Transportation Spotlight!

With very limited public transportation in our rural area, getting around can be tricky, especially if you’ve given up your keys (21% of Vermonters over the age of 65 no longer drive).

Did you know that the Thompson transportation program provides on average 315 rides each month?

Here are some important details about our transportation opportunities:

Local transportation to and from your home to The Thompson Center and other local stops are provided Monday through Friday between 8:30am – 3:00pm. Please call the Center by 8:30am to request rides for that day. Local stops can be arranged daily with the driver, and longer grocery shopping trips to Mac’s are accommodated on Wednesdays and Fridays. Suggested minimum donation: $1 per ride ($2 round trip)

Medical Rides daily to and from appointments to all Upper Valley providers can be arranged through the Thompson vehicles or with a volunteer driver. A minimum of 48 hours notice is required for scheduling. When scheduling your medical appointments, please be aware that we try to arrange Lebanon/Dartmouth-Hitchcock trips on Tuesday/Thursday. Suggested minimum donation per medical ride round trip): $10

West Lebanon Shopping Trips depart from the Thompson Center on the first and third Wednesday of each month at 9 am on the Stagecoach van (returning at approximately 12:15pm). Stops at various locations throughout W. Leb. can be arranged with the driver on the day of the trip. Please sign up at least 24 hours in advance and a minimum of 3 riders must be booked. All ages welcome. The Thompson funds these trips with Stagecoach so any donation is greatly appreciated.

Please contact our Outreach Manager, Paula Audsley, with any questions or to schedule a ride. 457-3277

Please note: Although we give priority to seniors and disabled and those in our service area, we try to accommodate others on our routes whenever possible.
The Thompson Center
Woodstock Area Council on Aging
99 Senior Lane
Woodstock, VT 05091
Phone: 802-457-3277
Fax: 802-457-1259
www.thompsonseniorcenter.org

CENTER HOURS
8 AM-3 PM, Monday-Friday

STAFF
Deanna Jones, Executive Director, djones@thompsonseniorcenter.org
Paula Audsley, Outreach Manager, paudsley@thompsonseniorcenter.org
Pam Butler, Program Director, pbutler@thompsonseniorcenter.org
Jen Bloch, Marketing Coordinator, jbloch@thompsonseniorcenter.org
Shari Borzewolfki, Administrative & Resource Assistant, sborz@thompsonseniorcenter.org
Ryan Martin, Chef, rmartin@thompsonseniorcenter.org
Siobhan Wright, Kitchen Assistant, Meals on Wheels Coordinator, swright@thompsonseniorcenter.org
Drivers: Dwight Camp, Gorton Worth, Jim Emery, Nelson Gilman

Senior Solutions (Formerly Council of Aging for Southeastern Vermont)
SENIOR HELPLINE: 800-642-5119

Community Care Coordinators
Lonnie Larrow, RN and Carla Kamel, MSW
Ottawauchee Health Center, 457-5414

BOARD OF DIRECTORS
Tom Weschler—President
Liza Deignan—Vice President
Jerry Fredrickson—Treasurer
Sarah Roberts—Secretary
Sam Grice—Advisory
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Holly Levison
Patsy Mathews
Susan Moor
Daphne Moritz
John Snyder
John Steinle
Tambrey Vutech

BEHIND THE SCENES

New Advisory Committee Meetings Kick-off
Monday, June 6, 1:00 pm

All participants are invited to join us on the first Monday of each month at 1:00 pm, starting June 6th.

TOWN DAYS ARE BACK!

Residents of surrounding towns are invited for lunch at The Thompson for the reduced rate of $3.00 on the following Mondays:

Barnard ~ Monday, June 6th
Bridgewater ~ Monday, July 11th
Pomfret ~ Monday, August 8th
Reading ~ Monday, September 12th
Woodstock ~ Monday, October 3rd

Please note: The Thompson van can provide transportation for you and your friends. Please call to schedule.

Medical Equipment

Did you know we have lots of medical equipment for you to have or to borrow for as long as you need? We have a supply of Commode Chairs, Walkers, Ramps, Shower Chairs, Depends in different sizes, Wheelchairs, Knee Scooters, and more!

