



PROGRAM CALENDAR - FEBRUARY 2020

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
8:30 Tax Assistance* 10:15 Memoir Group 10:30-12 Painting at ArtisTree* 1 Advisory Meeting	9-2 Public Benefits 1:1 9 Strengthen & Stretch 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1:15 Jewelry Repair with Yael* 1:30 Mah Jongg 3 Bone Builders	9 W. Leb Shopping* 9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 1:30 Monthly Art Project* 2-Dementia Conversations* 3 Gentle Yoga Class 7 Building Monticello*	9 Strengthen & Stretch 10-12 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 12:45-2:45 pm Tech Tutoring* 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	9-12 Reflexology* 10-12:30 CCC Office Hours* 12 German Language Table
10	11	12	13	14
8:30 Tax Assistance* 10:15 Memoir Group 10:30-12 Painting at ArtisTree* 1-3 Advance Directives*	9 Strengthen & Stretch 10-11 Veggie VanGo 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1:15 Jewelry Repair with Yael* 1:30 Mah Jongg 3 Bone Builders	9:30 Beginner Tai Chi 10-12 Global Day of Clay at ArtisTree 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 3 Gentle Yoga Class	9-12 Spa Day* 9 Strengthen & Stretch 10-12 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	Valentine's Day* 9:30 - 3:30 Foot Clinic* 10-12:30 CCC Office hours* 12 German Language Table
17	18	19	20	21
8:30 Tax Assistance* CLOSED Presidents' Day	9-2 Public Benefits 1:1 9 Strengthen & Stretch 10 Double King Pede 10 Beginning Italian 11:30 Commodities 12 Spanish Table 1:15 Jewelry Repair with Yael* 1:30 Mah Jongg 3 Bone Builders	8 Board Meeting 9 W. Leb Shopping* 9-10 Fall Prevention Clinic* 9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 12:30 Caregiver Support Group 3 Gentle Yoga Class	9 Strengthen & Stretch 10-12 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 12:45 Lucy Mac Visit 1 Italian Intermediate 1 Grief 101 1:30 Mah Jongg 3 Bone Builders	10-12:30 CCC Office Hours* 12 German Language Table
24	25	26	27	28
8:30 Tax Assistance* 8:30 Newsletter Folding 9 Strengthen & Stretch 10:15 Memoir Group	9 Strengthen & Stretch 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1:15 Jewelry Repair with Yael* 1:30 Mah Jongg 3 Bone Builders	9:30 Beginner Tai Chi 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 3 Gentle Yoga Class	Birthday Day* 9 Strengthen & Stretch 10-12 Chair Massage* 10-12 Wellness Clinic 10 Cribbage 10:00 Italian Study 12 Italian Table 12:30-3 Foot Clinic* 1 Music with Adam Boyce & Merv Comes 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	10-12:30 CCC Office Hours* 12 German Language Table
			BINGO daily at 10:30 am except on birthday day and other special meal days. Location changes based on the day's schedule.	* Indicates that sign-up/reservations are required