



The Thompson Times

Your resource to age well

JULY 2019

Save the Date: Generation to Generation Week August 5 - 8, 2019



Summer matters! Many children jump for joy for summer break, but not all. For some, summer is a time when learning stops, meals are scarce, and caring adults during the day are less accessible. Older people have abundant skills and life experience to share. Younger people thrive with the support of caring adults in their lives!

The Thompson Senior Center has dedicated a special week when young people in our community come together with seniors for learning, fun, and to make meaningful connections. This year, the week of August 5th will be “Generation to Generation” week at The Thompson with programs offered by ArtisTree, The Woodstock History Center, Vermont Farmstead Cheese and teacher, Barbara Leonard.

The proven benefits of intergenerational activities are numerous and meaningful to both generations. Adult volunteers are still needed.

Join us for a week of kid and adult-friendly lunch menus, arts & crafts, music, games, ice cream, and more!

Daily Schedule:

	Monday, 8/5	Tuesday, 8/6	Wednesday, 8/7	Thursday, 8/8
Morning Program, 10:30- noon	ArtisTree Creative Art Project/ Journals & Mural Painting	ArtisTree Creative Art Project/ Portrait Painting	Gen2Gen BINGO Bonanza!	ArtisTree Creative Art Project - Celebrate together projects
Lunch	Chef Ryan’s famous macaroni and cheese, peas & carrots, chocolate chip cookie, fruit	Pizza, tossed salad, Ice cream cones	Chicken Tenders, Tossed Salad, Fruit Salad	Breakfast for lunch – Pancakes, sausage, yogurt, & fruit cups
Afternoon Program, 1:00-2:00	Farm Animal Day - Petting Zoo with Vermont Farmstead Cheese	Old Time Day with Woodstock History Center, & Photo Booth	Game Day! Board Games, Cards, Cribbage, Chess & More!	Island Time Steel Drums – Ice cream social closing celebration.

Cost: FREE. Donations for meals are welcome but not required for children or adult volunteers.

Programs are ideal for children ages 8-12. Children who are 8 years old or older are invited to attend without a parent or caregiver. Children under age 8 are welcome with a parent or caregiver. Participation will be on a first come, first serve basis and all families will be required to complete a permission slip.

Register by calling 457-3277, in person, or on our website at thompsonsniiorcenter.org/gen2gen2019. Please contact Deanna Jones, Executive Director at The Thompson, with any questions. info@thompsonsniiorcenter.org or 457-3277

The Thompson Center

Woodstock Area Council on Aging
99 Senior Lane
Woodstock, VT 05091
Phone: 802-457-3277
Fax: 802-457-1259
www.thompsonscenter.org

CENTER HOURS

8 AM-3 PM, Monday-Friday

STAFF

Deanna Jones, Executive Director,
djones@thompsonscenter.org
Paula Audsley, Outreach Manager,
paulsley@thompsonscenter.org
Pam Butler, Program Director,
pbutler@thompsonscenter.org
Jen Bloch, Marketing Coordinator
jbloch@thompsonscenter.org
Shari Borzekowski, Administrative &
Resource Assistant,
sborz@thompsonscenter.org
Ryan Martin, Chef,
rmartin@thompsonscenter.org
Siobhan Wright, Front Desk
Coordinator,
swright@thompsonscenter.org
**Drivers: Dwight Camp, Tom Morse,
Charlie Seitz, Carl Hurd**

Senior Solutions (Formerly Council of
Aging for Southeastern Vermont)
SENIOR HELPLINE: 800-642-5119

Community Care Coordinator
Carla Kamel, MSW
Ottawaquechee Health Center, 457-5414

BOARD OF DIRECTORS

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BEHIND THE SCENES

ADVISORY MEETING HIGHLIGHTS

- Staff updates
 - Home Sharing project
 - Our Woodstock Our Town project
 - Generation to Generation update
 - Trips and program announcements
- Dining room suggestion cards

Please join our next meeting on Monday, July 1 at 1:00 pm. All patrons and volunteers are invited to attend. Your feedback is needed and appreciated!

