



MENU - MARCH 2019

Mon	Tue	Wed	Thu	Fri
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Meal Pricing: \$7- charge for those under age sixty \$5-Suggested donation for ages sixty and over	* Vegetarian meals & Gluten Free available daily upon request. Please contact our chef in advance. 2% Milk, Coffee, tea, and juices available	*Indicates that sign- up/reservations are required (Birthday Day & Special holiday meals)		Hearty Vegetable Minestrone, Cottage Cheese, Rum Raisin Rice Pudding
4	5	6	7	8
Puff Pastry Chicken Pot Pie, Tossed Salad, Warm Apple Crisp	Salisbury Stead, Gravy, Mashed Potato, Green Beans and Carrots, Fresh Fruit Salad	Tossed Salad, Orange Tilapia, Rice Pilaf, Sautéed Broccoli, Brownie with Raspberries and Cream	Tossed Salad, Bangers & Mashed, Onions & Gravy, Peas, Carrots, Fruit Short Cake	Chef's Choice
11	12	13	14	15
Italian Pork Stew over Bowtie Pasta, Garlic Bread, Tossed Salad, Caramel Apple Strudel	Turkey Sandwich w/ Lettuce, Tomato, Cheese on a Multigrain Bun, Apple & Squash Soup, Warm Berry Crisp	Reubens, Beer Battered Onion Rings, Marinated Vegetable Salad, Sorbet w/ Fresh Berries	Tossed Salad, Chicken and Potatoes w/ Garlic Parmesan Cream Sauce, Lime Carrots, Cookies and Fruit	Vegetarian Chili, Corn Bread, Cole Slaw, Hot Fudge Sundae w/ Banana
18	19	20	21	22
St Patrick's Day* Corned Beef, Potatoes, Cabbage and Carrots, Bread, Guinness Stout Cake	Pan Seared Chicken Breast, Creamy Cheddar Polenta, Spinach Supreme (Spinach, Sour Cream, Parmesan and Monterey Jack) Sorbet and Fruit	Spinach & Cheese Ravioli w/ Meat Sauce, Garlic Bread, Broccoli & Cauliflower, Fresh Fruit Salad	Stuffed Meatloaf with Spinach and Cheese, Parsnip Mashed Potatoes, Gravy, Peas & Baby Carrots, Almond Cake w/ Peach Puree	Salmon en Croute w/ Spinach and Mushrooms, New Potatoes, Cucumber/Dill Salad, Berries and Cream Crepes
25	26	27	28	29
Grilled Ham & Swiss Sandwich on Wheatberry Bread with Tomato, Broccoli and Cheese Potato Soup, Brownie Sundae	Chicken Milano w/ Basil and Sundried Tomatoes served over Fettuccine, Tomato & Mozzarella Salad, Fresh Fruit Salad	Pork Apple Burgers with Caramelized Pineapple on a Multigrain Sandwich Roll, Coleslaw, Four Bean Salad, Sweet Potato Fries, Coconut Meringues with Pineapple	Birthday Day* Roast Beef, Au Jus, Sour Cream and Chive Mashed Potato, Roasted Asparagus, Roll, Cake and Ice Cream	Cauliflower, Chevre & Onion Quiche, Herb Roasted Potatoes, Mixed Green Salad, Fruit Salad