



## MENU - SEPTEMBER 2022

Mon	Tue	Wed	Thu	Fri
			<b>1</b>	<b>2</b>
<b>RESERVATIONS REQUIRED FOR ALL MEALS BY 10:30 am</b>  *menu subject to change based upon product availability*	<b>*Please make requests for substitutions &amp; special items in advance*</b>  2% milk, juice, coffee, tea with all meals		Chefs Choice Day	Turkey Club Sandwich with Cheddar and Bacon, Lettuce, and Tomato on Whole Wheat Bread, Tomato, Cucumber, Red Onion Salad, Fruit
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>CLOSED for Labor Day</b>	Spaghetti and Bolognese Sauce (Cloudland Farm Beef) Garlic Bread, Mixed Green Salad, Local Vegetables, Fresh Fruit	White Stew with Chicken and Garden Vegetables, Mashed Potato, Garden Salad, Dinner Roll, Pumpkin Pie, Fresh Fruit	Eggplant Parmesan Casserole with Basil Pesto, Kale, Mushrooms and Marinara Sauce, Tossed Green Salad with Quinoa, Fetta and Olives, Fresh Fruit	Tomato Soup and Grilled Cheese Sandwich, Mixed Green Salad with Maple Herb Dressing, Fresh Fruit, Ice Cream with Fruit Compote
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Spinach Ravioli with Chicken, Local Vegetables and White Wine Sauce, Mixed Green Salad with Garden Vegetables, Fresh Fruit	New England Style Clam Chowder Soup, Corn Bread, Tossed Green Salad with Green Goddess Dressing, Fresh Fruit	Chef's Choice Fish of the day, Cauliflower Mash, Local Vegetables, White Wine Sauce, Dinner Roll, Brownies, Fruit	Chicken Parmesan Risotto with Peas and Mushrooms, Local Vegetables, Caesar Salad, Peach Cobbler	<b>Senior Center Month Celebration</b> Chicken BBQ, Maple Baked Beans, Broccoli Brunch Salad, Potato Salad, Fruit Ice Cream w/ Bananas & Butterscotch
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
Tuna Salad Sandwich on Whole Wheat Bread, Lettuce and Tomato, Roasted Vegetable Salad, Fresh Fruit	<b>Virtual Travel Day Theme Meal</b> Pollo en Pepitoria (traditional chicken stew with saffron, almonds and sherry), Rice Pilaf, Local Vegetables, Green Salad with Sherry Vinaigrette, Palmeras (cookie), Fresh Fruit	Broccoli Bacon Chowder, Mixed Green Salad, Dinner Roll, Fresh Fruit Salad with Mint & Honey	<b>Birthday Day</b> Pork Tenderloin, Mashed Potato, Local Vegetables, Mixed Green Salad with Ranch Dressing, Apple Cobbler	Cheese Burger on a Whole Wheat Bun with Lettuce, Tomato, Onion and Pickle, House Spread. Potato Salad, Ice Cream Sundae with Fruit Compote
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
Beef French Dip on a Whole Wheat Hoagie with Au jus, Mixed Local Vegetables. Tossed Garden Salad With Vidalia Onion Vinaigrette, Fresh Fruit	Chicken Marsala with Roasted Potato and Garden Vegetables, Caesar Salad, Fresh Fruit and a Cookie	Chef's Choice Fish of the day, Rice Pilaf, Local Vegetables, Tossed Garden Salad, Lemon Caper Sauce, Dinner Roll, Ice Cream	Tortilla Soup with Chicken and Avocado and Mixed Vegetables, Mixed Green Salad with Lime Vinaigrette, Dinner Roll, Fruit	Vegetable Lasagna with Marinara Sauce, Local Vegetables, Mozzarella and Parmesan Cheese, Greek Style Salad with Olives, Carrots, Tomatoes and Croutons, Strawberry Sorbet