



The Thompson

Your resource to age well

MENU - OCTOBER 2021

Mon	Tue	Wed	Thu	Fri
				1
RESERVATIONS REQUESTED FOR ALL MEALS				Tossed Salad, Chicken and Potatoes w/ Garlic Parmesan Cream Sauce, Lime Carrots, Warm Berry Crumble
4	5	6	7	8
Lasagna, Tossed Salad, Garlic Bread, Fresh Fruit Salad	Tossed Salad, Tuscan Chicken w/ Peppers and Tomatoes, Roll, Peach Coffee Cake	Tossed Salad, Orange Tilapia, Rice Pilaf, Sautéed Broccoli, Brownie with Raspberries and Cream	Mongolian Beef Ramen Noodles, Crispy Asian Slaw, Mandarin Orange Delight	Oktoberfest Tossed Salad, Bratwurst, Apfel-Rotkohl (braised red cabbage and apples), Warm Potato Salad, Apple Strudel
11	12	13	14	15
CLOSED Columbus Day	Tossed Salad, Chicken Pot Pie, Cottage Cheese, Apple, Cranberry Ginger Crumble	Tossed Salad, Beef Stroganoff, Roasted Seasonal Root Vegetables, Brownie Sundaes	Tossed Salad, Supreme Pizza w/ peppers, onions, mushrooms, olives, pepperoni, Coconut Macaroons w/ Pineapple	Chili with cheddar cheese, Corn Bread, Cole Slaw, Lemon Mousse with Blueberry Compote
18	19	20	21	22
Reubens, Beer Battered Onion Rings, Marinated Vegetable Salad, Fresh Fruit Parfait	Tossed Salad, Spinach, Artichoke & Cheese Quiche, Roasted Sweet Potato Fries, Hot Fudge Sundae with Banana	Chicken Milano w/ Basil and Sundried Tomatoes served over Fettuccine, Tossed Salad, Fresh Fruit Salad	Tossed Salad, Jamaican Jerk Pork Chops, Basmati Rice, Sautéed Peppers, Cherry Clafoutis	Tossed Salad, Chicken Marsala, Rice Pilaf, Green Beans, Cookie and fruit
25	26	27	28	29
Beer Battered Haddock and Oven Roasted Fries, Kale Salad, Cookie and Fruit	Stuffed Peppers, Tossed Salad, Fruit Short Cake	Butternut Squash Soup, Cottage Cheese, Turkey Wrap Sandwich, Apple Pie	BIRTHDAY DAY* Honey Glazed Ham, Pineapple Chutney, Mascarpone Mashed Potatoes, Green Bean Amandine Roll, Cake and Ice Cream	Grilled Pork Apple Burgers with Caramelized Pineapple on a Multigrain Sandwich Roll, Firecracker salad, Sweet Potato Fries, Fruit