



The Thompson

Your resource to age well

PROGRAM CALENDAR - DECEMBER 2018

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
8-3 Public Benefit Programs Screening* 8:30 Pickle Ball 9 Strength & Fitness 10:15 Memoir Group 1 Advisory Meeting	9 Strength & Fitness 9:30-12:30 Reflexology* 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1 Jewelry Repair w/ Yael 1:30 Mah Jongg 3 Bone Builders	8:30 Pickle Ball 9:00 W. Leb Shopping* 9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 1:30 ArtisTree Project*	9 Strength & Fitness 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	10-12:30 CCC Office Hours* 12 German Language Table 1:30 Mah Jongg at NWPL
10	11	12	13	14
8-3 Public Benefit Screening* 8:30 Pickle Ball 9 Strength & Fitness 10:15 Memoir Group 1-3 Advanced Directives*	9 Strength & Fitness 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1 Jewelry Repair w/ Yael 1 Yankee Swap 1:30 Tech Help* 1:30 Mah Jongg 3 Bone Builders	8:30 Pickle Ball 9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table	Holiday Dinner* 9 Strength & Fitness 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 1 Cantabile Chorus 1:30 Mah Jongg 3 Bone Builders	9-2:30 Foot Clinic* 10-12:30 CCC Office hours* 12 German Language Table 1:30 Mah Jongg at NWPL
17	18	19	20	21
8:30 Newsletter Folding 8-3 Public Benefit Programs Screening* 8:30 Pickle Ball 9 Strength & Fitness 10:15 Memoir Group	9 Strength & Fitness 9:30-12:30 Reflexology* 10 Double King Pede 10 Beginning Italian* 10-11 Veggie VanGo 11:30 Commodities 12 Spanish Table 1 Music with The Panhandlers 1 Jewelry Repair w/ Yael 1:30 Mah Jongg 3 Bone Builders	8 Board Meeting 8:30 Pickle Ball 9:00 W. Leb Shopping* 9-2:30 Foot Clinic* 9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 12:30 Caregiver Support Group 1 Porter Music Boxes	9 Strength & Fitness 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 12:45 Lucy Mac Visit 1:30 Mah Jongg 3 Bone Builders	10-12:30 CCC Office Hours* 12 German Language Table Open Ping Pong 1:30 Mah Jongg at NWPL
24	25	26	27	28
CLOSED	CLOSED for Christmas	8:30 Pickle Ball 10:30 Handwork Cir. 12 French Table	Birthday Day* 9 Strength & Fitness 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1:30 Mah Jongg 3 Bone Builders	10-12:30 CCC Office Hours* 12 German Language Table Open Ping Pong 1:30 Mah Jongg at NWPL
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CLOSED for New Year's Eve			BINGO daily at 10:30 am except on birthday day and other special meal days. Location changes based on the day's schedule.	* Indicates that sign-up/reservations are required