Happy Holidays

Stay Connected through the Holidays with Fun and Festive Activities at the Thompson

Holiday Lights and Refreshments
In The Thompson Parking Lot
Join Us on Wednesday, December 16 5:00 pm (inclement weather date is December 21)

Please join us for an early evening celebration of the season with holiday lights, music, and refreshments from the comfort of your car. We will deliver hot cocoa and cookies to your car while you enjoy the sights and sounds of the season at The Thompson. Please sign-up.

Yankee Swap is Back-Curbside!
Tuesday, Dec 22, 12-12:30 pm

We couldn’t possibly skip this fun holiday tradition, even in these strange times. Yankee swap will look a little different this year but we can still share the enthusiasm and joy. Please drop off an unwrapped item (gently new or used is fine) to The Thompson where they will be collected. On December 22 Santa will be distributing gifts curbside between 12 and 12:30 pm. Please join us for one of our most favorite holiday traditions!

All participants are asked to pre-register by calling The Thompson. As always, we’ll also have some gifts to share if anyone wants to participate without sending in a gift.

Holiday Meal-Curbside
Thursday, Dec. 10
Pick-up, 12:00—12:30 pm

Enjoy our annual holiday meal—curbside— this year with our classic delicious menu of Baked Ham, Scalloped Potato, Pineapple Bread Pudding, Holiday Cranberry Chutney, Green Bean Almandine, Holiday Cake. Please call the Thompson to make your reservation.

Holiday Bazaar & Cookie Sale
Saturday, Dec 5 - Dec 12
Pick-up 10:00 am-12:00 pm

This year’s Holiday Bazaar & Cookie Sale will be handled a bit differently, but still as fun and festive as ever! You will be able to pre-order wreaths, holiday center pieces and cookie boxes for pick-up. Our usual array of holiday gifts, including knit & crocheted items, blankets, gloves, hats, ornaments, & more, will be available online all week through our Facebook page. Call for a printed list of pictures with items if you’re not on Facebook and would like to shop. All items will be first come, first serve and all sales benefit the Thompson Senior Center annual budget and services provided.

Pre-order wreaths for $25 and holiday center pieces for $12. Pick-up on December 5
Pre-order Large cookie boxes $8. Pick-up on December 12
We Miss You - Let's Stay Connected This Winter!

Social connection is vital to our overall well-being and mental outlook, especially during uncertain times. At the Thompson, we offer many ways to stay connected while at home. Consider taking one of our online exercise programs like Tai Chi, chair yoga or a strength and fitness class, or watching one of the virtual programs which is followed by group discussion. If you’re without a device to connect online, see page 5 for opportunities to get connected. It’s easier than you think. We also offer phone Bingo each FRIDAY & Coffee Talks are starting on Monday, December 7th.

And most importantly, please tell us if you would like a friendly call. We want to hear from you so please call us and you will receive regular friendly calls from a familiar voice....because staying connected right now is more important than ever.

From the Staff at The Thompson Center

UPDATE ON THOMPSON SERVICES:

With the new state guidelines, all group activities are on hold. Curbside meals and home-delivered meals will continue. One-to-one services like foot clinic and Medicare counseling are able to continue with the established precautions. Please call with any questions.
HEALTHY AGING

Individual Benefit Assistance—Medicare, Medicaid, Food & Fuel Assistance
One on One Meetings are available at the Thompson Center
December 3, 4, January 7, 9:30—1:00 pm

The Windsor Community Health Clinic (WCHC) is available for 1:1 appointments at The Thompson Center. A staff member can answer your individual questions about Medicaid, Medicare parts A, B, and D, food and fuel assistance, and dental and medication help. Although now they are offering in person appointments, WCHC staff continue to offer assistance over the phone or via Zoom.

All CDC and state guidelines for infection control and distancing will be strictly adhered to including the wearing of face coverings.

