The Thompson Times
Your resource to age well

FEBRUARY 2021

Thompson Winter Gala Raffle

SUNDAY, FEBRUARY 14, 2021
5:00 - 6:00 pm

Sadly, our traditional Winter Gala at The Woodstock Inn has become impossible this year. Instead, we invite you to support The Thompson with your purchase of raffle tickets! Please join us on-line for a toast and a brief soiree on Valentine's Day.

Visit www.thompsonseniorcenter.org/raffle2021 for details and to buy tickets or call Shari at The Thompson at (802) 457-3277 with questions or to buy paper raffle tickets.

All proceeds benefit the operations of The Thompson Senior Center.

The Thompson and Tri-Valley Transit are partnering in new ways to bring more transportation options to our region.

The Thompson Senior Center and Tri-Valley Transit, formerly Stagecoach, are excited to announce an expansion to their long-time partnership providing transportation services to people in need in the Woodstock area (Woodstock, Bridgewater, Barnard, & Pomfret). For many years, the two organizations have worked together to provide people access to services in the community. Now, these services will continue, but with Tri-Valley Transit (TVT) playing a more visible role in providing rides, additional benefits for volunteer drivers, and increased access for riders.

TVT will now provide up to four (4) door-to-door rides each month for people 60 years of age or older and those with ADA recognized disabilities through the recently revamped Ticket-to-Ride program. Riders can schedule trips for any purpose, but rides are most frequently requested for access to shopping and medical appointments. People needing rides to appointments for cancer treatment or kidney dialysis are given the highest priority and offered 100% of the rides needed to these appointments.

The Thompson will continue to manage a local transportation program to help older participants access programming at the Thompson Center and offer local trips to stores and services in the downtown Woodstock area.

The “Woodstock Shopper” bus route continues but the twice monthly trips now go to Rutland for shopping instead of West Lebanon due to Covid restrictions. This route connects Randolph, Barnard, Bridgewater, Pomfret, and Woodstock to any retail store in Rutland on the first and third Wednesday each month (advance reservations on this route must be made by the previous Friday).

To schedule rides for medical appointments or shopping, or to volunteer with TVT as a volunteer driver, please call 802-728-3773.

For a ride to/from The Thompson, or for local errands in Woodstock, please call 802-457-3277.
The Thompson Center
Woodstock Area Council on Aging
99 Senior Lane
Woodstock, VT 05091
Phone: 802-457-3277
Fax: 802-457-1259
www.thompsonseniorgcenter.org

CENTER HOURS
8 AM-3 PM, Monday-Friday

STAFF
Deanna Jones, Executive Director, djones@thompsonseniorgcenter.org
Paula Audsley, Outreach Manager, pauadsley@thompsonseniorgcenter.org
Pam Butler, Program Director, pbutler@thompsonseniorgcenter.org
Jen Bloch, Marketing Coordinator, jbloch@thompsonseniorgcenter.org
Shari Borzekowski, Administrative & Resource Assistant, shborz@thompsonseniorgcenter.org
Ryan Martin, Chef, rmartin@thompsonseniorgcenter.org
Siobhan Wright, Front Desk Coordinator, swright@thompsonseniorgcenter.org
Alberto Santana, Kitchen Assistant

Drivers: Dwight Camp, Tom Morse, Charlie Seitz, Carl Hurd

Senior Solutions (Formerly Council of Aging for Southeastern Vermont)
SENIOR HELpline: 800-642-5119

Community Care Coordinator
Carla Kamel, MSW
Ottauquechee Health Center, 457-5414

BOARD OF DIRECTORS
Liza Deignan—President
Ginny Eames—Vice President
David McGuire —Treasurer
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Dan Noble
Steve Semb
Sandy von Unwerth
Paulette Watson

COVID Vaccine Update:
The following are links to the most current information about Covid and the vaccines for DH, and VT:

DH Information about Covid and the vaccine is at: https://www.dartmouth-hitchcock.org/patient-education/covid-19-vaccine.html

The state of VT information is at:

The preceding information is from the website of the Dartmouth-Hitchcock Aging Resource Center -agingcenter@hitchcock.org

Thompson Annual Appeal
The Thompson Annual Appeal began in September and is still underway. If you haven't made an annual gift and would like to do so, we would be very appreciative. Annual Appeal gifts support the operations of the senior center and allow us to continue critical services like transportation, meals, and other programs. Mail or deliver a gift to 99 Senior Lane, Woodstock, VT, or donate online through our website. Thank you very much!

