



The Thompson

Your resource to age well

MENU - DECEMBER 2023

Mon	Tue	Wed	Thu	Fri
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<p>*menu subject to change based upon product availability*</p> <p>*Please make requests for substitutions 24 hours in advance.</p>	<p>Suggested donation for guests ages 60 and over is \$7</p> <p>For guests under age 60, the meal price is \$12</p> <p>2% milk, juice, coffee, tea with all meals</p>	<p>RESERVATIONS REQUIRED FOR ALL MEALS BY 10:30 am</p> <p>*menu subject to change based upon product availability*</p>		<p>9am Breakfast Day Scrambled Eggs, Home Fries with Peppers and Onions, Vermont Sausage Links, English Muffin, Fresh Fruit</p> <p>NO LUNCH SERVED</p>
4	5	6	7	8
Linguini with Chicken, Peas, Sweet Peppers, Broccoli and Alfredo Style Sauce, Garden Salad with Mixed Vegetables, Dinner Roll, Fresh Fruit	French Onion Soup, Garden Salad with Chicken and Fresh Vegetables, Dinner Roll, Rice Pudding with Craisins and Maple Syrup	Enchilada Casserole with Ground Beef, Jack Cheese in a Mild Red Sauce, Rice and Refried Beans, Sour Cream, Salsa Fresca, Fresh Fruit	Pork Cutlets with Sun-Dried Tomato Sauce with Fresh Basil, Steamed Cauliflower, Rice Pilaf, Apple Crumble Cake	Cheese Burgers on Whole Wheat Bun with Lettuce, Tomato, Pickles, and Onions, House Spread, Baked French Fries, Cole Slaw, Pumpkin Bars, Fresh Fruit
11	12	13	14	15
Hearty Minestrone Soup with Vegetables, Orzo, Chicken and Spinach, Dinner Roll, Cottage Cheese, Fresh Fruit	Stuffed Peppers with Ground Turkey, Winter Squash, Kale and Rice, Caesar Salad, Dinner Roll, Apple Crisp with Whipped Cream	Sweet and Sour Chicken with Bell Peppers and Red Onions, Steamed Brown Rice, Garden Salad with Sesame Dressing, Coconut Chocolate Chip Cookies	Holiday Dinner Baked Ham with Pineapple Sauce, Mashed Potato and Gravy, Green Bean Casserole, Dinner Roll, Pineapple bread Pudding	Baked Chicken Breast with Fresh Herbs and Lemon, Roasted Red Potatoes, Garden Salad, Ice Cream with Blueberry Compote
18	19	20	21	22
Tuna Salad Sandwich on Whole Wheat Bread with Lettuce, Tomato and Pickles, Broccoli Brunch Salad with Craisins and Almonds, Parfait with Fresh Fruit and Granola	Pasta Casserole with Shaved Beef, Peppers, Onions and Spinach, Tossed Mixed Green Salad with Fresh Vegetables, Whole Grain Roll, Fresh Fruit	Cider Glazed Chicken Thighs, Butternut Squash, Apples and Kale, Power Greens Salad with Almonds and Craisins, Whole Grain Roll, Mixed Fruit Crisp	Eggplant Parmesan with Chicken, Basil Pesto, Kale, Marinara Sauce, Mozzarella, Cheese, Garden Salad Dinner Roll, Ice Cream Fresh Fruit	Beef Ravioli with White Sauce, Garlic Rolls, Tossed Garden Salad, Cookie, Fresh Fruit
25	26	27	28	29
CLOSED	CLOSED	Beef Barley Soup with Mixed Vegetables, Garden Salad with Fresh Vegetables, Dinner Roll, Fruit Salad	Birthday Day Salisbury Steak with Mushroom Gravy and Pearl Onions, Roasted Potatoes, Steamed Cauliflower, Dinner Roll, Birthday Cake and Ice Cream	Chicken Salad Sandwich on Whole Wheat Bread with Craisins, Celery, Red Onion with Lettuce and Tomato, Pasta Salad with Carrots and Cucumbers, Fresh Fruit, Cookie