Patrick Bartlett Wildlife Fundraising Dinner

Vermont Wildlife and Habitat
Presented by Patrick Bartlett
Forestry and Wildlife Consultant
Wednesday, July 10, 2019

Cost: $50 for dinner & program, BYOB
Reservations at 457-3277

This is a Special Fundraising Dinner Event to
Support Thompson Center Services

5:30 pm Visit with friends and Pat Bartlett while enjoying hors d'oeuvres
6:00 pm Farm to Table Dinner, 7:00 pm Presentation

Forestry and Wildlife Consultant, Patrick (Pat) Bartlett will share his unique slide show of his encounters with Vermont’s wildlife including bear, moose, fisher, beaver, porcupines, coyote, bobcats and more. It’s a world he knows well in a career that has spanned over 30 years managing forests and wildlife habitat. His discussion will include wildlife patterns and populations swings and a diverse variety of wildlife’s habitat needs. Pat will conclude his presentation with time for questions and discussion.

In 1987 Bartlett Forestry & Wildlife Habitat was established by Patrick Bartlett. His goal was to bring wildlife habitat awareness to the forestry community and was the first private consultant forester in Vermont to use the words “Wildlife Habitat” in his company name. Ahead of his time, his client base grew quickly, as he incorporated sustainable forestry management practices and wildlife habitat improvements in all of his management plans and projects.

Patrick has served as the elected Chairman of the Consulting Foresters Association and has testified on Current Use topics. His articles have been featured in Northern Woodlands Magazine and he has appeared numerous times on the “Across the Fence” program on Channel 3 of Burlington, Vermont. Most recently, Patrick was invited to give a keynote address on sustainable forestry in the 21st Century at the Global Classrooms International Model UN Conference at the United Nations headquarters in New York City. Currently, Patrick is serving his second term as the Governor’s appointee to the State of Vermont’s Current Use Program Advisory Board.

Having been a forestry and wildlife consultant for 35 years, Patrick now enjoys devoting more time to teaching animal tracking workshops, tree and plants identification, foraging for wild mushrooms and leading guided nature tours in Vermont.
TOWN DAYS ARE BACK!
Residents of surrounding towns are invited for lunch at The Thompson for the reduced rate of $3.00 on the following Mondays:

- **Barnard** ~ Monday, June 3rd
- **Bridgewater** ~ Monday, July 1st
- **Pomfret** ~ Monday, August 5th
- **Reading** ~ Monday, September 9th
- **Woodstock** ~ Monday, October 7th

Please note: The Thompson van can provide transportation for you and your friends. Please call to schedule.

WANT LESS PAPER?
Electronic or paper newsletter? What’s your preference? If you currently receive paper but would like to switch to electronic, please email Jen at jbloch@thompsonseniorcenter.org

The Thompson is pleased to provide recognition to an important Sponsor!

Different sponsors are featured here each month. Visit our website to see a complete list.

MISSION
The Thompson helps seniors to age well in our rural community. We provide timely support and services, and are a resource and advocate on issues related to aging. Our programs and activities foster the physical, intellectual, and social well being of our adult community to enhance dignity, self-worth, and independence.

Sign up for the e-newsletter by emailing jbloch@thompsonseniorcenter.org
PROGRAMS & TRIPS

Fall Prevention Clinic
at The Thompson Provided by Upper Valley Rehab
Physical Therapists
Wednesday, June 12, 8:30 - 10:30 am, by appointment

Falls are not a normal part of aging and can result in more serious injuries over time, but the risks can be reduced by working on all the possible causes.

Upper Valley Rehab will be offering a Fall Prevention Clinic at the Thompson Center and will provide free comprehensive fall risk Screenings for people who have fallen or who have a fear of falling. At the Clinic/Assessment, a licensed physical therapist will ask participants to complete a fall assessment screen which will include a history of previous falls and what might be causing them. Additionally, a therapist will screen participant’s gait, balance, range of motion, strength and sensation and ask questions regarding home environment, fear of falling concerns, and pertinent medical history that can contribute to falls. This total assessment will include your screen results, which can be sent to your primary care physician, and recommendations for treatment if needed. Each comprehensive assessment is about fifteen minutes and will require an appointment.

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Book Club
Next meeting is Monday, June 17, 1:00 pm
Newcomers are always welcome!