We need your vote on town meeting day in Woodstock, Bridgewater, Pomfret and Barnard. These towns provide important funding to operate the senior center that we won't have without a passing vote on our special articles. Thank you!

UPDATE ON THOMPSON SERVICES:
With the new state guidelines, all group activities are on hold. Curbside meals and home-delivered meals will continue. One-to-one services like foot clinic and Medicare counseling are able to continue with the established precautions. Please call with any questions.

MISSION
The Thompson helps seniors to age well in our rural community. We provide timely support and services, and are a resource and advocate on issues related to aging. Our programs and activities foster the physical, intellectual, and social well being of our adult community to enhance dignity, self-worth, and independence.

Sign up for the e-newsletter by emailing Jen Bloch at: jbloch@thompsonseniorgcenter.org
Individual Benefit Assistance—Medicare, Medicaid, Food & Fuel Assistance
One on One Meetings are available at the Thompson Center
February 12 & 25, 9:30—1:00 pm

The Windsor Community Health Clinic (WCHC) is available for 1:1 appointments at The Thompson Center. A staff member can answer your individual questions about Medicaid, Medicare parts A, B, and D, food and fuel assistance, and dental and medication help. Although now they are offering in person appointments, WCHC staff continue to offer assistance over the phone or via Zoom.

All CDC and state guidelines for infection control and distancing will be strictly adhered to including the wearing of face coverings.

To schedule a one on one, in person appointment, please call the Thompson at 802-457-3277. In the meantime please reach out the WCHC directly if you have any questions about Medicaid, Medicare, food or fuel assistance, dental or medication help at 802-674-7213.

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Important Information for Tax Preparation for 2020 taxes

For the safety of tax preparers and community members, tax preparation will be handled remotely this year. Following all established protocol for personal safety and protection of tax information, the process is as follows:

Step 1. Stop by the Thompson to pick up a Tax preparation envelope with the instructions for this year. Tax envelopes will be available for pick-up between January 25th – February 5th. The easiest time to pick-up is during our lunch meal curbside pick up between 12 - 12:15 pm, M-F. You will leave your name and number with Thompson staff and then gather all information necessary as listed on the instructions.

Step 2. A tax preparer will contact you to schedule an appointment after February 15th to come to The Thompson to review your documents. Tax preparation will be completed remotely.

Step 3. Once your tax return is complete, a third stop at The Thompson will be scheduled for you to get the printed copy of your return and sign form 8879.

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Foot Clinic at The Thompson Center with Beverly Sinclair, RN
Cost: $30 payable by cash or check. Towels are supplied.
Call for your appointment and please plan on earlier arrival for COVID-19 screening

Beverly Sinclair has been a practicing registered nurse for 22 years with extensive experience as a staff nurse and in nurse management. She has been providing local foot care service for older Vermonters for the past 6 years.

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Coffee Talk Continues – Let’s Chat!
Mondays at 9:00 am
Coming in February— a special guest from the Vermont History Center

We invite you to join us on Monday mornings for Coffee Talk by simply dialing in to our toll free phone number (like with Bingo). We’ll catch up with each other, maybe share old stories or talk about current events, and have occasional special guests to share their expertise on a topic of interest.

It’s as simple as using your telephone. So grab a cup of coffee or tea, find a cozy chair & dial 1-802-448-5745 to get connected!
Zoom Protocol For Senior Learning Network (SLN) Programs

When signing on for SLN programs, please remember the following:
- Stay muted unless otherwise instructed. SLN cannot accept new participants later than 15 minutes after start of program. Programs start promptly at 2:00 pm
- Display your name on zoom room (first name is fine)
- Participants will be asked what senior center they are affiliated with
- Please do not share Zoom room IDs with anyone who is not registered to better protect the integrity of the Zoom program.

