



# The Thompson

Your resource to age well

## MENU - NOVEMBER 2022

Mon	Tue	Wed	Thu	Fri
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	Baked BBQ Style Chicken, Tossed Green Salad with Croutons and Ranch Dressing, Potato Salad, Brownie Fresh Fruit	Quiche with Broccoli, Ham and Cheese, Mixed Green Salad with Croutons and Green Goddess Dressing, Fresh Fruit	Baked Cod with Fresh Lemon and Herbs, Saffron Rice Pilaf, Seasonal Vegetables, Garden Salad, Dinner Rolls, Ice Cream	Minestrone Style Soup with Chicken, Mixed Green Salad with Balsamic Dressing, Dinner Roll, Pumpkin Pie
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Corned Beef Reuben Sandwich on Rye Bread, Tossed Green Salad with Italian Style Dressing, Fruit Salad	Cheese Ravioli with Chicken, Marinara Sauce and Parmesan Cheese, Mixed Green Salad, Garlic Bread, Cheesecake with Fruit	<b>Veterans Day Lunch</b> Meat Loaf with Gravy, Mashed Potato, Maple Glazed Carrots, Mixed Green Salad with Country Herb Dressing, Dinner Roll, Main Blueberry Cobbler	Curried Pumpkin Soup, Mixed Green Salad with Chicken, Craisins, Almonds and Garden Vegetables w/ Maple Vinaigrette, Dinner Roll, Cookies	<b>CLOSED for Veterans Day</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Hot Dogs in a Whole Wheat Bun, Macaroni Salad, Mixed Green Salad, Fresh Fruit	Hearty Chicken Noodle Soup, Greek Style Salad with Olives and Roasted Peppers, Dinner Roll, Apple Cobbler	Tuna Salad Sandwich on Whole Wheat Bread Lettuce and Tomato, Cole Slaw, Fresh Fruit Parfait with Granola and Yogurt	<b>Thanksgiving Dinner</b> Roast Turkey and Gravy, Mashed Potatoes, Maple Glazed Carrots, Corn Bread Dressing, Cranberry Sauce, Pumpkin Pie	<b>Pancake Breakfast</b> Pancakes and Local Maple Syrup, Scrambled Eggs, Sausage Links, Home Fries with Peppers and Onions, Fresh Fruit
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Angel Hair Pasta with Bolognese Style Sauce, Mixed Green Salad, Dinner Roll, Fresh Fruit	Roasted Chicken Breast with Lemon and Herbs, Mixed Vegetables, Rice Pilaf, Caesar Salad, Ice Cream with Fruit Compote	Cheeseburger with Cheddar Cheese on a Wheat Bun, Lettuce, Tomato, Onion and Pickles, Baked Potato Wedges, Cole Slaw, Blueberry Crisp	<b>CLOSED</b>	<b>CLOSED</b>
<b>28</b>	<b>29</b>	<b>30</b>		
Split Pea Soup with a (half) Ham and Cheese Sandwich on Wheat Bread, Fresh Fruit, Chefs Choice Cookie	Sweet and Sour Chicken with Peppers and Red Onion, Steamed Jasmine Rice, Mixed Green Salad with Crispy Noodles and Sesame Vinaigrette, Cookies	<b>Birthday Day</b> Beef Ribeye Roast With Gravy, Baked Potato, Roasted Root Vegetables, Mixed Green Salad with Maple Vinaigrette, Cake and Ice Cream	<b>RESERVATIONS REQUIRED FOR ALL MEALS BY 10:30 am</b>  <b>*menu subject to change based upon dietary restrictions &amp; product availability*</b> <b>*Please make requests for substitutions &amp; special items in advance*</b>  <b>2% milk, juice, coffee, tea with all meals</b>	