Andrea Avery Bookstock Author Comes to The Thompson
July 27th at 11:00 am

Now a high school English teacher in Phoenix, Arizona, Andrea Avery, author of Sonata: A Memoir of Pain and the Piano, was a promising classical pianist before her diagnosis of rheumatoid arthritis at age 12. The progressive and debilitating nature of the disease forced her to renegotiate not only her love of the piano and her dreams of a musical life, but also her very identity and her relationship to her "mutinying" body. Her book depicts a young woman coming of age with lifelong chronic illness and insisting on a creative, artistically fulfilling life. In this session, Andrea will offer a short reading from Sonata followed by an informal Q&A. We hope you can join us!

Save the Date for:
Generation to Generation
August 6 - 10, 2018

The Gen2Gen campaign shines a light on the mutual benefits of intergenerational relationships.

The week of August 6th will be Gen2Gen week at the Thompson with ArtisTree and friends. Join us for music, creative arts projects, a kid-friendly lunch menu throughout the week, horseshoe lessons, games, ice cream social, and more! Children of all ages are invited to participate in various events throughout the week.

We need your participation to help create meaningful Gen2Gen moments that last a lifetime. Join us to dine, create & have some fun together.
The Thompson Center
Woodstock Area Council on Aging
99 Senior Lane
Woodstock, VT 05091
Phone: 802-457-3277
Fax: 802-457-1259
www.thompsonseniorencenter.org

CENTER HOURS
8 AM-3 PM, Monday-Friday

STAFF
Deanna Jones, Executive Director,
djones@thompsonseniorencenter.org
Paula Audsley, Outreach Manager,
paudsley@thompsonseniorencenter.org
Pam Butler, Program Director,
pbutler@thompsonseniorencenter.org
Jen Bloch, Marketing Coordinator
jbloch@thompsonseniorencenter.org
Shari Borzekowski, Administrative &
Resource Assistant,
sborz@thompsonseniorencenter.org
Ryan Martin, Chef,
martin@thompsonseniorencenter.org
Siobhan Wright, Kitchen Assistant, Meals
on Wheels Coordinator
swright@thompsonseniorencenter.org
Drivers: Dwight Camp, Tom Morse,
Charlie Seitz

Senior Solutions (Formerly Council of Aging
for Southeastern Vermont)
SENIOR HELPLINE: 800-642-5119

Community Care Coordinators
Lonnie Larrow, RN and
Carla Kame, MSW
Ottauquechee Health Center, 457-5414

BOARD OF DIRECTORS
Liza Deignan—President
Ginny Eames—Vice President
Jerry Fredrickson—Treasurer
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Susan Inui
David McGuire
Susan Moor
Daphne Moritz
Tammy Vutech
Joby Thompson
Tom Weschler

BEHIND THE SCENES

ADVISORY MEETING HIGHLIGHTS

- Scotland House Update
- Paula reported on trip updates and July Dinner
  Program and Book Presentation
- Dave Bollinger shared information on the August 5th
  fundraising/appreciation event

Please join our next meeting on Monday, July 2 at 1:30 pm. All
patrons and volunteers are invited to attend. Your feedback is
needed and appreciated!

TOWN DAYS ARE BACK!

Residents of surrounding towns are invited for lunch at The
Thompson for the reduced rate of $3.00 on the following
Mondays:

Bridgewater ~ Monday, July 9th
Pomfret ~ Monday, August 6th
Reading ~ Monday, September 10th
Woodstock ~ Monday, October 1st

Please note: The Thompson van can provide transportation
for you and your friends. Please call to schedule.

The Thompson is pleased to provide recognition to an important Sponsor!

UPPER VALLEY

Different sponsors are featured here each month.
Visit our website to see a complete list.

