Veterans are invited for a free lunch at the Thompson on Thursday, November 9th. At 11:45 the American Legion will lead a short ceremony around the flag. During the ceremony the finished poppies from our poppy project will be displayed in honor of American Veterans of all the wars in which our men and women have been engaged and are engaged today. After lunch, the poppies will go home with their creators for Veterans Day. Come and celebrate with us. A group picture will be taken. **Reservations Required.**

**Menu:**

Chicken Ala King, Vegetable Medley, Biscuits, Tossed Salad, Oatmeal
Cran-Raisin Cookies with Fruit

**Aging at Home Day of Service November 4, 2017**

Struggling to get some small odd jobs done around your home before winter? The Thompson is happy to help! We are offering the very first *Day of Service* as a part of the "pilot" phase of our new Aging at Home program.

**What is a Day of Service?**
An opportunity for Thompson volunteers & staff to assist our 65+ community with odd jobs around their home. Helpers will be available for 1-2 hours for non-skilled odd jobs at your home on Saturday, November 4th.

A few examples of jobs for Days of Service include:

- Changing smoke detectors batteries
- Winterizing gardens – wrapping bushes, trimming plants, cleaning up flower beds
- Sweeping porches
- Stacking wood
- Raking leaves
- Breaking down cardboard boxes

**Important details:**
You will need to provide any materials needed for your odd job (batteries for smoke detectors, burlap for wrapping bushes, etc.)

Jobs should be manageable for 2-3 helpers to complete in no more than 2 hours.

All project requests will be reviewed on a first come, first serve basis and will be approved by our Aging at Home committee. If a project is too large, or requires more skilled labor, we will refer you to a service provider.

Cost: $20/per man hour. Example: An hour job that requires 2 people will be $40. Grant money may be available to help offset this fee, upon request.

To sign-up for the Day of Service, call or email our: Administrative & Resource Assistant, Shari, at sborz@thompsonseniorcenter.org or (802) 457-3277. She will ask for details about your requested project. Requests MUST BE received by October 25th so that we can review requests and match up the best helpers for each project.
The Thompson Center
Woodstock Area Council on Aging
99 Senior Lane
Woodstock, VT 05091
Phone: 802-457-3277
Fax: 802-457-1259
www.thompsonseniorkcenter.org

CENTER HOURS
8 AM-3 PM, Monday-Friday

STAFF
Deanna Jones, Executive Director,
djones@thompsonseniorkcenter.org
Paula Audsley, Outreach Manager,
paula@thompsonseniorkcenter.org
Pam Butler, Program Director,
pbutler@thompsonseniorkcenter.org
Jon Bloch, Marketing Coordinator
jbloc@thompsonseniorkcenter.org
Shari Borzekowski, Administrative &
Resource Assistant,
sborz@thompsonseniorkcenter.org
Ryan Martin, Chef,
rmartin@thompsonseniorkcenter.org
Slobhan Wright, Kitchen Assistant, Meals
On Wheels Coordinator
swright@thompsonseniorkcenter.org
Drivers: Dwight Camp, Tom Morse,
Nelson Gilman, Charlie Seitz

Senior Solutions (Formerly Council of Aging
for Southeastern Vermont)
SENIOR HELPLINE: 800-642-5119

Community Care Coordinators
Lonnie Larrow, RN and
Carla Kamel, MSW
Ottauquechee Health Center, 457-5414

BOARD OF DIRECTORS
Liza Deignan—President
John Steinle—Vice President
Jerry Fredrickson—Treasurer
Sar Thomas Roberts—Secretary
Sam & Eleanor Grice—Advisory
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Dave Bollinger
Ginny Eames
Bill Emmons
Peter Goulazian
Anne Herz
Peggy Kasden
Holly Levison
Susan Moor
Daphne Moritz
John Snyder
Tambrey Vutech
Wendy Wannop
Tom Westhler

BEHIND THE SCENES

ADVISORY MEETING HIGHLIGHTS

- trip ideas
- suggestion box discussion
- review of Aging in Vermont conference in Killington

Please join our next meeting on Monday, December 4 at 1:00
pm. All patrons and volunteers are invited to attend. Your
feedback is needed and appreciated!

Thompson Center Receptionist Meeting
Monday, Oct. 16, 10:30 am or Thursday, Nov. 2, 1:00
Agenda: New Aging at Home program information and
refresher on reception procedures
Please R.S.V.P. for whichever meeting time you prefer.
Paula Audsley at 802-457-3277.
All Front Desk volunteers please plan to attend one
of the meetings.

