



# The Thompson

Your resource to age well



## Annual Report 2022



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Siobhan Wright, Front Desk  
Coordinator (Meals on Wheels &  
Transportation Dispatcher)  
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Weglarz, Louise Blakeney -  
Culinary Assistants

Dwight Camp, Driver  
Tom Morse, Driver  
Carl Hurd, Back-up Driver

Bob Borsh, Maintenance

## A message from our Presidents and Executive Director

Getting back to *normal* seemed to be the theme of our year, and what a rewarding year it has been! “You make our lives better” is a phrase that we hear often, and we’re so thankful to know we help make aging in the Woodstock area better for so many.

A few highlights of the year include expanding our Aging at Home support program, Homesharing facilitation, a new chef and exciting updates to our menu, themed lunches and virtual travel, more rides provided, and welcoming back many other in-person events like our volunteer appreciation banquet, mahjong, cribbage, writing and art classes, language tables, exercise classes, dinner programs, and holiday celebrations.

We also completed our Aging at Home community survey and newly updated five-year strategic plan that includes our exciting building expansion project. Our region’s demographics show that people over age 65 still represent the fastest-growing age group. With the anticipated growth of our older population expected to more than double in the 70 – 85+ age groups over the next 10 years, it is more important than ever to be successful in supporting our community members to age well, and we plan to meet these growing needs.

Home-delivered Meals on Wheels grew significantly this year, from just over 11,000 meals last year to nearly 18,000 meals this year. Our dining room was busy throughout the year and continues to be a welcoming and fun place for friends to gather and enjoy a delicious meal.

We hope that as you read this report you’ll note the generosity of many who believe in our purpose and support The Thompson mission. Together, the Thompson community truly enriches aging in our area. Thank you donors, staff, volunteers, Board of Directors, and our communities for ensuring that The Thompson remains a vibrant resource for all of us.

Ginny Eames & Wendy Wannop, *Co-Presidents, Board of Directors*  
Deanna Jones, *Executive Director*



Wendy Wannop & Ginny Eames



Deanna Jones with the Sihlers at lunch

# Our Community Counts on The Thompson



## **Nutrition Program:**

**26,180 Meals Served**

17,304 Home-Delivered Meals on Wheels

7,769 In-house dining room meals

1,107 Scotland House Adult Day & other meals

**Hundreds of Vermont Foodbank Commodities and Veggie Van Go deliveries**



## **Wellness Programs:**

**15,000 check-ins by 1,704 individuals for Education, Fitness, and Social Events**

**953 Rides Provided**



## **Aging at Home Program:**

Thousands of connections over the phone, online, and in-person for aging at home support services, medical equipment, Homesharing facilitation, & vetted referrals.

## Our Mission

The Thompson helps seniors age well in our rural community.

We provide timely support and services and are a resource and advocate on issues related to aging.

Our programs and activities foster the physical, intellectual, and social well being of our adult community to enhance dignity, self-worth, and independence.



# Program Highlights



We loved all the ways we connected with our community over the year, but here are a few extra special ones:

- ♥ Our holiday and annual events seemed better than ever with people so thankful to see each other. We enjoyed the Yankee Swap, Thanksgiving and Christmas holiday meals, Holiday gift baskets, St. Patrick's Day lunch, Bastille Day, Oktoberfest, Veterans Day, Senior Center month BBQ, and our first ever snow sculpture!
- ♥ The Senior Learning Network took us virtually all around the United States to historic sites and landmarks. Beyond virtual travel took us overseas to Spain and Amsterdam and Chef Andrew prepared delicious themed menus to complement our travels.
- ♥ ArtisTree creative art projects inspired us and gave us a meaningful way to express our creative side.
- ♥ For those who are homebound, without computer access, we continued connecting through weekly phone Bingo, and participated in a Guinness World Records largest online Bingo game.
- ♥ We stayed fit with Bone Builders, Tai Chi, Strength & Stretch, Chair Yoga, and Walking Group with virtual and in-person options for some classes.
- ♥ Hundreds benefitted with help from the AARP Tax-Aide volunteers, foot care clinics, flu shot clinic with VNH, and support for vaccination booster clinics.
- ♥ We had fun with an intergenerational summer sewing class led by Barb Kelley and Diane Atwood.
- ♥ We enjoyed author talks and writing workshops.