Try this zoom tutorial if you need some assistance: https://youtu.be/9isp3qPeQ0E

Register for Senior Learning Network Virtual Programs in advance through the Thompson to receive the Zoom link.

Live from the Truman Presidential Library
Tuesday, February 2, 2:00 pm

Take a sneak peek into the new exhibits as the museum comes close to opening in the Spring of 2021!

In recognition of the 75th anniversary of his presidency, the Truman Library and Truman Library Institute have developed a momentous plan to use Truman’s life and legacy to inform, inspire, educate, and engage a 21st-century audience at an increasingly critical time in our nation’s history.

Elephant Sanctuary, Tennessee
Tuesday, February 9, 2:00 pm

The Elephant Sanctuary in Tennessee exists to provide captive elephants with individualized care, the companionship of a herd, and the opportunity to live out their lives in a safe haven dedicated to their well-being, and to raise public awareness of the complex needs of elephants in captivity, and the crisis facing elephants in the wild. Located on 2,700 acres in Hohenwald, TN, The Elephant Sanctuary is the largest natural habitat refuge in the country dedicated solely to the care of African and Asian elephants retired from zoos and circuses across North America. As a true sanctuary, the elephant habitats are closed to the public and all the elephants are retired from their lives of performance and exhibition. Through their distance learning program, Using photos, lives-streaming video and storytelling, a member of The Sanctuary's education team will offer a virtual glimpse into the daily life of elephants at The Sanctuary and answer all of your elephant related questions.
Durham Museum: Historic Train Travel
Thursday, February 11, 2:00 pm

Join us for a virtual tour of the museum’s authentic train cars! We will start with a look at our 1890’s steam engine and 1950’s caboose, followed by a walk through our passenger trains. Luxurious rail travel awaits!

About the Durham Museum: Beautiful architecture blends with memories of a time gone by at The Durham Museum. Making its home in one of Omaha’s most unique treasures, Union Station, The Durham Museum offers a fascinating look at the history of the region and offers a broad-range of traveling exhibits covering subjects ranging from history and culture, to science, industry and more through our affiliation with the Smithsonian Institution and strong ties with the Library of Congress, National Archives and the Field Museum.

Hildene – The Lincoln Family Home
Pullman Porters: Unsung Heroes, Former Slaves, Labor Organizers, Middle Class Citizens; Civil Rights Activists
Tuesday, Feb. 16, 2:00 pm

Located in Manchester, Vermont, Hildene was built by Abraham Lincoln’s son, Robert Lincoln, in 1905. Today’s guests experience the 412 acre estate’s Welcome Center and The Museum Store; home and gardens; Lincoln exhibit; 1903 Pullman car, Sunbeam, “Many Voices” exhibit, a site on the Vermont African American Heritage Trail; goat dairy and cheese-making facility; sustainable agriculture project in The Dene; 600’ wetland floating boardwalk; and 12 miles of 4 season trails.

Participants will discover what it was like to travel and work on a Pullman car, and engage in discussion about the porters’ enduring fight for social change and justice in America. We will examine the critical role that Pullman porters played in giving rise to America’s black middle class, the formation of the black labor movement, and the momentum for the civil rights movement. This slice of history spans 100 years beginning with the Emancipation Proclamation.

National Museum of Toys and Miniatures
Tuesday, February 23, 2:00 pm

BIG fun with miniatures! Explore the incredible artistry of fine-scale miniatures with Laura Taylor and Kelly Burns from The National Museum of Toys and Miniatures in Kansas City, Missouri. Enjoy a video tour of some of the highlights of the museum’s fine-scale miniatures collection, followed by time for Q&A.

