



PROGRAM CALENDAR - OCTOBER 2020

| Mon | Tue | Wed | Thu | Fri |
|---|--|---|--|---|
| | | | 1 | 2 |
| | | | 10:30 am Strengthen & Stretch Zoom Class 3-4 pm Bone Builders in the tent | Oktoberfest 9:30-1 pm Benefits Assistance 10 am Phone BINGO |
| 5 | 6 | 7 | 8 | 9 |
| 10 New! Tai Chi with a Chair via Zoom 12:30 Advisory Meeting 1 Jewelry Repair | 10:30 am Strengthen & Stretch Zoom Class 2 pm "Animal Adaptations in Yellowstone..." virtual Program 3-4 pm Bone Builders in the tent | 9 West Lebanon Shopping 9:45 Fall Prevention Tai Chi in tent 10:45 Sun 73 Forms Tai Chi in tent 1:30 pm Let's Paint with ArtisTree under the tent and via Zoom | 10:30 am Strengthen & Stretch Zoom Class 2 pm Pacific War Museum Virtual Tour 3-4 pm Bone Builders in the tent | 10 am Phone BINGO |
| 12 | 13 | 14 | 15 | 16 |
| Columbus Day Closed | 10:30 am Strengthen & Stretch Zoom Class 3-4 pm Bone Builders in the tent | 9:45 Fall Prevention Tai Chi in tent 10 am Veggie VanGo 10:45 Sun 73 Forms Tai Chi in tent 1:30 pm Monthly ArtisTree Art Project | 10:30 am Strengthen & Stretch Zoom Class 2 pm Americana Impressionism Virtual Program 3-4 pm Bone Builders in the tent | 10 am Phone BINGO |
| 19 | 20 | 21 | 22 | 23 |
| 10 New! Tai Chi with a Chair via Zoom 12:30 pm Horseshoes with Norm Boyton 1 Jewelry Repair | 10:30 am Strengthen & Stretch Zoom Class 3-4 pm Bone Builders in the tent | 9 West Lebanon Shopping 10 Fall Prevention Tai Chi via Zoom 11:20 Sun 73 Forms Tai Chi via Zoom 2 pm Eleanor Roosevelt: Partner in the Whitehouse Virtual Program | Birthday Day 10:30 am Strengthen & Stretch Zoom Class 2 pm Virtual Tour from Columbia State History Park 3-4 pm Bone Builders in the tent | 9:30-1 pm Benefits Assistance 10 am Phone BINGO |
| 26 | 27 | 28 | 29 | 30 |
| 10 New! Tai Chi with a Chair via Zoom 1 Jewelry Repair | 10:30 am Strengthen & Stretch Zoom Class 1 A Virtual Musical Performance by Rich Araldi 3-4 pm Bone Builders in the tent | 10 Fall Prevention Tai Chi via Zoom 11:20 Sun 73 Forms Tai Chi via Zoom 1 pm Annual Meeting via Zoom | 10:30 am Strengthen & Stretch Zoom Class 2 pm Eleanor Roosevelt: Casting Her Own Shadow In the Post Whitehouse Years 3-4 pm Bone Builders in the tent | 10 am Phone BINGO |