Welcome Back!

We are very excited to be able to host in-person small group gatherings at the Thompson beginning June 1st. With adherence to the Vermont Forward Guidelines from the Department of Health (below) and following guidance for Senior Centers, we will begin having programs outside under our tent and serving meals by reservation only and in small groups in the dining room.

We do require that anyone entering our building must sanitize hands and wear a mask inside when not eating or exercising. Here are our plans:

- All participants entering the building must wear masks, sanitize hands, then sign into My Senior Center at the Kiosk to complete the health screening before entering activities for the day.

- We will continue to serve Curbside lunches available for pickup at Noon, which can be taken home or eaten at our picnic tables on the front lawn or out back under the tent. We will provide plastic ware and water.

- In June, we can host up to 20 participants inside for lunch each day, by reservation only. We will have one volunteer wait staff, serving café-style in our dining room with more self-serve options and on a rolling schedule. The dining room is open for lunch between 11:45 am – 1:00 pm, Monday through Thursday. Fridays will be curbside/outside only.

- Reservations for all meals and programs must be made by 9 am the day of, or in advance. Please be sure to cancel if you aren’t going to be able to make a reservation for Curbside, Dining-in meals, or programs.

July will bring more opportunities to be together -- please review Step 3 (June) of the Vermont Forward plan and help us all stay safe.
The Thompson Center
Woodstock Area Council on Aging
99 Senior Lane
Woodstock, VT 05091
Phone: 802-457-3277
Fax: 802-457-1259
www.thompsonseniorcenter.org

CENTER HOURS
8 AM-3 PM, Monday-Friday

STAFF
Deanna Jones, Executive Director,
djones@thompsonseniorcenter.org
Paula Audsley, Outreach Manager,
paudsley@thompsonseniorcenter.org
Pam Butler, Program Director,
pbutler@thompsonseniorcenter.org
Jen Bloch, Marketing Coordinator
jbloch@thompsonseniorcenter.org
Shari Borzekowski, Administrative &
Resource Assistant,
sborz@thompsonseniorcenter.org
Ryan Martin, Chef,
rmartin@thompsonseniorcenter.org
Siobhan Wright, Front Desk Coordinator,
swright@thompsonseniorcenter.org
Alberto Santana, Kitchen Assistant

Drivers: Dwight Camp, Tom Morse,
Charlie Seitz, Carl Hurd

Senior Solutions (Formerly Council of Aging
for Southeastern Vermont)
SENIOR HELPLINE: 800-642-5119

Community Care Coordinator
Carla Kamel, MSW
Ottawquechee Health Center, 457-5414

BOARD OF DIRECTORS
Liza Deignan—President
Ginny Eames—Vice President
David McGuire —Treasurer
Wendy Wannop—Secretary
Dave Bollinger
Mary Bourgeois
Leon Dunkley
Rick Fiske
Susan Ford
Jon Fullerton
Dolores Gilbert
Karl Huck
Lydia Locke
Daphne Moritz
Dan Noble
Steve Selbo
Sandy von Unwerth
Paulette Watson

BEHIND THE SCENES

“WORD SEARCH”

Q A S B R E A D C D
T E E X L Z O P N R
H I E W H S B A P K
I E A B C O T D E N
N F A D G S P I J O
K K L R R M N E T W
O G U E S S P Q A R
S T D A U F E E L V
W N X M Y Z A B K C
U D B E L I E V E F

SEE TALK GUESS
HEAR HOPE DREAM
READ KNOW BELIEVE
FEEL THINK UNDERSTAND

MISSION
The Thompson helps seniors to age well in our rural community. We provide timely support and
services, and are a resource and advocate on issues
related to aging. Our programs and activities foster
the physical, intellectual, and social well being of
our adult community to enhance dignity, self-
worth, and independence.

MEALS ON WHEELS AMERICA
2021 MEMBER

Sign up for our weekly e-news and/or an
electronic version of our monthly newsletter by
emailing Jen Bloch at:
jbloch@thompsonseniorcenter.org

Page 2 The Thompson Times
Bone Builders Introduction and Review – We welcome new students!
Tuesday, June 1, 2:00 pm, in The Thompson Tent

If you would like to join the Bone Builders group, Althea is offering and advising an introductory class to talk about bone and muscle health, how a balance and weight resistance program is good for all regardless of pre-existing health issues. It is recommended that past and present participants attend for a review. The Bone Builders program will be explained and demonstrated at 2 pm with a regular class session following at 3 pm. Please call The Thompson Center to pre-register. Covid-19 screening protocols will take place upon arrival in the front lobby. Face coverings will be required upon entering the tent but may be removed when exercising.