Contact Shari at 457-3277 for more details.

Reservations Required

Please sign-up in advance for special meals and Birthday Day. This month includes Staff Appreciation Potluck on June 2, Barnard Day on June 6, Summer Tea on June 8, Father’s Day on June 17, and Birthday Day on June 23.

Volunteers, if you are working and eating on that day you will also need to sign-up at the front desk. Our fire code limits us to 80 guests. Thank you!
Living with Mid-Stage Alzheimer’s: Seminars For Caregivers
Three Part Series on June 7, 14 and 21 from 5:30 pm to 7:30 pm

When someone is diagnosed with Alzheimer’s, friends and family members have many questions. This 3-part series is designed to provide caregivers with the knowledge, tools and strategies needed to cope with a diagnosis of Alzheimer’s or related dementia. Each of the three programs are 1-1/2 to 2 hours in length and a power point presentation is utilized along with the talk. Changes in care giving during the mid-stage of the disease are discussed in detail and will help prepare you for ensuring the best possible care for the diagnosed person.

Some of the topics to be discussed:

- Partnering with your doctor
- Travel
- Preparing for emergencies, trips to hospital
- Wandering, changes in sleep patterns, personality changes
- Accessing respite care
- Home Safety
- Communication, changing relationships
- Dressing, bathing and toileting
- Stigma
- Healthy lifestyle
- Managing challenging behaviors

Program will be held at The Thompson Center. Attendance at all three programs is strongly encouraged.

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Take Me Out to the Ballgame!
Boston Red Sox vs. The Detroit Tigers
Game Day: Wednesday, July 27, 1:35 pm at Fenway Park
Price: $134.10 for transportation from Lebanon and game ticket. This price is a 10% discount offered for a limited number of seats offered through Milne Travel. Suggested gratuity for the bus driver $2-3.00 per person is additional. Lunch on your own at Fenway concessions or vendors.

Whether you are a veteran of Red Sox games or you are planning your first trip to Fenway Park, what better season than the 2016 Boston Red Sox season to catch a Red Sox game. In 2016, the Boston Red Sox look to add a World Series Championship to their storied and rich history.

Board the Dartmouth coach in Lebanon at 9:15 am at the Milne Travel Office, 24 Airport Road. Anticipated game time 3-4 hours but can be longer. Bus will depart Fenway 15 minutes after game ends. Due to limited parking passes, passengers are dropped off near Gate B, and the walk to Right Field Upper E Section is approximately a 15-20 minute walk, and your Milne tour director will be advised where the bus will wait for return pick-up.

Milne Travel’s Red Sox Optional Weather Assurance Protection
$12.50 per person. Provides you with coverage should the game be cancelled due to weather. If game is cancelled due to weather, patrons will have the option to receive a credit toward another Milne Travel Motor coach in same year or transportation to the make-up game should they provide a motor coach to the make-up game. Patron must notify Milne Travel within 24hrs of game cancellation in order to guarantee. If game is cancelled due to weather without the protection, you would keep the game ticket, and can pay for transportation to the make-up game should a motor coach be made available to the make-up game. For further clarification call Milne Travel at 802-479-0541.
Crazy For You
At New London Barn Playhouse
Wednesday, August 10, 2:00 performance
(Depart on Thompson Van at 12:30 pm)

Please notify the Thompson kitchen if you would like an earlier lunch before departing

A madcap romantic comedy bursting with the music of the incomparable George Gershwin. This sparkling new adaptation of 1930’s Girl Crazy features jaw-dropping dancing and a cavalcade of immortal melodies, including ‘Slap that Bass’, ‘I Got Rhythm’, ‘Nice Work if You Can Get It’, ‘Embraceable You’, and ‘Someone to Watch Over Me’.

Cost: $34 for ticket includes transportation. Space is limited so please reserve your seat with payment.