TOWN DAYS ARE BACK!

Residents of surrounding towns are invited for lunch at The Thompson for the reduced rate of **\$3.00** on the following Mondays:

Bridgewater ~ Monday, July 1st

Pomfret ~ Monday, August 5th

Reading ~ Monday, September 9th

Woodstock ~ Monday, October 7th

Please note: The Thompson van can provide transportation for you and your friends. Please call to schedule.

The Thompson is pleased to provide recognition to an **important Sponsor!**



Different sponsors are featured here each month. Visit our website to see a complete list.

**VOLUNTEERS
NEEDED**

Wait Staff Volunteer Opportunity

The Thompson Center is in need of **wait staff volunteers** on a substitution basis to help serve lunches during our noon meal. The hours of commitment are 11:30 am - 1:30 pm during your day of choice, M-F, with complimentary lunch. Help our community to thrive! For more information call Siobhan Wright at 457-3277 or email: swright@thompsonscenter.org.



Sign up for the e-newsletter by emailing
jbloch@thompsonscenter.org

PROGRAMS



Special Dinner & Presentation **Patrick Bartlett, Forestry and Wildlife Consultant** **Wednesday, July 10, 2019**

**5:30 pm hors d'oeuvres, 6:00 pm farm to table dinner,
7:00 pm presentation**

Cost: \$50 for dinner and program, BYOB.

**Reservations at 457-3277 or online at
www.thompsonseniorcenter.org/barletttdinner**

Connect, Create, Contribute; An Intergenerational Collaboration **An informational meeting with WUHS teacher, Julie Brown** **Thursday, July 11, 1:00 pm at The Thompson Center**

Woodstock Union High School Reading Specialist, Julie Brown, is interested in your input in creating proposals for another successful intergenerational project in the upcoming 2019-2020 school year. Jane Soule, Carole Town, and Alan Perkins participated in this spring's poetry project, *Where I'm From*, with Ms. Brown's structured writing class. The project resulted in a booklet of poetry and reflections from students and Thompson participants, new perspectives and meaningful friendships. Ms. Brown's goal is to design a learning experience that purposefully fosters human connection, stewardship of our community, and empathy in a way that her students can enrich the lives of older Vermonters.

Please join us at this meeting to discuss ideas for an upcoming collaboration and how you can participate. All are welcome to attend and advance registration is appreciated.

Downsize and Declutter Talk **Presented by UV Senior Move Managers** **Tuesday, July 16, 1:00 pm**

Downsizing, decluttering, and moving can be a daunting process in the later years of life. In this presentation, UV Senior Move Managers will discuss their services of sorting and organizing of belongings, coordination of moving companies and cleaners, maximizing storage space, and other services they offer.

UV Move Managers is a member of the National Association of Senior Move Managers (NASMM) and is located in Hanover, NH.

Introduction to Kayaking **Storrs Pond Recreation Area, Hanover NH** **Thursday, August 15, 10:30 am – 12:30 pm** **Depart Thompson on the van at 9:30 am**



Have you always wanted to try kayaking? Storrs Pond is the perfect spot for beginners. This hour-long session is for beginners who have never kayaked before. Participants will learn kayak terminology and basic paddle skills before heading out on the water to give it a try. Wear shorts and shoes that can get wet.

\$25.00 fee includes kayak rental, life jackets, and brown bag lunch provided by The Thompson. Registration is required by calling The Thompson and indicate if you will need transportation on the van. Checks are payable to The Town of Hanover.

Tech Tutoring at The Thompson Center

Provided by Norman Williams Public Library

Tuesday, July 16, 12:45 - 3:00 pm

No Appointments in August

We are happy to continue offering individual tech tutoring thanks to Norman Williams Public Library and Meg Brazill. Meg offers 1:1 assistance for any one of your devices: cell phone, lap top, iPad or tablet - free of charge. Forty-five minute appointments are available and you can book more appointments as you need them. Please call to schedule yours at The Thompson 457-3277.

artistree

community arts center & gallery

Monthly Art Project with ArtisTree At The Thompson

There will be no monthly ArtisTree craft workshops at The Thompson in July and August. Monthly craft workshops will resume at The Thompson Center in September. Please see upcoming newsletters for details.

