



PROGRAM CALENDAR - NOVEMBER 2020

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
10 New! Tai Chi with a Chair via Zoom 12:30 Advisory Meeting 1 Jewelry Repair	10:30 am Strengthen & Stretch Zoom Class 12:30 Dine-in Lunch	9 West Lebanon Shopping 10 Fall Prevention Tai Chi via Zoom 11:10 Sun 73 Forms Tai Chi via Zoom 1-2 Chair Yoga 1:30 pm Painting Poppies with ArtisTree	Birthday Day 9:30-1 1:1 Benefit Assistance 10:30 am Strengthen & Stretch Zoom Class 12:30 Dine-in Lunch	10 am Phone BINGO 10 Yang 24 Forms Tai Chi via Zoom
9	10	11	12	13
10 New! Tai Chi with a Chair via Zoom 12:30 Veterans Dine-in Lunch 1 Jewelry Repair	10:30 am Strengthen & Stretch Zoom Class 12:30 Veterans Dine-in Lunch 2 "I Want my Mummy" Virtual Program	CLOSED Veterans Day	9:30-1 1:1 Benefit Assistance 10:30 am Strengthen & Stretch Zoom Class 12:30 Veterans Dine-in Lunch 2 Wright Brothers National Memorial Virtual Program	10 am Phone BINGO 10 Yang 24 Forms Tai Chi via Zoom 12:30 Veterans Dine-in Lunch
16	17	18	19	20
10 New! Tai Chi with a Chair via Zoom 1 Jewelry Repair	10:30 am Strengthen & Stretch Zoom Class 11:30 Commodities 12:30 Dine-in Lunch	9 West Lebanon Shopping 10 Fall Prevention Tai Chi via Zoom 11:10 am Sun 73 Forms Tai Chi via Zoom 1-2 Chair Yoga	Thanksgiving Dinner* Virtual Bookstock 9:30-1 1:1 Benefit Assistance 10:30 am Strengthen & Stretch Zoom Class 12:30 Dine-in Lunch 2 Red Rock Canyon Virtual Program	10 am Phone BINGO 10 Yang 24 Forms Tai Chi via Zoom
23	24	25	26	27
10 New! Tai Chi with a Chair via Zoom 1 Jewelry Repair	10:30 am Strengthen & Stretch Zoom Class 12:30 Dine-in Lunch	10 Fall Prevention Tai Chi via Zoom 11:10 Sun 73 Forms Tai Chi via Zoom 1-2 Chair Yoga	CLOSED Thanksgiving	CLOSED
30				
10 New! Tai Chi with a Chair via Zoom 1 Jewelry Repair			RESERVATIONS REQUIRED FOR ALL PROGRAMS & CLASSES	