Bone Builders Returns to The Thompson Tent!
Tuesdays and Thursdays Beginning June 1, 3:00 pm

We welcome you back to our outdoor class led by Althea. Covid-19 screening questions will now be on our front lobby computer where you will sign-in prior to class. Please bring your weights and water bottles.

An Overview of Dementia
Presented by Robert B. Santulli, M.D. Honorary Associate of Psychiatry Geisel School of Medicine at Dartmouth College
A virtual presentation via zoom on Thursday, June 3, 1:00 pm

This presentation will discuss the basic features of dementia, including the current and future prevalence, risk factors, pathology, common clinical features, and current treatments. There will be an opportunity for questions and discussion.

Please call The Thompson or email sborz@thompsonseniorcenter.org to receive your zoom link.

Medicare Boot Camp for Those New to Medicare
A virtual presentation offered by Senior Solutions
Thursday, June 10, 2:00 pm
Thursday, July 15, 11:00 am

Senior Solutions staff provide unbiased information about the Medicare system at Medicare Boot Camp. These virtual presentations are presented using zoom.

The classes are for Vermonters who reside in Windsor and Windham counties and are new to Medicare. Family members who help these beneficiaries may also find it useful. Medicare has strict enrollment periods, and Medicare Boot Camp prepares participants to make timely decisions about drug plans and supplemental plans as well as many other issues.

Space is limited, so please call The Thompson Center to register.
Art with Finnie—Explore the art of Rex Ray
Please note date change for June – Wednesday, June 23, 1:30pm
This class will conclude Finnie’s instruction for the summer at Thompson but she will return in the fall

Rex Ray was a graphic designer and collage artist. Let’s play with his bold use of color and shape as we layer pieces together to explore his style and technique.

What you will need:
- Bring bright papers - you can paint some papers ahead of time, or bring bright magazine pages, scrapbook paper or construction paper
- Scissors
- Glue
- One larger piece of paper to glue everything to

You may want to google Rex Ray for ideas and inspiration prior to our class.

To register, please email Finnie: outreach@artistreevt.org. A zoom link will be sent on Monday of the week’s class

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Bird ER
A virtual presentation by VINS
Tuesday, June 15, 1:00pm

Ever wonder what it’s like to be a wild bird rehabilitator? What does it take to care for and treat the injured birds at VINS? This program will give you a window in daily life at VINS’s Center for Wild Bird Rehabilitation. You’ll learn how patients are admitted, diagnosed, treated, and released, and even meet some of our former patients, who are now education ambassadors! Hear the stories of how we get these amazing creatures back on their wings in the wild!

Please call The Thompson Center to register and to receive your zoom link.

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Virtual programing offered by New Hampshire’s AVA Gallery on Fridays

Get a glimpse into the creative minds of individual artists as they take you through the art making process – from beginning with a blank canvas or raw materials, through all the decisions they make about themes, materials, media, colors, techniques, and other aspects of their art making. Free one-hour Zoom programs each week with different artists giving demonstrations and presentations on their work, every Friday at 10:00 am and 2:00 pm.

To learn about each week’s program and to register, visit their website at www.avagallery.org/art-reach.

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Landscaping Your Garden with Indigenous & Naturalized Plants
A Virtual Photo Essay Presented by Master Gardener, Bob Little Tree
Tuesday, June 22, 10:30 am
Call The Thompson Center to pre-register
Plant Give-Away in The Thompson Tent
Friday, June 4 beginning at 11:00 am*

Everybody loves free things! Althea Derstine will be giving away plants in The Thompson tent behind our Center. There will be something for everybody: herbs, perennials, houseplants as well as instructions on care. A few examples are aloe, vines, flowering maple, dahlias, cone flowers, parsley, basil, oregano, rosemary, African violets, cherry tomatoes.

*Please call Shari at The Thompson to pre-register for your pick-up time.

BINGO

Bingo Reunion in-person at The Thompson!
Friday, June 11, 11:00 am – 1:00 pm with lunch at noon

After a year of phone Bingo, we welcome our bingo players to gather in the newly refurbished Thompson dining room for an in-person reunion. Tables will be spaced to meet current Covid-19 capacity guidelines. Please pre-register and indicate if you will be having lunch.