A lifetime of secrets. A history untold.
No. It is a simple word, uttered on a summer porch in 1936. And it will haunt Kitty Milton for the rest of her life. Kitty and her husband, Ogden, are both from families considered the backbone of the country. But this refusal will come to be Kitty’s defining moment, and its consequences will ripple through the Milton family for generations. For while they summer on their island in Maine, anchored as they are to the way things have always been, the winds of change are beginning to stir....
"The Guest Book is monumental in a way that few novels dare attempt." —The Washington Post

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Recycling Update: What You Need to Know
Presented by Ham Gillett, Outreach Coordinator for the Greater Upper
Valley Solid Waste Management District (GUWSWD)
Tuesday, June 18, 1:00 pm

Are your recyclables ending up in the landfill? What’s the difference between an alkaline and a lithium battery? Why does it matter? What will you do with your food scraps beginning July 1, 2020 when you can’t put them in your trash? Do you need to get rid of paint, batteries, fluorescent bulbs, or other household hazardous waste? Ham Gillett will address these issues at this important presentation. Bring your answers, and bring your questions.
**Tech Tutoring at The Thompson Center**

Provided by Norman Williams Public Library  
Tuesday, June 4 & 18, 12:45 - 3:00 pm

We are happy to continue offering individual tech tutoring thanks to Norman Williams Public Library and Meg Brazill. Meg is offering 1:1 assistance for any one of your devices: cell phone, lap top, iPad or tablet - free of charge. Forty-five minute appointments are available and you can book more appointments as you need them. Please call to schedule yours at The Thompson 457-3277.

**Healing Circles**

Parlor, North Chapel UU Church  
7 Church St., Woodstock  
Sunday, June 2, 11:30 -12:15 pm

Spiritual healing begins within the soul. It grows even stronger in community. We gather together in the midst of joy and sorrow. We gather in the presence of love and grief. We gather together and we share ourselves beautifully in a circle of warmth and healing. Please join The Healing Circle. Come share of your self and be present for others on this journey that we take through life.

**Sunapee Singers**

Thursday, June 27  
1:00 pm

New Hampshire’s Sunapee Singers return to The Thompson Center on Thursday, June 27 for their 1:00 pm performance immediately following Birthday Lunch Celebration. Please join us for this most entertaining and popular group.

**Jewelry Repair at The Thompson**

Every Tuesday, 1:00 - 2:00 pm

Is there jewelry in your jewelry box that needs a new clasp, or to be restrung? Yael Taylor, volunteer receptionist at the Thompson and local jewelry artist, is available to help for a nominal fee. Bring your jewelry to Yael to see if she can help you.

**Monthly Art Project with ArtisTree at The Thompson**

Wednesday, June 5, 1:30 pm  
Please register in advance  
457-3277

For our last class before we break for summer, Finnie will teach us Watercolor Notans – the blending of watercolor and paper-cutting techniques to create a fluid background to "frame" a contrasting paper-cut design that displays positive/negative design.

Please join us back at The Thompson when this monthly class resumes in September, or visit www.artistreevt.org for a list of great summer class opportunities.

**It’s time for Horseshoes!**

The horseshoe pits are open and you can play anytime, but every Monday (weather permitting) at 1:00 pm a group will play following lunch. Everyone is welcome regardless of your experience level! Talk with Norm Boynton if you’re interested.
Parkinson's Disease: Frontiers in Health and Research  
Hosted by the Parkinson's Disease and Movement Disorders Center  
at Dartmouth-Hitchcock  
Saturday, June 1, 2019, 8:30 am to 2:30 pm  
Location: Hilton Garden Inn Conference Center - 35 Labombard Road - Lebanon, NH  
Cost: $20, Continental breakfast and lunch are included  

This is an educational event for people with Parkinson's, their care partners and the community. To register or to enroll, contact the Parkinson’s Center at DHMC (603)653-6672. Diane.L.Sherman@hitchcock.org

Introduction to Medicare for New Enrollees  
Presented by Senior Solutions  
Tuesday, June 4, 1:00 - 2:30 pm  