Sign up for the e-newsletter by emailing Jen Bloch at:
jbloch@thompsonseniorencenter.org
Nancy Stearns Bercaw, Renowned Author
Dinner Program at The Thompson
in Conjunction with The Kick-Off of Bookstock

Monday, July 23, 2018

6:00 pm Dinner, followed by 7:00 pm Book Presentation
Cost: $20 for Dinner, Reservations at 457-3277

Menu: Grilled Beef Kababs, Corn and Tomato Summer Salad, Roll, and Pavlova

In her book, "Brain in a Jar: A Daughter's Journey Through Her Father's Memory," Nancy Stearns Bercaw recounts her father’s battle with Alzheimer’s. This unflinchingly honest memoir recounts her life with Dr. Beauregard Lee Bercaw, or "Beau," who became a neurologist in response to watching his own father deteriorate and die of Alzheimer's. For many years Beau kept an autopsied brain in a jar on the desk in his office as a constant reminder of the struggle that he waged against the disease first with his patients, and ultimately for himself as he succumbed to its effects. This is also the story of the author's own struggle to establish her identity and to navigate the treacherous and ever-changing emotional terrain of her relationship with her father, as she literally traveled the world in her quest to make sense of both of their lives.

"Brain in a Jar is an American Gothic tale of love, grief, genetics, obsession, adventure, fear and courage. The Bercaws might break your heart, but they'll also remind you why Alzheimer's disease must take center stage in politics, medicine, and art."--Bob Kerrey

Thirsty Thursday Charity Wine Tasting Series
to Benefit The Thompson Center
Thursday, July 26, 5:00 – 7:00 pm
At The Barnard Inn Barn
5518 VT Rt 12, Barnard 234-9961

Taste 15 wines for $15
Tickets sold at Barnard Inn & Max's Tavern and Woodstock Beverage
($15 advance purchase, $20 at the door – checks payable to Barnard Inn)
Proceeds of this event & wine sales will benefit The Thompson Center. The Barnard Inn is hosting 4 of these Charity Wine Tasting Events this summer, to benefit a local charity each month. For more information call Will Dodson at 234-9961

Meals on Wheels Drivers Needed!

Being a Meals on Wheels driver is a very heart warming experience. Volunteers deliver hot, nutritious meals to home-bound seniors Monday through Friday. Our delivery routes generally take about an hour to complete and begin at 11:00 am. We have routes located in the Woodstock, Pomfret, Barnard and Bridgewater areas. If you are interested, please contact Siobhan Wright at 457-3277 or swright@thompsonseniorcenter.org. Thank you!
Weekly Game Schedule

**Bingo**
Daily at 10:30 am  
(based on availability of caller)

**Pickle Ball**
Fridays at 12:00 pm  
(at WAC)

**Double King Pede**
Tuesdays at 10:00 am

**Gribbage**
Thursdays at 10:00 am

**Mah Jongg**
Tuesdays & Thursdays at 2:00 pm  
Fridays 1:00 pm at NWPL

**Ping Pong**
Fridays - all day

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**HANDIWORK CIRCLE**
**WEDNESDAYS AT 10:30**

The Handiwork Circle group invites anyone to join them on Wednesdays at 10:30 in the living room. You do not need to be a knitter, all projects welcome. Enjoy some coffee and companionship. Contact Jane Soule at 457-2442 with any questions.

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**Monthly Art Project with ArtisTree**
**At The Thompson**

There will be no monthly ArtisTree craft workshops at The Thompson in July and August. Monthly craft workshops will resume at The Thompson Center in September. Please see upcoming newsletters for details.

Visit ArtisTree.org for programs and visual arts classes offered this summer in Pomfret.

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**It’s time for horseshoes!**
The horseshoe pits are open and you can play anytime, but every Monday (weather permitting) at 1:00 pm a group will play following lunch. Everyone is welcome regardless of your experience level! Talk to Norm Boynton if you’re interested.
Tech Tutoring at The Thompson Center
Provided by Norman Williams Public Library
July 10 & 24, 12:45 - 3:45 pm
Please bring your own device

We are happy to continue offering individual tech tutoring thanks to Norman Williams Public Library and Meg Brazill. Meg is offering 1:1 assistance for any one of your devices: cell phone, lap top, iPad or tablet - free of charge. Forty-five minute appointments are available and you can book more appointments as you need them. Please call to schedule yours at Thompson 457-3277.