General Grant National Memorial
Thursday, February 25, 2:00 pm

The final resting place of President Ulysses S. Grant and his wife, Julia, is the largest mausoleum in North America. It testifies to a people’s gratitude for the man who ended the bloodiest conflict in American history as Commanding General of the Union Army and then, as President of the United States, strove to heal a nation after a civil war and make rights for all citizens a reality.
With the new state guidelines, all group activities are on hold. Curbside meals and home-delivered meals will continue. One-to-one services like foot clinic and Medicare counseling are able to continue with the established precautions. Please call with any questions.

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<td>9 Coffee Talk&lt;br&gt;10 Tai Chi with a Chair via Zoom&lt;br&gt;11:10 Intro to Sun 73 forms</td>
<td>10:30 am Strengthen &amp; Stretch Zoom Class&lt;br&gt;2 Truman Presidential Library Virtual Program&lt;br&gt;3 Bone Builders</td>
<td>9 Rutland Shopping&lt;br&gt;10 Fall Prevention Tai Chi via Zoom&lt;br&gt;11:10 Sun 73 Forms Tai Chi via Zoom&lt;br&gt;1-2 Chair Yoga via Zoom&lt;br&gt;1:30 Art with Finnie</td>
<td>10:30 am Strengthen &amp; Stretch Zoom Class&lt;br&gt;3 Bone Builders</td>
<td>10 am Phone BINGO&lt;br&gt;10 Yang 24 Forms Tai Chi via Zoom</td>
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<td>10:30 am Strengthen &amp; Stretch Zoom Class&lt;br&gt;2 Durham Museum Virtual program&lt;br&gt;3 Bone Builders</td>
<td>9:30-1 1:1 Benefit Assistance&lt;br&gt;10 am Phone BINGO&lt;br&gt;10 Yang 24 Forms Tai Chi via Zoom</td>
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<td>Closed President’s Day&lt;br&gt;10:30 am Strengthen &amp; Stretch Zoom Class&lt;br&gt;11:30 Commodities&lt;br&gt;2 Hildene—Lincoln Home Virtual Program&lt;br&gt;3 Bone Builders</td>
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<td>Birthday Day&lt;br&gt;9:30-1 1:1 Benefit Assistance&lt;br&gt;10:30 am Strengthen &amp; Stretch Zoom Class&lt;br&gt;2 General Grant National Museum Tour&lt;br&gt;3 Bone Builders</td>
<td>10 am Phone BINGO&lt;br&gt;10 Yang 24 Forms Tai Chi via Zoom</td>
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RESERVATIONS REQUIRED FOR ALL PROGRAMS & CLASSES
## CURBSIDE PICK-UP & MOW MENU - FEBRUARY 2021

Call the day before to order take-out & pick-up from your car between 12:00 - 12:30 pm

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<td>1</td>
<td>Coleslaw, Beef &amp; Vegetable Stew, Jelly Roll</td>
<td>Singapore Curry Chicken, Rice, Stir Fried Vegetables, Caramel Pumpkin Bread Pudding</td>
<td>Tossed Salad, Macaroni and Cheese w/ Ham, Stewed Tomatoes, Fresh Fruit Salad</td>
<td>Tossed Salad, Salmon en Croute, w/ Spinach and Mushrooms, New Potatoes, Cucumber/ Dill Salad, Rum Raisin Rice Pudding</td>
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<td>8</td>
<td>Tossed Salad, Supreme Pizza w/ Peppers, Onions, Mushrooms, Olives, Pepperoni, Fruit Salad</td>
<td>Tossed Salad Spinach, Artichoke &amp; Cheese Quiche, Roasted Sweet Potato Fries, Fresh Fruit</td>
<td>Pork and Apple Curry, Scallion Brown Rice, Broccoli, Cauliflower, Kale Slaw, Mandarin Orange Delight</td>
<td>Philly Cheese Steak Sandwiches w/ Peppers &amp; Onions, Sweet Potato Fries, Coleslaw, Chef's Choice Dessert</td>
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<td>15</td>
<td>Closed President's Day</td>
<td>Grilled Chicken BLT with Lettuce, Tomatoes, Grilled Onions, Caper Mayo, Potato Salad, Three Bean Salad, Coconut Macaroon and Pineapple</td>
<td>Stuffed Meatloaf w/ Spinach and Cheese, Mashed Potato, Gravy, Green Beans, Brownie</td>
<td>Shepherd's Pie, Vegetable Medley, Poached Pears</td>
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<td>22</td>
<td>Cole Slaw, Chili, Corn Bread, Yogurt Cake w/ Peach Puree</td>
<td>Tossed Salad, Cacciatore Chicken Breasts over Penne Pasta, Crusty Bread, Fresh Fruit Salad</td>
<td>Asian Pork Burgers, Roasted Steaks Fries, Mediterranean Vegetables, Pink Lemonade Bars</td>
<td>Lasagna, Steamed Antiguan Vegetables, Garlic Bread, Chocolate Chip Cookies</td>
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<td>25</td>
<td>BIRTHDAY DAY* Honey Glazed Ham, Pineapple Chutney, Mascarpone Mashed Potatoes, Green Bean Amandine Roll, Cake</td>
<td>Meal Pricing: $7 - charge for those under age sixty $5 - Suggested donation for ages sixty and over</td>
<td>Almond Crusted Tilapia, Roasted Potatoes &amp; Veggie Blend, Fruit topped Cookies</td>
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* Vegetarian meals & Gluten Free available daily upon request. Please contact our chef in advance.
Register for a Virtual Tai Chi Class This Winter

