



The Thompson
AT THE CENTER FOR SENIORS AND COMMUNITY

25 Years on Senior Lane

Committed to helping seniors stay healthy, active, and involved

Annual Report 2016



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Dear Friends,

For more than 35 years, the Thompson Senior Center has been an important resource for “aging well” in our communities. We provide information and services to enhance independence and involvement, and offer programs and classes that promote physical, intellectual and social well-being. This year, we’re celebrating 25 years in our wonderful West Woodstock location. Yet, lively as our center is each day, the Thompson is so much more than just a building.

The Thompson is a vibrant community of more than **1,500 seniors** in Barnard, Bridgewater, Pomfret, and Woodstock—as well as energetic volunteers, dedicated staff, expert advisors and teachers, and generous donors. Together, the Thompson community enriches aging in our area through meals, exercise, speakers and classes, transportation, and a myriad of other opportunities for socialization. We are honored to be considered a model senior center in New England. This year alone, we’ve had more than **30,000 unique interactions** with participants, guests, and volunteers.

Our challenges—and needs—
increase as the senior population in our area continues to grow in size and in age. In fact, people over 65 represent the fastest growing age group nationally, and in our Woodstock area. But, even with the increasing requirements, we’re up to the challenge with your continued generous help and support.

As you read this report, please take note of the generosity of many who believe in our purpose and want to support our mission. Thank you to our donors, staff, volunteers, Board of Directors, and the wider community for making the Thompson Center a vibrant resource for our local communities.

Tom Weschler, *President, Board of Directors*
Deanna Jones, *Executive Director*



Deanna Jones & Tom Weschler

The Thompson Center acts as a resource and advocate for our senior population, providing timely support on issues that affect aging in our rural community. Our programs and activities promote the physical, intellectual, and social well-being of the adult community to enhance dignity, self-worth, and independence. In addition, our senior center provides a gathering place for our community.





Our Community Counts on The Thompson!



18,836 Meals

Served annually including 8,424 home delivered Meals on Wheels

3,601 Rides

Local Transportation, Medical Rides, Shopping



2,575 Education & Wellness*

Language, Finance, Medical Talks, Wellness Clinics, Flu Shots

2,700 Fitness*

Strength, Balance, & Fitness, Yoga, Tai Chi, Bone Builders, Walking Group, & Water Aerobics



4,500 Socialization*

Memoir, Card Games, Music, Book Club, Bingo, Guest Speakers

**Number of annual participants by category
(as signed-in to MySeniorCenter)*

165 Volunteers give 7,590 hours annually!

Waitstaff, Meals on Wheels Drivers, Medical Drivers, Receptionists, Guest Speakers, Bingo Callers, Board Members, Committee members, Garden Helpers, and many more!



Program Highlight - Creative Aging Collaboration



The Poppy Project with ArtisTree

Goal: To offer a creative and therapeutic art project by creating our own version of ceramic poppies in honor of our veterans.

Our Poppy project was inspired by the massive public art installation of ceramic poppies constructed around the Tower of London commemorating the lives lost in World War II. ArtisTree Ceramics Director, Fiona Davis, created a template for a large poppy and a smaller lapel sized poppy. She brought clay and supplies to the senior center, guided 24 students through making their own unique poppy, and then took the projects back to the kiln at ArtisTree. She returned the following week for us to glaze our poppies. The finished poppies returned to The Thompson for display and Veterans Day Flag dedication led by The American Legion. Working with the clay to create our own unique poppies was a therapeutic process for participants and allowed us to honor our Veterans in a creative and meaningful way.

ArtisTree offers ongoing creative arts classes with the Thompson.