Are you almost 65 year of age and thinking about signing up for Medicare? Are you retiring and losing your health insurance benefits? Come and learn when and how to enroll in Medicare. State Health Insurance Plan (SHIP) counselor, Pati Kimball, will be presenting this class for those individuals who will be signing up for Medicare. She will discuss the different levels of Medicare coverage options such as supplement plans, and Advantage plans as well as the current prescription drug plans. **Walk-ins are welcome but pre-registration is advised.**

AARP Smart Driver Safety Course  
Friday, June 7, 9:00 am to noon (break for lunch); 1:00 to 2:00 pm  

Instructor Kevin Cristy will be at The Thompson to teach this four hour instructional course which is the nation’s largest refresher course designed specifically for older drivers. Registration begins at 9:15 am. **Your driver’s license is required and your AARP card for members.**  
Course Fee: $15.00 for AARP members and $20.00 for nonmembers. **Please register in advance.**
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| **Barnard Day**<sup>*</sup>  
9 Strength & Stretch  
10:15 Memoir Group  
1 Advisory Meeting  
1 Horseshoes | 9 Strength & Stretch  
10 Double King Pede  
10 Beginning Italian  
12 Spanish Table  
12:45 Tech Tutoring<sup>*</sup>  
1 Intro to Medicare for New Enrollees<sup>*</sup>  
1 Jewelry Repair w/ Yael  
1:30 Mah Jongg  
3 Bone Builders | 9:00 W. Leb Shopping<sup>*</sup>  
9:30 Beginner Tai Chi  
10:30 Handwork Cir.  
10:45 Advanced Tai Chi  
12 French Table  
1 Diabetes Workshop<sup>*</sup>  
1:30 Monthly Art Project<sup>*</sup> | 9 Strength & Stretch  
9-11 Chair Massage<sup>*</sup>  
10 Cribbage  
10:00 Italian Study  
12 Italian Table  
1 Italian Intermediate  
1:30 Mah Jongg  
3 Bone Builders | 9 AARP Smart Driver Safety Course<sup>*</sup>  
10-12:30 CCC Office Hours<sup>*</sup>  
11-12 Pickle Ball<sup>*</sup>  
12 German Language Table  
1:30 Water Aerobics<sup>*</sup> |
| 10         | 11          | 12          | 13          | 14          |
| **9 Strength & Stretch**  
10:15 Memoir Group  
1-3 Advanced Directives<sup>*</sup>  
1 Horseshoes | 9 Strength & Stretch  
10 Double King Pede  
10 Beginning Italian  
12 Spanish Table  
12:45 Tech Tutoring<sup>*</sup>  
1 Jewelry Repair w/ Yael  
1:30 Mah Jongg  
3 Bone Builders | 8:30-10:30 Fall Prevention Clinic<sup>*</sup>  
9:30 Beginner Tai Chi  
10:30 Handwork Cir.  
10:45 Advanced Tai Chi  
12 French Table  
1 Diabetes Workshop<sup>*</sup> | 9 Strength & Stretch  
9-11 Chair Massage<sup>*</sup>  
10 Cribbage  
10:00 Italian Study  
12 Italian Table  
1 Italian Intermediate  
1:30 Mah Jongg  
3 Bone Builders | 9:2-30 Foot Clinic<sup>*</sup>  
10-12:30 CCC Office hours<sup>*</sup>  
11-12 Pickle Ball<sup>*</sup>  
12 German Language Table  
1:30 Water Aerobics<sup>*</sup>  
Open Ping Pong |
| 17         | 18          | 19          | 20          | 21          |
| **Father’s Day Lunch**  
8:30 Newsletter Folding  
9 Strength & Stretch  
10:15 Memoir Group  
1 Book Group  
1 Horseshoes | 9 Strength & Stretch  
10 Double King Pede  
10 Beginning Italian  
11:30 Commodities  
12 Spanish Table  
12:45 Tech Tutoring<sup>*</sup>  
1 Jewelry Repair w/ Yael  
1 Recycling Program  
1:30 Mah Jongg  
3 Bone Builders | 8:30 Board Meeting  
9-2-30 Foot Clinic<sup>*</sup>  
9:00 W. Leb Shopping<sup>*</sup>  
9:30 Beginner Tai Chi  
10:30 Handwork Cir.  
10:45 Advanced Tai Chi  
12 French Table  
12:30 Caregiver Support Group | 9 Strength & Stretch  
10 Cribbage  
10:00 Italian Study  
12 Italian Table  
12:45 Lucy Mac Visit  
1 Italian Intermediate  
1:30 Mah Jongg  
3 Bone Builders | 10-12:30 CCC Office Hours<sup>*</sup>  
11-12 Pickle Ball<sup>*</sup>  
12 German Language Table  
1:30 Water Aerobics<sup>*</sup>  
Open Ping Pong |
| 24         | 25          | 26          | 27          | 28          |
| **9 Strength & Stretch**  
10:15 Memoir Group  
1 Horseshoes | 7 Depart for Lobster Cruise<sup>*</sup>  
9 Strength & Stretch  
9:30-12:30 Reflexology<sup>*</sup>  
10 Double King Pede  
10 Beginning Italian  
12 Spanish Table  
1 Jewelry Repair w/ Yael  
1:30 Mah Jongg  
3 Bone Builders | 10:30 Handwork Cir.  
12 French Table | Birthday Day<sup>*</sup>  
9 Strength & Stretch  
9-11 Chair Massage<sup>*</sup>  
10 Cribbage  
**10-12 Wellness Clinic**  
12:00 Italian Study  
12:30-3 Foot Clinic<sup>*</sup>  
1 Sunapee Singers  
1 Italian Intermediate  
1:30 Mah Jongg  
3 Bone Builders | 10-12:30 CCC Office Hours<sup>*</sup>  
11-12 Pickle Ball<sup>*</sup>  
12 German Language Table  
1:30 Water Aerobics<sup>*</sup>  
Open Ping Pong |
|           |             |             |             |             |

