



# The Thompson

AT THE CENTER FOR SENIORS AND COMMUNITY



Annual Report 2017

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## Dear Friends,

The Thompson is a vibrant community of more than **1,500 seniors** in Barnard, Bridgewater, Pomfret, and Woodstock—as well as energetic volunteers, dedicated staff, expert advisors and teachers, and generous donors. Together, the Thompson community enriches aging in our area through meals, exercise, speakers and classes, transportation, and many opportunities for socialization, education, and wellness.

People over 65 represent the fastest growing age group nationally and in our Woodstock area. But, even with the increasing requirements, we're up to the challenge with your continued generous help and support.

This year we launched our Aging at Home initiative as a result of a community-wide survey where more than 500 seniors responded telling us what they needed to successfully age at home.

We're excited to be growing and evolving to meet the needs of our community in new ways in addition to the ongoing services and programs at the Center. We truly are unique in our field, and we hope that as you read this report you'll take note of the generosity of many who believe in our purpose and want to support our mission.

Thank you to our donors, staff, volunteers, Board of Directors, and our communities for ensuring that the Thompson Center remains a vibrant resource for each of us as we age.

Liza Deignan, *President, Board of Directors*  
Deanna Jones, *Executive Director*



*Deanna Jones & Liza Deignan*

**The Thompson helps seniors to age well in our rural community. We provide timely support and services and are a resource and advocate on issues related to aging. Our programs and activities foster the physical, intellectual, and social well being of our adult community to enhance dignity, self-worth, and independence.**



# 2016-2017 Impact by the Numbers



## 19,695 Meals

Served annually including 9,609 home delivered Meals on Wheels

## 4,014 Rides

Local Transportation, Medical Rides, Shopping



## 2,455 Fitness\*

Strength & Fitness, Yoga, Tai Chi, Bone Builders, Walking Group, & Water Aerobics

## 2,500 Education & Wellness\*

Language, Finance, Medical Talks, Wellness Clinics, Flu Shots



## 4,375 Socialization\*

Memoir, Card Games, Music, Book Club, Bingo, Guest Speakers



## 170 Volunteers gave 7,700 hours\*

Waitstaff, Meals on Wheels Drivers, Medical Drivers, Receptionists, Board & Committee Members, and many more!



*\*Number of annual participants by category  
(as signed-in to MySeniorCenter)*

**Our Community Counts on The Thompson!**

# Program Highlight

## Generation to Generation Project at The Thompson

*Creating intergenerational moments that will last a lifetime*



This summer we took the Generation to Generation (#Gen2Gen) summer challenge to make meaningful connections between children and older adults and keep young people in our community learning, safe, and creatively engaged. The week of August 7th was "Generation to Generation" week at The Thompson with programs offered by ArtisTree/Purple Crayon, and teacher, Barbara Leonard. Throughout the week, 42 students and more than 40 adults participated together in creative arts projects, music, games, and meals at the Center.

The proven benefits of intergenerational activities are numerous and meaningful to both generations. Older people have abundant skills and life experience to share. Younger people thrive with the support of caring adults in their lives.

Some highlights of the week include:

- Painting, kite making, and music with ArtisTree/Purple Crayon
- Horseshoe lessons with Norm and outdoor games
- Story-time and memoir writing with the memoir group
- Ice cream social with contra dance and singing
- An epic morning of Bingo with Mr. & Mrs. Leonard and more than 50 enthusiastic participants
- Cribbage, card games, and chess
- Rock painting and placing lady bug rocks in The Thompson garden
- Kid (and adult) friendly special meals like mac-n-cheese, spaghetti, and pancakes for lunch

***Special thanks to Barbara Leonard, Jennifer Gubbins, Finnie Trimpi and Caitlin Eastman from ArtisTree, and the Generation to Generation team!***

The Gen2Gen Summer Challenge is part of Encore.org's Generation to Generation campaign, a national effort to inspire adults over 50 to make a positive difference in the lives of children and youth. [www.Encore.org](http://www.Encore.org)

ArtisTree Community Arts Center offers ongoing creative arts programs and intergenerational classes with The Thompson through their outreach program. [www.artistreevt.org](http://www.artistreevt.org)

Participants of all ages had this to say:

*"This was one of the best weeks all summer for my boys. Thank you!"*

*"I loved senior camp. Especially mac-n-cheese and cribbage."*

*"I really enjoyed this week with the younger ones. Made me feel like one of them. I enjoyed it as much as they did. Looking forward to next year."*

*"It was a fun week at Generation to Generation camp. Hope we can do it again next year."*



# Council Members 2016 - 2017

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**Photos:** 1. March for Meals "Annual Thank You Walk" 2. Dick Colantuono and Ginny Eames at the Volunteer appreciation banquet



