



The Thompson

Your resource to age well



Annual Report 2021

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A message from our President and Executive Director

Reflecting on our year we keep coming back to the importance of our connections to each other, missing each other, and rejoicing in seeing each other in person again.

Curbside meal pick-up, home-delivered Meals on Wheels, friendly phone calls, drive-in programs, and virtual programming kept us connected while our building was closed to group activities from November 2020 - June 2021. We joyously celebrated our return to in-person meals and activities in July.

We expanded our Aging at Home program by adding HomeSharing facilitation to our services. Modeled after the HomeShare VT processes, our Aging at Home Coordinator can now complete background checks, interviews, and help find and facilitate HomeSharing matches (more on page 5).

We also took the opportunity to spruce up our building with fresh paint and carpet in places and purchased the new lighter, easy-to-move dining room furniture (thank you generous donors!). Special grant funding allowed us to purchase a cooler for the take-out meals, outdoor dining picnic tables & umbrellas, and a number of other helpful improvements. Several projects are still in progress.

Grant funding also allowed us to enhance our nutrition program even more with local beef purchases through Cloudland Farm and local produce from Fox Crossing Farm.

We hope that as you read this report you'll note the generosity of many who believe in our purpose and support The Thompson mission. Together, the Thompson community truly enriches aging in our area. Thank you donors, staff, volunteers, Board of Directors, and our communities for ensuring that The Thompson remains a vibrant resource for all of us.

Liza Deignan, *President, Board of Directors*
Deanna Jones, *Executive Director*



Liza Deignan & Deanna Jones

A message from our Treasurer

The fiscal 2021 year ending 09/30/2021 at The Thompson was successful both financially and operationally. We recorded revenue of almost \$650,000 through the continued generosity of our community including individuals, businesses and town governments augmented by one time CARES ACT funds and special grants. Still over 50% of our funding is local.

Our Community Counts on The Thompson



18,768 Meals Served

11,247 Home-Delivered Meals on Wheels
5,222 Curbside to-go meals
2,146 In-house dining room meals
153 Scotland House & other meals

3,268 *Everyone Eats* meals distributed and monthly Veggie VanGo and Vermont Foodbank Commodities boxes delivered



5,266 Check-ins for Education, Fitness, Wellness, and Social Events

282 Rides Provided

Shopping, medical rides, errands
(Limited rides through June 2021. Coordinated volunteer rides and did grocery shopping)

Thousands of Connections

Over the phone, online, and in-person for exercise, wellness, aging at home support services, creative arts, and social engagement.

Our Mission

The Thompson helps seniors age well in our rural community.

We provide timely support and services and are a resource and advocate on issues related to aging.

Our programs and activities foster the physical, intellectual, and social well being of our adult community to enhance dignity, self-worth, and independence.



Staying Connected



With our building closed to in-person group activities from November - June, our programs were a combination of drive-by, drive-in, phone-in, Zoom, and finally in-person over the past year. The hybrid (virtual and in-person) model seems like it is here to stay. We loved all the ways we connected with our community over the year, but here are a few extra special ones:

- ♥ Holiday gift baskets with items donated by Thompson Board Members & Staff, The Riverbank Church, Woodstock Dentistry, EyeCare for You, Woodstock Pharmacy, Ottaquechee Health Foundation, Linda Maxham, handmade soaps by Lana Reuss, and knit & crocheted blankets by Joan Staples & Glenda Osmer.
- ♥ During the Holidays, we enjoyed curbside special meals, drive-in holiday lights, music, & hot chocolate event, and kept our annual Yankee Swap tradition going with Santa.
- ♥ The Senior Learning Network took us to Ellis Island, Yellowstone, the Mystic Seaport, an Elephant Sanctuary, Big Bend, and many more places.
- ♥ We stayed creative with ArtisTree zoom painting classes and a virtual tour of Art in Bloom with the Boston Museum of Fine Arts sponsored by the Woodstock Garden Club and Hope Home Care. We also did some creative Mediterranean cooking in a popular class with Fadia Williamson.
- ♥ For those without computer access, we connected through weekly Phone Bingo & Coffee Chat calls. The in-person reunions for these were the best!
- ♥ We stayed fit with online and tent exercise classes - Bone Builders, Tai Chi, Strength & Stretch, Chair Yoga, and Walking Group.
- ♥ Hundreds benefitted from tax preparation with the Tax-Aide volunteers, foot care clinics, Flu shot clinic with VNH, and vaccination support calls.



