



## CURBSIDE PICK-UP & MOW MENU - JULY 2020

Mon	Tue	Wed	Thu	Fri
		1	2	3
<b>Meal Pricing: \$7- charge for those under age sixty \$5-Suggested donation for ages sixty and over</b>	<b>* Vegetarian meals &amp; Gluten Free available daily upon request. Please contact our chef in advance. 2% Milk, Coffee, tea, and juices available</b>	<b>CLOSED Extra meals will be sent in advance for Meals on Wheels. No Curbside meals on Closed days.</b>	<b>CLOSED</b>	<b>CLOSED</b>
6	7	8	9	10
Puerto Rican Chicken and Rice, Caribbean Vegetable Stew, Coconut Pudding	Tossed Salad, Jamaican Jerk Pork Chops, Basmati Rice, Sautéed Peppers, Cherry Clafoutis	Chicken Milano w/ Basil and Sundried Tomatoes served over Penne, Tossed Salad, Fresh Fruit Salad	<b>CLOSED Staff Training Days</b>	<b>CLOSED Staff Training Days</b>
13	14	15	16	17
Grilled Glazed Ham Steak, Summer Potato Salad, Sweet Pepper Panzanella Salad, Cake w/ Berries and Cream	Salisbury Steak, Gravy, Mashed Potato, Green Beans and Carrots, Apple Crisp	Tossed Salad, Cacciatore Chicken Breasts over Penne Pasta. Crusty Bread, Fresh Fruit Salad	Pork Apple Burgers with Caramelized Pineapple on a Multigrain Sandwich Roll, Firecracker Salad, Sweet Potato Fries, Strawberry Rhubarb Pie	Vegetarian Lasagna, Steamed Antiguan Vegetables, Garlic Bread, Coconut Chocolate Chip Cookies and Fruit
20	21	22	23	24
Egg Roll Noodle Bowl w/Pork, Cabbage, Carrots, Spinach Salad with Asian Salad Dressing, Mandarin Orange Delight	Mediterranean Shrimp Linguine, Vegetable Medley, Garlic Bread, Fresh Fruit Salad	Philly Cheese Steak Sandwiches w/ Peppers & Onions, Sweet Potato Fries, Coleslaw, Chef's choice dessert	<b>Birthday Day</b> Grilled Brined Turkey Breast with Spanish Spice Rub and Sour Orange Sauce, Roasted Spanish Potatoes, Tangy Cabbage & Poblano Slaw, Roll, Cake	Tossed Salad, Macaroni and Cheese w/ Ham, Stewed Tomatoes, Fresh Fruit Salad,
27	28	29	30	31
Kung Pao Sloppy Joes on Whole Wheat Roll w/ Broccoli Cauliflower Kale Slaw.Sweet Potato Fries, Fresh Fruit Parfait	Tossed Salad Chicken Ala King, Vegetable Medley, Biscuits, Oatmeal Cran-raisin cookies/Fruit	Pasta & Broccoli Sausage Simmer, Tossed Salad, Fresh Fruit Salad	Tossed Salad, Tuscan Chicken w/ Peppers and Tomatoes, Roll, Peach Rhubarb Coffee Cake	Reubens, Beer Battered Onion Rings, Mediterranean Vegetables, Fruit Salad