## ***Photos (starting at the top):***

1. Author talk, 2. Local beekeeper, Tita Manice shares about beekeeping, 3. Barbara Kelley teaches intergenerational sewing class, 4. Snow sculpture by Tony Perham representing Meals on Wheels, 5. Welcome Chef Andrew Geller



# Program Highlights

- ♥ Our Age Well education series continued with workshops for home safety and modification, and how to hire a caregiver.
- ♥ Music in the tent with Island Time Steel Drums, The Occasional Jug Band, and musicians from Ireland lifted our spirits and made our toes tap.
- ♥ Delicious daily lunches nourished our bodies and brought joy to our days.



**Preventing social isolation through interesting, helpful, fun programs and broad outreach remains core to our mission.**



**Photos :** 1. Delicious lunches by Chef Andrew, 2. Virtual travel program, 3. Music in the tent

## Buildings & Grounds Enhancements

Our building renovation project has begun! Phase one is opening the sealed off farmhouse door in the dining room and installing steps to our front yard picnic table area. The next phases will be an expansion to the kitchen and dining room and renovated program space in order to meet the growing needs of the population we serve.

# Thank You

Special thanks to Dick & Jane Leonard and family and John & Wendy Wannop for making the dining room enhancement, architect plans, and front steps possible. Please see Executive Director, Deanna Jones, if you would like to help with a gift to our capital campaign.



# Age Well with The Thompson

## One Number to Call



One number to call for any need — Thompson staff are happy to help with any question — from shower chairs to Medicare and everything in between. We're here for a friendly chat or check-in call, too.



## Vetted Service Providers

We partner with a wide variety of businesses and individuals to bring you any service you need to AGE WELL at HOME!

We check references and only suggest businesses or individuals who have happily agreed to be an Aging at Home service provider.

## Age Well Education and Outreach

Educational talks are presented on topics ranging from legal planning, fall prevention, Smart Driver safety course, nutrition and cooking, downsizing, hospital to home transitions, advance directives, and more.

Our Age Well e-newsletter is published every other month and provides readers with information on ways to age well at home and in their community through current and reliable information on health, lifestyle, diet, and resources.

## Homeshare

**Our Aging at Home program facilitates Homesharing**

Homesharing is a simple idea where two or more people share a home for mutual benefit. A person offers a private bedroom and shared common space in exchange for rent, help around the home or a combination of the two. After conducting background and reference checks, trained Thompson staff will work to find the most compatible match possible based on your interests, needs, and lifestyle. There are no age or income restrictions to be eligible for the program. Homesharing is a mutually beneficial situation that is flexible in arrangement and can be modified once you know what works and what doesn't.





# Volunteer Spotlight

**More than 180 volunteers gave over than 5,000 hours last year!**



The enthusiasm, dedication, and joyful spirit of our volunteers is the heartbeat of The Thompson.

**Volunteers give their time in these critical roles:**

Board Member

Committee Work (Holiday Bazaar, Auction,  
Aging at Home, Strategic Planning)