BRAIN BUILDER

Restaurant
Read and remember the following orders from these three guests:

Anne: Beef Empanadas, Calamari
Carol: Linguine with Scallops, Garden Salad
Ted: Seafood Capellini, Jumbo Shrimp Cocktail

Now cover the list and try to recall the names of the three guests and their orders.

Meet Gretchen Cole, Executive Director of The Scotland House - Adult Day Health and Wellness
July 11 at 1:00 pm at The Thompson Center

The Scotland House, located in Quechee, VT, is a community-based day program designed to assist adults with physical and/or cognitive impairments to remain living at home and active in their community as long as possible.

The Scotland House will provide a safe, supportive environment where participants can receive a range of professional health, social and therapeutic services. This program also provides respite, support and education to family members, caregivers and legal representatives.

As the anticipated July opening approaches, The Thompson Center welcomes Gretchen Cole, Executive Director of the Scotland House, at The Thompson on Tuesday July 11, 2018 at 1:00 pm. Gretchen will be providing an update on construction, participant services, life enrichment programming, and the Scotland House mission.

BOOK GROUP
No Meetings over the Summer
Next Meeting is September 12th at 1:00 pm

The Book Group will resume meeting in September at a Book Group member’s Woodstock home. Details will follow in the September newsletter. New members are always welcome!

We have postponed June’s selection, A Gentleman in Moscow, for our September discussion.
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<td><strong>2</strong></td>
<td>9 Strength &amp; Fitness 10 Double King Pede 10 Beginning Italian* 12 Spanish Table 2 Mah Jongg 3 Bone Builders</td>
<td>Independence Day CLOSED</td>
<td>9 Strength &amp; Fitness 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 2 Mah Jongg 3 Bone Builders</td>
<td>10-12:30 CCC Office Hours* 12 Pickle Ball 12 German Language Table 1 Mah Jongg at NWPL 1:30 Water Aerobics*</td>
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<td><strong>9</strong></td>
<td>Staff Appreciation Pot Luck* 9 Strength &amp; Fitness 10 Double King Pede 10 Beginning Italian* 12 Spanish Table 12:45 - 3:45 pm Tech Help* 2 Mah Jongg 3 Bone Builders</td>
<td>9:30 Beginner Tai Chi 10:30 Handwork Circ. 10:45 Advanced Tai Chi 12 French Table 1:00 Gretchen Cole / Scotland House Q&amp;A</td>
<td>9 Strength &amp; Fitness 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 2 Mah Jongg 3 Bone Builders</td>
<td>9-2:30 Foot Clinic* 10-12:30 CCC Office hours* 12 Pickle Ball 12 German Language Table Open Ping Pong 1 Mah Jongg at NWPL 1:30 Water Aerobics*</td>
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<td><strong>16</strong></td>
<td>8:30 Newsletter Folding 10:15 Memoir Group 1 Horseshoes</td>
<td>9 Strength &amp; Fitness 10 Double King Pede 10 Beginning Italian* 11:30 Commodities 12 Spanish Table 2 Mah Jongg 3 Bone Builders</td>
<td>Bastille Day* 8:30 Board Meeting 9 W. Leb Shopping* 9-2:30 Foot Clinic* 12:00 Handwork Circ. 12 French Table 12:30 Caregiver Support Group</td>
<td>9 Strength &amp; Fitness 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 10:15 Low vision 12 Italian Table 12:45 Lucy Mac Visit 1 Italian Intermediate 2 Mah Jongg 3 Bone Builders</td>
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<td><strong>23</strong></td>
<td>Late Opening for Dinner &amp; Book Discussion 6:00 Dinner 7:00 Presentation</td>
<td>9 Strength &amp; Fitness 10 Double King Pede 10 Beginning Italian* 12 Spanish Table 12:45 - 3:45 pm Tech Help* 2 Mah Jongg 3 Bone Builders</td>
<td>9:30 Beginner Tai Chi 10 Wellness Clinic 10:30 Handwork Circ. 10:45 Advanced Tai Chi 12 French Table 12:30 Foot Clinic*</td>
<td>Birthday Day* 9 Strength &amp; Fitness 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study Support Group 12 Italian Table 1 Italian Intermediate 2 Mah Jongg 3 Bone Builders 5-7 Wine Tasting at Barnard Inn</td>
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<td><strong>30</strong></td>
<td>10:15 Memoir Group 1 Horseshoes</td>
<td>9 Strength &amp; Fitness 10 Double King Pede 10 Beginning Italian* 12 Spanish Table 2 Mah Jongg 3 Bone Builders</td>
<td>BINGO daily at 10:30 am except on birthday day and other special meal days. Location changes based on the day's schedule.</td>
<td>* Indicates that sign-up/reservations are required</td>
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* Indicates that sign-up/reservations are required
## MENU - JULY 2018

