



# The Thompson

Your resource to age well



2018

## Annual Report

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## Dear Friends,

Thank you for your support of The Thompson during this past year; we are always grateful for the many gifts of time and talent. For many of us, we most appreciate The Thompson because we meet so many engaging people here. We're a group of vibrant volunteers and participants, talented artists, fitness enthusiasts, activists, life-long learners, Veterans, teachers, spiritual examples, travelers, interesting Vermonters, and caring friends.

The Thompson has provided more than 30,000 unique interactions with participants, guests, and volunteers and regularly serves more than 1,500 residents from Barnard, Bridgewater, Pomfret, and Woodstock. This year we fully launched our Aging in Place service, providing more outreach to the community through "Days of Service," "Quick Fixes" for odd jobs, and hundreds of referrals to vetted service providers. In the coming year, we'll continue to increase transportation access and to expand our effort to support all community members to Age Well.

Recently, a special gift was bestowed on The Thompson from Dick and Jane Leonard and the Leonard family to help us grow and improve our building. Earlier this year, we celebrated after being recognized by the Department of Aging and Independent Living as "a leader in supporting older Vermonters and contributing to a thriving community." We truly are unique in our field with exciting things on the horizon, and we hope that as you read this report you'll note the generosity of many who believe in our purpose and support The Thompson mission. Thank you donors, staff, volunteers, Board of Directors, and our communities for ensuring that The Thompson remains a vibrant resource for each of us.

Please join us in the coming months for a Thompson experience or activity you haven't had before and let's Age Well together!

Liza Deignan, *President, Board of Directors*

Deanna Jones, *Executive Director*



*Liza Deignan & Deanna Jones*

The Thompson helps seniors age well in our rural community.

We provide timely support and services and are a resource and advocate on issues related to aging. Our programs and activities foster the physical, intellectual, and social well being of our adult community to enhance dignity, self-worth, and independence.



# 2017-2018 Impact by the Numbers



## 19,801 Meals

Served annually including 9,986 home delivered Meals on Wheels

## 4,805 Rides

Local Transportation,  
Medical Rides, Shopping



## 2,579 Fitness\*

Strength & Fitness, Yoga, Tai Chi, Bone Builders,  
Walking Group, & Water Aerobics

## 2,711 Education & Wellness\*

Language, Finance, Medical Talks,  
Wellness Clinics, Flu Shots



## More than 30,000 total interactions/contacts

at social events, enrichments opportunities, and dining —  
Memoir, Creative Arts, Card Games, Music, Book Club, Guest  
Speakers, Horseshoes, Intergenerational Programs, and more!

## 183 Volunteers gave 8,783 hours\*

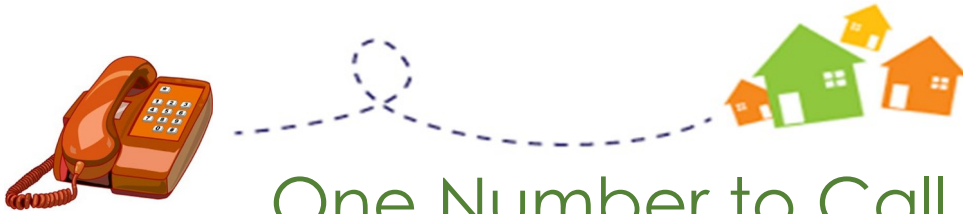
Waitstaff, Meals on Wheels Drivers, Medical Drivers,  
Receptionists, Board & Committee Members, and  
many more!

*\*Number of annual participants by category  
(as signed-in to MySeniorCenter)*

Our  
Community  
Counts on  
The Thompson!

# Age Well with The Thompson

Our community asked, we responded ...



## One Number to Call

One number to call for any need — a new dedicated Thompson staff member for any “Aging at Home” questions, from shower chairs to Medicare and everything in between.

## Days of Service and Quick Fixes

Volunteers and staff can help with a variety of non-skilled odd jobs like putting away porch furniture and bird feeders, sweeping garages, changing smoke detector batteries, figuring out how to check your voice mail, or even put up a Christmas tree. If it's a bigger job, we can help you find the right person.



## Vetted Service Providers

We partner with a wide variety of businesses and individuals to bring you any service you need to AGE WELL at HOME!

We check references and only suggest businesses or individuals who have happily agreed to be an Aging at Home service provider.

## Age Well Education Series and Outreach

Monthly educational talks are presented on topics ranging from legal planning, fall prevention, funeral planning options, Smart Driver safety course, nutrition and cooking, downsizing, hospital to home transitions, advance directives, and more.