To schedule a one on one, in person appointment, please call the Thompson at 802-457-3277. In the meantime please reach out the WCHC directly if you have any questions about Medicaid, Medicare, food or fuel assistance, dental or medication help at 802-674-7213.

Chair Yoga by Zoom
Wednesdays, 1:00 - 2:00 pm

In person instruction at The Thompson Center is paused until December 15th pending guidance from the Vermont Department of Health and DAIL.
This class will be available on Zoom and suggested $3.00 minimum per class.

We invite you to join a new yoga class focusing on gentle stretching, strengthening and balance using a chair for support. Breathing and relaxation are part of the practice we all need in these times of change and challenges. Instructor, Linda Harvey, is a registered physical therapist and certified yoga teacher who has worked in multiple settings with an interest in falls prevention and overall wellness.

Linda is presently working at Mt. Ascutney Hospital and Otaquechee Health Center in outpatient rehab and aquatic therapy. Her practice includes a therapeutic approach and inclusivity for all people who are curious about the physical, mental and spiritual aspects of yoga.

$3.00/class. Questions for her can be directed to lharvey56@gmail.com.

Foot Clinic at The Thompson Center with Beverly Sinclair, RN
Cost: $30 payable by cash or check. Towels are supplied.

Call for your appointment and please plan on earlier arrival for COVID-19 screening

Beverly Sinclair has been a practicing registered nurse for 22 years with extensive experience as a staff nurse and in nurse management. She has been providing local foot care service for older Vermonters for the past 6 years.

Coffee Talk Coming in December – Lets Chat!
It’s as simple as using your telephone
Monday mornings at 9:00 am beginning December 7

We have discovered through our weekly phone Bingo games that people thoroughly enjoy the camaraderie, the sharing of stories and hearing familiar voices, and the laughter before the game. From this idea, we invite you to join us on Monday mornings for Coffee Talks by simply dialing into our toll free phone number (like with Bingo). Grab your coffee, find a cozy spot and get connected with people you know and miss. We will also be inviting special guests to join us to discuss a topic of interest.

So grab a cup of coffee or tea, find a cozy chair & dial 1-802-448-5745 to get connected!
Zoom Protocol For Senior Learning Network (SLN) Programs

When signing on for SLN programs, please remember the following:

- Stay muted unless otherwise instructed. SLN cannot accept new participants later than 15 minutes after start of program. Programs start promptly at 2:00 pm.
- Display your name on zoom room (first name is fine).
- Participants will be asked what senior center they are affiliated with.
- Please do not share Zoom room IDs with anyone who is not registered to better protect the integrity of the Zoom program.

Try this zoom tutorial if you need some assistance: https://youtu.be/9isp3qPeQ0E

Register for Senior Learning Network Virtual Programs in advance through the Thompson to receive the Zoom link.

Christmas with the Roosevelts!
Tuesday, December 1, 2:00 pm

One more program from the FDR Presidential Library and Museum- and it's a special one! Do you remember Bing Crosby and White Christmas? Then you won't want to miss this presentation! Jeff Urbin uses music, humor and storytelling to explain how FDR celebrated Christmas. It is nothing like what is done today, it was a much simpler time.

Mystic Seaport Museum Part 1:
Navigation through the Great Explorers
Tuesday, December 8, 2:00 pm

We love the Mystic Seaport- and we are back!

Join us to learn about navigation through the lens of famous explorers. We will examine the instruments and tools used by Columbus, Magellan, and other famous navigators. Ultimately, we will make a connection between technological improvements and safer, more precise movement around the globe.

Mystic Seaport and Museum Part 2:
In the Footsteps of Galileo
Thursday, December 10, 2:00 pm

This program challenges us to take on the role of the famous astronomer Galileo Galilei, and to see exactly what he saw centuries ago as he sought to explain the mysteries of outer space. In this program, we will take Galileo's observations of the four large moons around Jupiter, and provide historical context into the magnitude of his findings.
A Visit to Ellis Island
Tuesday, December 15, 2:00 pm

Prior to 1890, individual states, rather than the Federal Government, regulated immigration into the United States. Castle Garden (now Castle Clinton), located in the Battery of Manhattan, served as the New York State immigration station from 1855 to 1890. Approximately eight million immigrants passed through its doors, mostly from Northern European countries; this constituted the first large wave of immigrants to settle and populate the U.S.