November 7th is Election day. If you will need
a ride to vote, please call The Center to
make arrangements.

DID YOU KNOW?
The Thompson has a nice, little library that anyone is
welcome to utilize. We have a wide variety of current authors
and genres, a section of large print books, as well as, an
enlarger at your disposal. The volunteer librarian, Priscilla
Pannell, does a great job of rotating books so that we have a
nice selection to offer. The next time you’re looking for a
good read, come to The Thompson!

NEED MEDICAL EQUIPMENT?
The Thompson has a supply of durable medical equipment to be
loaned out as needed, including walkers, rollators, canes,
commodes, shower chairs, wheelchairs and other adaptive
equipment. There is no charge and no time limit on borrowing
these items. If you need it and we have it, you are welcome to
borrow it, so be sure to check with us before purchasing. We
also accept donations of these items when you are finished with
them. Please contact Shari to donate or borrow medical
equipment: (802) 457-3277 or sborz@thompsonseniorkcenter.org
Fiddler Adam Boyce Performs
Accompanied by Guitarist and Vocalist Merv Comes
Wednesday, November 1, 1:00 pm

Adam Boyce has been called the foremost disciple of the late old-time fiddler Harold Luce of Chelsea. He started taking lessons from Luce in 1991, going on to play fiddle and piano with him for contra/square dances and many other occasions for over 20 years. Adam has become a recognized fiddler in his own right, as well as a dance caller, composer, historian, lecturer, published author, and sugarmaker. He has been a part of the Vermont Humanities Speakers’ Bureau since 2001, and the New Hampshire Humanities To Go since 2005. Adam and his wife, Mary-Anne, live in West Windsor, Vermont.

The Loons on Golden Pond
Join us For This Award-Winning Video
Tuesday, November 28, 1:00 pm

Never before has the life of the common loon been filmed do dramatically close, so beautifully and memorably as in this award winning. Emmy-nominated video adventure on Golden Pond. Be with a loon pair, mated for life, when they court, bathe, dive, hunt fish, close up. Stay with them as they patiently incubate their two olive-colored eggs: see how carefully they roll each egg in the nest, and how they protect them from danger. Thrill to their mournful calls and wild laughter in the wilderness night. Approximate run time is 60 minutes.

Thompson Holiday Bazaar & Cookie Walk
Saturday, December 2nd

Please join us for this annual holiday event where you’ll find a great selection of unique holiday gifts, handmade pottery, ornaments, jewelry, knitted and felted items, wreaths, homemade goodies, jams, jellies, pickles, and more! Santa will visit and our famous Cookie Walk will be upstairs in the conference room. For those generous volunteers who provide us with these delicious cookies we can use an extra dozen this year.

RAFFLE ITEMS:

- Floral Checker Board Quilt Pattern /King Size Quilt Made by Janet Maxham - value $1,000
- Tocco Terra Pottery by Veronica Delay
- Sleigh Ride or Carriage Ride for Two ~ Kedron Valley Stables

Tickets are $5, or 6 for $20. All proceeds benefit The Thompson Senior Center.
The Vermont Handcrafters' Holiday
Fine Craft and Art Show
Friday, November 17, 2017
Sheraton Conference Center, Burlington, VT
Cost: $16 for show entrance and transportation. Lunch is on your own.
Depart Thompson on our van at 9:00 am. After the craft show we will have lunch on our own at a local restaurant followed by a stop at the Christmas Tree shop on the way home.

WAIT LIST ONLY
Vermont Symphony Orchestra Holiday Pops
At the Historic Paramount Theater, Rutland, Vermont
Sunday, December 10, 3:00 pm Matinee
Dinner will follow at the award winning Red Clover Inn
Depart Thompson at 1:45 pm and return to Woodstock approximately 7:30 pm. Cost $70 includes transportation, tickets, and dinner
The Vermont Symphony Orchestra’s 2017 Holiday Pops features festive music from around the world, a carol singalong, and a special appearance by the Bronze Ambassadors, an award-winning student bell choir from Newport. Syrian composer Suad Bushnaq will join us for a performance of her beautiful Tomorrow, bringing a message of hope and peace. Russia is well represented with Glazunov’s “Winter” and selections from the Nutcracker, then back to America for Chadwick’s Jubilee & Noel, and – of course – Sleigh Ride! The VSO will be led by Guest Conductor Anne Decker. A family style dinner will follow at the Red Clover Inn in Mendon.