Our new e-newsletter provides readers with information on ways to "age well" at home and in your community through current and reliable information on health, lifestyle, diet, and resources.

# Thank you to all who supported the launch of these Age Well services in 2017 and 2018 with gifts and at events!

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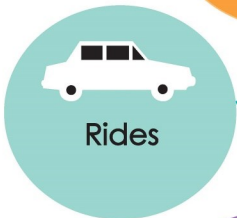
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**The Thompson**  
Your resource to age well

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**Photos:** 1. Lois & Harvey Watson at summer celebration 2. Veterans Day ceremony with American Legion. 3. Poppy Project

# Special Highlights

## Generation to Generation Project at The Thompson

*Creating intergenerational moments that will last a lifetime*

Older people have abundant skills and life experience to share. Younger people thrive with the support of caring adults in their lives. The Thompson has dedicated a special week in August when young people in our community come together with seniors for learning, fun, and to make meaningful connections.

The proven benefits of intergenerational activities are numerous and meaningful to both generations.

*Special thanks to Barbara Leonard, Jennifer Gubbins, Finnie Trimpi, ArtisTree, VINS, and the Walmart Foundation.*



## March for Meals

Annual events each March raise awareness about the critical importance of home delivered "Meals on Wheels," help us recruit new volunteers, and give us an opportunity to thank our supporters. The Thompson Meals on Wheels program has grown to an all-time high — 40 meals daily on 4 routes in Bridgewater, Barnard, Pomfret, and Woodstock.



Thank You Walk



Community Champions Day



# Annual Appeal Donors 2017 -2018

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*Thank  
You*

We are grateful to all of our donors.  
Please let us know if you spot an error.

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# Thompson Dinner Dance & Auction



Visit our website for more information about the Annual Thompson Dinner Dance and Auction.

[www.thompsonseniorcenter.org/auction2018/](http://www.thompsonseniorcenter.org/auction2018/)

# Treasurer's Report Fiscal Year 2017 - 2018

<b><u>OPERATING INCOME</u></b>	<b>Fiscal Years Ending</b>			
	<b>9/30/2015</b>	<b>9/30/2016</b>	<b>9/30/2017</b>	<b>9/30/2018</b>
Transportation Donations	\$ 9,539	\$ 7,050	\$ 10,689	\$ 12,232
Meal Donations	51,092	50,249	48,832	47,645
Fundraiser Revenue	166,160	214,136	206,812	205,204
Aging at Home Program Donations	0	0	38,251	18,573
Senior Solutions (OAA funding)	77,946	77,215	92,160	72,948
Grants	59,328	37,717	25,648	38,451
Town Funding	49,900	54,897	55,620	54,745
Program Income	17,456	26,940	20,018	21,713
Rental Income	4,065	2,815	3,205	2,137
Memorial Donations	4,960	3,740	6,826	6,585
Gift for Affiliate (Scotland House)	0	0	0	10,000
Other Income	1,491	5,459	2,334	5,190
Building Improvement Donations	2,000	4,550	5,000	0
<b>Total Operating Income</b>	<b>\$443,937</b>	<b>\$484,768</b>	<b>\$515,395</b>	<b>\$495,423</b>
<b><u>OPERATING EXPENSES</u></b>				
Fundraising Expense	\$ 12,512	\$ 24,273	\$ 30,005	\$ 24,237
Insurance - General	7,898	8,281	7,753	8,223
Occupancy	47,533	42,348	42,145	48,258
Personnel-Wages, Insurance, Taxes, W.C.	259,685	285,810	284,547	308,818
Food & Kitchen Expense	68,008	70,013	74,539	81,693
Programs & Trips	22,956	30,737	24,412	24,038
Vehicle Expense	19,500	14,767	14,892	17,623
Administrative Costs	35,760	41,653	42,279	44,109
Gift for Affiliate (Scotland House)	0	0	0	10,000
Contingency Fund	0	3,864	3,866	0
<b>Total Operating Expenses</b>	<b>\$473,851</b>	<b>\$521,746</b>	<b>\$524,438</b>	<b>\$566,999</b>
<b>NET OPERATING INCOME (LOSS)</b>	<b>\$ (29,914)</b>	<b>\$ (36,978)</b>	<b>\$ (9,043)</b>	<b>\$ (71,576)</b>
Capital Expenditures	(21,106)	(45,403)	(6,172)	(13,400)
<b>NET INCOME (LOSS)</b>	<b>\$ (51,020)</b>	<b>\$ (82,381)</b>	<b>\$ (15,215)</b>	<b>\$ (84,976)</b>

Stated as of October 1, 2018. Subject to Audit and Year End Final Adjustments. Reports available upon request.