Ellis Island may not appear large on a map, but it is an unparalleled destination in United States history. After welcoming more than 12 million immigrants to our shores, Ellis Island is now a poetic symbol of the American Dream.

Register in advance by calling the Thompson to receive your Zoom link.

Technology Help is Here! It’s All About Being Connected

Senior Solutions is assisting older Vermonters with obtaining internet access, devices and offering technical support through instruction and training. Devices can help with social isolation, group activities and telehealth appointments with your primary care physician, to name a few. Video calls with friends and family has been successful with many of their clients. They can help you set up your computer, create an email address, and train you on some of the programs. For example, Comcast offers a low cost option called Internet Essentials, for internet access. They can assist in the application process. You do not have to be a Comcast customer.

Senior Solutions hopes to reach as many people as possible to offer this great opportunity. Please call their HelpLine at 802-885-2669 to get more information. This program is funded with Coronavirus Relief funds and we hope you'll inquire and get connected while there is help available.

And for our Veterans....
If you need a computer, smartphone, or iPad, the VA Hospital in White River Junction can provide you with a device to give you access to tele-health appointments. You can get a hand-held device even if you already have a computer. Please call The Thompson Center if you would like to take an advantage of this opportunity to get connected.

See page 8 for virtual exercise classes & page 9 for Creative Aging opportunities.
With the new state guidelines, all group activities are on hold. Curbside meals and home-delivered meals are able to continue with the established plans.

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<tr>
<th>PROGRAM CALENDAR - DECEMBER 2020</th>
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<td>RESERVATIONS REQUIRED FOR ALL PROGRAMS &amp; CLASSES</td>
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**Holiday Bazaar & Cookie Sale**

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<tr>
<th>Holiday Bazaar &amp; Cookie Sale</th>
<th>Dec 5 - 12</th>
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<td>9 Coffee Talk</td>
<td>10 Tai Chi with a Chair via Zoom</td>
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<tr>
<td>9 Coffee Talk</td>
<td>10 Tai Chi with a Chair via Zoom</td>
<td>10:30 am Strengthen &amp; Stretch Zoom Class 11:30 Commodities 2 Visit to Ellis Island Virtual Program</td>
<td>9 Rutland Shopping 10 Fall Prevention Tai Chi via Zoom 11:10 am Sun 73 Forms Tai Chi via Zoom 1-2 Chair Yoga via Zoom 5 Holiday Lights &amp; Refreshments</td>
<td>10:30 am Strengthen &amp; Stretch Zoom Class</td>
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<td>9 Coffee Talk</td>
<td>10 Tai Chi with a Chair via Zoom</td>
<td>10 am Phone BINGO 10:30 am Strengthen &amp; Stretch Zoom Class 12-12:30 Yankee Gift Swap</td>
<td>10 Fall Prevention Tai Chi via Zoom 11:10 Sun 73 Forms Tai Chi via Zoom 1-2 Chair Yoga via Zoom</td>
<td>CLOSED Christmas Eve</td>
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CURBSIDE PICK-UP & MOW MENU - DECEMBER 2020
Call the day before to order take-out & pick-up from your car between 12:00 - 12:30 pm