Visit ArtisTree.org for programs and visual arts classes offered this summer in Pomfret.

Coffee is on at The Thompson Join us in the Morning!



At The Thompson, we enjoy the pleasures of good conversations and fellowship at our community noon meal – why not join us for coffee?

We invite our visitors to come in for complimentary coffee and muffins beginning at 8:30 am any weekday mornings. Bring a friend, neighbor, business associate, or perhaps you will meet someone you know. Enjoy the comfort of our living room or dining room and enjoy a visit over a good mug of coffee.

Healing Circles Parlors, North Chapel UU Church 7 Church St., Woodstock Call for Sunday Schedule 457-2557

Spiritual healing begins within the soul. It grows even stronger in community. We gather together in the midst of joy and sorrow. We gather in the presence of love and grief. We gather together and we share ourselves beautifully in a circle of warmth and healing. Please join The Healing Circle. Come share of your self and be present for others on this journey that we take through life.

Jewelry Repair at The Thompson Every Tuesday, 1:00 - 2:00 pm

Is there jewelry in your jewelry box that needs a new clasp, or to be restrung? Yael Taylor, volunteer receptionist at the Thompson and local jewelry artist, is available to help for a nominal fee. Bring your jewelry to Yael to see if she can help you.

Island Time Steel Drums Thursday, August 8, 1:00 pm

Scott Paulson and Barbara Smith are a tropical duo that delight in sharing the happy sounds, upbeat vibes, and amazing history and culture of Caribbean Steel “Pan” music with audiences from Maine to Key West. The focus of Island Time is not only to entertain listeners, but to entice interest about this great body of music, and to tell the story about, and bring a deeper understanding to the culture of the island of Trinidad and how that gave birth to one of the few NEW acoustic instruments of modern times. The pair’s upbeat repertoire ranges from easy going calypsos to fiery Trinidadian Socas, with some American Pop thrown in for good measure.

It's time for Horseshoes!

The horseshoe pits are open and you can play anytime, but every Monday (weather permitting) at 1:00 pm a group will play following lunch. Everyone is welcome regardless of your experience level! Talk with Norm Boynton if you're interested.

AGE WELL

The Thompson is committed to helping community members age well at home

Tech Workshop: More About Smart Phones - Basic ++ Tuesday, July 9, 1:00 – 2:00 pm

You know a few things about your phone but want to learn more. Meg Brazill, Tech Director from the Norman Williams Public Library, will lead another informal hands-on workshop about basics and beyond for your smart phones. Come learn some tips and tricks! Learn how to download new and useful apps, attach photos to emails and texts. Or, maybe, find free audio books you can listen to on your phone and other useful things. Bring your questions, your phone and help set the agenda!

Advance registration is requested by calling The Thompson Center. 457-3277

AARP Smart Driver Safety Course Friday, August 2, 9:00 am to noon (break for lunch); 1:00 to 2:00 pm

Instructor Kevin Cristy will be at The Thompson to teach this four hour instructional course which is the nation's largest refresher course designed specifically for older drivers. Registration begins at 8:45 am.

Your driver's license is required and your AARP card for members.

Course Fee: \$15.00 for AARP members and \$20.00 for nonmembers. **Please register in advance. 457-3277.**

Spring Clean Your Legal Affairs

**Estate Attorney Daphne Moritz
returns to The Thompson for those
who were unable to attend**

**Part II of this series-
Long Term Care Planning and
Aging Well**

**(Including Residence Options)
Wednesday, July 24, 1:00 pm**

Please call The Thompson to register

Fall Prevention Clinic at The Thompson Provided by Upper Valley Rehab Physical Therapists Wednesdays, July 24 & August 14 8:30 - 10:30 am, by appointment



Falls are *not* a normal part of aging and can result in more serious injuries over time, but the risks can be reduced by working on all the possible causes.