At the Historic Ogunquit Playhouse in Ogunquit, Maine
Wednesday, September 28, 2:30 Show

9:15 am - Depart Thompson Senior Center on Coach Motor Bus
12:00 pm - 3-Course Plated Lunch at Jonathans in Ogunquit
2:30 pm - Show
7:30 pm - Arrive Back in Woodstock
Total Cost: $127 (Ticket $59, Transportation $45, Meal $23)
Payment deadline is August 19th

Pull up your boots and hold onto your hats when this all-dancing, all-singing, all-new production of the rip-roarin’ musical comedy classic bursts onto the stage with rambunctious energy. This big, brawling, rollicking show is set in 1850s Oregon Territory and tells the story of Adam Pontipee and his backwoods brothers’ unusual pursuit of brides. When Adam goes to town to get a wife, he miraculously convinces Milly to marry him that same day, and she immediately starts reforming her six rowdy brothers-in-law. When her plan to marry off the boys backfires, this exuberant rousing musical kicks into high gear with a combination of daredevil dancing and wonderful songs like "Goin' Courtin" and "Wonderful Wonderful Day."

The Ogunquit Playhouse is one of Maine’s cultural jewels and a cornerstone of America’s theatrical heritage, bringing the best talent from Broadway, television, and film to its stage. Over its 80-year history of producing the highest quality theatre, it has earned the title of “America’s Foremost Summer Theatre” and is one of the last of the great Summer Theatres from the Straw Hat Circuit still producing traditional live musical theatre in a unique National Historic Register building.

THOMPSON DAY TRIP POLICY
♦ To make your reservation, contact Shari at 457-3277.
♦ Reservations are taken on a first paid basis. Your name will be entered on the trip sign-up sheet once we receive your payment. Checks will be deposited 30 days prior to trip date.
♦ If you cancel for any reason, payment cannot be returned unless we fill your spot from a waiting list. This is due to non-refundable fees charged to us by the bus company &/or destination.
♦ All are welcome to go on trips, but anyone needing extended assistance must bring a caregiver or companion.
♦ Please note the deadline for individual trip sign-ups. If we do not have the required number of people to cover our costs we will cancel the trip before losing our deposit.
5th Annual Staff Appreciation Pot-luck Lunch
Thursday, June 2, 12:00 pm
Join the fun and share your favorite dish, salad, or dessert at this once a year special event to show the TSC staff how much they’re appreciated. Coordinated by Dick & Bonnie Atwood & Jane Soule. Please make your regular lunch donation if you can’t make a dish to share. Sign-up requested.

7th Annual Summer Tea and Luncheon
Wednesday, June 8th 12:00 pm
Don’t miss The Thompson Center’s 7th Annual Tea. Fancy hats are welcome and gentlemen are invited too. Please RSVP by June 1 (457-3277), we will start a waiting list after the first 75 people sign up. Menu: Hearty tea sandwiches, and a variety of pastries, cookies, punch, and tea. Suggested donation: $5.00

The How, What, When, Where and Whys of Composting
Presented by Vermont Extension Master Gardener, Phil Hammond
Wednesday, June 1, 1:00 pm
The following are just some of the questions that will be included in this presentation: How does compost get made? How do I make a compost bin and do I need one? How do I use compost? What can we put into a compost pile? What is cold composting and what is hot composting? When is compost ready to use? Where should I put a compost bin? When is compost ready to use? Why should I compost?

Following the presentation, Ham Gillett, Outreach Coordinator from Southern Windsor/Windham Counties Waste Management District, will discuss Act 148: Vermont’s Universal Recycling & Composting Law and the importance of composting in complying with regulations.

Dine and Spine With Rebecca Nash, DPT
Tuesday, June 21, 1:00 pm
Join Rebecca Nash, Doctor of Physical Therapy, after a delicious Thompson noon meal, for a discussion on common physical changes that we experience as we age. She will also discuss strategies we can use to manage these changes to prevent a worsening condition.