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<tr>
<td><strong>Meal Pricing:</strong> $7 - charge for those under age sixty $5 - Suggested donation for ages sixty and over**</td>
<td>BBQ Pulled Pork, Sandwich, Cole</td>
<td>Chicken Divan w/ Penne Pasta, Tuscan</td>
<td>Stuffed Peppers, Tossed Salad, Fruit</td>
<td>Tossed Salad, Corn Chowder, Turkey</td>
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<td>slaw, Bean Salad, Fresh</td>
<td>Vegetables, Chef's Choice, Dessert</td>
<td>Short Cake</td>
<td>Cranberry Wraps, Strawberry Cake</td>
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<td>Tossed Salad, Jamaican Jerk Pork Chops, Basmati Rice, Sautéed Peppers, Cherry Clafoutis</td>
<td>Tossed Salad, Hearty Turkey and Vegetable Soup, Roll, Gingerbread pear cake</td>
<td>Spinach &amp; Cheese Ravioli w/ Meat Sauce, Garlic Bread, Broccoli &amp; Cauliflower, Fresh Fruit Salad</td>
<td><strong>Holiday Dinner</strong> Baked Ham, Scalloped Potato, Pineapple Bread Pudding, Holiday Cranberry Chutney, Green Bean Almandine, Holiday Cake</td>
<td>Tossed Salad, Chicken Ala King, Vegetable Medley, Biscuits, Oatmeal Cran-raisin Cookies and Fruit</td>
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<td>Tortellini with Asparagus and Lemon Topped with Grilled Chicken Served w/ Tossed Salad, Pumpkin Chip Cookie</td>
<td>Shepherd's Pie, Tuscan style</td>
<td>Salmon en Croute, w/ Spinach and Mushrooms, New Potatoes, Cucumber/Dill Salad, Coconut Cream Pie</td>
<td><strong>Birthday Day</strong> Spiced Roast Pork, Roasted Brussel Sprouts, Roasted Garlic Mashed Red Skin Potatoes, Cranberry Apple Chutney, Roll, Cake</td>
<td>Tossed Salad, Supreme Pizza w/ Peppers, Onions, Mushrooms, Olives, Pepperoni, Coconut Macaroons w/ Pineapple</td>
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<td>Lasagna, Steamed Antoguan Vegetables, Garlic Bread, Fresh Fruit Parfait</td>
<td>Reubens, Beer Battered Onion Rings, Marinated Vegetable Salad, Cookie and Fruit</td>
<td>Stuffed Meatloaf w/ Spinach &amp; Cheese, Parsnip Mashed Potatoes, Gravy, Peas &amp; Baby Carrots Almond Cake w/ Orange Dried Apricot Sauce</td>
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<td>Pork Apple Burgers with Caramelized Pineapple on a Multigrain Sandwich Roll, Cole, Sweet Potato Fries, Rice Pudding</td>
<td>Dijon Crusted Dijon Crusted Chicken Breasts, Horse Radish Mashed Potato, Gravy, Spinach, Berries &amp; Cream Roll</td>
<td>Tossed Salad, Macaroni and Cheese w/ Ham, Butter Beets, Fresh Fruit Salad</td>
<td>CLOSED</td>
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* Vegetarian meals & Gluten Free available daily upon request. Please contact our chef in advance.
ACTIVE AGING

Please call the Thompson Center to register for classes in advance, 457-3277

ZOOM CLASSES with ANNE BOWER

NEW: TAI CHI WITH A CHAIR, Mondays, 10-11 am
For people who have never done Tai Chi and would like a gentle introductory form that restores balance, core strength, body alignment, mindfulness, and concentration. This class is FREE

To join click on the link and enter passcode when requested:
https://us02web.zoom.us/j/84530289066  Passcode= 899989

FALL PREVENTION TAI CHI, Wednesdays, 10-11 am, 4 sessions starting Oct. 28
https://us02web.zoom.us/j/83915283828  Passcode= 937052

SUN 73 FORMS TAI CHI, Wednesdays, 11:10-12:10 pm, 4 sessions starting Oct. 28
https://us02web.zoom.us/j/84345845767  Passcode= 500342

YANG 24 FORMS TAI CHI Fridays, 10-11 am, 5 sessions starting Oct. 23
https://us02web.zoom.us/j/89418123116  Passcode=137473

Payment for these sessions is by contribution mailed to Anne at P.O. Box 74, South Pomfret, VT 05067. For more information visit Anne’s website at www.annebower.com.