Upper Valley Rehab will be offering a Fall Prevention Clinic at the Thompson Center and will provide free comprehensive fall risk Screenings for people who have fallen or who have a fear of falling. At the Clinic/Assessment, a licensed physical therapist will ask participants to complete a fall assessment screen which will include a history of previous falls and what might be causing them. Additionally, a therapist will screen participant's gait, balance, range of motion, strength and sensation and ask questions regarding home environment, fear of falling concerns, and pertinent medical history that can contribute to falls. This total assessment will include your screen results, which can be sent to your primary care physician, and recommendations for treatment if needed. Each comprehensive assessment is about fifteen minutes and will require an appointment.

PROGRAM CALENDAR - JULY 2019

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
Bridgewater Day* 10:15 Memoir Group 1 Advisory Meeting 1 Horseshoes	9 Strengthen & Stretch 9:30 Reflexology* 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1 Jewelry Repair w/ Yael 1:30 Mah Jongg 3 Bone Builders	Bastille Day* 9 W. Leb Shopping* 10:30 Handwork Cir. 12 French Table	Independence Day CLOSED	10-12:30 CCC Office Hours* 11-12 Pickle Ball* 12 German Language Table 1:30 Water Aerobics* Open Ping Pong
8	9	10	11	12
10:15 Memoir Group 1-3 Advanced Directives* 1 Horseshoes	9 Strengthen & Stretch 10-11 Veggie VanGo 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1 Jewelry Repair w/ Yael 1 Smart Phones Workshop 1:30 Mah Jongg 3 Bone Builders	Late Opening for Dinner & Pat Bartlett Wildlife Presentation Beginning at 5:30 pm (There will be no noon meal served today due to late opening)	9 Strength & Stretch 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 1 Intergenerational Program Meeting* 1:30 Mah Jongg 3 Bone Builders	9-2:30 Foot Clinic* 10-12:30 CCC Office hours* 11-12 Pickle Ball* 12:30 Depart for The Odd Couple* 12 German Language Table 1:30 Water Aerobics* Open Ping Pong
15	16	17	18	19
8:30 Newsletter Folding 10:15 Memoir Group 1 Book Group 1 Horseshoes	9 Strengthen & Stretch 9:30 Reflexology* 10 Double King Pede 10 Beginning Italian 11:30 Commodities 12 Spanish Table 12:45 Tech Tutoring* 1 Jewelry Repair w/ Yael 1 Declutter Talk 1:30 Mah Jongg 3 Bone Builders	8:30 Board Meeting 9-2:30 Foot Clinic* 9 W. Leb Shopping* 9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 12:30 Caregiver Support Group	9 Strength & Stretch 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 12:45 Lucy Mac Visit 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	10-12:30 CCC Office Hours* 11-12 Pickle Ball* 12 German Language Table 1:30 Water Aerobics* Open Ping Pong
22	23	24	25	26
10:15 Memoir Group 1 Horseshoes	9 Strengthen & Stretch 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1 Jewelry Repair w/ Yael 1:30 Mah Jongg 3 Bone Builders	8:30 Fall Prevention Clinic* 9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 1 Spring Clean Legal Affairs	Birthday Day* 9 Strength & Stretch 9-11 Chair Massage* 10 Cribbage 10-12 Wellness Clinic 10:00 Italian Study 12 Italian Table 12:30-3 Foot Clinic* 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	10-12:30 CCC Office Hours* 11-12 Pickle Ball* 12 German Language Table 1:30 Water Aerobics* Open Ping Pong
29	30	31		
10:15 Memoir Group 1 Horseshoes	9 Strengthen & Stretch 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1 Jewelry Repair w/ Yael 1:30 Mah Jongg 3 Bone Builders	9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table	BINGO daily at 10:30 am except on birthday day and other special meal days. Location changes based on the day's schedule.	* Indicates that sign-up/reservations are required