Tour of Casella Waste Management Service in Rutland , Tuesday, June 28th
Depart Thompson on Van at 9:30 am. After our tour we will have lunch off the menu at The Vermont Tap House, Cost: $5 plus cost of lunch.
Zero-Sort Recycling, Casella’s trademarked single-stream recycling system, helps customers and communities reduce costs and ease participation by placing all recyclable materials into a single bin. Casella then sorts the materials in state-of-the-art processing facilities and prepares them to be remarketed. Join us for a tour of the sorting facility and get your re-cycling questions answered.
Please note that there is a flight of stairs to the observation deck and education room.
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*PAGE 6 The Thompson Times*
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<td>Meal Pricing:</td>
<td><strong>$7</strong> charge for those under age sixty</td>
<td>Menu is subject to change based on availability of food items.</td>
<td>Lasagna, Tossed Salad, Garlic Bread, Fresh Fruit Salad</td>
<td><strong>Staff Appreciation</strong> Pot Luck Lunch*</td>
<td>Chicken Salad, Broccoli Salad, Tortellini Salad, Lettuce, Tomato, Lemon Mousse w/ Berries</td>
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<td><strong>$5</strong> suggested donation for ages sixty and over</td>
<td>Please call ahead with special dietary needs.</td>
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<td>Barnard Day*</td>
<td>Tossed Salad, Lime Herb Chicken, Roasted Potatoes, Succotash, Yogurt Cake w/ Peach Puree</td>
<td>Spring Tea*</td>
<td>Pork Apple Burgers with Caramelized Pineapple on a Multi-grain Sandwich Roll, Firecracker salad, Sweet Potato Fries, Berries and Cream Crepes</td>
<td>Vegetable &amp; Chicken stir fry, Coconut Macaroons w/ Pineapple</td>
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<td>Tossed Salad, Meatloaf, Mashed Potato, Gravy, Green Beans, Strawberry Sundae</td>
<td>Tossed Salad, Spaghetti &amp; meatballs, Garlic Sautéed Vegetable Medley Fresh Fruit salad</td>
<td>Grilled Chicken Greek slaw pita sandwiches, Couscous salad, Greek butter cookies</td>
<td>Baked Fish and Chips, Kale Salad, Ginger Snap and fruit</td>
<td>Father’s Day Lunch* Build Your Own Burger Bar, Potato salad, Three bean salad, Ice cream cones</td>
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<td>Chef Salad w/ Lettuce, Tomato, Ham, Turkey, Cheese, Hard Boiled Egg, Carrot, roll, chocolate cupcakes</td>
<td>Tossed Salad, Grilled Pesto Chicken Breast, Lemon Risotto with Peas Marinated Vegetable Salad, Strawberry Shortcake</td>
<td>Tacos w/ Ground Beef Cheese, Lettuce, Tomato, Salsa, Sour Cream, Red Beans and Rice, Roasted Vegetables, Chocolate Chip Cookies and Fruit</td>
<td>Birthday Day*</td>
<td>Roast Beef, Au Jus, Sour cream and Chive Twice Baked Potato, Asparagus with Hollandaise, Roll, Cake and Ice Cream</td>
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<td>Tossed Salad, Penne Pasta w/ Sweet Italian Sausage, Spinach, Tomatoes, Pesto, Fresh Fruit Parfait</td>
<td>Grilled Pesto Chicken Breast, Lemon Risotto with Peas Marinated Vegetable Salad, Strawberry Shortcake</td>
<td>Tacos w/ Ground Beef Cheese, Lettuce, Tomato, Salsa, Sour Cream, Red Beans and Rice, Roasted Vegetables, Chocolate Chip Cookies and Fruit</td>
<td>Birthday Day*</td>
<td>Roast Beef, Au Jus, Sour cream and Chive Twice Baked Potato, Asparagus with Hollandaise, Roll, Cake and Ice Cream</td>
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<td>Chef’s Choice</td>
<td>Tossed Salad, Grilled Tuna &amp; Vegetables in herb butter, Brown Rice, Cherry Cheesecake</td>
<td>Reubers, Beer Battered Onion Rings, Marinated Vegetable salad, Sorbet w/ Fresh Berries</td>
<td>Tossed Salad Spinach and Artichoke, Quiche, Roasted Sweet Potato fries, Black Raspberry Ice Cream w/ Berries</td>
<td>Salmon en Croute, w/ Spinach and Mushrooms, New Potatoes, Cucumber/Dill Salad, Coconut Cream Pie</td>
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<tr>
<td></td>
<td>Reservations Required</td>
<td>Reubers, Beer Battered Onion Rings, Marinated Vegetable salad, Sorbet w/ Fresh Berries</td>
<td>Tossed Salad Spinach and Artichoke, Quiche, Roasted Sweet Potato fries, Black Raspberry Ice Cream w/ Berries</td>
<td>Salmon en Croute, w/ Spinach and Mushrooms, New Potatoes, Cucumber/Dill Salad, Coconut Cream Pie</td>
<td>* Vegetarian meals &amp; Gluten Free are available daily upon request. Please contact our chef in advance. 2% Milk, Coffee, tea, and juices available</td>
</tr>
</tbody>
</table>

