



The Thompson

Your resource to age well

MENU - MAY 2019				
Mon	Tue	Wed	Thu	Fri
		1	2	3
Meal Pricing: ** \$ <u>7</u> charge for those under age sixty ** \$ <u>5</u> suggested donation for ages sixty and over	* Vegetarian meals & Gluten Free available daily upon request. Please contact our chef in advance. 2% Milk, Coffee, tea, and juices available	Spring-Thyme Chicken Stew, Tossed Salad, Roll, Lemon Mousse w/ Berries	Tacos w/ Ground Beef, Cheese, Lettuce, Tomato, Salsa, Sour Cream, Red Beans and Rice, Roasted Vegetables, Fresh Fruit	Cheese Pizza, Greek Salad w/ Lettuce, Cucumber, Pepper, Olives, Feta Cheese Berries and Sorbet
6	7	8	9	10
Older Americans Lunch* Chicken Parmesan over Multigrain Spaghetti, Garlic Bread, Tossed Salad, Fresh Fruit Salad	Salisbury Steak, Mashed Potatoes, Gravy, Steamed Vegetables, Fresh Fruit Parfait	Reubens, Beer Battered Onion Rings, Marinated Vegetable Salad, Sorbet w/ Fresh Berries	Grilled Tuna & Vegetables in Herb Butter, Brown Rice, Oatmeal Cranberry, Cookie and Fruit	Swedish Meatballs over Egg Noodles, Broccoli and Carrots, Fresh Fruit Salad
13	14	15	16	17
Mother's Day* Tortellini with Asparagus and Lemon Topped with Grilled Chicken Served w/ Tossed Salad, Lime and Blueberry Pie	Dijon Crusted Chicken Breasts, Horse Radish Mashed Potato, Gravy, Spinach, Berries and Cream Roll	Quiche w/ Crab, Leeks & Gruyere Cheese, Roasted Potatoes, Tossed Salad, Lemon Cookie and Fruit	Lasagna, Tossed Salad, Garlic Bread, Fresh Fruit Salad	Italian Basil Pasta Salad, Waldorf Salad, Chicken Salad Plate with Lettuce and Roll, Chef's Choice Dessert
20	21	22	23	24
Chef's Choice	Mongolian Beef Ramen Noodles, Crispy Asian Slaw, Mandarin Orange Delight	Stuffed Peppers, Tossed Salad, Ice Cream Sandwich Cookies	Birthday Day* Citrus Grilled Pork Loin with Mint Fig Sauce, Roasted Baby Spring Vegetables w/ Fingerling Potatoes, Asparagus, Carrots, Radishes, Roll, Cake and Ice Cream	Chicken Caesar Wrap, Hearty Vegetable Minestrone, Cottage Cheese, Hot Fudge Sundae with Banana
27	28	29	30	31
Memorial Day Closed	Grill Day Hot Dogs & Burgers, Potato Salad, Cole Slaw, Strawberry Short Cake	Tossed Salad, Lemon Garlic Tilapia, Rice Pilaf, Succotash, Blonde Brownie with Raspberries and Cream	Tossed Salad, Grilled Pesto Chicken Breast, Lemon Risotto with Peas, Marinated Vegetable Salad, Fruit Crisp	Chef's Choice