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<td>Spaghetti with Vegetables, Garlic Bread, Salad, Fruit Salad</td>
<td>Grilled Chicken Sandwich w/ Pesto, Arugula and Fresh Mozzarella on a Baguette, Corn Salad, Heirloom Tomato Salad with Garlic and Basil, Chocolate Cake</td>
<td>Independence Day Closed</td>
<td>Tomato Tart, Tri-Color Salad, Bread, Oatmeal Cookie</td>
<td>Cod w/ Herbed White Wine Lemon Sauce, Potatoes w/ Garlic, Strawberry Spinach Salad, Ice Cream Cone</td>
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<td>Bridgewater Day* Chicken Milano w/ Basil and Sundried Tomatoes served over Penne, Tossed Salad, Fresh Fruit Salad</td>
<td>Staff Appreciation Pot Luck Lunch*</td>
<td>Quiche w/ Asparagus, Leeks &amp; Gruyere Cheese, Roasted Potatoes, Tossed Salad, Lemon Cookie and Fruit</td>
<td>Vegetable &amp; Chicken Stir Fry, Coconut Macaroons w/ Pineapple</td>
<td>Chef’s Choice</td>
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<td>Nancy Stearns Bercaw Dinner* (No Lunch Served) Grilled Beef Kababs, Corn and Tomato Summer Salad, Roll, Pavlova</td>
<td>Lasagna, Tossed Salad, Garlic Bread, Fresh Fruit Salad</td>
<td>Beer Battered Haddock and Chips, Kale Salad, Ginger Snap and Fruit</td>
<td>Birthday Day* Roast Beef Au Jus, Roasted Potatoes &amp; Onions, Grilled Asparagus, Roll, Cake &amp; Ice Cream</td>
<td>Chicken Salad, Broccoli Salad, Tortellini Salad, Lettuce, Tomato, Roll, Blueberry Cake</td>
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<td>Chef’s Choice</td>
<td>BBQ Chicken, Pinto Beans, Potato Salad, Cole Slaw, Coconut Cream Pie</td>
<td>Meal Pricing: $7-charge for those under age sixty $5-Suggested donation for ages sixty and over</td>
<td>* Vegetarian meals &amp; Gluten Free available daily upon request. Please contact our chef in advance. 2% Milk, Coffee, tea, and juices available</td>
<td>* indicates that sign-up/reservations are required (Birthday Day &amp; special holiday meals)</td>
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### Reservations Required

Please sign-up in advance for special meals and Birthday Day. This month includes Bridgewater Day on the 9th, Bastille Day on the 18th, Dinner Program on the 23rd and Birthday Day on the 26th. Volunteers, if you are working and eating on that day you will also need to sign-up at the front desk. Our fire code limits us to 80 guests. Thank you!
Bone Builders
Tuesdays and Thursdays, 3:00-4:00 pm

The Bone Builders exercise program, developed at Tufts University, addresses bone health for people of all ages. Women especially may have thinning of bones as early as age 40, but men are welcome in this class and will benefit as well.

