



The Thompson

Your resource to age well

MENU - FEBRUARY 2020

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
Philly Cheese Steak Sandwiches w/ Peppers & Onions, Sweet Potato Fries, Coleslaw, Chef's Choice Dessert	Dijon Crusted Chicken Breasts, Horse Radish Mashed Potato, Gravy, Spinach, Berries and Cream Roll	Coconut Chicken , Stir Fried Vegetables, Scallion Brown Rice, Nian Gau	Tossed Salad, Lemon Garlic Tilapia, Rice Pilaf, Succotash, Blonde Brownie with Raspberries and Cream	Bratwurst and White-bean soup w/ Kale, Potato Leek Soup, Tossed Salad, Roll, Cottage Cheese, Berry Turnover
10	11	12	13	14
Grilled Hot Dog on a Bun, Chef's Slow Cooked Baked Beans, Cole Slaw, Chef's Choice Dessert	Stuffed Meatloaf with Spinach and Cheese, Parsnip Mashed Potatoes, Gravy, Peas & Baby Carrots, Almond Cake w/ Peach Puree	Three Onion, Mushroom and Spinach Quiche, Roasted Potatoes, Tossed Salad, Sorbet w/ Berries	Chili, Corn Bread, Cole Slaw, Yogurt Cake w/ Peach Puree	Valentine's Day* Tortellini with Asparagus and Lemon Topped with Grilled Chicken Served w/ Spinach and Strawberry Salad, Lime and Blueberry Pie
17	18	19	20	21
Presidents' Day Closed	Chicken Marsala, Rice Pilaf, Green Beans, Tossed Salad, Crepes with Berries	Grilled Tuna & Vegetables in Herb Butter, Brown Rice, Oatmeal Cranberry, Cookie and Fruit	Tossed Salad, Bangers & Mashed, Onions & Gravy, Peas, Carrots, Fruit Short Cake	Chicken and Vegetable Noodle Soup, Rocket Soup (Spinach, Arugula, Cilantro) Tossed Salad, Roll, Cottage Cheese, Ice Cream
24	25	26	27	28
Pork Apple Burgers with Caramelized Pineapple on a Multigrain Sandwich Roll, Beer Battered Onion Rings, Marinated Vegetable Salad, Sorbet w/ Fresh Berries	Tossed Salad, Spaghetti & Meatballs, Garlic Sautéed Vegetable Medley Fresh Fruit Salad	Tossed Salad Chicken Ala King, Vegetable medley, Biscuits, Warm Apple Crisp	Birthday Day* Honey Glazed Ham, Pineapple Chutney, Mascarpone Mashed Potatoes, Green Bean Amandine Roll, Cake and Ice Cream	Curried Cauliflower Soup w/ Coconut, Beef Vegetable Barley Soup, Tossed Salad, Roll, Cottage Cheese, Pretzel Berry Dessert
		Meal Pricing: \$7- charge for those under age sixty \$5-Suggested donation for ages sixty and over	* Vegetarian meals & Gluten Free available daily upon request. Please contact our chef in advance. 2% Milk, Coffee, tea, and juices available	*Indicates that sign-up/reservations are required (Birthday Day & Special holiday meals)