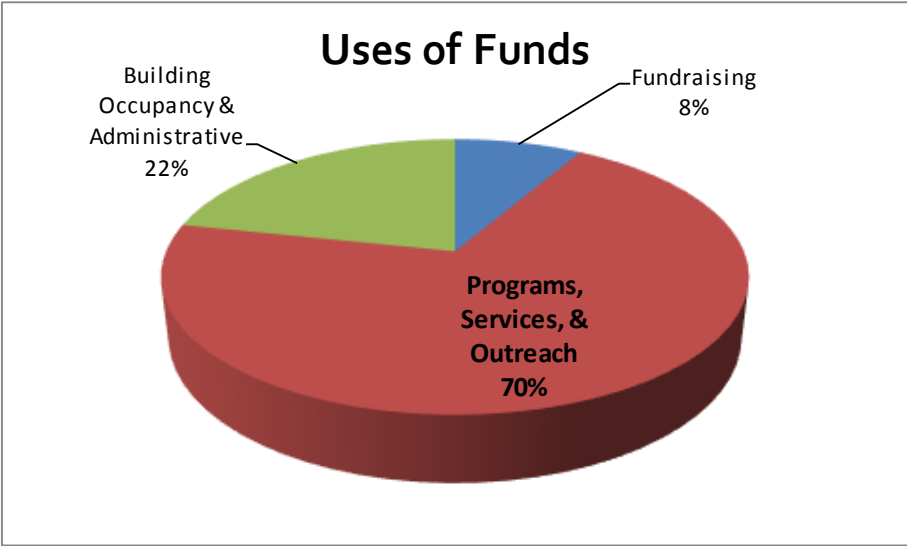
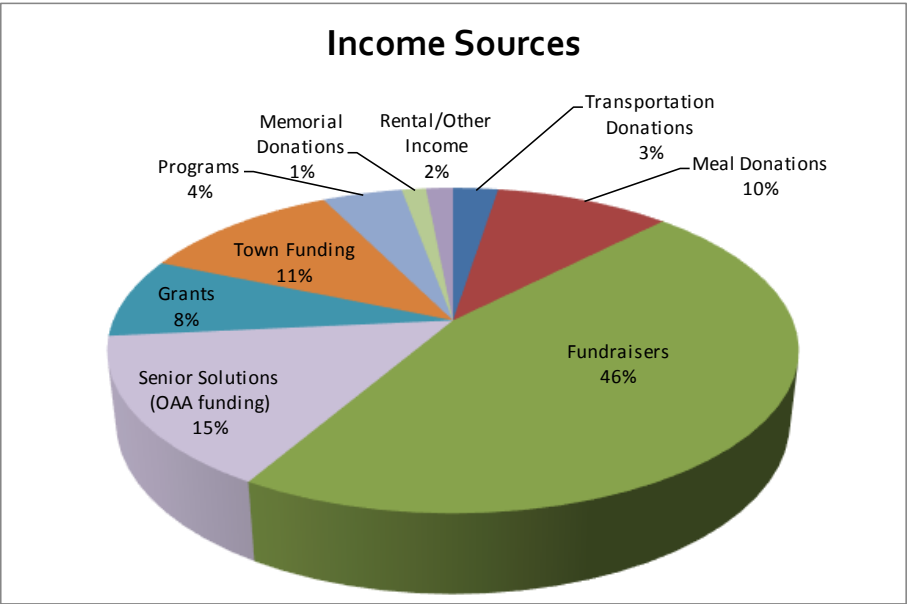
<b>Invested Funds</b>						
	Fiscal Year End	9/30/2015	9/30/2016	9/30/2017	9/30/2018	Total
Beginning Balance	\$	961,437	\$ 943,336	\$ 977,893	\$ 1,067,272	
Gains (appreciation)		(8,101)	84,557	139,379	104,023	<b>319,858</b>
Gifts to Invested Funds		70,000			26,719	
Balance		1,023,336	1,027,893	1,117,272	1,198,014	
Withdrawals for Operations/Capital		80,000	50,000	50,000	63,400	<b>243,400</b>
Ending Balance	\$	<b>943,336</b>	<b>\$ 977,893</b>	<b>\$ 1,067,272</b>	<b>\$1,134,614</b>	

Thank you all for your support of the Thompson Center. A highlight of the year was the launching of new services for Aging Well in our homes and community. These efforts were strongly supported by donations, staff, and volunteer hours. The Annual Dinner Dance held at the Woodstock Inn set new records, and we're extremely grateful for the enthusiasm for this event to benefit our operations. A capital expenditure of \$13,400 for painting the exterior of our building was supported by Invested Funds.