Driver

Guest Speaker

Handyman

Kitchen Help

Library Volunteer

Meals on Wheels Driver

Musicians

Newsletter Folder

Office Helper

Program Facilitator

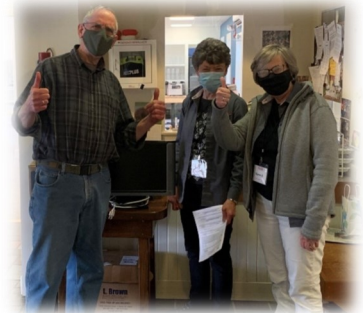
Receptionist

Table Setting

Tax Assistance

Wait Staff

Yard Work



**Photos (starting at the top left):** 1. Sandy vonUnwerth & Corwin Sharp volunteer waitstaff at Oktoberfest, 2. Sherri Sytsma volunteer waitstaff, 3. Jerry Fredrickson volunteer Meals on Wheels driver, 4. Board members and volunteers gather on the porch before the Chef's Dinner fundraiser, 5. Board Members and volunteers, Dolores Gilbert & Paulette Watson before garden party fundraiser, 6. Diane Atwood volunteers at sewing class, 7. Volunteer receptionist, Linda Maxham, with Deanna Jones at Volunteer appreciation dinner, 8. Volunteer tax preparers, 9. Rodney Croft of the Ora E Paul American Legion post volunteers for Thanksgiving dinner

# Annual Appeal Donors 2021 -2022

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 Woodstock Farmers' Market  
 Woodstock Sports  
 Eugene & Georgia York  
 Greta & Larry Zeitlin



**Garden Party Fundraiser-**  
**Photos :** 1. Biff & Dan Noble  
 with Wendy Wannop,  
 2. Margaret Edwards & David  
 Green

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We are so grateful to  
 all of our donors.  
 Please let us know  
 if you spot an error.

# Thank You



# Special Fundraising

# Thank You

## 2022 Sponsors!



Our 2022 Sponsorship Drive, March for Meals Fundraising drive, and two special dinners replaced our Annual Winter Gala that was unable to happen due to the pandemic. We're excited to return to the Woodstock Inn for our Winter Gala & Auction on February 5, 2023!

# Thank You

## Meals on Wheels Donors

We are so thankful to all who responded to our special requests and the special donors who stepped forward to fill our nutrition funding gap!

Cindy & Jeff Barger  
Daniel Bellmore  
& Liza Deignan  
Katherine Copeland  
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Round-up Campaign Gift  
\$7,169.97

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The Thompson  
Your resource to age well



# Council Members

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# Treasurer's Report Fiscal Year 2021 - 2022

	Fiscal Years Ending			
<b><u>OPERATING INCOME</u></b>	<b>9/30/2019</b>	<b>9/30/2020*</b>	<b>9/30/2021*</b>	<b>9/30/2022</b>
Transportation Donations	\$ 11,358	\$ 6,927	\$ 4,124	\$ 4,717
Meal Donations	57,573	56,487	50,836	81,941
Fundraisers & Donations	212,675	271,477	223,626	252,284
Senior Solutions (OAA funding)	87,554	102,524	91,416	124,738
Grants	48,585	63,703	181,822	43,488
Town Funding	58,390	63,490	67,800	64,800
Program Income	23,393	8,616	5,454	5,281
Rental Income	2,410	1,770	540	1,780
Memorial Donations	6,865	6,260	23,930	7,418
Other Income	8,350	493	0	0
Building Improvement Donations	12,400	14,700	0	0
<b>Total Operating Income</b>	<b>\$529,553</b>	<b>\$596,445</b>	<b>\$649,548</b>	<b>\$586,446</b>
<b><u>OPERATING EXPENSES</u></b>				
Fundraising Expense	\$ 25,673	\$ 25,244	\$ 7,051	\$ 9,302
Insurance - General	6,991	7,654	8,033	9,730
Occupancy	51,517	53,086	51,766	62,024
Personnel-Wages, Insurance, Taxes	332,396	322,341	341,203	380,484
Food & Kitchen Expense	87,692	99,964	95,123	118,121
Programs & Trips	30,195	13,518	9,666	9,779
Vehicle Expense	18,423	14,394	10,881	9,045
Administrative Costs	49,541	43,871	51,630	48,976
<b>Total Operating Expenses</b>	<b>\$602,428</b>	<b>\$580,072</b>	<b>\$575,352</b>	<b>\$647,462</b>
<b>NET OPERATING INCOME (LOSS)</b>	<b>\$ (72,874)</b>	<b>\$ 16,373</b>	<b>\$ 74,196</b>	<b>\$ (61,015)</b>
Capital Expenditures	(18,277)	(33,954)	(33,361)	-
<b>NET INCOME (LOSS)</b>	<b>\$ (91,151)</b>	<b>\$ (17,581)</b>	<b>\$ 40,835</b>	<b>\$ (61,015)</b>