MENU - JULY 2019

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
Bridgewater Day* Salisbury Steak, Mashed Potatoes, Gravy, Mediterranean Vegetables, Strawberry Rhubarb Pie	Lasagna, Tossed Salad, Garlic Bread, Fresh Fruit Salad	Bastille Day* Tossed Salad, Chicken Tarragon, Roasted Potato Galette w/ Cheddar and Chives, Ratatouille, Cake w/ Berries	Independence Day Closed	Grill Day Hot Dogs & Burgers, Potato Salad, Cole Slaw, Strawberry Short Cake
8	9	10	11	12
Reubens, Beer Battered Onion Rings, Marinated Vegetable Salad, Sorbet w/ Fresh Berries	Vegetable & Chicken Stir Fry, Brown Rice, Cookie w/ Fruit	Patrick Bartlett Dinner Presenta- tion* (No Lunch Served) Cloudland Farm Beef Bourguignon, Grilled Crostinis, Mixed Greens Salad, Strawberry Napoleon	Philly Cheese Steak Sandwiches w/ Peppers & Onions, Sweet Potato Fries, Coleslaw, Chef's Choice Dessert	Chef's Choice
15	16	17	18	19
Tossed Salad, Supreme Pizza w/ Peppers, Onions, Mushrooms, Olives, Pepperoni, Coconut Macaroons w/ Pineapple	Tortellini with Asparagus and Lemon Topped with Grilled Chicken Served w/ Tossed Salad, Lime and Blueberry Pie	Grilled Tuna & Vegetables in Herb Butter, Brown Rice, Oatmeal Cranberry, Cookie and Fruit	Grilled Chicken Greek Slaw Sandwiches, Couscous Salad, Ice Cream	Tossed Salad, Penne Pasta w/ Sweet Italian Sausage, Spinach, Tomatoes, Pesto, Fresh Fruit Parfait
22	23	24	25	26
Chicken Salad, Broccoli Salad, Tortellini Salad, Lettuce, Tomato, Roll, Blueberry Turnover	Deluxe Burger w/ Cheese, Letuce, Tomato, Onion, Pickles, Roll, Roasted Fries, Coleslaw, Ice cream Cone	Italian Pork Stew, Garlic Bread, Tossed Salad, Berries and Cream Crepes	Birthday Day* Turkey Piccata, Roasted Summer Vegetable Medley, Roasted Garlic Mashed Red Skin Potatoes, Summer Chutney, Roll, Cake and Ice Cream	Cobb Salad w/ Chicken, Bacon, Avocado, Tomatoes, Blue Cheese, Lettuce, Grilled Bread, Sorbet w/ Berries
29	30	31		
Chef's Choice	Greek Chicken w/ Lemon Rice, Mediter- ranean Medley Salad, Honey Cherry Walnut Brownies	Tossed Salad, Lemon Garlic Tilapia, Rice Pilaf, Succotash, Blonde Brownie with Raspberries and Cream	Meal Pricing: ** \$ 7 charge for those under age sixty ** \$ 5 suggested donation for ages six- ty and over	Vegetarian meals & Gluten Free available daily upon request. Please contact our chef in advance. 2% Milk, Coffee, tea, and juices available

*Reservations Required

Please sign-up in advance for special meals and Birthday Day. This month includes **Bridgewater Day on the 1st, Bastille Day on the 3rd, and Birthday Day on the 25th.** Volunteers, if you are working and eating on that day you will also need to sign-up at the front desk. Our fire code limits us to 80 guests. Thank you!

Share the Harvest

When you're planting your garden please consider dedicating a row or two for vegetables to be donated to the Thompson Center. Even if you have a little extra that you're afraid will go to waste, we can use it. By sharing your harvest you help provide Chef Ryan with fresh, local, seasonal, produce for our daily luncheon and MOW program. Thank you, every bit helps!

HEALTHY AGING

Please call the Thompson Center to register for classes in advance, 457-3277

Bone Builders

Tuesdays and Thursdays, 3:00-4:00 pm

The Bone Builders exercise program, developed at Tufts University, addresses bone health for people of all ages. Women especially may have thinning of bones as early as age 40, but men are welcome in this class and will benefit as well.

Bone Builders classes, with instructor Althea Derstine, are ongoing on Tuesdays and Thursdays each week. Classes are free.