The Thompson acted as a one-time fiscal agent to receive a gift for The Scotland House before they received their own 501(c)3 status. This is common practice for nonprofits in a start-up situation and was a pass-through shown as income and expense "Gift for Affiliate." The Scotland House staff worked from The Thompson Center this year while construction was completed on their building. The Thompson is committed to being an active long-term partner with The Scotland House.

The Board and staff continue to be committed to controlling expenses and sustaining fundraising revenue; we continue to utilize our Invested Funds for operations as outlined in The Thompson Strategic Plan. Our Investment Committee continues to do an excellent job of managing our restricted and unrestricted invested funds.

Respectfully Submitted, Gerald Fredrickson, Treasurer



# A Legacy of Giving



The Thompson is blessed with many wonderful supporters who believe in our mission and make sure that we can carry out the critical services needed in our community. This year we would like to recognize and thank a very special family for their long-term support and commitment to improving the Thompson.

"We gives while we lives so we knows where it goes" is the phrase we can still hear Jane Leonard saying in her bubbly voice with a big smile.

Jane and Dick had a great love for each other, their family, and their community. Married for 70 years, when Jane passed away last October, together they've left a lasting legacy. The parents of 7 children, many grandchildren and great-grandchildren they are affectionately known as "Grammie and Pop Leonard" to family and friends alike. We fondly remember Dick and Jane playing Double King Pede and then at lunch faithfully every Tuesday. The Leonard family has long been friends of the Thompson and has been involved in many ways over the years.

As The Thompson continues to grow and expand our services, we're stretching the bounds of our building. Dick Leonard, in memory of Jane and in honor of his family, has made a gift that will allow us to assess our program needs and improve our building here to better accommodate the many people and groups who utilize the Thompson.

We're so grateful for this gift from the Leonard family and the lasting difference it will make here in our building and to our services. The Leonard's legacy at The Thompson is one of joy, love, giving, and purpose. Thank you, Dick, Jane, and the Leonard Family.

# Holiday Bazaar and Cookie Walk

A favorite holiday tradition for dozens of years —The Holiday Bazaar and Cookie walk on the first Saturday in December raises about \$6,000 annually to help support the operating costs of The Thompson. Dozens of volunteers make unique hand crafted items, wreaths, jellies, jams, and pickles, and hundreds and hundreds of cookies! Santa visits and raffle winners are delighted with prizes like quilts, pottery, or sleigh rides.

**Thank you to the many volunteers, crafters, bakers, decorators, and staff member, Paula Audsley, for their hours of time and their talents at this annual event.**



**Photos:** 1. Taylor and Emily Schanck and Janet Maxham 2. Bev Audsley and Paula Audsley.

# Memorial Gifts

## In Memory of Edward Taylor

Volker & Ulrike Arendt  
Sanjeev Arora & Silvia Weyer Brock  
Audrey & Robert Burge  
Phyllis & Cal Clark  
Ellen & Jim Cooper  
Charles & Kathy English  
Nancy & Jerry Gale  
Deborah & Stephen Hanson  
Sue Harrison  
Thomas Hulting  
Sara Huntley & Daniel Koehler  
Judith & Blake Jaskowiak  
Reinhart Jeck & Wittie Lynn  
Lawrence & Elizabeth Luce  
Diane & David McClure  
Jill O'Malley  
Patricia & John Ophaug  
Robert & Georgia Plattner  
Richard & Julie Rideout  
James & Linda Smiddy  
Kim Spillum Interior Designs  
Beverly Tallent  
The Germanic-American Institute  
Jennifer Vettel  
Martha Woodworth  
Florence & William Zopfi