Intergenerational Project with The Prosper Valley School Second Grade

Goal: Positive intergenerational engagement and mutual learning through visits, interviews, art projects, and friendships

Individual students were paired up with seniors and they met throughout the school year alternating visits between the senior center and the school. The friendships began at an ice cream social at the senior center with introduction songs led by teacher, Barbara Leonard, and ended the year with a "Special Friends Tea" hosted at the school with a book unveiling. Some of the topics for visits and students writing were: Family holidays and traditions, comparing elementary school experiences, how technology has impacted their lives, and the Family Memory Museum. Joint art projects included creating a variety of textured papers with paint, bubble wrap, sponges, & combs. Textured paper was used to cut and create collage pictures for the book.

"I think our trip to The Thompson Senior Center was special. My favorite part was when I met my special friend. She was nice. I was scared she was going to be mean, but she was cool!" ~Student quote



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Photos: 1. Bob Hager & Margaret Edwards at The Thompson Dinner Dance and Auction. 2. Paula Audsley, Joan & Ted Staples, and Doris Johnston at birthday day lunch



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Thank You

We are grateful to all of our donors. Please let us know if you spot an error.

Treasurer's Report Fiscal Year 2015 - 2016

	Fiscal Years Ending			
<u>OPERATING INCOME</u>	9/30/2013	9/30/2014	9/30/2015	9/30/2016
Transportation Donations	\$ 6,636	\$ 9,287	\$ 9,539	\$ 7,050
Meal Donations	36,398	36,812	51,092	50,249
Fundraiser Revenue	159,370	158,117	166,160	214,136
Senior Solutions (OAA funding)	55,950	61,123	77,946	77,215
Grants	54,603	39,073	59,328	37,717
Town Funding	49,075	47,750	49,900	54,897
Program Income	23,038	28,074	17,456	26,940
Rental Income	3,010	2,500	4,065	2,815
Memorial Donations	5,552	6,315	4,960	3,740
Other Income	5,225	7,853	1,491	5,459
Building Improvement Donations	20,275	4,950	2,000	4,550
Total Operating Income	\$ 419,132	\$ 401,854	\$443,937	\$484,768
<u>OPERATING EXPENSES</u>				
Fundraising Expense	\$ 13,436	\$ 11,388	\$ 12,512	\$ 24,273
Insurance - General	7,033	7,589	7,898	8,281
Occupancy	35,855	37,476	47,533	42,348
Personnel-Wages, Insurance, Taxes, W.C	247,412	251,506	259,685	285,810
Food & Kitchen Expense	58,604	62,232	68,008	70,013
Programs & Trips	23,544	25,549	22,956	30,737
Vehicle Expense	23,222	21,550	19,500	14,767
Administrative Costs	26,017	26,601	35,760	41,653
Contingency Fund	0	0	0	3,864
Total Operating Expenses	\$ 429,721	\$ 443,891	\$473,851	\$521,746
NET OPERATING INCOME (LOSS)	\$ (10,589)	\$ (42,037)	\$ (29,914)	\$ (36,978)
Capital Expenditures	(37,858)	(22,686)	(21,106)	(45,403)
NET INCOME (LOSS)	\$ (48,447)	\$ (64,723)	\$ (51,020)	\$ (82,381)

