



# The Thompson

Your resource to age well

## MENU - NOVEMBER 2019

Mon	Tue	Wed	Thu	Fri
				<b>1</b>
<b>Meal Pricing:</b> ** \$ 7 charge for those under age sixty ** \$ 5 suggested donation for ages sixty and over	<b>Vegetarian meals &amp; Gluten Free available daily upon request. Please contact our chef in advance. 2% Milk, Coffee, tea, and juices available</b>			Fish Florentine (spinach and cheese), herb roasted potatoes, Lime carrots, Fruit Cobbler
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
Tossed Salad, Chicken Marsala, Rice Pilaf, Green Beans, Strawberry Rhubarb Pie	<b>Italian Fundraising Dinner</b>  <b>(no lunch served)</b> <b>Refer to cover for menu.</b>	Grilled Tuna & Vegetables in Herb Butter, Brown Rice, Oatmeal Cranberry, Cookie and Fruit	Asian Pork Burgers on Multigrain Round w/ Lettuce and Sweet & Sour BBQ Sauce, Roasted Steak Fries, Asian Slaw, Chocolate Chip Cookies and Fruit	<b>Veterans Day Lunch*</b> Open Faced Turkey Melt with Apples and Cheddar, Butternut Squash and Apple Bisque Coleslaw, Fresh Fruit Parfait
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>CLOSED for Veterans Day</b>	Quiche w/ Asparagus Leek & Gruyere Cheese, Roasted Potatoes, Tossed Salad, Lime and Spice Peach Cobbler	Curried Coconut Chicken, Stir Fried Vegetables, Crispy Asian Slaw, Scallion Brown Rice, Pear Ginger Crumble	<b>Thanksgiving Dinner*</b> Roasted Turkey, Mashed Potato, Gravy, Cranberry Sauce, Stuffing, Peas and Carrots, Pumpkin Pie	Turkey, Vegetable and Noodle Soup Potato Leek Soup Tossed Salad, Roll, Chocolate Cake
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
Chef's Choice	Multigrain Spaghetti & Meatballs, Garlic Bread, Tossed Salad, Fresh Fruit Salad	Tossed Salad, Tuscan Chicken w/ Peppers and Tomatoes, served over Brown rice, Peach Rhubarb Coffee Cake	<b>Birthday Day*</b> Roast Beef, Au Jus, Sour Cream and Chive Mashed Potato, Roasted Asparagus, Roll, Cake and Ice Cream	Corn Chowder and Vegetable Minestrone Roll, Tossed Salad, Cookie with Fruit
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
Dijon Crusted Chicken Breasts, Horse Radish Mashed Potato, Gravy, Spinach, Berries and Cream Roll	Stuffed Meatloaf w/ Spinach and Cheese, Mashed Potato, Gravy, Green Beans, Strawberry Sundae	Vegetarian Chili, Corn Bread, Cole Slaw, Hot Fudge Sundae w/ Banana	<b>CLOSED for Thanksgiving</b>	<b>CLOSED</b>



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