Photos (starting at the top):

1. Reconnecting with friends,
2. Santa handing out Yankee Swap gifts,
3. Linda Maxham and Kathy Dudley at Phone BINGO reunion,
4. Drive-in holiday lights event,
5. Deanna Jones, Alberto Santana, Paula Audsley & Siobhan Wright

Program Highlights

- ♥ Outside music with The Panhandlers, Island Times Steel Drums, and The Occasional Jug band lifted our spirits and made our toes tap.
- ♥ A new Age Well series kicked off with Life Transitions: Home vs. Move

Preventing social isolation through interesting, helpful, fun programs and broad outreach remains core to our mission.



Photos :

1. Island Times Steel Drums,
2. VINS animal ER presentation

Buildings & Grounds Enhancements

Our dining room is looking much brighter and more inviting with new paint, sound dampening carpet squares, and beautiful new tables and chairs.

We want to give special thanks to all of the Winter Gala attendees who raised their paddles over two years to make this happen.

New outdoor dining space was added in the front of our building. Our program tent got an upgrade with new modular flooring that was invented, installed, & gifted by Gary Hawkes, Bike Track, Inc. Thank you, Gary!



Thank You

Age Well with The Thompson

One Number to Call



One number to call for any need — Thompson staff are happy to help with any question — from shower chairs to Medicare and everything in between. We're here for a friendly chat or check-in call, too.



Vetted Service Providers

We partner with a wide variety of businesses and individuals to bring you any service you need to AGE WELL at HOME!

We check references and only suggest businesses or individuals who have happily agreed to be an Aging at Home service provider.

Age Well Education and Outreach

Educational talks are presented on topics ranging from legal planning, fall prevention, Smart Driver safety course, nutrition and cooking, downsizing, hospital to home transitions, advance directives, and more.

Our Age Well e-newsletter is published every other month and provides readers with information on ways to age well at home and in their community through current and reliable information on health, lifestyle, diet, and resources.

HomeShare

Our Aging at Home program can now facilitate Homesharing!

Homesharing is a simple idea where two or more people share a home for mutual benefit. A person offers a private bedroom and shared common space in exchange for rent, help around the home or a combination of the two. After conducting background and reference checks, trained Thompson staff will work to find the most compatible match possible based on your interests, needs, and lifestyle. There are no age or income restrictions to be eligible for the program. Homesharing is a mutually beneficial situation that is flexible in arrangement and can be modified once you know what works and what doesn't.



Volunteer Spotlight

More than 128 volunteers gave more than 4,000 hours last year!



The enthusiasm, dedication, and joyful spirit of our volunteers is the heartbeat of The Thompson.

Volunteers give their time in these critical roles:

Board Member
Committee Work (Holiday Bazaar, Auction,
Aging at Home, Strategic Planning)

Driver

Guest Speaker

Handyman

Kitchen Help

Library Volunteer

Meals on Wheels Driver

Musicians

Newsletter Folder

Office Helper

Program Facilitator

Receptionist

Table Setting

Tax Assistance

Wait Staff

Yard Work



Photos (starting at the top left): 1. Bob Coates car loaded with Holiday Gifts 2. Santa greeting 3. Colby Eaton picking up meals 4. Jane Soule, Cynthia Hewitt, & Sue Lewis making Holiday Bazaar crafts, 5. Town Manager Bill Kerbin & Sandy vonUnwerth serve meals curbside 6. Dolores & John Gilbert picking up meals, 7. Tax Preparers - Dave, Althea, & Karen, 8. Anne Bower facilitating cook book program, 9. Ginny Eames helping curbside on a snowy Birthday Day

Annual & Special Appeal Donors 2020 -2021

Friend: up to \$99

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Fadia Williamson

We are so grateful to
all of our donors.
Please let us know
if you spot an error.

*Thank
You*

Special Fundraising

Thank You

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 David Green & Margaret Edwards
 Peter Goulazian
 John Moore
 Sarah & David Roberts
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 Ellen & John Snyder
 Margaret Stone, DDS
 Lois Watson



Our 2021 Sponsorship Drive, an online raffle zoom, and March for Meals Fundraising drive replaced our Annual Winter Gala that was unable to happen due to the pandemic.

We are so thankful to all who responded.