Please note that tickets are pre-paid and non-refundable. We will not be able to refund cancellations unless we can re-sell your ticket. Your reservation is guaranteed only with receipt of payment.

THOMPSON DAY TRIP POLICY
♦ To make your reservation, contact Shari at 457-3277.
♦ Reservations are taken on a first paid basis. Your name will be entered on the trip sign-up sheet once we receive your payment. Checks will be deposited 30 days prior to trip date.
♦ If you cancel for any reason, payment cannot be returned unless we fill your spot from a waiting list. This is due to non-refundable fees charged to us by the bus company &/or destination.
♦ All are welcome to go on trips, but anyone needing extended assistance must bring a caregiver or companion.
♦ Please note the deadline for individual trip sign-ups. If we do not have the required number of people to cover our costs we will cancel the trip before losing our deposit.
**PROGRAMS**

**Monthly Art Project**
with ArtisTree at The Thompson  
Mexican Painted Tin Ornaments  
Wednesday, November 1, 1:30 pm

For November’s crafting project, ArtisTree staff will teach us how to create an embossed tin design embellished by color, known as Mexican Tin Art. This a popular art form that has been passed down through the generations. Artists use tin to create sculptures, ornaments, and picture frames. Tin work, known in Mexico as hojalata, goes back to the 16th century. Tin art is produced when pieces of tin are cut, shaped, and embossed with a pattern. Pre-registration is requested.

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**Senior Solutions**
Council on Aging for Southeastern Vermont

**Medicare Open Enrollment: 1:1 Assistance Available at The Thompson**  
Thursdays, November 2 and 16, 9-12

For 2018 Medicare coverage, the open enrollment period is from October 15 to December 7. During this annual enrollment period (AEP) you can make changes to various aspects of your coverage. A Senior Solutions volunteer will be available at The Thompson for individual assistance by appointment.

To make an appointment, please call Shari at The Thompson and bring the following information to your scheduled appointment.
- A Medicare card (red, white and blue card w/ SSA# on it)
- Current 2017 Medicare Part D card or Medicare Advantage Card
- A list of prescription medications including drug name, dosage amount and quantity for a month’s use.

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**Holiday Gift Making with ArtisTree**  
*A Generation to Generation Collaboration at The Thompson*  
Monday, December 4, 3:30-5:00 pm