* Indicates that sign-up/reservations are required

BINGO daily at 10:30 am except on birth-day day and other special meal days. Location changes based on the day’s schedule.
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| Barnard Day*  
Grilled Sweet Italian Sausage w/ Roll, Sautéed Onions and Peppers, Potato Salad, Cole Slaw, Peach Crisp | Tossed Salad, Chicken Marsala, Rice Pilaf, Green Beans, Cookie and fruit | Stuffed Peppers, Tossed Salad, Ice Cream Sandwich Cookies | Chicken Milano w/ Basil and Sundried Tomatoes served over Fettuccine, Tomato & Mozzarella Salad, Fresh Fruit Salad | Tuscan White Bean Soup, Tossed Salad, Roll, Lemon Curd Bar |
| 10  | 11  | 12  | 13  | 14  |
| Pan Seared Chicken Breast, Creamy Cheddar Polenta, Spinach Supreme (Spinach, Sour Cream, Parmesan and Monterey Jack cheese) Apple Ginger Crumble | Stuffed Meatloaf with Spinach and Cheese, Parsnip Mashed Potatoes, Gravy, Peas & Baby Carrots Almond Cake w/ Peach Puree | Chef Salad w/ Lettuce, Tomato, Ham, Turkey, Cheese, Hard Boiled Egg, Carrot, Staff Appreciation Ice Cream Social | Chicken Quesadillas w/ Tomato, Guacamole, Salsa, Roasted Vegetable Melange, Chef Choice Dessert | Chef's Choice |
| 17  | 18  | 19  | 20  | 21  |
| Father's Day*  
Grilled Chicken BLT with Lettuce, Tomatoes, Grilled Onions, Caper Mayo on Wheat Berry Bread, Three Bean Salad, Berry Turnover | Tossed Salad, Spinach, Artichoke & cheese Quiche, Roasted Sweet Potato Fries, Black Raspberry Ice Cream w/ Berries | Spinach & Cheese Ravioli w/ Meat Sauce, Garlic Bread, Broccoli & Cauliflower, Fresh Fruit Salad | Grilled Salmon Burger On a Multigrain Roll, Potato Salad, Grilled Vegetable Salad, Warm Berry Crisp | BBQ Chicken, Pinto Beans, Potato Salad, Cole Slaw, Coconut Cream Pie |
| 24  | 25  | 26  | 27  | 28  |
| Chef's Choice  
Tossed Salad, Spaghetti & Meatballs, Garlic Sautéed Vegetable Medley Fresh Fruit Salad | Tossed Salad, Bangers & Mashed, Onions & Gravy, Peas, Carrots, Fruit Short Cake | Birthday Day*  
Roast Beef, Au Jus, Roasted Potatoes & Onions, Roasted Brussels Sprouts, Roll, Cake & Ice Cream | Curried Coconut Pork, Stir Fried Vegetables, Scallion Brown Rice, Chocolate Whoopie Pie | Meal Pricing:  
"$7 charge for those under age sixty  
$5 suggested donation for ages sixty and over"  
Vegetarian meals & Gluten Free available daily upon request. Please contact our chef in advance. 2% Milk, Coffee, tea, and juices available |

