



# The Thompson

Your resource to age well

## MENU - AUGUST 2019

Mon	Tue	Wed	Thu	Fri
			<b>1</b>	<b>2</b>
Meal Pricing: ** \$ 7 charge for those under age sixty ** \$ 5 suggested donation for ages sixty and over	Vegetarian meals & Gluten Free available daily upon request. Please contact our chef in advance. 2% Milk, Coffee, tea, and juices available		Italian Pork Stew, Garlic Bread, Tossed Salad, Berries and Cream Crepes	Tossed Salad, Bombay Chicken Breast, Scallion Rice, Curried Roasted Vegetables, Pink Lemonade Bars
<b>Generation to Generation Week—All Ages Welcome</b>				
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>Pomfret Day*</b> Chef Ryan's Famous Macaroni & Cheese, Peas & Carrots, Chocolate Chip Cookie, Fruit	Pizza, Tossed Salad, Ice Cream Cones	Chicken Tenders, Tossed Salad, Fruit Salad	Breakfast for Lunch—Pancakes, Sausage, Yogurt, Fruit Cups	BBQ Chicken, Pinto Beans, Potato Salad, Cole Slaw, Coconut Cream Pie
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Chicken Caesar Wrap, Hearty Vegetable Minestrone, Chocolate Chip Cookies and Fruit	Tossed Salad, Meatloaf, Mashed Potato, Gravy, Green Beans, Strawberry Sundae	Tossed Salad, Orange Tilapia, Brown Rice, Mediterranean Bean Salad, Sautéed Broccoli, Brownie with Raspberries and Cream	Tossed Salad, Roasted Tarragon Chicken Breast over Fettuccine with Asparagus & Mushrooms, Fresh Fruit	Chef's Choice
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
Cheese Burger w/ Lettuce, Tomato, Onion, Steak Fries, Cilantro Lime Coleslaw, Ice Cream Cone	Chicken Parmesan over Multigrain Spaghetti, Garlic bread, Tossed Salad, Fresh Fruit salad	Stuffed Peppers, Tossed Salad, Fruit Short Cake	<b>Birthday Day*</b> Grilled Baja style Pork Loin Chimichurri Sauce, Spicy Sweet Potato Salad, Braised Greens, Roll, Cake & Ice Cream	Chicken Salad, Broccoli Salad, Tortellini Salad, Lettuce, Tomato, Lemon Mousse w/ Berries
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
Pork Apple Burgers with Caramelized Pineapple on a Multigrain Sandwich Roll, Firecracker salad, Sweet Potato Fries, Ice Cream w/ Berries	Roasted Mediterranean Chicken and Vegetables w/ Brown Rice, Avocado Chocolate Mousse w/ Raspberries	Swedish Meatballs over Egg Noodles, Broccoli and Carrots, Fresh Fruit Salad	Chicken Tostadas, Roasted Vegetable Medley, Almond Joy Sundae	Grilled Tuna & Vegetables in Herb Butter, Brown Rice, Oatmeal Cranberry, Cookie and Fruit