Finnie Trimpi will lead this crafting work shop where we will create snow globes using a few simple household materials, add some sparkle... and give them a shake! These winter wonderlands make the perfect seasonal gift or decoration for your own home. **We invite students and Thompson friends to join us for this collaborative project.** Please call The Thompson to pre-register. **This program is free and open to children and adults of all ages.**
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<td><strong>PROGRAM CALENDAR - NOVEMBER 2017</strong></td>
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<td>BINGO daily at 10:30 am except on birthday day and other special meal days. Location: Dining Room on Mon &amp; Wed. Upstairs conference room on Tues. Thurs. Fri.</td>
<td>9 W. Leb Shopping* 9:30 Beginner Tai Chi 10:30 Handwork Circ. 10:45 Advanced Tai Chi 12 French Table 1:00 Music 1:30 ArtisTree Art Project*</td>
<td>9 Strength &amp; Fitness 9 - 12 pm 1:1 Medicare Counseling* 9:00 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 1 Reception Training 2 Mahjong 3 Bone Builders</td>
<td>9 Pickle Ball 10:12:30 CCC Office Hours* 10 - 11:30 Painting at ArtisTree* 12 German Language Table Oper Ping Pong</td>
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<td>Veterans Day Lunch*</td>
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<td>Thanksgiving Dinner* 9 Strength &amp; Fitness 10 Double King Pede 10 Beginning Italian* 10 Veggie VanGo at MAH 10-2:30 Ping Pong 12 Spanish Table 12:30 Mahjong 3 Bone Builders</td>
<td>8:30 Board Meeting 9 W. Leb Shopping* 9-2:30 Foot Clinic* 9:30 Beginner Tai Chi 10:30 Handwork Circ. 10:45 Advanced Tai Chi 12 French Table 12:30 Caregiver Support Group</td>
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| Meal Pricing:  
$7 charge for those under age sixty  
$5 suggested donation for ages sixty and over  
* indicates that sign-up/reservations are required (Birthday Day & special holiday meals) | Stuffed Meatloaf with Spinach and Cheese, Parsnip Mashed, Potatoes, Gravy, Peas & Baby Carrots, Sorbet & Fruit | Chicken Marsala, Rice Pilaf, Cucumber & Tomato Salad, Green Beans, Ginger Snap and fruit | Tossed Salad, Penne Pasta w/ Sweet Italian Sausage, Spinach, Tomatoes, Pesto, Garlic bread, Fresh Fruit Parfait |
| Chicken Caesar Wrap, Pumpkin Soup, Cottage Cheese, Berry Crisp | Macaroni & Cheese, Beets, Lime and Spice Peach Cobbler | Swedish Meatballs over Egg Noodles, Broccoli and Carrots, roll, Fresh Fruit Salad | Veterans Day Lunch*  Tossed Salad, Chicken Ala King, Vegetable Medley, Biscuits, Oatmeal Cran-Raisin Cookies/Fruit | CLOSED |
| Roast Beef Sandwich with Cheddar, Lettuce, Tomato on Multi-Grain Roll, Kale Soup, Ice Cream | Thanksgiving Dinner*  Roasted Turkey, Mashed Potatoes, Gravy, Squash, Cranberry Sauce, Stuffing, Peas & Carrots, Roll, Pumpkin Pie | Tortellini with Asparagus and Lemon Topped with Grilled Chicken Served w/ Tossed Salad, Pumpkin Chip Cookie | Cheese Pizza, Greek Salad w/ Lettuce, Cucumber, Pepper, Olives, Feta Cheese, Chocolate Chip Cookie and Fruit | Open-Faced Hot Turkey & Gravy Sandwich, Salad, Chocolate Cake |
| Chicken Milanese Sandwich with Mozzarella, Arugula and Tomato on a Multigrain Roll, Vegetable Minestrone Soup, Fruit Crisp | Multigrain Spaghetti & Meatballs, Garlic Bread, Tossed Salad, Fresh Fruit Salad and Lemon Cookie | Tilapia Florentine (Spinach and Cheese), Herb Roasted Potatoes, Lime Carrots, Coconut Cream Pie | Thanksgiving Day CLOSED | CLOSED |
| Grilled Hamburger on Bun, Macaroni Salad, Cole Slaw, Fresh Fruit | Pan Seared Chicken Breast, Creamy Cheddar Polenta, Spinach Supreme (Spinach, Sour Cream, Parmesan and Monterey Jack Cheese) Applesauce Cake | Traditional Lasagna, Tossed Salad, Garlic Bread, Fresh Fruit Salad | Birthday Day*  Roast Beef, Au Jus, Scalloped Potato, Broccoli w/ Hollandaise Sauce, Roll, Cake & Ice Cream | Vegetarian meals & Gluten Free are available upon request. Please contact chef in advance. 2% Milk, Coffee, Tea and Juices available |

* Reservations Required *

Please sign-up in advance for special meals and Birthday Day. This month includes Veterans Day Lunch on November 9, Thanksgiving Dinner on the 14th, and Birthday Day on the 30th. Volunteers, if you are working and eating on that day you will also need to sign-up at the front desk. Our fire code limits us to 80 guests.

Also, please remember to cancel if you can’t make it so that others can attend! **Thank You**
EXERCISE CLASSES

Please call the Thompson Center to register for classes in advance: 457-3277

Bone Builders
Tuesdays and Thursdays, 3:00-4:00 pm

The Bone Builders exercise program, developed at Tufts University, addresses bone health for people of all ages. Women especially may have thinning of bones as early as age 40, but men are welcome in this class and will benefit as well.

Bone Builders classes, with instructor Althea Derstine, are ongoing on Tuesdays and Thursdays each week. Classes are free.

Tai Chi’s Slow, Gentle Exercise
Great for Mind and Body
Wednesdays
Beginner Class 9:30 - 10:30 am
Advanced Class 10:45 - 11:45am
Nov 1, 8, 15, 29 & Dec 6, 13
Cost is $18

The July 2017 Consumer Reports featured an article, “To Prevent Falls, Try Tai Chi.” TSC’s seniors have found that tai chi really does help your balance. This gentle, slow exercise also helps with arthritis, back pain, high blood pressure, blood sugar control, sleep problems, and concentration. Posture improves and so does stress reduction. As the article emphasizes, tai chi can be more effective for fall prevention than physical therapy, stretching exercises, yoga, and balance training! We apply our tai chi moves to actions in daily life (walking, housework, yardwork, etc.), and we’re also practicing deep breathing, body alignment, and strengthening our leg and core muscles. TSC’s instructors have many years of experience and love seeing the progress class participants make. “Each person makes adjustments for their own body,” Anne Bower explains. “Tai chi is not about learning the moves perfectly but about learning them in a way that makes sense for your own structure.” Give tai chi a try! Your first class is always free. Hand-outs are provided and you can also purchase a DVD to practice at home.