## In Memory of Jack Moore

E. Vincent Lisi

## In Memory of John M. Brand

Deborah Phillips

## In Memory of Gib Noble

Deborah Phillips

## In Memory of Jack Wahlquist

Ad & Mavis Shaw

## In Memory of Jane Leonard

Alpine Env. Consultants  
Maureen Aylward  
Joanne Barnett & Family  
Billings Farm & Museum  
Camp Precast Concrete Products  
Jean Conklin  
Dead River Company  
John & Claire Dibble  
Clover Durfee  
Gillingham & Billings Families  
Catherine & Albert Girard  
Kedric & Catherine Harriman  
Joan Harvey  
Gerry & Karen Hawkes  
Mona Hoadley  
Everett & Molly Leonard  
Helen Leonard  
Joan Lessard  
Mangan, Giller, Chrisy Families  
Karen McGee  
Pauline Morrill & Gene VanHouten  
Robert & Barb Mort  
Dennis & Julie Murphy  
Stephanie Opalka  
Edmund & Virginia Paige  
Prosper Homemakers Club  
Paul & Beverly Regan  
Swanny Seirup  
Ted & Joan Staples  
John & Ruth Wiegand  
Janet & Tony Wilson

## In Memory of Patricia Mangan

Karen McGee

## In Memory of Carolyn Harrington

Polly Foley

## In Memory of Patsy Mathews

Alden & Mary Fiertz  
Reinhart Jeck & Wittie Lynn  
Carl & Sally Kesseli  
Jerry & Joan Oppenheimer  
Ted & Joan Staples  
Sandra vonUnwerth  
Linda Mathews  
in honor of John & Patsy Mathews

## In Memory of Ruth Beebee

Elizabeth Alden  
Richard & Bonnie Atwood  
John & Peg Audsley  
Bridgewater Grange #284  
Jean Conklin  
Dorothy Forthmann  
Craig & Joan Hadden  
Carla Kamel  
Merrill & Fern Kruse  
Helen Leonard  
Nancy Lewis  
Sandy & Robert Messer  
Robert Parker  
Cynthia & Randy Roberts  
Beatrice Robinson  
Rhonda White  
Edith Williams  
Oliver & Patricia Wittasek

## In Memory of Gladys Deatte

John & Peg Audsley  
Jean Conklin  
Sam & Lindsay Heath  
Carla Kamel  
Ted & Joan Staples

## Legacy Society

Those who make arrangements in their will or estate planning to leave a gift for the Thompson become members of our Legacy Society. A gift of any size is appreciated, celebrated, and will help the Thompson Center to continue operating in the future. **Here is what our most recent Legacy Society members shared with us about their decision to make a legacy gift:**

*"We moved to Woodstock six years ago and have never been happier. The Thompson Senior Center has played a large part in our love for this beautiful area. From the moment we entered the Thompson Center we were welcomed by staff, volunteers, and fellow patrons. We have met so many wonderful, caring people at the lunches, programs, and many events we have attended. It is amazing to see how much the Thompson Center contributes to making the lives of senior citizens richer and more rewarding. For these reasons we have decided to leave a legacy gift to the Thompson Senior Center to help those who come after us enjoy these same benefits that we so appreciate. We encourage you to do the same."*

**You've supported The Thompson and its mission during your lifetime. Please consider leaving a legacy that continues the good work being done by The Thompson Center.**

# Supporting Foundations and Grants 2017-2018

Cullen Family Foundation

Glad Rags

Laurance & Mary Rockefeller/

Woodstock Foundation Fund

Macamor Foundation

McCollom Family Foundation

Mill Park Foundation, Inc.

Point of View Foundation

Senior Solutions

The Polly & John Timken, Jr. Foundation

Triskeles Foundation

VTrans/Stagecoach

Lois and Harvey Watson

Walmart Foundation

Woodstock Garden Club

Woodstock Rotary Club

*Fiscal Year 10/1/17 - 9/30/18*

## TRANSPORTATION CAR SPONSORS:

Armistead Senior Care

Dead River Company

The Ellaway Group

Mark Knott, DDS

Ottauquechee Plumbing and Heating

Upper Valley Rehabilitation

Woodstock Insurance Services, Inc

*Thank You*

### On the front cover:

Jim Hasson and Pat Vittum at Generation to Generation week. Marcelle Derevensky helps Sawyer Jones play the steel drum. Anne Bower demonstrates Tai Chi. Poppy project participants begin. Sandy vonUnwerth & Joby Thompson volunteering at annual BBQ. Barb Kelley waves with Bob Hager at annual BBQ. Cat Harriman and friend playing corn hole, and Jane Soule and Sylvia Doten playing cribbage with friends at Generation to Generation week. Mary Wood and Edie Williams at the Vermont Marble Museum.

Woodstock Area Council on Aging

99 Senior Lane

Woodstock, Vermont 05091

(802) 457-3277

[www.thompsonseniorcenter.org](http://www.thompsonseniorcenter.org)



# The Thompson

Your resource to age well

Woodstock Area Council on Aging is a  
Non-Profit 501 (C) (3) Organization