Thank You Meals on Wheels Donors



Woodstock Farmer's Market Round-Up
 Campaign for Meals on Wheels



Round-up Campaign Gift
 \$8,717.48

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Treasurer's Report Fiscal Year 2020 - 2021

	Fiscal Years Ending			
<u>OPERATING INCOME</u>	9/30/2018	9/30/2019	9/30/2020*	9/30/2021*
Transportation Donations	\$ 12,232	\$ 11,358	\$ 6,927	\$ 4,124
Meal Donations	47,645	57,573	56,487	50,836
Fundraisers & Donations	223,777	212,675	271,477	223,626
Senior Solutions (OAA funding)	72,948	87,554	102,524	91,416
Grants	38,451	48,585	63,703	181,822
Town Funding	54,745	58,390	63,490	67,800
Program Income	21,713	23,393	8,616	5,454
Rental Income	2,137	2,410	1,770	540
Memorial Donations	6,585	6,865	6,260	23,930
Gift for Affiliate (Scotland House)	10,000	0	0	0
Other Income	5,190	8,350	493	0
Building Improvement Donations	0	12,400	14,700	0
Total Operating Income	\$495,423	\$529,553	\$596,445	\$649,548
<u>OPERATING EXPENSES</u>				
Fundraising Expense	\$ 24,237	\$ 25,673	\$ 25,244	\$ 7,051
Insurance - General	8,223	6,991	7,654	8,033
Occupancy	48,258	51,517	53,086	51,766
Personnel-Wages, Insurance, Taxes	308,818	332,396	322,341	341,203
Food & Kitchen Expense	81,693	87,692	99,964	95,123
Programs & Trips	24,038	30,195	13,518	9,666
Vehicle Expense	17,623	18,423	14,394	10,881
Administrative Costs	44,109	49,541	43,871	51,630
Gift for Affiliate (Scotland House)	10,000	0	0	0
Contingency Fund	0	0	0	0
Total Operating Expenses	\$566,999	\$602,428	\$580,072	\$575,352
NET OPERATING INCOME (LOSS)	\$(71,576)	\$(72,874)	\$ 16,373	\$ 74,196
Capital Expenditures	(13,400)	(18,277)	(33,954)	(33,361)
NET INCOME (LOSS)	\$(84,976)	\$(91,151)	\$(17,581)	\$ 40,835

*Stated as of October 1, 2021. Subject to independent accountant financial review and year end adjustments.
Reports available upon request. *FY20 & FY21 include Covid related expenses/fundraising.
Payroll Protection Loan (PPP) forgiven in FY21 Grants*

Invested Funds					
Fiscal Year End	9/30/2018	9/30/2019	9/30/2020	9/30/2021	Total
Beginning Balance	\$1,067,272	\$1,134,614	\$1,210,614	\$1,299,975	
Gains (appreciation)	104,023	36,000	104,361	286,460	530,844
Gifts to Invested Funds	26,719	100,000		130,000	
Balance	1,198,014	1,270,613	1,314,975	1,716,435	
Withdrawals for Operations/Capital	63,400	60,000	15,000	0	138,400
Ending Balance	\$1,134,614	\$1,210,614	\$1,299,975	\$1,716,435	

(A message from our Treasurer continued from page 1)

