

MENU - NOVEMBER 2023

Mon	Tue	Wed	Thu	Fri
		1	2	3
menu subject to change based upon product availability *Please make requests for substitutions 24 hours in advance.	Suggested donation for guests ages 60 and over is \$7 For guests under age 60, the meal price is \$12 2% milk, juice, coffee, tea with all meals	Southwestern Style Beef Chili with Black Beans, Corn, Sweet Peppers, Sour Cream and Scallions, Corn Chips and Salsa, Mixed Green Salad with Green Goddess Dressing Fresh Fruit	Baked Chicken Piccata with Lemon, Capers and Fresh Herbs, Rice Pilaf, Broccoli, Carrots and Cauliflower, Fresh Fruit, Peach Cobbler	Lentil Soup with Ham Tossed Salad with Craisins, Walnuts, Carrots, Cucumber and Tomatoes, Dinner Roll, Apple Crisp with Granola Topping
6	7	8	9	10
Slow Cooked Pork Chop with Root Vegetables, Soft Polenta, Garden Salad with Fresh Vegetables & Roasted Garlic and Herb Dressing, Fresh Fruit, Dinner Roll, Cookie	New England Style Clam Chowder Soup, Mixed Greens with Baby Spinach, Craisins, Apples, Carrots with Apple Cider Dressing, Roll, Fresh Fruit	Braised Chicken Thighs with Mushrooms, Parsnips, and Pearl Onions, Polenta Cake, Sautéed Green Beans, Tossed Salad with Ranch Dressing, Key Lime Pie	Veterans Day Lunch Shepherd's Pie, Garden Salad with Mixed Greens, Tomatoes, Cucumber, Oranges and Beets with Maple Vinaigrette, Roll, Ice Cream, Sundae with Fruit Topping	CLOSED for Veterans Day
13	14	15	16	17
Chicken Parmesan with Marinara Sauce and Mozzarella Cheese, Pasta Casserole, Steamed Broccoli, Caesar Salad, Yogurt Parfait with Fresh Fruit and Granola	Thanksgiving Dinner Roasted Turkey, Mashed Potatoes, Pan Gravy, Winter Squash, Green Beans, Cranberry Apple Sauce, Fresh Fruit, Pumpkin Pie	Pizza Chef Pizza Day MUST RSVP	Chicken Salad Sandwich On Whole Wheat Bread, Lettuce and Tomato, Cole Slaw, Blueberry Cobbler	9am Pancake Breakfast Buttermilk Pancakes, Scrambled Eggs, Local Maple Syrup, Vermont makehouse Sausage Links, Potato Casserole with Peppers and Onions, Fruit Salad
20	21	22	23	24
Spaghetti Bolognese Style Sauce, Steamed Broccoli, Garden Salad, Cookie and Fresh Fruit	Roasted Chicken Breast, Rice Pilaf, Chef's Choice Vegetables, Mixed Green Salad, Dinner Roll, Strawberry Ice Box Cake,	Ham and Cheese Sandwich on Whole Wheat Bread with Lettuce, Tomato and Pickles, Potato Salad with Hard Egg, Celery, Sweet Peppers and Peas, Fruit Salad, Cookie	CLOSED	CLOSED
27	28	29	30	
Linguini Pasta with Clam Sauce, Steamed Broccoli, Mixed Green Salad, Dinner Roll, Blueberry Cobbler	Chicken Fricassee with Carrots, Peas and Mushrooms, Mashed Potatoes, Spinach Salad, Dinner Roll, Cookie	Baked Cod with Lemon and Fresh Herbs, Rice Pilaf, Sautéed Vegetables, Garden Salad with Creamy Dill Dressing, Dinner Roll, Mixed Fruit Crisp	Birthday Day Meat Loaf Made with Cloudland Farm Beef, Roasted Red Potatoes, Gravy, Brussels Sprouts, Fresh Fruit Cake and Ice Cream	