**Reservations Required**

Please sign-up in advance for special meals and Birthday Day. This month includes **Barnard Day on the 3rd, Father's Day on the 17th and Birthday Day on the 27th**. Volunteers, if you are working and eating on that day you will also need to sign-up at the front desk. Our fire code limits us to 80 guests.

Thank you!
HEALTHY AGING

Please call the Thompson Center to register for classes in advance. 457-3277

Bone Builders
Tuesdays and Thursdays, 3:00-4:00 pm

The Bone Builders exercise program, developed at Tufts University, addresses bone health for people of all ages. Women especially may have thinning of bones as early as age 40, but men are welcome in this class and will benefit as well.

Bone Builders classes, with instructor Althea Derstine, are ongoing on Tuesdays and Thursdays each week. Classes are free.

Strength and Stretch Class
Note New Summer Schedule
Led by Certified Fitness Trainer, Liz Hatfield
Mondays, Tuesdays & Thursdays
9:00 -10:00 am

Monday Stretch Class will end on June 24th for the summer. Liz’s class will resume its Tuesday/Thursday schedule beginning July 2nd and stretching and balance work will be incorporated in these classes. Monday class will resume in early October. All levels and abilities are welcome! Mats will be provided but you are encouraged to bring your own if you have one.

Water Aerobics Class
New
Woodstock Athletic Club
Fridays, May 17 - July 19
1:30 - 2:15 pm, Cost $80 for 10 week class

The Thompson will provide shuttle service to and from class if needed. Please register in advance with payment by calling 57-3277.

20 REASONS TO TAKE TAI CHI
at the Thompson Center
Summer Schedule:
June 5, 12, 19, July 17, 24, 31
August 7, 14, 21, 28
Beginner 9:30 am, Advanced 10:45 am

1. Improves balance
2. Improves coordination
3. May lower blood pressure
4. May help control blood sugar levels
5. May help you sleep better!
6. Reduce arthritis pain
7. It's fun to learn something new
8. Can improve posture
9. Two teachers—more individual attention
10. Great social activity
11. Helps prevent falls
12. Can reduce stress
13. Improves leg strength
14. We start with a short form
15. Enjoy gentle, low-impact movement
16. No competition, no pressure
17. Low cost
18. Scholarship assistance available
19. Mindful, meditative practice
20. We laugh a lot!

Pickle Ball
Woodstock Athletic Club
Fridays, 11:00 - 12:00 pm

Pickle ball court time is available for Thompson patrons at the Woodstock Athletic Club, on Fridays from 11:00 am – 12:00 pm for $6 per visit. A minimum of 4 players are required for court time and a stroke/clinic rules refresh- er is available from a tennis professional when your group is assembled. Please call The Thompson Center to register or for more information.
Wellness Clinic & Blood Pressure Screenings
Resumes Monthly Schedule
4th Thursday of each month, 10 am - 12 pm with Foot Clinic 12:30 - 3:00 pm

On your next visit to The Thompson Wellness Clinic, please welcome our new Clinic nurse, Connie Powell. Connie has been a nurse for 19 years and started her career as a cardiac nurse in a hospital. She continues to teach nursing students in addition to her working a busy clinic schedule with the VNA/VNH. Her new position enables her to fulfill her passion of contributing to communities. Connie will also provide foot clinic hours in addition to Mary Wood. Please support our monthly Wellness Clinic by checking in with Connie for a wellness check.

Foot Care Clinics
Monthly, 9:00 am - 2:30 pm on the 2nd Friday & 3rd Wednesday

Mary Wood's foot clinic is at The Thompson on the second Friday and third Wednesday of each month from 9:00 to 2:30 pm.
The cost is $20 and patrons are asked to bring their own towel. As always, please inform us in advance if you cannot make your appointment.