Strength, Stretch & Stability Zoom classes remain until further notice
Led by Liz Hatfield, Certified Fitness Trainer, Tuesday & Thursday, 10:30 am - 11:30 am

Motion is Lotion! Now is the time to focus on ourselves. We must stay positive and strong. In the short term, exercise can help the immune system find and deal with pathogens, and in the long term, regular exercise slows down changes that happen to the immune system with aging, therefore reducing the risk of infection.

Join this class, move your body and feel physically, mentally and emotionally better.

Suggested Equipment:
• Dumbbells, Soup Cans (14oz is approx. 1lb), Bag of Beans or Rice (1lb) or Filled Water Bottles
• Dish Towel or Pillowcase
• Two Paper plates, Rags or Furniture Gliders/Coaster (NOT RUBBER)
• 12 Plastic cups (e.g. "Solo" cups) - 6 Red & 6 Blue - Linda Grant has left 10 sets at The Thompson in a bag if you would like to pick them up.

For information on how to access the Zoom classes, contact Liz directly at 802-522-9273 or email at ebhatfield@aol.com

Bone Builders

Bone Builders in person instruction is paused until December 15th pending guidance from the Vermont Department of Health and DAIL.
Participants are encouraged to continue their practice at home during this time.
CREATIVE AGING

Jen Aranyi Landscapes with Finnie from ArtisTree
Wednesday, December 2, 1:30 pm

Join me to paint some sweet wintery landscapes inspired by young artist and graphic designer, Jen Aranyi. Together we will explore high mountains with shadows and textures that flow down to flat valleys with bold northern light skies. If you want to get lost in Jen's magical and simple lands please find her on the internet by searching Jen Aranyi - she is active on Instagram and there are some fun YouTube tutorials to explore. Or, wait for me and we can discover her together!

Materials:
- watercolor paper
- painters tape
- pencil
- sharpie (ultra fine and fine tips are the best for a good variety)
- watercolor or gouache
- brushes
(a hair dryer is good to have on hand to rush dry anything if necessary)

You can work on one large piece or have several small papers prepared to make a few paintings - Jen works on a small scale generally...it's up to you!

Please sign up by emailing Finnie at outreach@artistreevt.org. I will send a zoom link a day or two before class.

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WELCOME WINTER: NATURE JOURNALING & NATURAL HISTORY DRAWING
An Online Workshop via Facebook with Instructor, CJ Kinton
3-week class, with sessions posted Facebook on Saturdays, Nov 28, Dec 5 and 12, Fee: $30 - advance registration required. To sign up please email the instructor at earthschoolwitch@gmail.com.

Payment must be received prior to class and latecomers will be welcome. More classes to come in January. Maximum of 25 participants; minimum of 5 to run.

Participants will need to supply their own sturdy notebook or journal with unlined paper (or just sheets of blank paper); pencil, sharpener and eraser; ink drawing pens, ideally with varying tips (fine, medium, full); and soft lead colored pencils.

Discover a magical and intimate way to observe and connect with the natural world and the rhythm of the seasons! Nature journaling is not about great art or writing, so don't be intimidated! Instead, we'll immerse in the atmosphere of this special time when autumn transitions to winter. As it gets colder and the nights get longer, playing outdoors and marveling at the natural world can help keep our spirits up.

We'll have fun developing our own individually unique journaling styles and exploring writing forms such as prose, poetry and Haiku. We'll also deepen our relationships with wildlife, plants and the elements, shake up our perspectives, and ponder how humans fit into the planetary ecosystem.