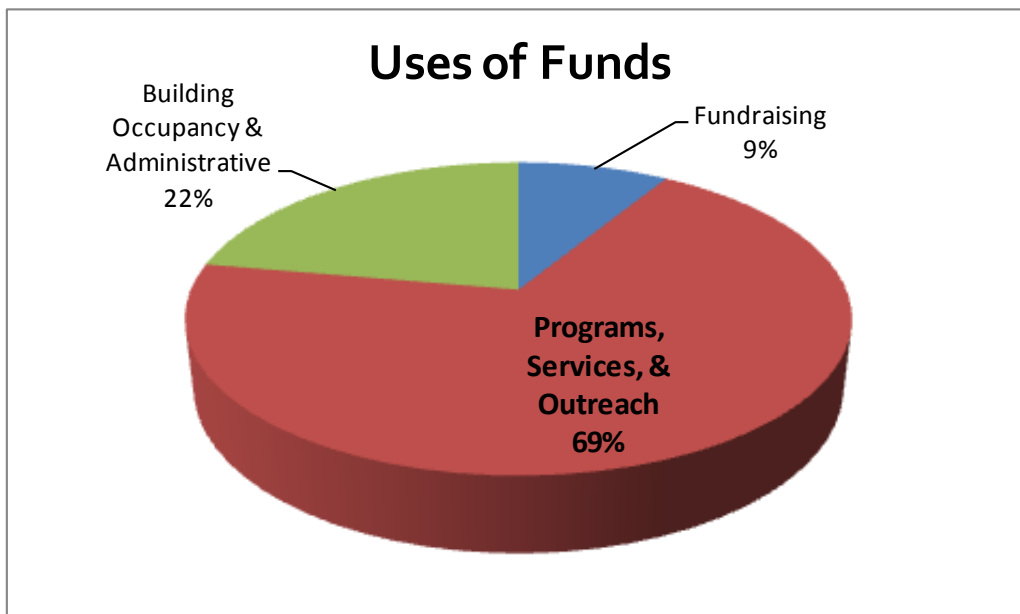
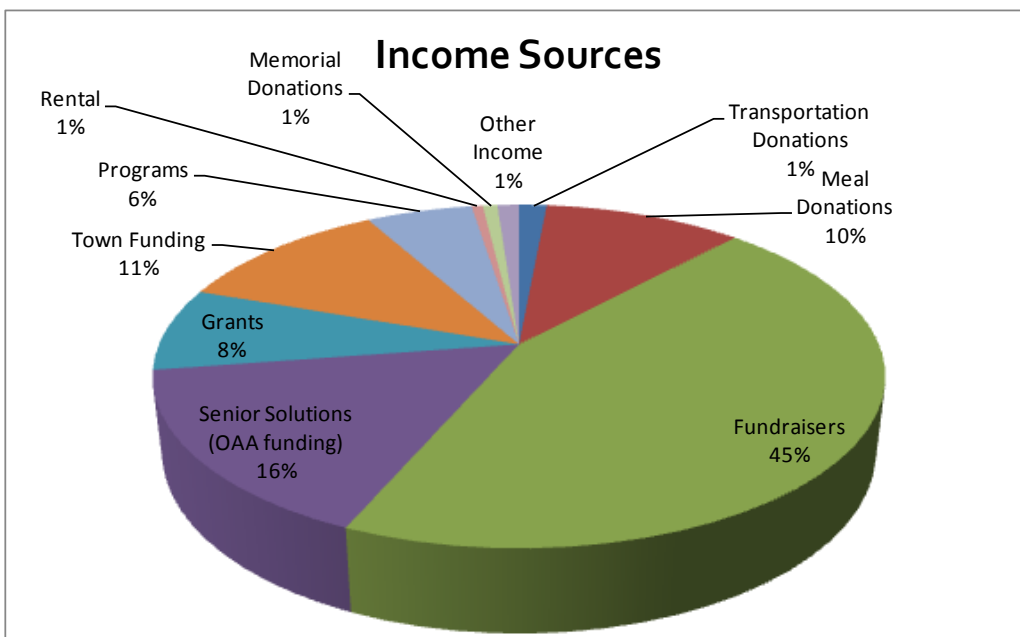
Stated as of October 1, 2016. Subject to Audit and Year End Final Adjustments. Reports available upon request.