Coffee Talk Continues through June
Let's connect and chat!
Mondays at 9:00 am

On June 7th, we welcome special guest and Woodstock Police Chief, Robbie Blish. Dial in to 1-802-448-5745 and connect with us. You never know who will be on the other end of the line or where our happy chatter may lead.
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| 10:30 am Strengthen & Stretch Zoom Class  
2 Bone Builders into and review in tent  
3 Bone Builders in tent | 9 Rutland Shopping  
9:30 am Fall Prevention  
Tai Chi in tent  
10:30 Sun 73 Forms in tent  
11:30 Yang 24 Forms in tent | 9-2 Benefits Counseling  
10:30 am Strengthen & Stretch Zoom Class  
1 Overview of Dementia  
3 Bone Builders in tent | 9:30 Fall Prevention Tai Chi at WRJ  
10 am Phone BINGO  
10 & 2 Ava Gallery Zoom  
10:30 Sun 73 Forms at WRJ  
11 Plant Give-Away in The Thompson Tent  
11:30 Yang 24 Forms at WRJ |
| 7   | 8   | 9   | 10  | 11  |
| 9 Coffee Talk  
Guest Robbie Blish  
9:30 Fall Prevention  
Tai Chi via Zoom  
10:30 Sun 73 Forms via Zoom  
11 Walking Group  
11:30 Yang 24 Forms via Zoom | 10:30 Virtual Garden Program  
10:30 am Strengthen & Stretch Zoom Class  
1 Caregiver Support Group Zoom  
3 Bone Builders in tent | 9:30 Fall Prevention Tai Chi in tent  
10 VeggieVanGo  
10:30 Sun 73 Forms in tent  
11:30 Yang 24 Forms in tent | 9:30 Fall Prevention Tai Chi at WRJ  
11 am BINGO Reunion  
10 & 2 Ava Gallery Zoom  
10:30 Sun 73 Forms at WRJ  
11:30 Yang 24 Forms at WRJ |
| 14  | 15  | 16  | 17  | 18  |
| 9 Coffee Talk  
9:30 Fall Prevention  
Tai Chi via Zoom  
10:30 Sun 73 Forms via Zoom  
11 Walking Group  
11:30 Yang 24 Forms via Zoom | 10:30 am Strengthen & Stretch Zoom Class  
11:30 Commodities  
1 VINS Bird Virtual Presentation  
3 Bone Builders in tent | 9 Rutland Shopping  
9:30 Fall Prevention Tai Chi in tent  
10:30 Sun 73 Forms in tent  
11:30 Yang 24 Forms in tent | 9:30 Fall Prevention Tai Chi at WRJ  
10 am BINGO  
10 & 2 Ava Gallery Zoom  
10:30 Sun 73 Forms at WRJ  
11:30 Yang 24 Forms at WRJ |
| 21  | 22  | 23  | 24  | 25  |
| 9 Coffee Talk  
9:30 Fall Prevention  
Tai Chi via Zoom  
10:30 Sun 73 Forms via Zoom  
11 Walking Group  
11:30 Yang 24 Forms via Zoom | 10:30 am Strengthen & Stretch Zoom Class  
10:30 Virtual Garden Program  
3 Bone Builders in tent | 9:30 Fall Prevention Tai Chi in tent  
10:30 Sun 73 Forms in tent  
11:30 Yang 24 Forms in tent  
1:30 Art with Finnie | Birthday Day  
9-2 Benefits Counseling  
10:30 am Strengthen & Stretch Zoom Class  
3 Bone Builders in tent | 9:30 Fall Prevention Tai Chi at WRJ  
10 am BINGO  
10 & 2 Ava Gallery Zoom  
10:30 Sun 73 Forms at WRJ  
11:30 Yang 24 Forms at WRJ |
| 28  | 29  | 30  |     |     |
| 9 Coffee Talk  
9:30 Fall Prevention  
Tai Chi via Zoom  
10:30 Sun 73 Forms via Zoom  
11 Walking Group  
11:30 Yang 24 Forms via Zoom | 10:30 am Strengthen & Stretch Zoom Class  
3 Bone Builders in tent | 9:30 Fall Prevention Tai Chi in tent  
10:30 Sun 73 Forms in tent  
11:30 Yang 24 Forms in tent | RESERVATIONS REQUIRED FOR ALL PROGRAMS & CLASSES |
# CURBSIDE PICK-UP & MOW MENU - JUNE 2021

