



# The Thompson

Your resource to age well

## MENU - AUGUST 2021

Mon	Tue	Wed	Thu	Fri
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Macaroni & Cheese, <b>Local Beet Greens</b> , Stewed Tomatoes, Cantaloupe Boats	Tossed Salad, Cacciatore Chicken Breasts over Penne Pasta. Crusty Bread, Fresh Fruit Salad	Tossed Salad, Cajun Tilapia, Brown Rice, Braised Greens, Peach Shortcake	Chicken Salad, Broccoli Salad, Tortellini Salad, Lettuce, Tomato, Cherry Clafoutis	<b>Grill Day</b> Hot Dogs & Burgers, Potato Salad, Cole Slaw, Watermelon
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Chef Salad w/ Lettuce, Tomato, Roast Beef, Turkey, Cheese, Hard Boiled Egg, Carrot, Roll, Strawberry Cake	<b>Cloudland Farm</b> <b>Beef</b> Salisbury Steak, Mashed Potatoes, Gravy, Steamed Vegetables, Fresh Fruit Parfait	Grilled Glazed Ham Steak, Summer Potato Salad, Sweet Pepper Panzanella Salad, Cake w/ Berries and Cream	Mexican Lasagna, Tossed Salad, Monterrey Ranch Bread, Fresh Fruit Salad	Pan Seared Chicken Breast, Creamy Cheddar Polenta, Spinach Supreme (Spinach, Sour Cream, Parmesan and Monterey Jack) Warm Berry Crisp
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Reubens, Beer Battered Onion Rings, Roasted Local Garden Vegetables, Fresh Fruit	Sweet and Sour Pork, Stir Fried Vegetables, Brown Rice, Coconut Meringues w/ Pineapple	Grilled Chicken Greek Slaw Sandwiches, Couscous, Three Bean Salad, Ice Cream	Swedish Meatballs over Egg Noodles, Broccoli and Carrots, Fresh Fruit Salad	Cheese Pizza, Greek Salad w/ Lettuce, Cucumber, Pepper, Olives, Feta Cheese Fresh Fruit
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Grilled Sweet Italian Sausage w/ Roll, Sautéed Onions and Peppers, Potato Salad, Cole Slaw, Apple Crisp	Chicken Parmesan over Spaghetti, Tossed Salad, Garlic Bread, Fruit Salad	Pork Carnitas over Rice with Tomato, Cheese, Black Beans, Rice, Bean Salad, Cilantro Slaw, Coconut Cream Pie	<b>Birthday Day*</b> Roast Beef, Au Jus, Roasted Potatoes & Onions, Grilled Asparagus, Roll , Cake & Ice Cream	Grilled Tuna & Vegetables in Herb Butter, Brown Rice, Oatmeal Cranberry, Cookie and Fruit
<b>30</b>	<b>31</b>			
Grilled Chicken BLT with Lettuce, Tomatoes, Grilled Onions, Caper Mayo, Three Bean Salad, Potato Salad, Pineapple	Quiche w/ Zucchini, Mushroom, Leeks, Roasted Potatoes, Tossed Salad, Lime and Spice Peach Cobbler		<b>Meal Pricing:</b> <b>\$7- charge</b> for those <b>under age sixty</b> <b>\$5-Suggested</b> <b>donation for ages</b> <b>sixty and over</b>  <b>Reservations are</b> <b>required for all meals.</b>	<b>* Vegetarian meals</b> <b>&amp; Gluten Free</b> <b>available daily upon</b> <b>request. Please</b> <b>contact our chef in</b> <b>advance.</b>