Please sign-up in advance for special meals and Birthday Day. This month includes **Staff Appreciation Pot-luck on June 2, Barnard Day on June 6, Summer Tea on June 8, Father’s Day on June 17, and Birthday Day on June 23.** Volunteers, if you are working and eating on that day you will also need to sign-up at the front desk. Our fire code limits us to 80 guests. Thank you!
EXERCISE CLASSES

Please call the Thompson Center to register for classes in advance, 457-3277

New Summer Schedule
Tai Chi’s Slow, Gentle Exercise
Great for Mind and Body
Wednesdays, June 8, 15, 22, July 6, 13, 20
and August 10, 17, 24
10:00 am-11:00 am
Cost: $45 for 9 classes

Our summer session will combine both the beginner and intermediate students. Both classes use movements based on Sun 73 tai chi—the youngest of the tai chi styles and the one most focused on health. We know from individuals’ experiences as well as some clinical studies that tai chi can provide joint pain relief, greater balance, meditation, and fall prevention. Many doctors now recommend it to their patients!

To inquire about the classes, contact Anne at anniebower@yahoo.com or 457-2877 (website: www.anniebower.com).

Strength & Fitness
Mondays, Tuesdays & Thursdays
9:00 to 10:00 am

This popular class is led by certified fitness instructor and personal trainer, Liz Hatfield. Liz incorporates aerobic, stretching, strength and weight bearing exercises. The benefits of these exercises include bone building, balance, and overall coordination.

She holds credentials for Group Fitness instruction in Aquatics, Spinning, TRX, Nordic Walking, and Weight Training.

Cost: $3.00/class or 12 classes for $30 on a punch card.

Walking for Fitness: Getting Started
First, Second, and Fourth Wednesdays of
the Month at 9:00 am
Meet at Woodstock Union Arena

With spring upon us, we will continue to meet at the Union Arena and on nice days we will walk outside. Our walking program is for everyone regardless of how fast or slow you walk. At first walk only as far as you find comfortable and then from there slowly build on your duration. Remember, 5 minutes of exercise is better than none at all and we welcome your attendance.

Please note: We ask that you register in advance when possible by calling the Thompson Center. This will enable group leader Jerry Fredrickson to know who to anticipate.

Bone Builders
Tuesdays and Thursdays, 3:00-4:00 pm

The Bone Builders exercise program, developed at Tufts University, addresses bone health for people of all ages. Women especially may have thinning of bones as early as age 40, but men are welcome in this class and will benefit as well.

Bone Builders classes, with instructor Althea Derstine, are ongoing on Tuesdays and Thursdays each week. Classes are free. Minimum of six participants required. Please sign up in advance.

Water Aerobics Class
Woodstock Athletic Club
Fridays, June 3 - August 5
1:30 - 2:15 pm
Cost: $80 for 10 week class
The Thompson Center will provide shuttle service if needed

Call 457-3277 to register
WELLNESS PROGRAMS

Chair Massages at The Thompson
10:00 am to noon
Greg Somerville's chair massages will be offered on the 1st, 2nd and 4th Wednesdays of the month. The benefits of having a massage on a regular basis are numerous. See for yourself! Please call in advance to schedule your 20 minute massage. Cost: 20 minute massage/$20.00

Wellness Clinic & Blood Pressure Screenings
Tuesday, June 28, 10 - 12 noon
Wellness clinics (blood pressure & consultation) with VNA Wellness Clinic nurse, Mary Ann Conrad, held on the 4th Tuesday of each month from 10-noon.