Call the day before to order take-out & pick-up from your car between 12:00 - 12:15 pm

<table>
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| Grill Day  
Hot Dogs & Burgers,  
Potato Salad, Cole  
Slaw, Strawberry  
Short Cake |     | Curried Coconut Pork,  
Stir Fried Vegetables,  
Scallion Brown Rice,  
Chocolate Whoopie Pie | Tossed Salad, Orange  
Tilapia, Rice Pilaf,  
Sautéed Broccoli,  
Brownie with Raspberries and Cream | Chicken Caesar  
Wrap, Hearty Vegeta-  
ble Minestrone,  
Chocolate Chip Cook-  
ies and Fruit  
Curbside Only |

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| Tossed Salad,  
Spinach, Artichoke  
& cheese Quiche,  
Roasted Sweet  
Potato fries, Rum  
Raisin Rice Pudding | Chicken Milano w/  
Basil and Sun-dried  
Tomatoes served  
over Penne, Tossed  
Salad, Fresh Fruit  
Salad | Grilled Glazed Ham  
Steak, Summer  
Potato Salad, Sweet  
Pepper Panzanella  
Salad, Cake w/  
Berries and Cream | Tossed Salad, Lime  
Herb Chicken, Roasted  
Potatoes, Succotash,  
Yogurt Cake w/ Peach  
Puree | Italian Pork Stew,  
Garlic Bread, Tossed  
Salad, Berries and  
Cream Roll  
Curbside Only |

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| Reubens, Beer  
Battered Onion  
Rings, Mediterrane-  
an Vegetables,  
Creamy Fruit Salad | Tossed Salad, Chick-  
en and Potatoes w/  
Garlic Parmesan  
Cream Sauce, Lime  
Carrots, Warm Berry  
Crumble | Tacos w/ Ground Beef  
Cheese, Lettuce,  
Tomato, Salsa, Sour  
Cream, Red Beans  
and Rice, Roasted  
Vegetables, Chocolate  
Chip Cookies and Fruit | Egg Roll Noodle Bowl  
w/Pork, Cabbage,  
Carrots, Spinach Salad  
with Asian Salad  
Dressing, Mandarin  
Orange Delight | Chicken Salad,  
Broccoli Salad,  
Tortellini Salad,  
Lettuce, Tomato, Roll,  
Blueberry Turnover  
Curbside Only |

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| Puerto Rican  
Chicken and Rice,  
Caribbean Vegetable  
Stew, Almond  
Joy Pudding | Spaghetti and Meat-  
balls, Tossed Salad,  
Garlic Bread, Fresh  
Fruit Parfait | Grilled Jammin’  
Salmon Burger on  
bun, Potato Salad,  
Grilled Vegetable  
Salad, Strawberry | Birthday Day  
Grilled Brined Turkey  
Breast with Spanish  
Spice Rub and Sour  
Orange Sauce, Roast-  
ed Spanish Potatoes,  
Tangy Cabbage &  
Poblano Slaw, Roll,  
Cake | Tossed Salad,  
Supreme Pizza w/  
Peppers, Onions,  
Mushrooms, Olives,  
Pepperoni, Coconut  
Macaroons w/  
Pineapple  
Curbside Only |

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| Pork Apple Burgers  
with Caramelized  
Pineapple on a  
Multigrain Sandwich  
Roll, Firecracker  
Salad, Sweet Potato  
Fries, Strawberry  
Rhubarb Pie | Tossed Salad, Roast-  
ed Tarragon Chicken  
Breast over Fettucini  
with Asparagus &  
Mushrooms, Fresh  
Fruit | Stuffed Meatloaf w/  
Spinach and Cheese,  
Mashed Potato, Gravy,  
Green Beans, Lime  
and Blueberry Pie | Meal Pricing:  
$7 - charge for those  
under age sixty  
$5-Suggested dona-  
tion for ages sixty  
and over | * Vegetarian meals  
& Gluten Free avail-  
able daily upon  
request. Please  
contact our chef in  
advance. |

Reservations required for inside dining on Mondays—Thursdays.  
Friday is curbside only
Late Spring Tai Chi Classes with Anne Bower

**Mondays via Zoom:** 9:30 am Fall Prevention Tai Chi; 10:30 am Sun 73 Forms; 11:30 am Yang 24 Forms

**Wednesdays in The Thompson Tent with new flooring!** Beginning Wednesday, June 2: 9:30-10:20 am Fall Prevention Tai Chi; 10:30-11:20 am Sun 73 Forms; (prior knowledge of Fall Prevention Tai Chi is required) 11:30 am-12:20 pm Yang 24 Forms

