



PROGRAM CALENDAR - JANUARY 2019

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
BINGO daily at 10:30 am except on birthday day and other special meal days. Location changes based on the day's schedule.	CLOSED New Years Day	8:30 Pickle Ball 9:00 W. Leb Shopping* 10:30 Handwork Cir. 12 French Table 1:30 ArtisTree Project*	9 Strength & Fitness 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	10-12:30 CCC Office Hours* 12 German Language Table 1:30 Mah Jongg at NWPL
7	8	9	10	11
8-1 Public Benefit Screening* 8:30 Pickle Ball 9 Strength & Fitness 10:15 Memoir Group 1 Advisory Meeting	9 Strength & Fitness 9:30-12:30 Reflexology* 10-11 Veggie VanGo 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1 Jewelry Repair w/ Yael 1:30 Tech Help* 1:30 Mah Jongg 3 Bone Builders	8:30 Pickle Ball 9 Fall Prevention Clinic* 9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 1 Aging and Driving 1 Book Group	9 Strength & Fitness 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	9-2:30 Foot Clinic* 10-12:30 CCC Office hours* 12 German Language Table 1:30 Mah Jongg at NWPL
14	15	16	17	18
8:30 Newsletter Folding 8-1 Public Benefit Screening* 8:30 Pickle Ball 9 Strength & Fitness 10:15 Memoir Group 1-3 Advanced Directives*	9 Strength & Fitness 10 Double King Pede 10 Beginning Italian 11:30 Commodities 12 Spanish Table 1 Jewelry Repair w/ Yael 1:30 Mah Jongg 3 Bone Builders	8:30 Board Meeting 8:30 Pickle Ball 9:00 W. Leb Shopping* 9-2:30 Foot Clinic* 9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 12:30 Caregiver Support Group	9 Strength & Fitness 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 12:45 Lucy Mac Visit 1 History of Floating Bridge Program 1:30 Mah Jongg 3 Bone Builders	10-12:30 CCC Office Hours* 12 German Language Table Open Ping Pong 1:30 Mah Jongg at NWPL
21	22	23	24	25
CLOSED Martin Luther King Jr Day	9 Strength & Fitness 9:30-12:30 Reflexology* 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1 Jewelry Repair w/ Yael 1:30 Mah Jongg 3 Bone Builders	8:30 Pickle Ball 9:30 Beginner Tai Chi 10-12 Wellness Clinic 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 12:30 -2:50 Foot Clinic*	Birthday Day* 9 Strength & Fitness 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Music with Adam Boyce & Merv Combs 1:30 Mah Jongg 3 Bone Builders	10-12:30 CCC Office Hours* 12 German Language Table Open Ping Pong 1:30 Mah Jongg at NWPL
28	29	30	31	
8:30 Pickle Ball 9 Strength & Fitness 10:15 Memoir Group	9 Strength & Fitness 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1 Jewelry Repair w/ Yael 1:30 Mah Jongg 1:30 Tech Help* 3 Bone Builders	8:30 Pickle Ball 9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 1:00 Advance Care Planning	9 Strength & Fitness 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1:30 Mah Jongg 3 Bone Builders	* Indicates that sign-up/reservations are required