Invested Funds					
Fiscal Year End	9/30/2013	9/30/2014	9/30/2015	9/30/2016	Total
Beginning Balance	\$ 836,305	\$ 905,632	\$ 961,437	\$ 943,336	
Gains (appreciation)	123,827	120,868	(8,101)	84,557	321,151
Gifts to Invested Funds			70,000		
Balance	960,132	1,026,500	1,023,336	1,027,893	
Withdrawals for Operations/Capital	54,500	65,063	80,000	50,000	249,563
Ending Balance	\$ 905,632	\$ 961,437	\$ 943,336	\$ 977,893	

Thank you to all the organizations, towns, and people that choose to support our mission by contributing to the Center. This year our Meals on Wheels continued to receive well-deserved support. Our newly formatted Thompson Dinner Dance and Auction was very successful at Woodstock Inn & Resort for the first time at that venue. Our Annual Appeal produced record numbers. Total Expenses overall were in line with budget. Capital expenditures included the walk-in refrigerator freezer completion, air conditioning, and automatic door opener. The Board and staff continue to be committed to control expenses and sustaining fundraising revenue, however we continue to rely on our Invested Funds for operations and capital improvements.

Respectfully Submitted, Gerald Fredrickson, Treasurer

2015 - 2016



SERVICES

- Health -

Fitness classes ♦
 delicious meals in our dining room or delivered to your home ♦ programs on aging well ♦ safe driving classes ♦ medical talks ♦ foot care clinics ♦ free hearing, vision & balance screenings ♦ blood pressure clinics ♦ flu shot clinic ♦ dental screenings ♦ medical talks

- Socialization -

Speakers and programs ♦ music ♦ card games ♦ bingo ♦ holiday events ♦ guest speakers ♦ book clubs ♦ hand crafts ♦ horseshoes ♦ gardening ♦ classes ♦ lunch-time language tables ♦ trips

- Transportation -

Medical appointments ♦ daily ride service ♦ shopping trips

- Senior Advocacy -

Referrals for: Aging at home resources ♦ benefit assistance ♦ caregiver support ♦ tax help ♦ medical equipment.

We partner with Senior Solutions, the Community Care Coordinators, AARP, and others to provide these and many other resources.

- Volunteering -

There are many ways you can help from waiting tables at lunch ♦ delivering Meals-On-Wheels ♦ serving as a receptionist ♦ driving to medical appointments ♦ helping in the gardens.

Thompson Dinner Dance & Auction 2016

Thank you to all of the sponsors, donors, bidders, volunteers, and attendees that made the Thompson Dinner Dance & Auction a success!

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Margarete Pierce

In Memory of

Stu Repp

Clover Durfee

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Daphne Gratiot

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In Memory of

Lorraine Kruse

Elmer Kruse

In Memory of

Otis Robinson

Ted & Joan Staples

In Memory of

Marjorie Behr

Jerry & Joan Oppenheimer
Clover Durfee



Will You...

Let us celebrate you during your lifetime by joining the Thompson Legacy Society? Those who make arrangements in their will or estate planning to leave a gift for the Thompson become members of our Legacy Society and are celebrated at special events each year. A gift of any size is appreciated, celebrated, and will help the Thompson Center to continue operating in the future.

You've supported The Thompson and its mission during your lifetime. Please consider leaving a legacy that continues the good work being done by The Thompson Center.

Supporting Foundations and Grants 2015-2016

The Community Foundation for the
Central Savannah River Area

Glad Rags

Laurance & Mary Rockefeller/Woodstock
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McCollom Family Foundation

Meals on Wheels Association of America

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Point of View Foundation

Senior Solutions

The Rising Phoenix Foundation

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Woodstock Garden Club

Woodstock Rotary Club

Fiscal Year 10/1/15 - 9/30/16



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Dead River Company

Gateway Motors

Mark Knott, DDS

Ottauquechee Health Foundation

Ottauquechee Plumbing and Heating

Upper Valley Rehabilitation

Woodstock Insurance Services, Inc

Thank You

On the front cover:

Left column: 1. Intergenerational project
2. Take Another Look and Senior Stories project exhibit
3. March for Meals "Thank You Walk"

Right column: 1. Pam Butler and Carole Pye on our Killington Gondola trip
2. Poppy Project display
3. Elsa Lind and Kathy Connor in Central Park on New York City Spring trip
4. Christopher Sparkes & Dietician, Pat Harrison make Healthy Harvest soup



The Thompson
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