Advanced Directives Clinic
2nd Monday of the Month

We have arranged for a trained and caring volunteer to be at the Thompson Center every 2nd Monday from 1pm - 3pm. These volunteers will take the time to explain both the document and the simple process used to make your wishes known. You can call 457-3277 to schedule an appointment.

Caregiver Support Group
Wednesday, June 19, 12:30 pm

Support and education can make a critical difference for family members and caregivers of patients with memory loss or disorders such as Alzheimer's. Please join our confidential monthly support group (with complimentary lunch) on the 3rd Wednesday of each month, and share ideas, concerns, and constructive feedback with others facing similar challenges.

Chair Massage at The Thompson
Thursdays, 9-11 am, $15 for 15 minutes
No June 20th appointments

Massage Therapist, Sara Smith, will offer 15 minute massages or you can ask for more or less time when making your reservation. Be kind to yourself and treat your body to a chair massage by calling The Thompson.

Foot or Hand Reflexology
Deborah Neuhof, Certified Reflexologist
Tuesdays, June 11 and 25, 9:30 - 12:30 pm

Experience Reflexology techniques to de-stress and promote a balanced, wholistic well-being. 30 min/ $30, Loose clothing recommended. Call in advance for your 30 minute appointment.
Gloucester Harbor Lobster Cruise and Rockport Shopping
Tuesday, June 25 - Depart Thompson at 7:00 am on Premier Coach Bus
Harbor/Lunch cruise: 11:30 am – 2:00 pm
Depart for Woodstock at 4:00 pm after Rockport shopping
Cost: $120 Includes Transportation and Lobster Lunch
Full payment will confirm your reservation and is due by June 5th without exception
Please note: A minimum of 35 reservations must be sold for this trip or it is subject to cancellation as per Beauport contract

Our excursion on Beauport Cruiselines will take us into the oldest seaport in America, historic Gloucester harbor with extraordinary views of the city’s downtown, Rocky Neck, Eastern Point, Ten Pound Island, Stage Fort Park, and Hammond Castle. We will dine on fresh lobster on the promenade deck where live music will be included. Just minutes away is the charming coastal town of Rockport where we will have time to stroll historic Main street and its one-of-a-kind shops.

Traditional New England Lobster Bake Menu: Freshly baked rolls, New England Clam Chowder Bar, Steamed 1 ½ pound Lobster, Barbecue Chicken, Cole Slaw, Corn on the Cob, Roasted Red Bliss Potatoes, Chocolate Mousse

The Odd Couple
New London Barn Playhouse Theater
Friday, July 12, 2:00 pm, Cost: $36
The Barn is proud to present the biggest hit from the enduring king of comedy, Neil Simon. The Odd Couple last played the Barn in 2007, and the Barn is thrilled to bring back this witty, hilarious comedy that’s inspired film adaptations, TV shows, and even a cartoon series. Come meet the uptight Felix Ungar and the disheveled Oscar Madison, and see what happens when two polar opposites are forced to share a home and a life together.

Always.... Patsy Cline
Weston Playhouse at Walker Farm
Wednesday, August 14, 2:00
Depart on Thompson van at 12:30 pm
Cost: $55 due at reservation
When an unlikely encounter in a Texas honky-tonk lands Patsy Cline at her biggest fan’s kitchen table, the rising star finds a fast friend and a savvy business partner. Late night conversations between Patsy and Louise, a Southern housewife, create a bond that lasts a lifetime. Listen in and hum along as Patsy and Louise belt their way through hits such as “Walkin’ After Midnight,” “Crazy,” and “Back in Baby’s Arms.” Written by Ted Swindley

Washington D.C. by Diamond Tours
September 6 – 10
5 Days/4 Nights with guided tours of Washington, D.C. that include the WW II Memorial, Capitol Hill, the Smithsonian, the new Museum of the Bible and much more. $535 per person/double occupancy.
$75 deposit due upon signing. Final payment due by June 20, 2019.