This will be a warm friendly workshop! I'll create a private Facebook group where we can share our art, writing and thoughts. Each week will have a theme: Transition, Weeds 'n' Seeds, and Plants That Stay Green (you can contact me for a more detailed description). On Saturdays I'll post handouts, resources, and other tidbits (including a writing prompt and drawing exercise) for the week ahead, plus a link for a video as an alternate to in-person instruction - all of which you can peruse at your leisure. I'll be available for feedback, assistance, or if you have questions.

Join us in celebrating the beauty of early winter!
**Prescription Delivery Service Now Available**

Sarah Lamb, formerly of Woodstock Pharmacy, has started a business to assist those in getting prescriptions and essentials from Upper Valley pharmacies. For fee and delivery information please contact her at:

Sarah’s RX Express & Beyond, LLC  
Courier Services & Care  
Sarah F Lamb, Owner  
1-802-774-8012, sarahsxexpressandbeyond@gmail.com

**Woodstock Area Relief Fund COVID-19**

The Woodstock Area Relief Fund provides immediate and timely financial assistance to residents of the greater Woodstock area who are unable to meet their basic household needs due to the economic disruption caused by the COVID-19 crisis. To apply go to: www.woodstockarearelieffund.org or call 802.281.9902

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**NEW DATE AND TIME FOR WOODSTOCK VEGGIEVANGO!**

Every second Wednesday of the month at 10:00 am at the WUHMS back parking lot (toward the Union Arena)

VeggieVanGo is a FREE FOOD distribution event provided by the VT Foodbank and sponsored by the WCU School Nutrition Program. We have moved our VeggieVanGo to **every second Wednesday of the month to accommodate** the reopening of the WUHMS campus. The distribution site will be located in the back parking lot at the Union Arena Entrance. We welcome families to pick up and deliver out for other families as well. We have yet to run out of food! ALL ARE WELCOME! Please contact Gretchen Czaja-WCU School Nutrition Program Director with any questions- gczaja@wcsu.net 802-457-1317, 1123

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**Advance Directive Assistance is Available**

The Thompson Center's group of trained and caring volunteers will be resuming Advance Directive assistance remotely. Please contact The Thompson Center if you would like a remote appointment with a volunteer and you will be contacted directly by Meg, Judy, or Anne. They will determine the best type of appointment be it via phone, Zoom, Facetime, or conference call, that works best for you. After your initial call to The Thompson, a staff member will send an Advance Directive form and a booklet from the Vermont Ethics Network to help you prepare for your appointment.

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**For COVID-19 related emergency town information or any other referrals for COVID support, visit our website at**  

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**Caregiver Support Group Update:**

The Thompson Support Group Facilitators Carla Kamel and Anne Herz will continue to reach out with regular check in calls. If you wish to be included please let them know by calling 802-457-5414.
IN LOVING MEMORY & APPRECIATION

IN APPRECIATION
Vermont Farmstead Cheese - Bingo prizes
Woodstock Pharmacy - greeting cards, medical supplies, gift items
Glenda Osmer - crocheted goods
Ottauquechee Health Center - turkeys for Thanksgiving dinner
Fran & Janice Bean - maple syrup
Faith Wishart - office supplies
Rotary - masks
Betsy Wheeler - medical equipment
Nancy Winter - kale
Joanne & Ken Hershey - medical equipment
Linda Maxham - scarves
Doug Audsley - squash
In Memory of Dave Clark - medical equipment
In Memory of Gerlindie Mellar - medical equipment

A Special Thank You to the Vermont Standard for their ongoing donation of newspapers.