Strengthen and Stretch Class

Note New Summer Schedule

Tuesdays & Thursdays beginning July 2

Led by Certified Fitness Trainer, Liz Hatfield

Mondays, Tuesdays & Thursdays

9:00 -10:00 am

Monday Stretch Class will end on June 24th for the summer. Liz's class will resume its Tuesday/Thursday schedule beginning July 2nd and stretching and balance work will be incorporated into these classes. Monday class will resume in early October. All levels and abilities are welcome! Mats will be provided but you are encouraged to bring your own if you have one.

Pickle Ball

Woodstock Athletic Club

Fridays, 11:00 - 12:00 pm



Pickle ball court time is available for Thompson patrons at the Woodstock Athletic Club on Fridays from 11:00 am – 12:00 pm for \$6 per visit. A minimum of 4 players are required for court time and a stroke/clinic rules refresher is available from a tennis professional when your group is assembled. Please call The Thompson Center to register or for more information.

TAI CHI

at the Thompson Center

Summer Schedule:

July 17, 24, 31 and

August 7, 14, 21, 28

Beginner 9:30 am, Advanced 10:45 am



Tai Chi will continue at the Thompson this summer, staying with our usual schedule on Wednesdays: 9:30 for beginners and intermediates, 10:45 for advanced. We know how beneficial tai chi is and want people to have continuing opportunities to practice this slow, gentle, but powerful movement form. For further information about Tai Chi you might want to check out instructor Anne's webpage at www.annebower.com.



Water Aerobics Class

Woodstock Athletic Club

Fridays, July 26—Sept. 27

1:30 - 2:15 pm, Cost \$80 for 10 week class

The Thompson will provide shuttle service to and from class if needed. Please register in advance with payment by calling 457-3277.

When it comes to finding tools for staying healthy, active, and involved, The Thompson is the place to start!

Wellness Clinic & Blood Pressure Screenings Resumes Monthly Schedule

**4th Thursday of each month, 10 am-noon
with Foot Clinic 12:30 - 3:00 pm
By appointment**

On your next visit to The Thompson Wellness Clinic, please welcome our new Clinic nurse, **Connie Powell**. Connie has been a nurse for 19 years and started her career as a cardiac nurse in a hospital. She continues to teach nursing students in addition to her working a busy clinic schedule with the VNA/VNH. Her new position enables her to fulfill her passion of contributing to communities. Connie will also provide foot clinic hours, by appointment, in addition to Mary Wood. Please support our monthly Wellness Clinic by checking in with Connie for a wellness check.

Caregiver Support Group Wednesday, July 17, 12:30 pm

Support and education can make a critical difference for family members and caregivers of patients with memory loss or disorders such as Alzheimer's. Please join our confidential monthly support group (with complimentary lunch) on the 3rd Wednesday of each month, and share ideas, concerns, and constructive feedback with others facing similar challenges.

Foot Care Clinics

**Monthly, 9:00 am - 2:30 pm
on the 2nd Friday & 3rd Wednesday**

Mary Wood's foot clinic is at The Thompson on the second Friday and third Wednesday of each month from 9:00 to 2:30 pm.

The cost is \$20 and patrons are asked to bring their own towel. As always, please inform us in advance if you cannot make your appointment.

Advanced Directives Clinic 2nd Monday of the Month

We have arranged for a trained and caring volunteer to be at the Thompson Center every 2nd Monday from 1pm - 3pm. These volunteers will take the time to explain both the document and the simple process used to make your wishes known. **You can call 457-3277 to schedule an appointment.**

Chair Massage at The Thompson Thursdays, 9-11 am, \$15 for 15 minutes

Massage Therapist, Sara Smith, will offer 15 minute massages or you can ask for more or less time when making your reservation. Be kind to yourself and treat your body to a chair massage by calling The Thompson.

Foot or Hand Reflexology

**Deborah Neuhof, Certified Reflexologist
Tuesdays, July 2 & 16, 9:30 - 12:30 pm**

Experience Reflexology techniques to de-stress and promote a balanced, wholistic well-being. 30 min/ \$30, Loose clothing recommended. Call in advance for your 30 minute appointment.