Stay safe and warm and enjoy Tai Chi at home this winter. Instructor, Anne Bower, is offering 5 classes a week and we encourage you to try a new class or continue Tai Chi. It's slow, gentle but powerful movements will give you energy and multiple health benefits. For more information on any of these classes, please email Anne at anniebower@yahoo.com. *Zoom links will be provided at registration with The Thompson.*

**Monday:** 10-11 Tai Chi with a Chair  
**Monday:** 11:10-12:10 Introduction to Sun 73 forms (prior knowledge of Fall Prevention Tai Chi is required)  
**Wednesday:** 10-11 Fall Prevention Tai Chi  
**Wednesday:** 11:10-12:10 Sun 73 continuing practice and learning  
**Friday:** 10-11 Yang 24 continuing practice and learning

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**Strength, Stretch & Stability** Zoom classes remain until further notice  
Led by Liz Hatfield, Certified Fitness Trainer, Tuesday & Thursday, 10:30 am - 11:30 am

Motion is Lotion! Now is the time to focus on ourselves. We must stay positive and strong. In the short term, exercise can help the immune system find and deal with pathogens, and in the long term, regular exercise slows down changes that happen to the immune system with aging, therefore reducing the risk of infection.

Join this class, move your body and feel physically, mentally and emotionally better.

For information on how to access the Zoom classes, contact Liz directly at 802-522-9273 or email at ebhatfield@aol.com

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**Chair Yoga by Zoom**  
Wednesdays, 1:00 - 2:00 pm  
*This class is available on Zoom and suggested $3.00 minimum per class.*

We invite you to join a new yoga class focusing on gentle stretching, strengthening and balance using a chair for support. Breathing and relaxation are part of the practice we all need in these times of change and challenges. Instructor, Linda Harvey, is a registered physical therapist and certified yoga teacher who has worked in multiple settings with an interest in falls prevention and overall wellness.

Linda is presently working at Mt. Ascutney Hospital and Otaquechee Health Center in outpatient rehab and aquatic therapy. Her practice includes a therapeutic approach and inclusivity for all people who are curious about the physical, mental and spiritual aspects of yoga.

$3.00/class. Questions for her can be directed to llharvey56@gmail.com.

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**Update from Bone Builders Class from Althea Derstine**

Zoom meetings will continue weekly and will now be offered on Tuesdays and Thursdays for current students. Participants are also encouraged to continue their practice at home. Exercise routines provided by Althea are available via email or by calling The Thompson.
Art With Finnie
Wednesday, February 3, 1:30 pm

Join Finnie to paint a landscape inspired by Canadian artist Ted Harrison. We will spend some time observing the brilliant colors and bold shapes that make up Harrison’s arctic inspired landscapes, then work to recreate our own landscapes inspired by his style.

