



The Thompson

Your resource to age well

CURBSIDE PICK-UP & MOW MENU - SEPTEMBER 2020

Call the day before to order take-out & pick-up from your car
between 12:00 - 12:30 pm

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
	Chef Salad w/ Lettuce, Tomato, Ham, Turkey, Cheese, Hard Boiled Egg, Carrot, Roll, Chocolate Cake	Cheese Burger w/ Lettuce, Tomato, Onion, Steak Fries, Cilantro Lime Coleslaw, Fresh Fruit Parfait	Tossed Salad, Grilled Pesto Chicken Breast, Lemon Risotto with Peas, Marinated Vegetable Salad, Chef's Choice Dessert	Pork Apple Burgers with Caramelized Pineapple on a Multigrain Sandwich Roll, Firecracker Salad, Sweet Potato Fries, Apple Pie
7	8	9	10	11
CLOSED Labor Day	Chicken Milano w/ Basil and Sundried Tomatoes served over Penne, Tossed Salad, Fresh Fruit Salad	Salmon en Croute, w/ Spinach and Mushrooms, New Potatoes, Cucumber/Dill Salad, Brownie	Mongolian Beef Ramen Noodles, Crispy Asian Slaw, Mandarin Orange Delight	BBQ Pulled Pork on Sandwich on whole wheat Roll, Sweet Potato Fries, Coleslaw, Fresh Fruit Parfait
14	15	16	17	18
Lasagna, Steamed Antiguan Vegetables, Garlic Bread, Fresh Fruit Salad	Quiche w/ Asparagus Leek & Gruyere Cheese, Roasted Potatoes, Tossed Salad, Lime and Spice Peach Cobbler	Grilled Glazed Ham Steak, Summer Potato Salad, Sweet Pepper Panzanella Salad, Cake w/ Berries and Cream	Tossed Salad, Bombay Chicken Breast, Scallion Rice, Curried Roasted Vegetables, Pink Lemonade Bars	Swedish Meatballs over Egg Noodles, Broccoli and Carrots, Fresh Fruit Salad
21	22	23	24	25
Tossed Salad, Chicken Parmesan over Multigrain Pasta, Garlic Bread, Tuscan Blend Vegetables, Fresh Fruit Salad	Tossed Salad, Jamaican Jerk Pork Chops, Basmati Rice, Sautéed Peppers, Cherry Clafoutis	Grilled Sweet Italian Sausage on Bun w/ Peppers and Onions, Macaroni Salad, 4 Bean Salad, Chef's Choice Dessert	Birthday Day* Lemon Basil Grilled Turkey Breast, Lemon and Fresh Herb Sauce, Roasted Asparagus, Garlic Smashed Potato, Roll, Cake	Senior Center Month & Volunteer BBQ* Chicken BBQ, Potato Salad, Cole Slaw, Corn Bread, Lemon Fool with Blueberries
28	29	30		
Reubens, Beer Battered Onion Rings, Marinated Vegetable Salad, Strawberry Cake	Egg Roll Noodle Bowl w/ Pork, Cabbage, Carrots, Spinach Salad with Asian Salad Dressing, Mandarin Orange Delight	Dijon Crusted Chicken Breasts, Horse Radish Mashed Potato, Gravy, Spinach, Jelly Roll	Meal Pricing: \$7- charge for those under age sixty \$5-Suggested donation for ages sixty and over	* Vegetarian meals & Gluten Free available daily upon request. Please contact our chef in advance. 2% Milk, Coffee, tea, and juices available