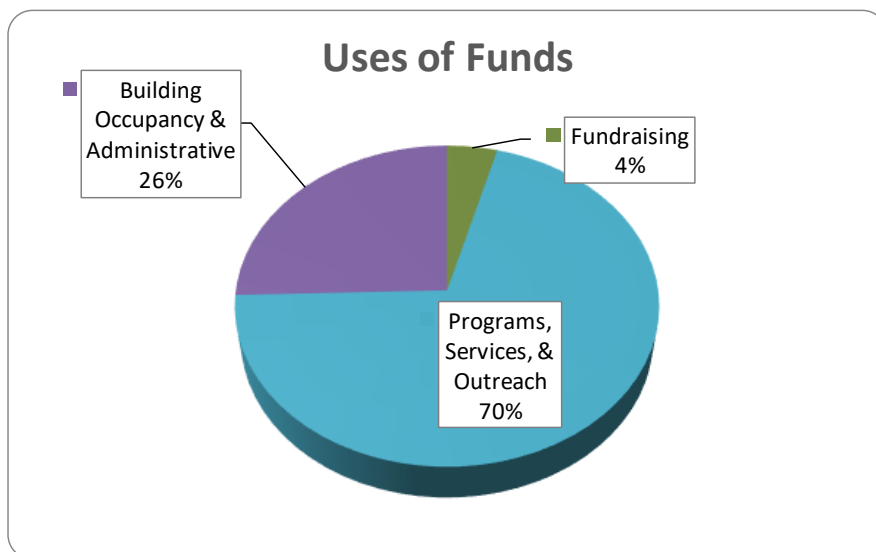
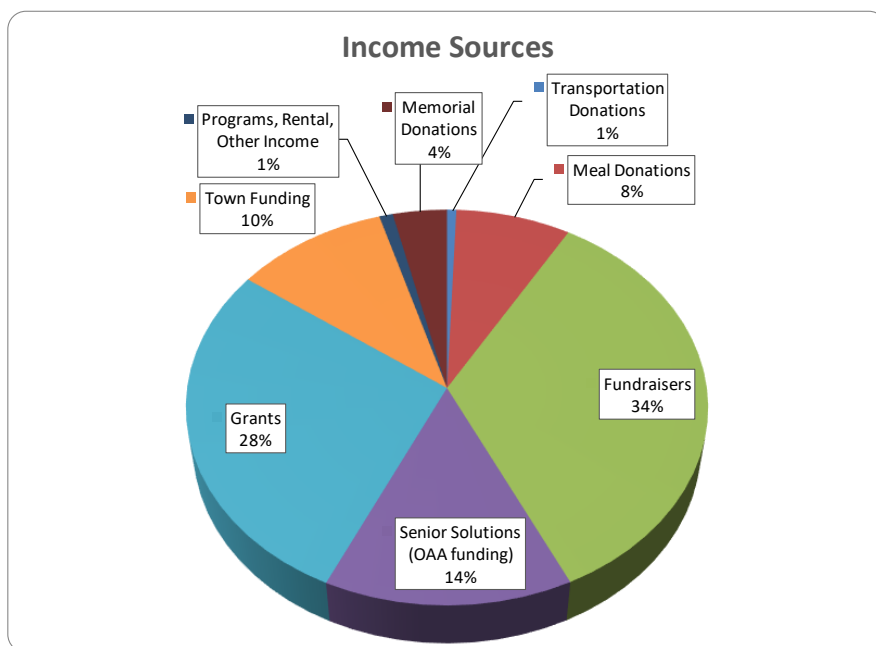
We controlled expenses at historic levels through adept management with higher “take out” and Meals on Wheels expenses offset by purchase efficiencies and lower WINTER GALA expenses. Invested funds have grown with able stewardship in a vibrant stock market and are available to support future operational and expansion needs.

Meals, exercise, health and all other programs including Aging at Home continued strong despite COVID impediments and most have retaken an in person component. Deanna Jones and the full staff have remained resourceful and flexible to create innovative programs for changing times.

On a personal note I would like to thank Liza Deignan, the only Thompson President I have ever known. She is smart, able and very, very focused with a great blend of courtesy, caring and compassion. We will miss her at the podium but expect a continued omnipresence.

We are most appreciative of all the wide ranging support and hopeful for a healthy and normal 2022.

Respectfully, David McGuire, Treasurer, for the Board of Directors



Memorial Gifts

In Memory of Ad Shaw

Zecil Gravitz
Kathleen Eiselein
Susan & Michael Brown

In Memory of Alan Perkins

Anonymous
Carla Kamel
Molly McDermott
Jane Schmidlapp
Cecily & Aaron Wallman-Stokes
Meg Tallon
Joyce Phillips
Nancy Merrill
Elliot H. Kraut & Gerry Sandweiss
Kathy Doyle
Tara Melrod
Joan & Ted Staples
Samuel & Eleanor Grice
Eleanor Zue
James Stokes-Buckles

In Memory of Arlene Midgley

Anne Herz
Carla J. Kamel

In Memory of Audrey Fiedelholz

Franklin Fiedelholz

In Memory of Chuck Luetke

Norwood & Joanna Long
Janis Murcic
Judy Conant
Elaine Chase
Peggy Lichtenstein
James & Linda Smiddy

In Memory of Claire Dibble

Carla J. Kamel
Joan Lessard
Anne Herz

In Memory of Daniel Machalaba

Allen & Gail Dougherty

In Memory of Dick Colantuono

Anonymous
Janice Graham & Steve Cota
Virginia Bowen
Christine & Stephen Rooks
Betty Ann & David McGuire
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Green Mtn. Chapter G.E. Retirees
Roy & Joanne Bates
Joyce Phillips
Gayle Karow
Joan & Ted Staples
Marcia Wheeler & Susan Prager
Woodstock Class of 1955

In Memory of Fran Gilett

Rhonda & Dan Bruce
Dorothy Forthmann
Steven & Deborah Roecker

In Memory of Harvey Watson

Robert & Mary Costella
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Bob & Linda Kearney,
Ryan Kearney & Ami Formica
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David & Marijo Kirtland
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Lucy Kiggins
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Betty Ann & David McGuire
Dan Bellmore & Liza Deignan
Bob & Adrienne Sauerberg
Shirley & Charlton Cox
Mimi Boulden
Stephen & Joan Tarleton
Robert & Roberta Wexler
Shirley Howe
Jane S.M. Smith
Nancy Pike
Catherine Wood
Jean & Ross Weaver
Kathleen Eiselein
Kenneth & Candice Gammill
John & Betsy Richardson
Tony & Carol-Ann Vorias
Roy & Joanne Bates

Please note that due to timing some gifts for these beloved friends and family may have appeared in last year's annual report.