TRIPS

The Odd Couple—Wait List Only

New London Barn Playhouse Theater

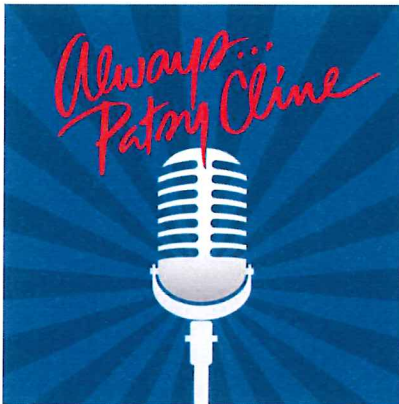
Friday, July 12, 2:00 pm, Cost: \$36

Depart on Thompson van at 12:30 pm

The Barn is proud to present the biggest hit from the enduring king of comedy, Neil Simon. *The Odd Couple* last played the Barn in 2007, and the Barn is thrilled to bring back this witty, hilarious comedy that's inspired film adaptations, TV shows, and even a cartoon series. Come meet the uptight Felix Unger and the disheveled Oscar Madison, and see what happens when two polar opposites are forced to share a home and a life together.



by Neil Simon



Always....Patsy Cline

Weston Playhouse at Walker Farm

Wednesday, August 14, 2:00

Depart on Thompson van at 12:30 pm

Cost: \$55 due now

When an unlikely encounter in a Texas honky-tonk lands Patsy Cline at her biggest fan's kitchen table, the rising star finds a fast friend and a savvy business partner. Late night conversations between Patsy and Louise, a Southern housewife, create a bond that lasts a lifetime. Listen in and hum along as Patsy and Louise belt their way through hits such as "Walkin' After Midnight," "Crazy," and "Back in Baby's Arms." Written by Ted Swindley.

Washington D.C. by Diamond Tours

September 6 – 10

5 Days/4 Nights with guided tours of Washington, D.C. that include the WW II Memorial, Capitol Hill, the Smithsonian, the new Museum of the Bible and much more. \$535 per person/double occupancy.

Reservations are still available until August 19th and payment will be due in full at time of reservation after June 20th. Don't miss this opportunity to see the historic sites of our nation's capitol at an affordable price!



Spotlight San Antonio by Collette Tours

November 10 – 14

5 Days, 5 Meals - Highlights include: Mission San Jose, The Alamo, Paseo del Rio Cruise (aka the River Walk), LBJ ranch and much more.

After June 10, \$1,999 per person/double occupancy, plus \$110 for travel protection insurance based on availability. Includes round trip airfare from Logan Airport and pick up from the Thompson Senior Center. Final payment due at The Thompson Center by September 2nd.

IN LOVING MEMORY & APPRECIATION

IN APPRECIATION

Katherine Webster - medical equipment
 Bobbi Sacks & Leon Resnick - medical equipment
 Laura Robinson - Girl Scout cookies
 Charles Simons - medical equipment



ONGOING DONATIONS

Daily *Valley News* subscription -
 Woodstock Pharmacy

The *Vermont Standard Paper*

Birthday Cakes -
 Diane Atwood & Jane Soule

Monthly book club selection -
 Yankee Bookshop

Muffins - Mountain Creamery

IN MEMORY OF

Fred Beebee

Carla Kamel

Perry Maxham

Ted & Joan Staples



On July 25th we will celebrate your special day with a delicious, complimentary meal! Please call to make a reservation for lunch and join us!