Spotlight San Antonio by Collette Tours
November 10 – 14
5 Days, 5 Meals - Highlights include: Mission San Jose, The Alamo, Paseo del Rio Cruise (aka the River Walk), LBJ ranch and much more. $1,899 per person/double occupancy for reservations made before June 10. Includes round trip airfare from Logan Airport.
IN LOVING MEMORY & APPRECIATION

IN APPRECIATION

In memory of Perry Maxham - medical equipment
In memory of Becky White - medical equipment
Nelson & Joyce Gilman - medical equipment
In memory of Larry Vittum - medical equipment

ONGOING DONATIONS

Daily Valley News subscription - Woodstock Pharmacy
The Vermont Standard Paper - Birthday Cakes - Diane Atwood & Jane Soule
Monthly book club selection - Yankee Bookshop
Muffins - Mountain Creamery

IN MEMORY OF

Jinna Stapleton
Janet & Tony Wilson
Perry Maxham
Rhonda & Dan Bruce

JUNE BIRTHDAYS

1st Ernest Harper 1st Suzy Malerich
1st Julie Myers 8th Noreen Huff
1st Elspeth Lothes 8th Roy Aloisio
2nd Betty Jillson 8th Jennifer Carpenter
2nd Carol Nettleship 9th Jeffrey Bendis
2nd Larry Luce 9th Ralph English
2nd Nancy Bebo 10th Sally Alloway
2nd John McDonald 10th Charlotte Hollingsworth
2nd Janice Kowalski 10th Rebecca Nash
2nd Robert Tracy 12th Donald Corrigan
3rd Ted Williamson 12th Judith Cayer
3rd Lorraine Dayton 13th Eldon Thompson
3rd Linda Hitchcock 13th Jean Garren
4th Carole Pye 13th Courteney Maxham
4th Marcea Ewald 13th George Michaels
4th Khorsed Randeria 13th Amanda Maxham
4th Evelyn Rowlee-Vittum 13th Don Ransom
5th Janet Herrick 14th Bette Anne Sailer
5th Timothy Maxham 14th Jordan Engel
6th Jennifer Martel 15th Mary Sharpe
6th Missy Cunningham 15th Polly Fullerton
7th Glenna Barr 15th Sandra Sawyer
7th Debbi Castellini 17th Robert Topolski
7th Jane Curtis 17th Lillian Weed
7th Christopher Bacon 17th Polly Blackstock
7th Perry Curtis 17th Sharon Eam
7th Lewis Curtis 18th Mary Boudro
7th Jack Rasmussen 18th Becky Longley
19th Mae Knudson
19th Emily Schanck
19th Joanne Bates
20th Sandra Pariseau
20th Jane Graham
21st Louie Walker
21st Ronald Weglarz
22nd John Mathews
22nd Richard Leonard
22nd Judith Smith
23rd Viola Peeler
23rd Cynthia Hewitt
23rd Arthur Skerker
24th Harmony Johnson
25th Ann Debevoise
25th Anna King
25th Betty Jane Curry
26th Doris Lebaron
26th Meg Matz
27th Bob Lanoue
28th Suzanne Reynolds
28th Carol Mosher
29th Susan Lewis
29th Elaine Campeau
30th Constance Byam-Shaw
30th Susan Heath
30th Gretchen Cole

On June 27th we will celebrate your special day with a delicious, complimentary meal! Please call to make a reservation for lunch and join us!
TSC TRANSPORTATION PROGRAM
The Thompson Center operates a door-to-door transportation program for seniors and disabled community members from the towns of Barnard, Bridgewater, Pomfret, and Woodstock.

Medical Rides - $20 suggested donation per out-of-town trip. A minimum of 48 hours notice is required for scheduling. Schedule with Paula at 457-3277.

Local transportation to and from your home to The Thompson and other Woodstock stops - suggested donation of $5 per ride round trip. Please call the Center by 8:30AM to request rides for that day. 457-3277

Monthly shopping trips to West Lebanon depart from TSC on the 1st and 3rd Wednesday of each month at 9am on the Stagecoach van (returning at approx. 12:15pm). Stops at various locations. Sign up with the Thompson at least 24 hours in advance. The Thompson funds these trips with Stagecoach so any donation is greatly appreciated. Call 457-3277

Thank You to Our Transportation Sponsors and Grants

Like us on Facebook

Prefer Electronic Version of Newsletter?
Did you know that you can receive The Thompson Times Newsletter in an electronic version? Please email Jen if you would like to change your delivery option at jbloch@thompsonseniorcenter.org