Materials:
- large paper (heavy watercolor is best) or stretched canvas or panel, paints - which ever paint you prefer to work with. If you have acrylics available I encourage you to use them
- Sharpies - if you have multiple colors of Sharpies or even acrylic markers that's good - oil pastels can work too
- Pencil, painters tape, paper towels, palettes, brushes etc.
- Extra preparation - check out Ted Harrison’s work online! I am including an image here too - if you have the ability you may want to print out a few of his pieces to have on hand for group observation/discussion.

Please email Finnie to register and request the zoom link: outreach@artistreevt.org

SUDOKU

Sudoku is easy to play and the rules are simple. Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1 through 9 without repeating any numbers within the row, column or square.

HAVE FUN!
Citizens Assistance Registration for Emergencies (CARE)  
A United Way of Vermont program through Vermont 211

Emergencies can take many forms. Ice storms, floods, fires, major traffic accidents, and similar events can cause power outages, isolate individuals, or prompt the need for an evacuation. Would you need help in an emergency or evacuation? The Citizens Care Registry for Emergencies (CARE) program was created to help. CARE’s key partners are the United Ways of Vermont, Vermont 211, Vermont 911, and Vermont Emergency Management. CARE helps Vermonters who might need special assistance in case of a wide-scale event.

For information on how to register, visit e911.vermont.gov/care. Registration forms are also available at The Thompson Center.

Update on WARF

If you live in Woodstock, Barnard, Bridgewater, Killington, Plymouth, Pomfret, or Reading, WARF can help provide immediate financial assistance of up to $1,000. This is available to anyone in those towns who are unable to meet their basic household needs, such as rent, food, or childcare, due to the economic disruption caused by the coronavirus.

WARF-COVID-19 has money available at least through the winter months. Please don’t hesitate to apply, even if you’ve never asked for help before. WARF is committed to the confidentiality of all participants.

To APPLY www.woodstockcarerelieffund.org, To ASK QUESTIONS Phone - 802-281-9902, Email - woodstockcovid19@gmail.com

NEW DATE AND TIME FOR WOODSTOCK VEGGIEVANGO!

Every second Wednesday of the month at 10:00 am
at the WUHMS back parking lot (toward the Union Arena)

VeggieVanGo is a FREE FOOD distribution event provided by the VT Foodbank and sponsored by the WCUD School Nutrition Program. We have moved our VeggieVanGo to every second Wednesday of the month to accommodate the reopening of the WUHMS campus. The distribution site will be located in the back parking lot at the Union Arena Entrance. We welcome families to pick up and deliver out for other families as well. We have yet to run out of food! ALL ARE WELCOME! Please contact Gretchen Czaja-WCUD School Nutrition Program Director with any questionsgcza@wcsu.net 802-

Advance Directive Assistance is Available

The Thompson Center’s group of trained and caring volunteers will be resuming Advance Directive assistance remotely. Please contact The Thompson Center if you would like a remote appointment with a volunteer and you will be contacted directly by Meg, Judy, or Anne. They will determine the best type of appointment be it via phone, Zoom, Facetime, or conference call, that works best for you. After your initial call to The Thompson, a staff member will send an Advance Directive form and a booklet from the Vermont Ethics Network to help you prepare for your appointment.
IN LOVING MEMORY & APPRECIATION

IN APPRECIATION
Karen McAllister - face masks
Molly McDermott - earrings
In Memory of Joe Rubino - medical equipment
Lynne Tracy - jigsaw puzzles

A Special Thank You to the Vermont Standard for their ongoing donation of newspapers.

