



The Thompson

Your resource to age well

MENU - JUNE 2019				
Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
Barnard Day* Grilled Sweet Italian Sausage w/ Roll, Sautéed Onions and Peppers, Potato Salad, Cole Slaw, Peach Crisp	Tossed Salad, Chicken Marsala, Rice Pilaf, Green Beans, Cookie and fruit	Stuffed Peppers, Tossed Salad, Ice Cream Sandwich Cookies	Chicken Milano w/ Basil and Sundried Tomatoes served over Fettuccine, Tomato & Mozzarella Salad, Fresh Fruit Salad	Tuscan White Bean Soup, Tossed Salad, Roll, Lemon Curd Bar
10	11	12	13	14
Pan Seared Chicken Breast, Creamy Cheddar Polenta, Spinach Supreme (Spinach, Sour Cream, Parmesan and Monterey Jack cheese) Apple Ginger Crumble	Stuffed Meatloaf with Spinach and Cheese, Parsnip Mashed Potatoes, Gravy, Peas & Baby Carrots Almond Cake w/ Peach Puree	Chef Salad w/ Lettuce, Tomato, Ham, Turkey, Cheese, Hard Boiled Egg, Carrot, Staff Appreciation Ice Cream Social	Chicken Quesadillas w/ Tomato, Guacamole, Salsa, Roasted Vegetable Melange, Chef Choice Dessert	Chef's Choice
17	18	19	20	21
Father's Day* Grilled Chicken BLT with Lettuce, Tomatoes, Grilled Onions, Caper Mayo on Wheat Berry Bread, Three Bean Salad, Berry Turnover	Tossed Salad Spinach, Artichoke & cheese Quiche, Roasted Sweet Potato Fries, Black Raspberry Ice Cream w/ Berries	Spinach & Cheese Ravioli w/ Meat Sauce, Garlic Bread, Broccoli & Cauliflower, Fresh Fruit Salad	Grilled Salmon Burger On a Multigrain Roll, Potato Salad, Grilled Vegetable Salad, Warm Berry Crisp	BBQ Chicken, Pinto Beans, Potato Salad, Cole Slaw, Coconut Cream Pie
24	25	26	27	28
Chef's Choice	Tossed Salad, Spaghetti & Meatballs, Garlic Sautéed Vegetable Medley Fresh Fruit Salad	Tossed Salad, Bangers & Mashed, Onions & Gravy, Peas, Carrots, Fruit Short Cake	Birthday Day* Roast Beef, Au Jus, Roasted Potatoes & Onions, Roasted Brussel Sprouts, Roll, Cake & Ice Cream	Curried Coconut Pork, Stir Fried Vegetables, Scallion Brown Rice, Chocolate Whoopee Pie
			Meal Pricing: " \$ 7 charge for those under age sixty " \$ 5 suggested donation for ages sixty and over	Vegetarian meals & Gluten Free available daily upon request. Please contact our chef in advance. 2% Milk, Coffee, tea, and juices available