Cost: $3.00/class with all of the proceeds going to support programs at The Thompson.

For more information contact Anne at anniebower@yahoo.com or 457-2877

BRAIN BUILDER

Pay Attention (Medium)

Read and memorize the following series of letters:

Now cover the letters and try to recall them in the reverse order in which were listed above.

Strength & Fitness
Mondays, Tuesdays & Thursdays
9:00 - 10:00 am

This popular class is led by certified fitness instructor and personal trainer, Liz Hatfield. Liz incorporates aerobic, stretching, strength and weight bearing exercises. The benefits of these exercises include bone building, balance, and overall coordination.

She holds credentials for Group Fitness instruction in Aquatics, Spinning, TRX, Nordic Walking, and Weight Training.

Cost: $3.00/class or 12 classes for $30 on a punch card.

Open Pickle Ball
Woodstock Athletic Club
Fridays, 9:00 - 10:30 am

Cost: $10 per 1.5 hr court time session. Walk-ins welcome and equipment is provided. Ride service available from The Thompson with advance notice.
Low Vision Support Group
Every 3rd Thursday of the Month
10:15 - 11:45 am
November Meeting: General Discussion
About Living with Low Vision
The Vermont Association for the Blind and Visually Impaired is offering this support group where participants can share experiences, challenges, and successes of living with a visual impairment at this ongoing monthly meeting. Learn about adaptive aids and strategies that support independence. Led by a Certified Vision Rehabilitation Therapist from VABVI.

Foot Care Clinics
Monthly, 9:00 am - 2:30 pm
on the 2nd Friday & 3rd Wednesday
And 12:30 to 2:50 pm on the
4th Tuesday
In addition to Mary Wood’s clinic on the second Friday and third Wednesday of each month, we are happy to offer more foot clinic availability with our wellness clinic nurse, Mary Ann Conrad. Mary Ann will be offering an additional foot clinic on the fourth Tuesday of the month from 12:30 to 2:50 pm following her wellness clinic hours.

Both clinics will now be $20 and patrons are asked to bring their own towel. As always, please inform us in advance if you cannot make your appointment.

Wellness Clinic &
Blood Pressure Screenings
4th Tuesday, 10 - 12 noon
Wellness clinics (blood pressure & consultation) with VNA Wellness Clinic nurse, Mary Ann Conrad, held on the 4th Tuesday of each month from 10-noon.

When it comes to finding tools for staying healthy, active, and involved, The Thompson is the place to start!

ADVANCE DIRECTIVE CLINIC
2nd Monday of the Month
Would your loved ones know your wishes about medical care if you were unable to speak for yourself? There is a legal document called an Advance Directive that you can complete to give guidelines about your wishes and appoint someone to represent you if you are not able. We have arranged for a trained and caring volunteer to be at the Thompson Center every 2nd Monday from 1pm - 3pm. These volunteers will take the time to explain both the document and the simple process used to make your wishes known. You can call 457-3277 to schedule an appointment.

CAREGIVER SUPPORT GROUP
Wednesday, November 15, 12:30 pm
Support and education can make a critical difference for family members and caregivers of patients with memory loss or disorders such as Alzheimer’s. Please join our confidential monthly support group (with complimentary lunch) on the 3rd Wednesday of each month, and share ideas, concerns, and constructive feedback with others facing similar challenges.
Homemade Pies for Sale!

During the week of Thanksgiving the kitchen will be offering homemade pies for sale. Siobhan has generously offered to make apple, pumpkin and blueberry pies for $12.00 a piece. Make your holiday planning easier and purchase one of our delicious homemade pies!

Painting at ArtisTree
A Collaboration Between
The Thompson Center and ArtisTree
Instructor: Murray Ngoima
Friday mornings, 10:00 - 11:30 am
Session 2: Oct 27 - Dec 1, Cost $40
No Class on 11/10 or 11/24
$10 Drop in Fee for either session
To register call The Thompson 457-3277.

