



## PROGRAM CALENDAR - AUGUST 2019

Mon	Tue	Wed	Thu	Fri
			<b>1</b>	<b>2</b>
<b>BINGO daily at 10:30 am except on birthday day and other special meal days. Location changes based on the day's schedule.</b>	<b>* Indicates that sign-up/reservations are required</b>		9 Strength & Stretch 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	<b>8:45 AARP Smart Driver Course*</b> <b>10-12:30 CCC Office Hours*</b> 11-12 Pickle Ball* 12 German Language Table <b>1:30 Water Aerobics*</b> Open Ping Pong
<b>Generation to Generation Week—All Ages Welcome</b>				
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>Pomfret Day*</b> <b>10:30 Make Journals and Mural Painting</b> <b>1 Farm Animal Day—Petting Zoo with Vermont Farmstead Cheese</b>	9 Strengthen & Stretch 10 Double King Pedo 10 Beginning Italian <b>10:30 Portrait Painting</b> 12 Spanish Table <b>1 Old Time Day with Woodstock History Center &amp; Photo Booth</b> 1 Jewelry Repair w/ Yael 1:30 Mah Jongg 3 Bone Builders	<b>9 W. Leb Shopping*</b> 9:30 Beginner Tai Chi <b>10:30 Gen2Gen Bingo Bonanza!</b> 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table <b>1 Game Day! Board Games, Cards, Cribbage, Chess &amp; More!</b>	9 Strength & Stretch <b>9-11 Chair Massage*</b> 10 Cribbage 10:00 Italian Study <b>10:30 Celebrate Together Projects</b> <b>1 Island Time Steel Drum Band &amp; Ice Cream Social</b> 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	<b>9-2:30 Foot Clinic*</b> <b>10-12:30 CCC Office hours*</b> 11-12 Pickle Ball* <b>12:30 Depart for The Odd Couple*</b> 12 German Language Table <b>1:30 Water Aerobics*</b> Open Ping Pong
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
10:15 Memoir Group 1 Horseshoes <b>1-3 Advanced Directives*</b>	9 Strengthen & Stretch <b>10-11 Veggie VanGo</b> 10 Double King Pedo 10 Beginning Italian 12 Spanish Table 1 Jewelry Repair w/ Yael <b>1 Bee Keeping Talk</b> 1:30 Mah Jongg 3 Bone Builders	<b>8:30 - 10:30 Fall Prevention Clinic*</b> 9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table <b>12:30 pm Depart for Weston Playhouse (Always...Patsy Cline)</b>	9 Strength & Stretch <b>9-11 Chair Massage*</b> 10 Cribbage 10:00 Italian Study <b>10:30 Intro Kayaking*</b> 12 Italian Table 12:45 Lucy Mac Visit 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	<b>10-12:30 CCC Office Hours*</b> 11-12 Pickle Ball* 12 German Language Table <b>1:30 Water Aerobics*</b> Open Ping Pong
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>8:30 Newsletter Folding</b> 10:15 Memoir Group 1 Horseshoes	9 Strengthen & Stretch <b>9:30 Reflexology*</b> 10 Double King Pedo 10 Beginning Italian 11:30 Commodities 12 Spanish Table 1 Jewelry Repair w/ Yael <b>1 Panama Canal Presentation</b> 1:30 Mah Jongg 3 Bone Builders	<b>8:30 Board Meeting</b> <b>9-2:30 Foot Clinic*</b> <b>9 W. Leb Shopping*</b> 9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 12:30 Caregiver Support Group	<b>Birthday Day*</b> 9 Strength & Stretch <b>9-11 Chair Massage*</b> 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate <b>1 Mill Band</b> 1:30 Mah Jongg 3 Bone Builders	<b>10-12:30 CCC Office Hours*</b> 11-12 Pickle Ball* 12 German Language Table <b>1:30 Water Aerobics*</b> Open Ping Pong
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
10:15 Memoir Group 1 Horseshoes	9 Strengthen & Stretch <b>9:30 Reflexology*</b> 10 Double King Pedo 10 Beginning Italian 12 Spanish Table 1 Jewelry Repair w/ Yael <b>1 Tick Talk</b> 1:30 Mah Jongg 3 Bone Builders	9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table	9 Strength & Stretch <b>9-11 Chair Massage*</b> 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	<b>10-12:30 CCC Office Hours*</b> 11-12 Pickle Ball* 12 German Language Table <b>1:30 Water Aerobics*</b> Open Ping Pong