



PROGRAM CALENDAR - NOVEMBER 2021

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
11 Walking Group 1 Advisory Meeting 5 pm Party of One at 506 on the River	10:30 am Strengthen & Stretch Zoom Class 1 Mahjong 2 Eisenhower Library & Museum 3 Bone Builders in tent	9 West Lebanon Shopping 9:30 Fall Prevention Tai Chi in tent 10:30 Sun 73 Forms in tent 1:30 Art with Finnie	Birthday Day 9 1:1 Benefits Assistance 10 Cribbage 10:30 am Strengthen & Stretch Zoom 3 Bone Builders in tent	10 am BINGO 1 Mahjong 1 Cornhole & Horseshoes
8	9	10	11	12
11 Walking Group 1 Advance Directive	9 Reflexology 10:30 am Strengthen & Stretch Zoom Class 12 Caregiver Support in tent 1 Power of Attorney virtual presentation 1 Mahjong 2 National Museum of the Pacific War 3 Bone Builders in tent	9:30 Fall Prevention Tai Chi in tent 10 VeggieVanGo 10:30 Sun 73 Forms in tent 1 Bazaar Craft Workshop	CLOSED for Veterans Day	Veterans Lunch 9 1:1 Benefits Assistance 10 am BINGO 1 Mahjong 1 Cornhole & Horseshoes
15	16	17	18	19
8:30 Newsletter Folding 11 Walking Group	Thanksgiving Dinner 9:30 Commodities 10:30 am Strengthen & Stretch Zoom Class 1 Mahjong 2 Elephant Sanctuary 3 Bone Builders in tent	8:30 Shopping Trip 9 West Lebanon Shopping 9:30 Fall Prevention Tai Chi in tent 10:30 Sun 73 Forms in tent	9-2:30 Foot Clinic 9 1:1 Benefits Assistance 10 Cribbage 10:30 am Strengthen & Stretch Zoom 3 Bone Builders in tent	10 am BINGO 1 Mahjong 1 Cornhole & Horseshoes
22	23	24	25	26
11 Walking Group	9 Reflexology 10:30 am Strengthen & Stretch Zoom Class 1 Mahjong 2 Hoover Library & Museum 3 Bone Builders in tent	1 Bazaar Craft Workshop	CLOSED for Thanksgiving	CLOSED
29	30			
11 Walking Group	10:30 am Strengthen & Stretch Zoom Class 1 Mahjong 3 Bone Builders in tent			RESERVATIONS REQUIRED FOR ALL PROGRAMS & CLASSES