



PROGRAM CALENDAR - JULY 2019

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
Bridgewater Day* 10:15 Memoir Group 1 Advisory Meeting 1 Horseshoes	9 Strengthen & Stretch 9:30 Reflexology* 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1 Jewelry Repair w/ Yael 1:30 Mah Jongg 3 Bone Builders	Bastille Day* 9 W. Leb Shopping* 10:30 Handwork Cir. 12 French Table	Independence Day CLOSED	10-12:30 CCC Office Hours* 11-12 Pickle Ball* 12 German Language Table 1:30 Water Aerobics* Open Ping Pong
8	9	10	11	12
10:15 Memoir Group 1-3 Advanced Directives* 1 Horseshoes	9 Strengthen & Stretch 10-11 Veggie VanGo 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1 Jewelry Repair w/ Yael 1 Smart Phones Workshop 1:30 Mah Jongg 3 Bone Builders	Late Opening for Dinner & Pat Bartlett Wildlife Presentation Beginning at 5:30 pm (There will be no noon meal served today due to late opening)	9 Strength & Stretch 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 1 Intergenerational Program Meeting* 1:30 Mah Jongg 3 Bone Builders	9-2:30 Foot Clinic* 10-12:30 CCC Office hours* 11-12 Pickle Ball* 12:30 Depart for The Odd Couple* 12 German Language Table 1:30 Water Aerobics* Open Ping Pong
15	16	17	18	19
8:30 Newsletter Folding 10:15 Memoir Group 1 Book Group 1 Horseshoes	9 Strengthen & Stretch 9:30 Reflexology* 10 Double King Pede 10 Beginning Italian 11:30 Commodities 12 Spanish Table 12:45 Tech Tutoring* 1 Jewelry Repair w/ Yael 1 Declutter Talk 1:30 Mah Jongg 3 Bone Builders	8:30 Board Meeting 9-2:30 Foot Clinic* 9 W. Leb Shopping* 9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 12:30 Caregiver Support Group	9 Strength & Stretch 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 12:45 Lucy Mac Visit 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	10-12:30 CCC Office Hours* 11-12 Pickle Ball* 12 German Language Table 1:30 Water Aerobics* Open Ping Pong
22	23	24	25	26
10:15 Memoir Group 1 Horseshoes	9 Strengthen & Stretch 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1 Jewelry Repair w/ Yael 1:30 Mah Jongg 3 Bone Builders	8:30 Fall Prevention Clinic* 9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 1 Spring Clean Legal Affairs	Birthday Day* 9 Strength & Stretch 9-11 Chair Massage* 10 Cribbage 10-12 Wellness Clinic 10:00 Italian Study 12 Italian Table 12:30-3 Foot Clinic* 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	10-12:30 CCC Office Hours* 11-12 Pickle Ball* 12 German Language Table 1:30 Water Aerobics* Open Ping Pong
29	30	31		
10:15 Memoir Group 1 Horseshoes	9 Strengthen & Stretch 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1 Jewelry Repair w/ Yael 1:30 Mah Jongg 3 Bone Builders	9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table	BINGO daily at 10:30 am except on birthday day and other special meal days. Location changes based on the day's schedule.	* Indicates that sign-up/reservations are required