IN MEMORY OF
Joan Staples
James & Susan Ford
Paula Audsley
Kedric & Catherine Harriman
Richard & Linda Brackett
Charles & Cathy English
Ann & David Cioffi
Ron Willis
Richard & Roberta Roy
Fred & Nancy Doten
Cynthia Hewitt
Janet Maxham
Helen Gardephe Leonard
Keith & Ann Blake
Carla J. Kamel

Joe Herrick
Margaret Gray

Joe Rubino
Terry Grigsby
Martha Loenard
Carla J. Kamel

Alan Perkins
Jane Scamidlapp
Joyce Phillips
Samuel & Eleanor Grice
Elliot H. Kraut
Nancy Merrill

Audrey Fiedelholtz
Franklin Fiedelholtz

Fran Gillett
Rhonda & Dan Bruce

Harvey Watson
Jane S.M. Smith
Betty Ann & David McGuire
Kathleen Eiselein
Catherine Wood

Lysle Chase
Jay Eason

Richard Brodrick
Janes & Susan Ford

Raymond Richmond
Janet Herrick

Teresa Worth
Keith & Ann Blake
Carla J. Kamel

George Michaels
Carla J. Kamel

C. William Hoyt
The Kirby Family Foundation

FEBRUARY BIRTHDAYS

1st Dick Atwood
1st Dick Colantuono
1st Craig Cota
1st Morey Weiss
2nd James Minnich
2nd Dorothy Wardwell
2nd Dennis Grady
3rd Jeanne Merrill
4th Tom Weschler
4th Marilyn Bailey
4th Louise Hansson
4th Barbara Bartlett
4th Joan Turner
4th Kathleen Mahoney
5th Ann Blake
6th Miranda Shackleton
6th Charlotte Harvey
7th Mia Pine
7th Andrew Salamon
7th Lois Lorimer
8th Debbie Bridge
8th Elaine King-Coss
8th Elizabeth Woodbury
8th Linda Vanderstreet
9th Julie Johnston
9th Frances Wieand
9th John Caruso
9th Zoe Potter
10th Janice Standish
10th Sharon Blake
11th Jeannine Colby
12th Carol Towne
12th Pauline Holt
12th Hilda Conn
13th Alberta Bailey
13th Kathy Marzalek
13th Linda Grant
14th Margaret Audsley
14th Phyllis Frechette
16th Corey Mitchell
16th Charles Seitz
16th Susan Bitzer
17th Joan Lessard
17th Judith Persin
17th Charles Worrell
17th Judy Ruffing
18th Linda Manning
18th Dennis Wright
18th Susan Copeland
18th Gerry Sandweiss
18th Sandi Anderson
19th Darlene Griggs
19th Rhonda White
20th Marlene Rand
20th Jim Lewis
20th Mary Ann Conrad
21st Linda Atwood
22nd Harry Oppenheimer
22nd Jerry Schwebel
22nd Louise Stevens
22nd Cynthia Wian
23rd Sherry Brown
23rd David Kelly
23rd Tina Botzow
24th Susan McCuaig
25th Sylvia Doten
26th Wayne Hinson
26th Susan Menendez
26th Janet Burnham
26th James Hollinshead
27th Kedric Harriman
27th Floyd Westover
27th Brianne Gallagher
28th Jane Simonds
28th Larry Templeton
29th Floyd Van Alstyne
The Thompson
Your resource to age well

Woodstock Area Council on Aging
99 Senior Lane
Woodstock, VT 05091
(802) 457-3277
FAX: (802) 457-1259
www.thompsonseniorcenter.org

Non-Profit Organization
Postage Paid
Permit No. 33
Woodstock, VT 05091

TRI-VALLEY
TRANSIT
FORMERLY ACTR & STAGECOACH

The Thompson co-sponsors a twice monthly "Woodstock Shopper" bus route with Tri-Valley Transit (formerly Stagecoach) connecting Randolph, Barnard, Bridgewater, Pomfret, Woodstock, and Quechee to retail stores in West Lebanon. This service runs the first and third Wednesday of each month, but in light of increased Covid cases and Vermont State travel recommendations, the service will be re-routed to Rutland in November and December. Reservations on this route must be made in advance by contacting the Tri-Valley Transit office at 802-728-3773. Tri-Valley transit has extra safety precautions and dividers in place between seats and all riders must wear masks. Call to take advantage of this service for grocery or holiday shopping or other necessary errands. Please call with any questions.

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