ADVANCE DIRECTIVE CLINIC
Monday afternoons
Would your loved ones know your wishes about medical care if you were unable to speak for yourself? There is a legal document called an Advance Directive that you can complete to give guidelines about your wishes and appoint someone to represent you if you are not able. We have arranged for a trained and caring volunteer to be at the Thompson Center every Monday from 1pm - 3pm. These volunteers will take the time to explain both the document and the simple process used to make your wishes known. The most important part of this process is talking to those you love about what matters most to you. You can call 457-3277 to schedule an appointment.

CAREGIVER SUPPORT GROUP
Wednesday, June 15, 12:30 pm
Support and education can make a critical difference for family members and caregivers of patients with memory loss or disorders such as Alzheimers. Please join our confidential monthly support group (with complimentary lunch) on the 3rd Wednesday of each month, and share ideas, concerns, and constructive feedback with others facing similar challenges.

Low Vision Support Group
Every 3rd Thursday of the Month
10:15 - 11:45 am
The Vermont Association for the Blind and Visually Impaired is offering this new support group where participants can share experiences, challenges, and successes of living with a visual impairment at this ongoing monthly meeting. Learn about adaptive aids and strategies that support independence. Led by a Certified Vision Rehabilitation Therapist from VABVI.

Smiles Program
Free Oral Health Pilot Program
Mondays, 9:00 am - 1:30 pm
Adults of all ages are invited to schedule a free oral health screening and fluoride varnishing with a licensed Public Health Dental Hygienist. Oral health screening appointments will now take place at the Simmons building. Call OHF for appointments. 457-4138.
Sponsored by OHF and partners.

Foot Care Clinics
Monthly, 9:00 am - 2:30 pm
on the 2nd Friday & 3rd Wednesday
And 12:30 to 2:45 pm on the 4th Tuesday
In addition to Mary Wood's clinic on the second Friday and third Wednesday of each month, we are happy to offer more foot clinic availability with our wellness clinic nurse, Mary Ann Conrad. Mary Ann will be offering an additional foot clinic on the fourth Tuesday of the month from 12:30 to 2:45 pm following her wellness clinic hours. Both clinics will now be $20 and patrons are asked to bring their own towel. As always, please inform us in advance if you cannot make your appointment.
Weekly Game Schedule

Bingo - Daily at 10:30 am
Bridge - Mondays at 1:00 pm
Horseshoes - Mondays at 1:00 pm
Double King Pede - Tuesdays, 10:00
Scrabble - Tuesdays at 1:00 pm
Mahjong - Tuesdays at 12:30 pm

~Sign-up is encouraged~

It's time for horseshoes!
The horseshoe pits are open and you can play anytime, but every Monday (weather permitting) at 1:00 pm a group will play following lunch. Everyone is welcome regardless of your experience level! Talk to Norm Boynton or Jim Emery if you're interested.

Journaling Group on 2nd & 4th Mondays
10:30 am - 12:00 pm
Facilitated by Sue Geno

The Journaling Group supports personal journeys of discovery, creativity and reflection in a nurturing, open environment. We draw upon prompts, poetry, images and natural objects to inspire and practice a variety of journal modes-- writer's journals, daybooks, spiritual journals, nature journals, artistic journals and more. We work collaboratively to shape our direction as a group, and sometimes even to create collaborative writing or art. Bring your journal in whatever form you keep it, along with your favorite tools, a willingness to experiment, and your own ideas. You'll be invited but never expected to share anything, and we do not critique each other's work. We do set one ground rule: confidentiality. All levels of experience are welcome. Newcomers are always welcome!