No classes Tuesdays, or Thursdays

**Fridays** at the bandstand in Lyman Park (White River Junction): 9:30 am Fall Prevention Tai Chi; 10:30 am Sun 73 Forms; 11:30 am Yang 24 Forms

Contact Instructor Anne Bower for more information (anniebower@yahoo.com; 457-2877) **Zoom links will be provided at registration with The Thompson. All participants entering the building must wear face coverings, sanitize hands, and log in to My Senior Center at the kiosk to complete the health screening before entering activities for the day.**

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**Strength, Stretch & Stability Via Zoom**

**Led by Liz Hatfield, Certified Fitness Trainer, Tuesday & Thursday, 10:30 am - 11:30 am**

Motion is Lotion! Now is the time to focus on ourselves. We must stay positive and strong. In the short term, exercise can help the immune system find and deal with pathogens, and in the long term, regular exercise slows down changes that happen to the immune system with aging, therefore reducing the risk of infection.

Join this class, move your body and feel physically, mentally and emotionally better.

For information on how to access the Zoom classes, contact Liz directly at 802-522-9273 or email at cbhatfield@aol.com

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**Chair Yoga is on Pause in June**

There will be no Thompson chair yoga classes in the month of June but Instructor Linda Harvey is looking for your feedback for summer instruction. Please email Linda at: lharvey56@gmail.com to offer your opinion on zoom versus in person instruction in The Thompson tent, feedback as a student of hers, and what you would like to accomplish from her yoga instruction.

*A warm, rainy day—this is how it feels when friends get together. Friend refreshes friend then, as flowers do each other, in a spring rain. -Rumi*
Foot Clinic at The Thompson with Beverly Sinclair, RN
June 10 & 17, 9:00 am - 2:30 pm
Cost: $30 payable by cash or check. Towels are supplied.
Call for your appointment and please plan on earlier arrival for COVID-19 screening

Beverly Sinclair has been a practicing registered nurse for 22 years with extensive experience as a staff nurse and in nurse management. She has been providing local foot care service for older Vermonters for the past 6 years.

Join us For a Walk!
Mondays, 11:00 am for a 45 minute walk
The walk will begin promptly at 11:00 am and please allow extra time for downtown Woodstock construction traffic.
Meet at East End Park, Maxham Meadow Way, adjacent to the Ottauquechee River

Carla Kamel’s walking group has gotten a great response! Join her for a leisurely, brisk walk for fresh air, mindfulness, and overall wellbeing. Walks can be expanded and varied depending on interest. Ample parking is available. Bring a friend!

Please Note: Masks will be required at all times. Wear comfortable shoes and bring a water bottle. On inclement weather days, please call or email The Thompson Senior Center in the morning for updates. For further information call The Thompson at 802-457-3277 or email sborz@thompsonseniorcenter.org.

Caregiver Support Group - Now in The Thompson Tent
Tuesday, June 8, 1:00 pm and ongoing on the 2nd Tuesday of each month

We welcome participants back to The Thompson in June to gather outdoors in The Thompson Tent. This gathering remains a safe place to share ideas, concerns, and constructive feedback with others facing similar challenges.

A complimentary bagged lunch will be provided at time of registration. Newcomers are always welcome.
RESOURCES

Could you benefit from having someone else in the house with you?
The Thompson Aging at Home Program can now help facilitate Homesharing!

Homesharing is a simple idea where two or more people share a home for mutual benefit. A person offers a private bedroom and shared common space in exchange for rent, help around the home or a combination of the two. After conducting background and reference checks, we will work to find the most compatible match possible based on your interests, needs, and lifestyle. There are no age or income restrictions to be eligible for the program.

Contact Shari at the Thompson at 802-457-3277 or sborz@thompsonseniorcenter.org

Individual Benefits Assistance—Medicare, Medicaid, Food & Fuel Assistance
One on One Meetings are available at the Thompson Center
Thursday, June 3 & 24, 9:00 am - 2:00 pm

The Windsor Community Health Clinic (WCHC) is available for 1:1 appointments at The Thompson Center. A staff member can answer your individual questions about Medicaid, Medicare parts A, B, and D, food and fuel assistance, and dental and medication help. Although now they are offering in person appointments, WCHC staff continue to offer assistance over the phone or via Zoom.

