



PROGRAM CALENDAR - SEPTEMBER 2019

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
CLOSED for Labor Day	9 Strengthen & Stretch 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1:15 Jewelry Repair w/ Yael* 1:30 Mah Jongg 3 Bone Builders	9 W. Leb Shopping* 9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 1:30 Monthly ArtisTree Project*	9 Strengthen & Stretch 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	8 Depart for Washington DC Trip 10-12:30 CCC Office Hours* 12 German Language Table 1:30 Water Aerobics* Open Ping Pong
9	10	11	12	13
Reading Day* 10:15 Memoir Group 1 Horseshoes 1-3 Advanced Directives*	9 Strengthen & Stretch 10-11 Veggie VanGo 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1:15 Jewelry Repair w/ Yael* 1:30 Mah Jongg 3 Bone Builders	9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 1 Composting Talk	9 Strengthen & Stretch 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	Senior Center Month BBQ* 9-2:30 Foot Clinic* 10-12:30 CCC Office hours* 12 German Language Table 1 Music with the Occasional Jug Band 1:30 Water Aerobics* Open Ping Pong
16	17	18	19	20
8:30 Newsletter Folding 10:15 Memoir Group 1 Horseshoes	9 Strengthen & Stretch 10 Double King Pede 10 Beginning Italian 11:30 Commodities 12 Spanish Table 12:45 Tech Tutoring* 1:15 Jewelry Repair w/ Yael* 1:30 Mah Jongg 3 Bone Builders	8:30 Board Meeting 9-2:30 Foot Clinic* 9 W. Leb Shopping* 9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 12:30 Caregiver Support Group	9 Strengthen & Stretch 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 12:45 Lucy Mac Visit 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	10-12:30 CCC Office Hours* 10 Painting with ArtisTree* 12 German Language Table 1:30 Water Aerobics* Open Ping Pong
23	24	25	26	27
10:15 Memoir Group 1 Horseshoes	9 Strengthen & Stretch 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1 Medicare OEP Talk 1:15 Jewelry Repair w/ Yael* 1:30 Mah Jongg 3 Bone Builders	9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 1-3 Fall Prevention Clinic*	Birthday Day* 9 Strengthen & Stretch 9-11 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 1 Music with Mark Harding 1:30 Mah Jongg 3 Bone Builders	10-12:30 CCC Office Hours* 10 Painting with ArtisTree* 12 German Language Table 1:30 Water Aerobics* Open Ping Pong
30				
10:15 Memoir Group 1 Horseshoes 1 Tie-Dye Workshop*			BINGO daily at 10:30 am except on birthday day and other special meal days. Location changes based on the day's schedule.	* Indicates that sign-up/reservations are required