Bone Builders classes, with instructor Althea Dernstine, are ongoing on Tuesdays and Thursdays each week. Classes are free.

Tai Chi's Meditation in Motion!
On Wednesdays
Beginner Class 9:30 - 10:30 am
Advanced Class 10:45 - 11:45 am
June 6 & 27, July 11 & 25, August 8 & 22

Tai Chi has come into its own as more and more doctors and health organizations recognize the many benefits it provides to those who practice regularly.

Our Tai Chi classes at the Thompson exercise mind and body together. Join our lively, supportive group to learn a short, simplified form of Tai Chi that can help your concentration, balance, mood, blood pressure too. Clinical studies show it's especially effective for FALL PREVENTION and ARTHRITIS.

Tai Chi's slow, gentle movements have a meditative quality, so that even as we concentrate to learn, we reduce the stresses and tensions of daily life.

Come try a class at no cost. If you like it, you can then sign up for a series of classes.

Classes at the Thompson are co-led by Anne Bower and Jane Philpin. Anne has been teaching Tai Chi for 15 years and previously taught literature at the Ohio State University; Jane is a trained meditation specialist and has been teaching Tai Chi for 5 years. For more information you can check out Anne's website: www.annebower.com or email at anniebower@yahoo.com.

Water Aerobics Class
Woodstock Athletic Club
Fridays, June 8 - August 3
1:30 - 2:15 pm, Cost: $72 for 9 week class

The Thompson Center will provide shuttle service to and from class if needed. Please register in advance by calling 457-3277. Payment is due at time of reservation and must be received prior to the start of class series.

Strength & Fitness
Mondays, Tuesdays & Thursdays
9:00 - 10:00 am
No Monday Class July 2 - Oct 8, Resume Oct 15

This popular class is led by certified fitness instructor and personal trainer, Liz Hatfield. Liz incorporates aerobic, stretching, strength and weight bearing exercises. The benefits of these exercises include bone building, balance, and overall coordination.

She holds credentials for Group Fitness instruction in Aquatics, Spinning, TRX, Nordic Walking, and Weight Training.

Cost: $3.00/class or 12 classes for $30 on a punch card.

Open Pickle Ball
Woodstock Athletic Club
Fridays, 12:00 pm - 1:30 pm

Cost: $10 per 1.5 hr court time session. Walk-ins welcome and equipment is provided. Ride service available from The Thompson with advance notice.
HEALTHY AGING

Low Vision Support Group
Every 3rd Thursday of the Month
10:15 - 11:45 am
July Discussion: Introduction to Braille - How Millions Read with their Hands
The Vermont Association for the Blind and Visually Impaired is offering this support group where participants can share experiences, challenges, and successes of living with a visual impairment at this ongoing monthly meeting. Learn about adaptive aids and strategies that support independence. Led by a Certified Vision Rehabilitation Therapist from VABVI.

Foot Care Clinics
Monthly, 9:00 am - 2:30 pm
on the 2nd Friday & 3rd Wednesday
And 12:30 to 2:50 pm on every other Month on 4th Wednesday
In addition to Mary Wood’s clinic on the second Friday and third Wednesday of each month, we are happy to offer more foot clinic availability with our wellness clinic nurse, Mary Ann Conrad. Mary Ann is offering an additional foot clinic every other month on the fourth Wednesday of the month from 12:30 to 2:50 pm following her wellness clinic hours.

Both clinics are $20 and patrons are asked to bring their own towel. As always, please inform us in advance if you cannot make your appointment.

When it comes to finding tools for staying healthy, active, and involved, The Thompson is the place to start!

ADVANCE DIRECTIVE CLINIC
2nd Monday of the Month
We have arranged for a trained and caring volunteer to be at the Thompson Center every 2nd Monday from 1pm - 3pm. These volunteers will take the time to explain both the document and the simple process used to make your wishes known. You can call 457-3277 to schedule an appointment.