All CDC and state guidelines for infection control and distancing will be strictly adhered to including the wearing of face coverings.

To schedule a one on one, in person appointment, please call the Thompson at 802-457-3277 or WCHC directly if you have any questions about Medicaid, Medicare, food or fuel assistance, dental or medication help at 802-674-7213.

*Note: WCHC cannot answer questions about supplemental insurance, Medigap insurance, or Advantage Plans.

WOODSTOCK VEGGIEVANGO!
Every second Wednesday of the month at 10:00 am
at the WUHSMs back parking lot (toward the Union Arena)

VeggieVanGo is a FREE FOOD distribution event provided by the VT Foodbank and sponsored by the WCUD School Nutrition Program. The distribution site will be located in the back parking lot at the Union Arena Entrance. We welcome families to pick up and deliver out for other families as well. We have yet to run out of food! ALL ARE WELCOME! Please contact Gretchen Czaja-WCUD School Nutrition Program Director with any questions-gczaja@wcsu.net 802-457-1317, 1123

Advance Directive Assistance is Available

The Thompson Center's group of trained and caring volunteers is assisting with Advance Directives remotely. Please contact The Thompson Center if you would like a remote appointment with a volunteer and you will be contacted directly by Meg, Judy, or Anne. They will determine the best type of appointment be it via phone, Zoom, Facetime, or conference call, that works best for you. After your initial call to The Thompson, a staff member will send an Advance Directive form and a booklet from the Vermont Ethics Network to help you prepare for your appointment.
IN APPRECIATION
Chase Site Services, Inc. - edging flower beds
Mary & Carl McCuaig - medical equipment
John Syme - picnic table work
Medical Equipment in memory of:
Andrejs Grots
Marie Willis
Judy Intraub

A Special Thank You to the Vermont Standard for their ongoing donation of newspapers.

IN MEMORY OF
Chuck Luetke
Peggy Lichtenstein
Elaine Chase
Janice Murcic

Marie Willis
Helen Gardephe Leonard
Anne Herz
Nancy Plunkett
Carl & Sally Kesseli
Joan Lessard
Barbara Kelley
Keith & Ann Blake
Sue Bryan

JUNE BIRTHDAYS

1st Ernest Harper
2nd Carol Nettleship
2nd Larry Luce
2nd Nancy Bebo
2nd Emily Dean
3rd Lorraine Dayton
3rd Linda Hitchcock
4th Khorsesh Randeria
5th Janet Herrick
5th Timothy Maxham
6th Jennifer Martel
6th Missy Cunningham
6th John Tourville
7th Jane Curtis
7th Jack Rasmussen
7th Suzy Malerich
7th Carl Wulfestieg
8th Noreen Huff
8th Roy Aloisio
8th Jennifer Carpenter
8th Sheryl Hoehner
9th Ralph English
9th Michael Levenson
9th Georgia Plattner
10th Sally Alloway
10th Rebecca Nash
11th Beverly Sinclair
11th Linda Hunt
12th Eldon Thompson
13th Jean Garren
13th Bette Anne Sailer
14th Betty Walker
14th Mary Sharpe
15th Polly Fullerton
15th Robert Topoloski
17th Lillian Weed
17th Sharon Earn
17th Robert Longley
18th Becky Whitney
18th David Knudson
19th Mae Bates
19th Joanne Pariseau
20th Sandra Walker
21st Louise Mathews
22nd John Robinson
22nd Jim Hewitt
23rd Arthur Skerker
23rd Helen Sawyer
24th Harmony Johnson
24th Rita Scully
25th Ann Debevoise
25th Kelly Welsh
26th Doris LeBaron
26th Meg Matz
28th Carol Mosher
28th Kevin Lynch
29th Susan Lewis
29th Margaret Schultz
30th Gretchen Cole
The Thompson co-sponsors a twice monthly "Woodstock Shopper" bus route with Tri-Valley Transit (formerly Stagecoach) connecting Randolph, Barnard, Bridgewater, Pomfret, Woodstock, and Quechee to retail stores in West Lebanon. This service runs the first and third Wednesday of each month, but in light of increased Covid cases and Vermont State travel recommendations, the service will be re-routed to Rutland until further notice. Reservations on this route must be made in advance by contacting the Tri-Valley Transit office at 802-728-3773. Tri-Valley transit has extra safety precautions and dividers in place between seats and all riders must wear masks. Call to take advantage of this service for grocery or holiday shopping or other necessary errands. Please call with any questions.