*Stated as of October 1, 2022. Subject to independent accountant financial review and year end adjustments.  
Reports available upon request. \*FY20 & FY21 include Covid related expenses/fundraising.  
Payroll Protection Loan (PPP) forgiven in FY21 Grants*

Invested Funds					
Fiscal Year End	9/30/2019	9/30/2020	9/30/2021	9/30/2022	Total
Beginning Balance	\$1,134,614	\$1,210,614	\$1,299,975	\$1,716,435	
Gains (appreciation)	36,000	104,361	286,460	-316,756	<b>110,065</b>
Gifts to Invested Funds	100,000		130,000	759,703	
Balance	1,270,613	1,314,975	1,716,435	2,159,382	
Withdrawals for Operations/Capital	60,000	15,000	0	55,000	<b>130,000</b>
Ending Balance	<b>\$1,210,614</b>	<b>\$1,299,975</b>	<b>\$1,716,435</b>	<b>\$2,214,382</b>	



# A message from our Treasurer

Fiscal 2022 marks an economic and operational celebration of normalcy at the Thompson. Individual donations, business grants and town funding all contributed to our community success. Thank you to all who support the Thompson.

Financial results continued strong with revenue exceeding \$580,000. The annual appeal, special fund drives and major donations were particularly vibrant. The large number of individual donors both big dollars and small dollars gave confirmation to our message as a resource to age well.

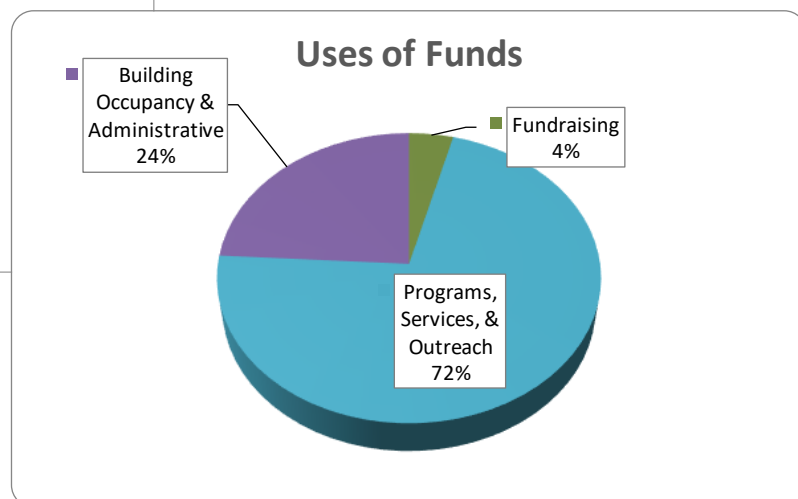
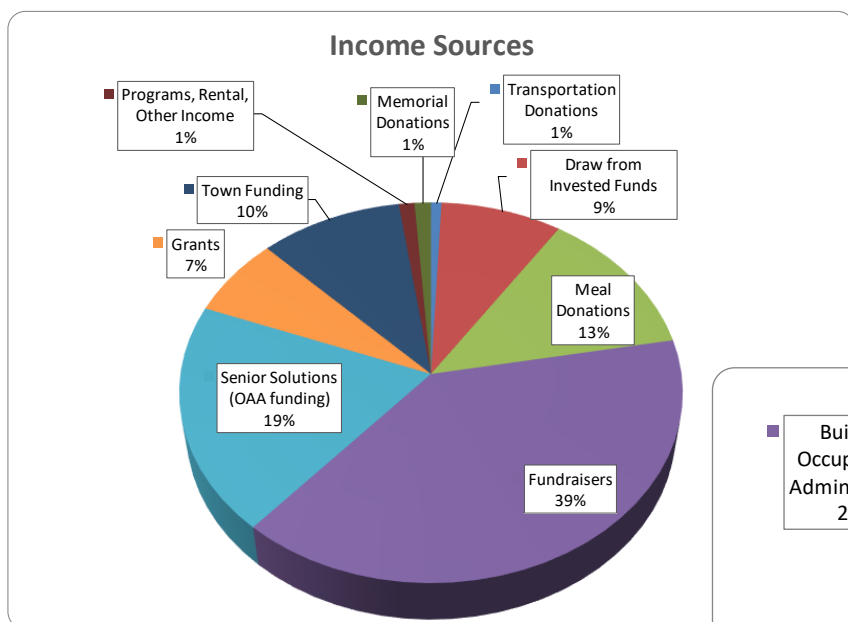
Operational expenses increased to \$647,000 as the COVID 19 wind-down enabled a full return to in-house dining, varied exercise programs, intellectual pursuits, health initiatives, tax planning and general fun.

