)</u>
Capital Expenditure	<u>-</u>	<u>(5,000)</u>	<u>-</u>	<u>(37,858)</u>
NET INCOME (LOSS)	<u>\$ (51,947)</u>	<u>\$ (72,818)</u>	<u>\$ (42,331)</u>	<u>\$ (48,447)</u>

Stated as of
October 1, 2013

~

Subject to Audit
and Year End
Final
Adjustments

Reports
available upon
request

~

Invested Funds						
Fiscal Year End	September 2010	September 2011	September 2012	September 2013	Total	
Beginning Balance	869,924	833,316	782,217	836,305		
Unrealized gains (appreciation)	<u>28,392</u>	<u>37,901</u>	106,088	123,827	296,208	
Balance	898,316	871,217	888,305	960,132		
Withdrawals to Operations/Capital	<u>65,000</u>	<u>89,000</u>	52,000	54,500	260,500	
Ending Balance	833,316	782,217	836,305	905,632		

Memorial Gifts

**In Memory of
Diane Blanchard**
Gladys Deatte

**In Memory of
David Blackwell**
Mary Cameron

**In Memory of
Joan Burdge**
Mary Cameron

**In Memory of
Phyllis Hickory**
Mary Cameron
Rob & Deanna Jones

**In Memory of
Harold Robinson**
Rob & Deanna Jones
Ruth Ekberg
Malcolm Morgan
Ted & Joan Staples
Mary Cameron
Perry & Janet Maxham
Pat Mangan
Mr. & Mrs. Samuel Grice
Helen Leonard

**In Memory of
Faye Dudley**
Pat Mangan

**In Memory of
Ronald Leonard**
Pat Mangan
Wayne & Barbara Leonard

**In Memory of
Mary Goulazian**
Mr. & Mrs. Kiley
Barbara & Bret Bersack
Darcy Holland
Jerry & Joan Oppenheimer
Patsy & John Mathews
Jerry & Arleta Fredrickson
Richard Leberman
Lenore & Carol Morin
Sarah Muir
Woodstock Insurance

**In Memory of
Malcolm Morgan**
Dick & Tookie Staples
Mary Cameron
American Legion Post #24
Pat Mangan
Linda & Richmond Maxham
Ruth Ekberg
Grace Staples
Marcia & Brian Alderfer
Dick & Linda Brackett
Gladys Deatte
Ted & Joan Staples
Patsy & John Mathews
Janet & Perry Maxham
Dick & Jane Leonard
John & Ruth Wiegand
Nancy Bassett
Paul & Janet Gilbreath
Jack & Gina Moore
Robert & Nancy Lewis
Corwin Sharp/Priscilla Pannell
Joan Harvey
Jerry & Arleta Fredrickson
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Randi Harron
Patricia & Gordon Richardson
Helen Leonard
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Gray Camp, Inc.
Roy & Joanne Bates
Mr. & Mrs. Steven Morgan
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Barbara Kelley
Jane Soule
Ken & Renee Howe
Polly Foley
Woodstock Insurance

**In Memory of
William Beebee**
Robert & Sandra Messer
The Residents of The Homestead
Gary & Mary Sitnick-Heitkamp
Grace Staples
Albert & Jean Conklin
Mary Cameron
Norman Youknot
Helen Leonard
Robert Edson
Grace Edson
Mary Johnstone
Beatrice Gyra
Phyllis LeBaron
Beatrice Robinson
Carol Nettleship
Dorothy Forthmann
Roma Pulling
Sue & Pete Hottenstein
Laurence Roberts
Beth Alden
Joan & Ted Staples
Bridgewater Grange #284
Linda & Richmond Maxham
Pat Mangan
Dick & Lucille Staples
Richard & Jane Leonard

**In Memory of
Carolyn Johnson**
Gerrish Honda
Pat Mangan

**In Memory of
Ruth Lewis**
John & Lillian Griggs
The Prosper Homemakers

**In Memory of
Bruce Dudley**
Laurence Roberts

**In Memory of
John Steppacher**

We dedicate our
Annual Report in
Loving Memory of all
those who passed
away this year.

Memorial Gifts were
made in Memory of:

Diane Blanchard
David Blackwell
Joan Burdge
Phyllis Hickory
Harold Robinson
Faye Dudley
Ronald Leonard
Mary Goulazian
Mickey Morgan
William Beebee
Carolyn Johnson
Ruth Lewis
Bruce Dudley
John Steppacher



Photos top to bottom:

1. Rodney Croft and Dick Brackett from the American Legion for Flag dedication ceremony at The Thompson in honor of World War II Veteran, Harold Robinson. 2. Mickey Morgan and Mary Cameron at the Holiday bazaar.

Annual Appeal Donors 2012-2013

Thank You

Friend: up to \$99

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Esther Maynes
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Stephen Killam
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Robert & Phyllis Meyers
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Elaine & Lysle Chase
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Candace Coburn &
Gregory Gosselin
Dick Colantuono &
Ginny Eames
Jeannine Colby
Jane Curtis
David & Bernadette Darakjy
Elizabeth Deignan &
Daniel Bellmore
Clover Durfee
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Margaret Edwards &
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Sally & Dexter Foss
Louise Fowler
Peter & Edel Freitag
Barbara Gibbs
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Sandy & Karen Gilmour
Gertrude Goff

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 Lyle & Lisbeth Hall
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 Carolyn Harrington
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 Constance Hitchcock
 Pauline Holt
 Jeffrey Horrell & Rodney Rose
 Peter & Sue Hottenstein
 Jack & Irene Jaglom
 Peter & Geri Jensen
 Robert & Deanna Jones
 Vince & Cindy Jones
 George Kanewec & Janet Seekell
 Barbara Kelley
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 Mark Knott DDS & Rachel Hochman
 John Larson
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 Margarete Pierce
 Willem & Rita Post
 Prosper Community Club
 Paul & Beverly Regan
 Dr. & Mrs. Theodore Robbins
 Harold Robinson

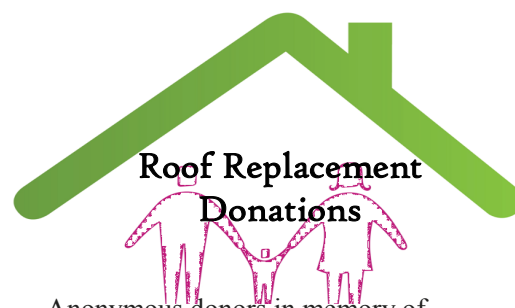
Beatrice Robinson
 Steven & Deborah Roecker
 George & Ann Sadowsky
 Priscilla Sands
 Sarah Saul
 Mark & Liz Schellhorn
 John & Nancy Schullinger
 Robert & Sarah Seelert
 Corwin Sharp & Pricilla Pannell
 Charles Simons
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 Allen & Karen Smith
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On the front cover (top to bottom):

1. Strength and Fitness class
2. July birthday lunch with Priscilla Pannell, Sally Kesseli, Barbara Kelley, & Marilyn Wilhelm
3. Driver, Gordon Worth, with the Thompson van
4. Meals on Wheels delivery



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