Chair Massage is Back
At The Thompson!
Thursdays, 9-11 am
$15 for 15 minutes
Massage Therapist Sara Smith will offer 15 minute massages, or you can ask for more or less time at the time of your reservation. Be kind to yourself and treat yourself to a chair massage by calling The Thompson.

Wellness Clinic &
Blood Pressure Screenings
July 25, Sept 26, Nov 28
10 - 12 noon
Wellness clinics (blood pressure & consultation) with VNA Wellness Clinic nurse, Mary Ann Conrad, held every other month on the 4th Wednesday from 10-noon.

CAREGIVER SUPPORT GROUP
Wednesday, July 18, 12:30 pm
Support and education can make a critical difference for family members and caregivers of patients with memory loss or disorders such as Alzheimer’s. Please join our confidential monthly support group (with complimentary lunch) on the 3rd Wednesday of each month, and share ideas, concerns, and constructive feedback with others facing similar challenges.
**TRIPS**

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**An American in Paris**
**At the Historic Ogunquit Playhouse, Ogunquit, ME**
**Wednesday, August 1, 2018**
**~Full~**

Departure on The Thompson van is at 8:30 am.
Lunch at Foster's Restaurant at 12:00 pm.
Matinee begins at 2:30 pm at the Ogunquit Theater. Show time is 2.5 hours. Anticipated arrival in Woodstock is 8:00 pm.
Please call Shari at The Thompson Center to confirm your menu choice: BBQ Chicken or Vegetarian Option are substitutes for lobster.

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**Murder for Two: Music, Lyrics, and Book by Joe Kinosian & Kellen Blair**
**At New London Barn Playhouse**
**Wed, August 22, 2:00 pm performance, Depart Thompson Van at 12:30 pm**
**Payment is due no later than July 9th to confirm your seat.**
**If you are having lunch at The Thompson prior to departure on August 22, please inform our kitchen if you would like an early lunch.**

Equal parts Agatha Christie, Groucho Marx, and Cole Porter, this hilarious musical whodunit is an affectionate and ingenious homage to the old-fashioned murder mystery. Lavishly praised by the critics during its New York premiere, this whirlwind 90-minute duet boasts a cast of exactly two: one performer to investigate the crime, the other to play all of the suspects. And of course they both play the piano... Murder for Two: putting the “laughter” back in “manslaughter”!

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**The Thompson Center presents...**
**Springtime Tulip River Cruise Discovery**
**Featuring Dutch and Belgian Waterways**
**9 days - 20 Meals: 7 Breakfasts, 6 Lunches, 7 Dinners**
**April 4 - 12, 2019**

Highlights: Amsterdam, 7-Night River Cruise, Volendam, Arnhem, Middelburg, Ghent, Bruges, Antwerp, Kinderdijk Windmills, Keukenhof Gardens

*Book Prior to September 5, 2018 & Save $500 Per Person*

Included in Price: Round Trip Air From Logan Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers, Pick-up and Return To & From The Thompson Center

Not included in price: Cancellation Waiver and Insurance of $385 per person. Gratuities for cabin stewards, wait staff on board the ship, and tour guides are not included and are at your discretion.

*Cabin are available on lower, middle, and upper decks. Please note that river cruises are smaller ships and only have a finite number of each cabin category available.*

For a complete itinerary, fees, and more information visit [https://gateway.gocollette.com/link/887097](https://gateway.gocollette.com/link/887097), or call The Thompson Center for a color brochure. 457-3277
IN LOVING MEMORY & APPRECIATION

IN APPRECIATION

Woodstock Terrace - medical equipment
Christine Dunleavy - medical equipment
Barbara Holmes - medical equipment
Joe Rubino - medical equipment
Dottie Forthman - porch table cover
Dean & Carol Cerf - medical equipment
Robin & Lauren Lombard - leather La-z-boy/sofa La-z-boy

ONGOING DONATIONS:

Daily Valley News subscription -
Woodstock Pharmacy
The Vermont Standard Paper
Birthday Cakes - Diane Atwood & Jane Soule
Monthly book club selection -
Yankee Bookshop
Muffins - Boris at Mountain Creamery

IN MEMORY OF

John M Brand
Deborah Phillips

"Gib" Gilbert DuBois
Noble
Deborah Phillips

Jack Moore
E. Vincent Lisi

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JULY BIRTHDAYS

1st John Gravel
1st Nina Borzokowski
2nd Barbara Kelley
2nd Kimberly Christensen
2nd Leslie Friedman
2nd Cora Koop
3rd Neil Jillson
3rd Odette Hazen
5th Gordon Worth
5th Trudi Brock
5th Albert Pristaw
5th Betsy Hallahan
5th Carol Nartowicz
6th Norman Martin
6th Helga Cognato
6th Joanie Metcalf
7th Carol Rauscher
7th Judith Pierce
8th Bud Futschik
8th Howard Jonas
9th Frances Gillett
9th Rosemary Smith
9th Ann McKelvie
10th Louis Carini
11th Lene Bennett
11th Joan Lang
12th Robert Lewis Sr
12th Susan Maxham
12th Joanne Keyler
13th Robert Griggs Jr
14th Gerry Fields
14th Lysle Chase
14th Nancy Schullinger
14th Ellen Ahrens
14th Jennifer Kirkman
14th Jennifer Brock
14th Chris Prior
14th Chris Topolski
16th Priscilla Pannell
16th Wendy Wannop
16th David Doubleday
16th David Jenks
18th Airell Winsor
18th Wendy Purviance
18th Karen English
18th Karen Wentworth
19th Mary Jane White
19th Marilyn Ward
19th Ken Ackley
19th Ken Hershey
20th Joanne Mongulla
20th Michael Whitney
21st Joseph Herrick
21st David Sleeper
21st Marcella Derevensky
21st Eileen Wishnia
22nd Fern Kruse
22nd Holly Levison
22nd Margaret Wieche
23rd Jennifer William Barrows
23rd Anne Dean
23rd Anne Marinello
24th Robert McFadden
25th Claire Dibble
25th Lloyd Osmer
25th Nancy Anderson
25th Nancy Simon
26th Sally Kesseli
26th Richard Cole
26th Patricia Brent-Sorenson
27th Jackie Durkee
27th Gail Moore
27th Karen St. Arnaud
28th Thomas Watson
28th Janice Fleetwood-Bean
28th Gordon Holmes
30th Eric Johnstcn
30th Nancy Pike
31st Pam Butler
31st Carl Hurd
31st Jean Silva
31st Bob Hazen

On July 26th we will celebrate your special day with a delicious, complimentary meal!
TSC TRANSPORTATION PROGRAM

The Thompson Center operates a door-to-door transportation program for seniors and disabled community members from the towns of Barnard, Bridgewater, Pomfret, and Woodstock.

Medical Rides - $10 suggested donation per out-of-town trip. A minimum of 48 hours notice is required for scheduling. Schedule with Paula at 457-3277.

Local transportation to and from your home to The Thompson and other Woodstock stops - suggested donation of $1 per ride ($2 round trip if you get a ride both ways). Please call the Center by 8:30AM to request rides for that day. 457-3277

Monthly shopping trips to West Lebanon depart from TSC on the 1st and 3rd Wednesday of each month at 9am on the Stagecoach van (returning at approx. 12:15pm). Stops at various locations. Sign up with the Thompson at least 24 hours in advance.

The Thompson funds these trips with Stagecoach so any donation is greatly appreciated. Call 457-3277

Thank You to Our
Transportation Sponsors and Grants

[Logos of sponsors]

MISSION

The Thompson helps seniors to age well in our rural community. We provide timely support and services, and are a resource and advocate on issues related to aging. Our programs and activities foster the physical, intellectual, and social well being of our adult community to enhance dignity, self-worth, and independence.