Invested funds have grown significantly in each of the last four years from a combination of generous gift giving and prudent management. The funds allow a subsidy for additional operational expenses and will provide a starting point for exciting expansion plans.

The year at The Thompson included all the issues of the general economy: food and wage inflation, supply chain constraints and personnel shortages. We applaud our able staff for rising to these challenges and accomplishing the mission of the Thompson.

Thank you all!

Respectfully, David McGuire, Treasurer, for the Board of Directors



# Legacy Gifts

We are so grateful to these dear friends for supporting the Thompson during their lifetime and for leaving legacy gifts that will help to support the mission of The Thompson in the future.



**Ruth Ekberg**

Ruth was a long time volunteer and participant at The Thompson. She especially enjoyed volunteering for the Holiday Bazaar and Cookie Walk. She served in the dining room as volunteer wait staff and remained active at the Center until her late 90s.

**Dick Colantuono**

Dick served on The Thompson board of directors and continued to volunteer his time even after his terms on the board ended. He served many years as Treasurer and on other committees, and he was instrumental in the success of the Investment committee. He could often be found at the Center on spaghetti and meatball day having lunch with Gladys Deatte. He shared his love for The Thompson with his wife, Ginny Eames, who is one of our most recent board presidents.



**Anne Marder**

Anne was a member of the Piecemakers quilting club at The Thompson. Anne and her sister, Jean, enjoyed many activities at The Thompson. In later years, they expressed their appreciation for Meals on Wheels and the contact from Thompson friends.





# Memorial Gifts

**In Memory of Jack Moore**

Bo & Randi Harron  
Gina Moore  
In Memory of Barbara E. Leonard  
Merle & Barbara Sanderson  
Eleanor Grice

**In Memory of Chuck Luetke**

Betsy & Ron Rhodes

**In Memory of Dennis F. Murphy Jr**

Julie Murphy

**In Memory of Dick Colantuono**

Melissa Cunningham  
Catherine Wood

**In Memory of Francis Thomsen**

Anonymous  
Anonymous

**In Memory of Fred Blood**

Rhonda & Dan Bruce  
Linda Maxham  
Woodstock Lodge #31 F&AM  
Elizabeth Alden  
Joyce Phillips

**In Memory of Ruth Ekberg**

Jane Cleveland  
David & Janet Laughlin  
Helen Gardephe Leonard

**In Memory of Al Colonero**

Merrill & Fern Kruse

**In Memory of Joan Staples and her daughters, Lynn and Amy**

Daniel & Pooja Benetti  
Fred & Nancy Doten  
Joyce Phillips

**In Memory of Lloyd Cook**

Richard & Bonnie Atwood  
Mary Arend-Oster  
Catholic Charities  
Dennis Cogswell  
Joyce Phillips  
Susan & Tom Van Riper