Come Visit our Gratitude Tree
And Share Your Thoughts....

The month of November evokes thoughts of upcoming holidays, family gatherings, and the many blessings in our lives. We are creating our first Thompson Gratitude Tree where we invite you to share your thoughts on who and what makes you feel grateful. Cut-out leaves will be available to write on and hang on the tree for everyone to read, enjoy and reflect. Please join us in getting started this holiday season.

Annual Thanksgiving Dinner
Tuesday, November 14, 12:00 pm
ONE Seating
Reservations Required

Menu: Roasted turkey, mashed potato, gravy, squash, cranberry sauce, stuffing, peas and carrots, pumpkin pie.
Please sign up early. Suggested donation of $5 for those 60 and over. $7 for those under 60.

Weekly Game Schedule

- **Bingo**
  Daily at 10:30 am
  (based on availability of caller)

- **Pickle Ball**
  Fridays
  9:00 - 10:30 am
  (at WAC)

- **Double King Pede**
  Tuesdays at 10:00 am

- **Cribbage**
  Thursdays at 10:00 am

- **Mahjong**
  Tuesdays at 12:30 pm
  Thursdays at 2:00 pm

- **Ping Pong**
  Tuesdays, 10:00 am - 2:30 pm
  Fridays - all day
IN APPRECIATION

Thread - Grete Heller
Elisa Sawyer - Medical Equipment
Pat & Curtis Blake - Puzzles & Games
Michael Maxham - Apple Cider
Carol Powell - Flowers
Tina Martin - Eyeglasses
Yankee Bookshop - Books
In Memory of Joan Chase - Medical Equipment
Laura Robinson - tomatoes & herbs
Lynn Peterson - lettuce and beans
Linda Maxham - cider
Jerry Frerickson - apples
Mavis Shaw - lettuce
Dick Brackett - zucchini
Nelson Gilman - zucchini
Joyce Gilman - cherry tomatoes
Peggy Kasden - pears

ONGOING DONATIONS:
Daily Valley News subscription - Woodstock Pharmacy
The Vermont Standard Paper
Birthday Cakes - Diane Atwood, Jane Soule, Carol Towne
Monthly book club selection - Yankee Bookshop
Muffins - Boris at Mountain Creamery

MEMORY TREE
FOR THE HOLIDAYS

Each year a tree is set up in the foyer of the Thompson Center and is dedicated as a memory tree. For $2 people can have an ornament placed on the tree with the name on it of someone they are remembering during the holidays.

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NOVEMBER BIRTHDAYS

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<th>1st</th>
<th>Norman</th>
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On Nov. 30th we will celebrate your special day with a delicious meal! Please call to make a reservation for a complimentary lunch!
TSC TRANSPORTATION PROGRAM

The Thompson Center operates a door-to-door transportation program for seniors and disabled community members from the towns of Barnard, Bridgewater, Pomfret, and Woodstock.

Medical Rides - $10 suggested donation per out-of-town trip. A minimum of 48 hours notice is requested for scheduling. Schedule with Paula at 457-3277.

Local transportation to and from your home to The Thompson and other Woodstock stops - suggested donation of $1 per ride ($2 round trip if you get a ride both ways). Please call the Center by 8:30AM to request rides for that day. 457-3277

Monthly shopping trips to West Lebanon depart from TSC on the 1st and 3rd Wednesday of each month at 9am on the Stagecoach van (returning at approx. 12:15pm). Stops at various locations. Sign up with the Thompson at least 24 hours in advance.

The Thompson funds these trips with Stagecoach so any donation

Winter Closing Policy

The Center is always closed when the Woodstock schools are cancelled. You can find out if the Woodstock schools are cancelled after 6:15 AM by checking www.sowernet/schoolclosings or www.vpr.net or calling the school at 457-1317. We also close when we feel driving conditions are not safe for our participants. Call the Senior Center after 8 AM. If we are closed, there will be a message on our machine.

Thank You to Our Transportation Sponsors and Grants:

FUEL ASSISTANCE
Seasonal Fuel Assistance Applications are processed all year long but benefits are paid to fuel dealers in November. If you need assistance applying for benefits, call the Senior Helpline at 800-642-5119. If you think you have applied but have questions about your benefits, call Economic Services Benefit Service Center 800-479-6151. Applications for the 2014-2015 heating season must be postmarked by February 28 for eligible households.