# Annual Appeal Donors 2016 -2017

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*Thank You*

***We are grateful to all of our donors.  
Please let us know if you spot an error.***

# Treasurer's Report Fiscal Year 2016 - 2017

<u>OPERATING INCOME</u>	Fiscal Years Ending			
	9/30/2014	9/30/2015	9/30/2016	9/30/2017
Transportation Donations	\$ 9,287	\$ 9,539	\$ 7,050	\$ 10,689
Meal Donations	36,812	51,092	50,249	48,832
Fundraiser Revenue	158,117	166,160	214,136	206,812
Aging at Home Program Donations	0	0	0	38,251
Senior Solutions (OAA funding)	61,123	77,946	77,215	92,160
Grants	39,073	59,328	37,717	25,648
Town Funding	47,750	49,900	54,897	55,620
Program Income	28,074	17,456	26,940	20,018
Rental Income	2,500	4,065	2,815	3,205
Memorial Donations	6,315	4,960	3,740	6,826
Other Income	7,853	1,491	5,459	2,334
Building Improvement Donations	4,950	2,000	4,550	5,000
<b>Total Operating Income</b>	<b>\$ 401,854</b>	<b>\$443,937</b>	<b>\$484,768</b>	<b>\$515,395</b>
 <u>OPERATING EXPENSES</u>				
Fundraising Expense	\$ 11,388	\$ 12,512	\$ 24,273	\$ 30,005
Insurance - General	7,589	7,898	8,281	7,753
Occupancy	37,476	47,533	42,348	42,145
Personnel-Wages, Insurance, Taxes, W.C.	251,506	259,685	285,810	284,547
Food & Kitchen Expense	62,232	68,008	70,013	74,539
Programs & Trips	25,549	22,956	30,737	24,412
Vehicle Expense	21,550	19,500	14,767	14,892
Administrative Costs	26,601	35,760	41,653	42,279
Contingency Fund	0	0	3,864	3,866
<b>Total Operating Expenses</b>	<b>\$ 443,891</b>	<b>\$473,851</b>	<b>\$521,746</b>	<b>\$524,438</b>
<b>NET OPERATING INCOME (LOSS)</b>	<b>\$ (42,037)</b>	<b>\$ (29,914)</b>	<b>\$ (36,978)</b>	<b>\$ (9,043)</b>
Capital Expenditures	(22,686)	(21,106)	(45,403)	(6,172)
<b>NET INCOME (LOSS)</b>	<b>\$ (64,723)</b>	<b>\$ (51,020)</b>	<b>\$ (82,381)</b>	<b>\$ (15,215)</b>

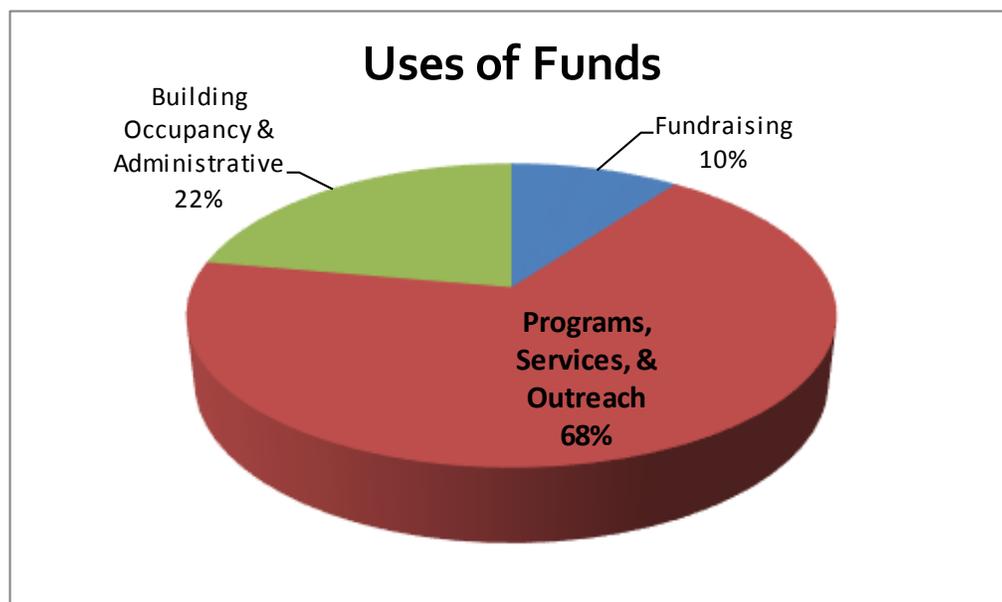
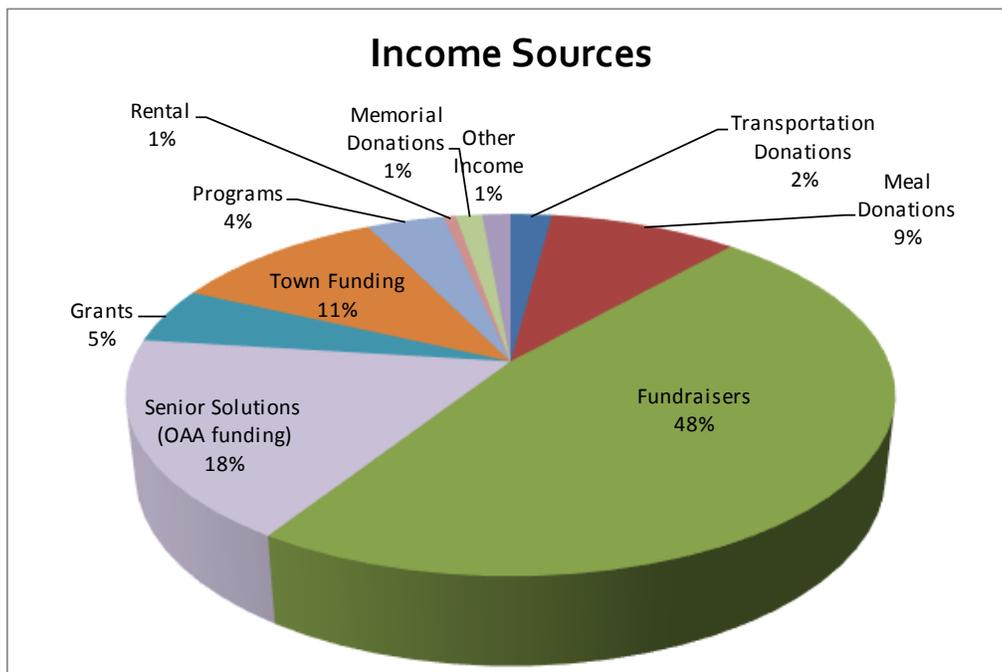
*Stated as of October 1, 2017. Subject to Audit and Year End Final Adjustments. Reports available upon request.*