BOOK GROUP
Wednesday, June 8 at 1:00 pm

Our June read is The Little Paris Bookshop by Nina George. If you were in Paris, would you consider going to a bookshop located on a barge on the Seine? The owner, Monsieur Perdu, acts as a therapist, prescribing certain books for different patrons. The book is rich in literary allusions and in probing the human emotions. One review calls it "a love letter to books." Join us on Wednesday, June 8th for what is sure to be an interesting discussion.
IN APPRECIATION

Bridgewater Thrift Store - large tuna can
Fran Gillett - medical equipment & scrapbooking supplies
Suzanne Lyon - Lifesongs scrapbooks

ONGOING DONATIONS:
Daily Valley News subscription - Woodstock Pharmacy
The Vermont Standard Paper
Birthday Cakes - Diane Atwood, Jane Soule, Carol Towse
Monthly book club selection - Yankee Bookshop

IN MEMORY OF

Mary Cameron
Dick & Jane Leonard
Joann Cameron
Kathy & Charles English
Susan Staples
George Staples

Loraine Kruse
Elmer Kruse

Congratulations to our Marble Game winners:
Joyce Gilman on March 21
Tim Maxham on April 5
Linda Robertson on April 25

JUNE BIRTHDAYS

1st    Ernest     Harper
2nd    Betty      Jillson
2nd    Carol      Nettleship
2nd    Larry      Luce
2nd    Nancy      Bebo
2nd    John       McDonald
3rd    Eric       Johnson
3rd    Lorraine   Dayton
3rd    Pearl      Corrigan
4th    Carole     Pye
4th    Janet      Forman
4th    Marceca    Ewald
5th    Janet      Herrick
5th    Timothy    Maxham
6th    Jennifer   Martel
6th    Missy      Cunningham
7th    Ruth       Beebee
7th    Glenna     Barr
7th    Debbi      Castellini
7th    Jane       Curtis
8th    Noreen     Huff
8th    June       Vonada
8th    Yvonne     Rogers
10th   Sally      Alloway
12th   Donald     Corrigan
12th   Judith     Cayer
12th   Elgie      Parks
13th   Eldon      Thompson
13th   Jean       Garren
13th   Courtney   Maxham
14th   Bud        Leavitt
14th   Doris      Earle
14th   Patricia   Dickinson
14th   Bette Anne Fullerton
15th   Mary       Sharpe
15th   Polly      Tepolski
17th   Robert     Weed
18th   Mary       Boudro
18th   Becky      Longley
19th   Mae        Knudson
19th   Emily      Schank
19th    Carolyn   Johnston
19th    Joanne    Bates
20th    Sandra    Pariseau
21st    Louine    Walker
22nd    Patricia  Mangan
22nd    John      Mathews
22nd    Richard   Leonard
23rd    Viola     Peeler
25th    Ann       Debevoise
25th    Anna      King
26th    Doris     Lebaron
26th    Carl      Winchell
27th    Deborah   Spear
29th    Grete     Heller
29th    Susan     Lewis

On June 23 we will celebrate your day with a complimentary meal! Please make a reservation by calling 457-2777.
MISSION
The Thompson Center will act as resource and advocate for our senior population providing timely support on issues that affect aging in our rural community. Our programs and activities will promote the physical, intellectual, and social well being of the adult community to enhance dignity, self-worth, and independence. In addition, our senior center will provide a gathering place for our community.

~ MARBLE GAME GUIDELINES ~
The marble game is a fun game of chance that benefits the Center since we receive half of the ticket money and the person who draws a red marble wins the other half.

THE GAME (for those who choose to play): Tickets will be sold in the foyer area on Mondays and Thursdays from 11:30 - noon. Tickets will not be sold at the tables in order to respect lunch time conversation and minimize interruptions. Those who choose to play will get three tickets for $1.00. Marbles will be placed in an opaque container (100 clear marbles, 5 red marbles, 1 yellow marble). At 1 pm, we will draw three tickets. If your ticket number is called, you can pick a marble. The clear ones that are drawn are removed, increasing odds of winning. If you draw a red one, you receive half the pool of money from accumulated ticket sales. If you draw a yellow marble you get a second chance and can draw another marble! When a red marble is drawn, play ends for the day and a new game will start on the next scheduled day. Thanks for playing and good luck!

Find us on Facebook
Search for “The Thompson Senior Center” and click “like” for regular updates, pictures, event reminders & invitations, and for tips and interesting articles about health, finances, and Aging in Place.

Sign up for the e-newsletter by emailing: jbloch@thompsonseniорcenter.org