JULY BIRTHDAYS

1st	John	Gravel	12th	Robert	Lewis Sr	21st	Eileen	Wishnia
1st	Nina	Borzekowski	12th	Susan	Maxham	21st	Anne	Ladabouche
1st	Brian	Powell	12th	Joanne	Keyler	22nd	Fern	Kruse
1st	Doug	Warren	12th	Robert	Griggs, Jr	22nd	Holly	Levison
2nd	Barbara	Kelley	13th	Debbie	Jenkins	23rd	William	Barrows
2nd	Kimberly	Christensen	13th	Rollin	Rice	23rd	Anne	Dean
2nd	Leslie	Friedman	13th	Gerry	Fields	23rd	Anne	Marinello
2nd	Cora	Koop	14th	Lysle	Chase	23rd	Deirdre	Crowley
3rd	Neil	Jillson	14th	Nancy	Schullinger	24th	Robert	McFadden
3rd	Odette	Hazen	14th	Ellen	Ahrens	24th	Bryarlie	Buckley
3rd	Mary	Holland	14th	Jennifer	Kirkman	25th	Claire	Dibble
4th	Silvana	Serravezza	14th	Jennifer	Brock	25th	Lloyd	Osmer
5th	Gordon	Worth	14th	Chris	Prior	25th	Nancy	Anderson
5th	Trudi	Brock	15th	Rob	Jones	25th	Barbara	Simon
5th	Albert	Pristaw	15th	Judith	Topolski	25th	Nina	Salvatore
5th	Betsy	Hallahan	15th	John	Sailer	26th	Sally	Kesseli
5th	Carol	Nartowicz	16th	Priscilla	Pannell	26th	Richard	Cole
5th	Linnea	Minard	16th	Wendy	Wannop	26th	Patricia	Brent-Sorenson
6th	Norman	Martin	16th	Janice	Barron	26th	Betty	Wells
6th	Helga	Cognato	18th	David	Doubleday	27th	Jackie	Durkee
6th	Joanie	Metcalf	18th	Airell	Jenks	27th	Gail	Moore
7th	Carol	Rauscher	18th	Wendy	Winsor	27th	Karen	St. Arnaud
7th	Judith	Pierce	18th	Karen	Purviance	28th	Thomas	Watson
8th	Bud	Futschik	19th	Edwin	English	28th	Janice	Fleetwood-Bean
8th	Howard	Jonas	19th	Mary Jane	Wentworth	28th	Gordon	Holmes
9th	Frances	Gillett	19th	Marilyn	White	28th	Gretchen	Lillie
9th	Rosemary	Smith	19th	Ralph	Ward	30th	Eric	Johnston
9th	Alice	Pasternack	19th	William	Towsley	30th	Nancy	Pike
9th	Zaela	Strong	19th	Lois	Lacaillade	30th	Rachel	Bosse
10th	Ann	McKelvie	20th	Joanne	Hershey	31st	Pam	Butler
10th	Louis	Carini	20th	Michael	Mongulla	31st	Carl	Hurd
10th	Norma	Bradley	20th	Patricia	Whitney	31st	Jean	Silva
11th	Lene	Bennett	21st	Joseph	Herrick	31st	Bob	Hazen
11th	Joan	Lang	21st	David	Sleeper	31st	Susan	Robertson
11th	Jordan	Dill	21st	Marcelle	Derevensky			



The Thompson

Your resource to age well

Woodstock Area Council on Aging
99 Senior Lane
Woodstock, VT 05091
(802) 457-3277
FAX: (802) 457-1259
www.thompsonscenter.org

Non-Profit Organization
Postage Paid
Permit No. 33
Woodstock, VT 05091

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TSC TRANSPORTATION PROGRAM

The Thompson Center operates a door-to-door transportation program for seniors and disabled community members from the towns of Barnard, Bridgewater, Pomfret, and Woodstock.

Medical Rides - \$20 suggested donation per out-of-town trip. A minimum of 48 hours notice is requested for scheduling. Schedule with Paula at 457-3277.

Local transportation to and from your home to The Thompson and other Woodstock stops - suggested donation of \$5 per ride round trip. Please call the Center by 8:30AM to request rides for that day. 457-3277

Monthly shopping trips to West Lebanon depart from TSC on the 1st and 3rd Wednesday of each month at 9am on the Stagecoach van (returning at approx. 12:15pm). Stops at various locations. **Sign up with the Thompson at least 24 hours in advance.** The Thompson funds these trips with Stagecoach so any donation is greatly appreciated. Call 457-3277

Thank You to Our Transportation Sponsors and Grants



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Did you know that you can receive The Thompson Times Newsletter in an electronic version? Please email Jen if you would like to change your delivery option at jbloch@thompsonscenter.org