Invested Funds					
Fiscal Year End	9/30/2014	9/30/2015	9/30/2016	9/30/2017	Total
Beginning Balance	\$ 905,632	\$ 961,437	\$ 943,336	\$ 977,893	
Gains (appreciation)	120,868	(8,101)	84,557	139,379	<b>336,703</b>
Gifts to Invested Funds		70,000			
Balance	1,026,500	1,023,336	1,027,893	1,117,272	
Withdrawals for Operations/Capital	65,063	80,000	50,000	50,000	<b>245,063</b>
Ending Balance	<b>\$ 961,437</b>	<b>\$ 943,336</b>	<b>\$ 977,893</b>	<b>\$ 1,067,272</b>	

Thank you to all the individuals, organizations and towns that supported our Mission by contributing to the Center. This year many of our programs received well-deserved support, such as Meals on Wheels and our transportation programs. Our new Fall Fundraising Event helped our revenues significantly and was very successful. Our Annual Appeal continues to be an important component of our fundraising along with our Dinner Dance and Auction. Capital expenditures were limited to the matching payment for the new Thompson Shuttle van. The Board and staff continue to be committed to controlling expenses and sustaining fundraising revenue, however we continue to rely on our Invested Funds for operations and capital improvements. Our Investment Committee continued to do an excellent job of managing our restricted and unrestricted invested funds.

Respectfully Submitted, Gerald Fredrickson, Treasurer

## 2016 - 2017



## SERVICES

### - Health -

- Fitness classes ♦
- delicious meals in our dining room or delivered to your home ♦
- programs on aging well ♦
- safe driving classes ♦
- medical talks ♦
- foot care clinics ♦
- free hearing, vision & balance screenings ♦
- blood pressure clinics ♦
- flu shot clinic ♦
- dental screenings ♦
- medical talks

### - Socialization -

- Speakers and programs ♦
- music ♦
- card games ♦
- bingo ♦
- holiday events ♦
- guest speakers ♦
- book clubs ♦
- hand crafts ♦
- horseshoes ♦
- gardening ♦
- classes ♦
- lunch-time language tables ♦
- trips

### - Transportation -

- Medical appointments ♦
- daily ride service ♦
- shopping trips

### - Senior Advocacy -

- Referrals for: Aging at home resources ♦
- benefit assistance ♦
- caregiver support ♦
- tax help ♦
- medical equipment.

We partner with Senior Solutions, the Community Care Coordinators, AARP, and others to provide these and many other resources.

### - Volunteering -

- There are many ways you can help from waiting tables at lunch ♦
- delivering Meals-On-Wheels ♦
- serving as a receptionist ♦
- driving to medical appointments ♦
- helping in the gardens.

# Thompson Dinner Dance & Auction 2017

Thank you to our Underwriter,  
**Mascoma Savings Bank,**  
and to all of our sponsors, donors, bidders,  
volunteers, and attendees that made the The  
Thompson Dinner Dance & Auction a success!



**Mascoma  
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## DIAMOND SPONSORS



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