Memorial Gifts

In Memory of Jack Moore

Bo & Randi Harron
Gina Moore

In Memory of Joe Herrick

Carla Kamel
Margaret Gray
Tambrey Vutech

In Memory of Joe Rubino

Carla Kamel
Martha Leonard
Akankha Perkins
Terry Grigsby

In Memory of Karen Stewart

Sue & Jeffrey Dinitz
David Mendelson
Jean & John Kiedaisch

In Memory of Kaylee

Carla J. Kamel

In Memory of Lysle Chase

Nancy Bassett
Helen Gardephe Leonard
Molly McDermott
Jay Eason

In Memory of Peter Fox Smith

Ad & Mavis Shaw

In Memory of Margaret Thomas

Dorothy Forthmann

In Memory of Donna Jones

Barbara Kelley

In Memory of Joan Staples

James & Susan Ford
Joan Lessard
Cynthia Hewitt
Grace Staples, Debbi & Gary Castellini
Samuel & Eleanor Grice
Ann & David Cioffi
Kedric & Catherine Harriman
Stephen & Joan Tarleton
Charles & Kathy English
Helen Gardephe Leonard
Margarete Pierce
Richard & Roberta Roy
Ron Willis
Richard & Linda Brackett
Fred & Nancy Doten
Joyce Phillips
Richard & Bonnie Atwood
Mary Ahl & Amy Staples
Paula Audsley & Tom Morse
Janet Maxham
Donald Lovejoy
Daniel & Pooja Benetti
Nancy & Nelson Bebo
Ad & Mavis Shaw
Janet Herrick
Rhonda & Dan Bruce
Linda Maxham
Keith & Ann Blake
Barbara Kelley
Carla Kamel
Roy & Joanne Bates

In Memory of William "Bear" Massey

Barnard General Store

In Memory of Richmond Maxham

Dan Bellmore & Liza Deignan
Samuel & Eleanor Grice
Janet Herrick
Gayle Karow
Marcia Wheeler & Susan Prager
Joan & Ted Staples
Joyce Phillips

In Memory of Richard Brodrick

James & Susan Ford
Alden & Mary Fiertz
Margarete Pierce
Ad & Mavis Shaw
Allen & Gail Dougherty

In Memory of Marie Willis

Carl & Sally Kesseli
Helen Gardephe Leonard
Sue Bryan
Polly Foley
Joan Lessard
Nancy Plunkett
Keith & Ann Blake
Ann Guyton & Rosemary Bette
Barbara Kelley
Anne Herz

In Memory of Teresa Worth

Barbara Kelley
Keith & Ann Blake
Carla J. Kamel

In Memory of Elizabeth Marciano

Dorothy Forthmann

Legacy Society

Those who make arrangements in their will or estate planning to leave a gift for the Thompson become members of our Legacy Society. A gift of any size is appreciated, celebrated, and will help the Thompson Center to continue operating in the future.

You've supported The Thompson and its mission during your lifetime. Please consider leaving a legacy that continues the good work being done by The Thompson Center.

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Woodstock Foundation Fund

McCollom Family Foundation

Meals on Wheels America

MGG Insurance Company

Ottauquechee Health Foundation

Point of View Foundation

Senior Solutions

Town of Pomfret

Vermont Community Foundation

Lois Watson

Woodstock Rotary Club

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Mark Knott, DDS

Ottauquechee Plumbing and Heating

Upper Valley Rehabilitation

Senior Solutions

Woodstock Insurance Services, Inc

Fiscal Year 10/1/20 - 9/30/21

Thank You 2021 Sponsors!



Special Thanks to Anything Printed

On the front cover:

Top row: Senior Center Month BBQ,
Community Champions Day

Middle Row: Jim Hasson, Veterans Day
memorial display, curbside lunch pick-up

Bottom Row: Thompson porch for the
holidays, Caribbean themed volunteer
appreciation lunch curbside

Woodstock Area Council on Aging
d.b.a. The Thompson
99 Senior Lane
Woodstock, Vermont 05091
(802) 457-3277
www.thompsonseneiorcenter.org



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