IN MEMORY OF

Lysle Chase
Nancy Bassett

Richmond Maxham
Marcia Wheeler
Samuel & Eleanor Grice
The Ellaway Group
Ted & Joan Staples
Joyce Phillips

Ernie Jillson
Green Mountain Chapter G.E. Retirees
Roy & Joan Bates
Ted & Joan Staples
Marcia Wheeler
Joyce Phillips

Richard Brodrick
Allen & Gail Dougherty

Harvey Watson
John & Charlene Roberts
Robert & Mary Costella
Kenneth & Candice Gammill
The Ellaway Group
Bob & Adrienne Sauerberg
John & Ruth Wiegand
Stephen & Joan Tarleton
Shirley & Charlton Cox
Robert & Roberta Wexler
Lucy Kiggins
Bob & Linda Kearney
Nancy Pike
David & Marijo Kirltand
Jean & Ross Weaver
Liz & John Newcomb
John & Betty Richardson
Judy & Dick Quinn
Mimi Boulden
Allen & Gail Dougherty
Tony & Carol-Ann Vories

DECEMBER BIRTHDAYS

1st James Huff 9th Gerry Hawkes
1st Ruth Hunter 11th Glenda Osmer
2nd Dave Bollinger 11th Margaret Bradley
2nd Suzanne Lovell 14th Jim Duff
2nd Karen McAlister 12th Gordon Tuthill
3rd Beverly Humpstone 13th Gerald Parker
4th Stan Talbot 15th Margaret Staples
4th Sandra Hack 14th Dan Kaden
4th George Zipper 15th Margaret Noble
4th Barbara Butler 14th Myron Beebee
4th Penny Wiltz 15th Myron Rice
4th Rodger Logan 15th Jennifer Maxham
5th Candie Gammill 15th Kim Jackson
5th Rosemary McGinty 16th Ryan Martin
5th Norm Frates Sr. 16th Deirdre Donnelly
6th Rick Kuniholm 16th Deborah Hewitt
6th Donald Munro 16th Pat Hesterberg
6th Mary Doubleday 16th Karl Huck
6th Honore Hager 17th Gordon Pine
6th Kathleen Eiselen 18th Edith Williams
6th Jeanne Rikert 18th James Sawyer
7th Carolyn Martin 19th Meg Seely
8th Christopher Sparkes 19th Ava Harvey
8th Helen Flower 19th Karen Winsten
8th Laurence Werner 20th Rose Mroszczuk
8th Anne Marie Hestnes-Harris 20th Edward Steiner
8th Denise Martin 20th Alec Hastings
9th Leon Stetson 20th Alec Hastings

22h Carol Williams
22h Karen Egbert
23d Glenn Chalom
23d Charles Barr
23d Marcia Gundersen
24h John Peterson
24h Nancy Audsley
24h Nancy Kendall
24h Phil Camp
24h Patti Beda
24h Bonnie Payson-Belisle
24h Sawyer Jones
25h Carol Williams
26h Carl Kesseli
26h Rodney Leonard
26h Katherine Webster
26h Katherine Sawyer
26h Bertha Boynton
26h Joan Sakalas
27h Evelyn Paglia
27h Johansa Dana
27h Christopher Cassidy
28h Nancy Gray
29h Nancy Nevin
29h Russell Ausdsley
29h Suzanne Milford
29h Drew Tobiasen
30th Ross Wright
30th John Carter
31st Hildur Colot
The Thompson co-sponsors a twice monthly "Woodstock Shopper" bus route with Tri-Valley Transit (formerly Stagecoach) connecting Randolph, Barnard, Bridgewater, Pomfret, Woodstock, and Quechee to retail stores in West Lebanon. This service runs the first and third Wednesday of each month, but in light of increased Covid cases and Vermont State travel recommendations, the service will be re-routed to Rutland in November and December. Reservations on this route must be made in advance by contacting the Tri-Valley Transit office at 802-728-3776. Tri-Valley transit has extra safety precautions and dividers in place between seats and all riders must wear masks. Call to take advantage of this service for grocery or holiday shopping or other necessary errands. Please call with any questions.

Thank You to Our Transportation Sponsors and Grants

Woodstock Insurance
Senior Solutions
The Ellaway Group

Prefer Electronic Version of Newsletter?
Did you know that you can receive The Thompson Times Newsletter in an electronic version? Please email Jen if you would like to change your delivery option at jbloch@thompsonseniorcenter.org