**In Memory of Mae Knudson**

Jack & Sandi Simonds  
Thomas Legendre  
Jane Schmidlapp

**In Memory of Nancy Lewis**

James & Susan Ford  
Phyllis Wood  
Catherine Wood  
Mary Fox Church  
Barbara & Donald Burney  
John & Ruth Wiegand  
Alden & Mary Fiertz  
Wayne & Barbara Leonard  
Paul & Beverly Regan  
Dale & Jane Spooner  
Roy & Joanne Bates  
Nancy Bassett  
Linda Prescott  
Elizabeth Billiter  
Jerry & Joan Oppenheimer  
Gail McDonald  
Judy Eger

**In Memory of Samuel Grice**

Merle & Barbara Sanderson  
Adam R. Boyce  
Wayne & Barbara Leonard  
Richard & Bonnie Atwood  
Lawrence & Nancy Morrison  
Reading Historical Society  
Richard & Clara Gagnon  
Jane Cleveland  
Richard & Linda Brackett  
Linda Maxham  
Esther Griffith  
Howard Sanderson Jr.  
Charline Hagar  
Nathan & Linda Willard  
Barlow Net  
Rebekah Staples  
Brandy Akers  
Pauline & David Smith  
Helen Gardephe Leonard  
Frazier Insurance Agency, Inc  
Rhonda & Dan Bruce

**In Memory of Sarah Vorder Bruegge**

Carla J. Kamel & John Vorder Bruegge

**In Memory of Shirley Hammond**

Merle & Barbara Sanderson  
Eleanor Grice

**In Memory of Warren "Bud" Jenne**

Barbara A. West  
Susan Ditto

**In Memory of Sharon Schellong**

Merrill & Fern Kruse

*Please note that due to timing some gifts for these beloved friends and family may have appeared in last year's annual report.*

## Legacy Society

Those who make arrangements in their will or estate planning to leave a gift for the Thompson become members of our Legacy Society. A gift of any size is appreciated, celebrated, and will help the Thompson Center to continue operating in the future.

**You've supported The Thompson and its mission during your lifetime. Please consider leaving a legacy that continues the good work being done by The Thompson Center.**

# Supporting Foundations and Grants 2021-2022

Glad Rags

Kirby Family Foundation

Laurance & Mary Rockefeller/  
Woodstock Foundation Fund

The Macamor Foundation

McCollom Family Foundation

Ottauquechee Health Foundation

Point of View Foundation

Senior Solutions

Vermont Community Foundation

Lois Watson

Woodstock Garden Club

Woodstock Rotary Club

## TRANSPORTATION SPONSORS:

Armistead Senior Care

Dead River Company

The Ellaway Group

Mark Knott, DDS

Ottauquechee Plumbing and Heating

Upper Valley Rehabilitation

Senior Solutions

Woodstock Insurance Services, Inc

**Fiscal Year 10/1/21 - 9/30/22**

# Thank You

## 2022 Sponsors!



### Special Thanks to Anything Printed

#### On the front cover:

Top row: Chef's Dinner guests and Chef Andrew, Middle Row: Salads lined up for lunch, Liza Deignan & Sally Foss picnic at The Thompson, Rev. Leon Dunkley on the porch welcoming all on Vermont Make Music Day, Bottom Row: Thompson building and staff

Woodstock Area Council on Aging  
d.b.a. The Thompson  
99 Senior Lane  
Woodstock, Vermont 05091  
(802) 457-3277  
[www.thompsonseneiorcenter.org](http://www.thompsonseneiorcenter.org)



## The Thompson

Your resource to age well

Woodstock Area Council on Aging is a  
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