



PROGRAM CALENDAR - NOVEMBER 2019

Mon	Tue	Wed	Thu	Fri
				1
BINGO daily at 10:30 am except on birthday day and other special meal days. Location changes based on the day's schedule.	* Indicates that sign-up/reservations are required			9 Reflexology* 10-12:30 CCC Office Hours* 12 German Language Table
4	5	6	7	8
10:15 Memoir Group 1 Advisory Meeting 1 VNH Movie & Discussion	Late Opening for A Taste of Italy Fundraising Dinner Beginning at 5:30 pm (There will be no noon meal served today due to late opening)	8:30 Medicare 1:1 Appts* 9 W. Leb Shopping* 9:30 Beginner Tai Chi 9:30 WUHS Project w/Julie Brown 10 Bazaar Workshop 10:30 Handwork Cir. 10:45 AdvTai Chi 12 French Table 1:30 Poppy Project* 2-4 pm Dementia Care Training*	9 Strengthen & Stretch 10-12 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	Veterans Day Lunch* 9:30 - 3:30 Foot Clinic* 10-12:30 CCC Office hours* 12 German Language Table 1:30 Water Aerobics*
11	12	13	14	15
CLOSED for Veterans Day	9 Strengthen & Stretch 10-11 Veggie VanGo 10 Double King Pede 10 Beginning Italian 12 Spanish Table 1 Housing Presentation 1:30 Mah Jongg 3 Bone Builders 4-6:30 Yoga Pain Clinic*	8:30 Medicare 1:1 Appts* 9:30 Beginner Tai Chi 10 Bazaar Workshop 10:30 Handwork Cir. 10:45 Advanced Tai Chi 12 French Table 1 Grocery Tour*	Thanksgiving Dinner* 9 Strengthen & Stretch 10-12 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 12:45 Lucy Mac Visit 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	9 Reflexology* 10-12:30 CCC Office Hours* 12 German Language Table 1:30 Water Aerobics*
18	19	20	21	22
8:30 Newsletter Folding 10:15 Memoir Group	8:30 Medicare 1:1 Appts* 9 Strengthen & Stretch 10 Double King Pede 10 Beginning Italian 11:30 Commodities 12 Spanish Table 12:45 pm TechTutoring* 1 Madagascar Slide Show 1:30 Mah Jongg 3 Bone Builders	8 Board Meeting 8:30-10:30 Falls Clinic* 9 W. Leb Shopping* 9:30 Beginner Tai Chi 10 Bazaar Workshop 10:30 Handwork Cir. 10:45 Adv Tai Chi 12 French Table 12:30 Caregiver Support Group	Birthday Day* 9 Strengthen & Stretch 10-12 Chair Massage* 10 Cribbage 10:00 Italian Study 12 Italian Table 1 Italian Intermediate 1:30 Mah Jongg 3 Bone Builders	10-12:30 CCC Office Hours* 12 German Language Table 1:30 Water Aerobics*
25	26	27	28	29
10:15 Memoir Group	8:30 Medicare 1:1 Appts* 9 Strengthen & Stretch 10-12 Wellness Clinic 10 Double King Pede 10 Beginning Italian 12 Spanish Table 12-3 Foot Clinic* 1:30 Mah Jongg 3 Bone Builders	10 Bazaar Workshop 10:30 Handwork Cir. 12 French Table	CLOSED for Thanksgiving	CLOSED