



The Thompson

Your resource to age well

MENU - FEBRUARY 2024

Mon	Tue	Wed	Thu	Fri
			1	2
menu subject to change based upon product availability *Please make requests for substitutions 24 hours in advance.	Suggested donation for guests ages 60 and over is \$7 For guests under age 60, the meal price is \$12 2% milk, juice, coffee, tea with all meals		Pulled Pork with Carolina Style BBQ Sauce, Potato Mac Salad, Quick Pickled Cucumbers, Dinner Roll, Apple Pie	Chicken Noodle Soup Mixed Green Salad, Cottage Cheese, Dinner Roll, Fresh Fruit, Hermit Bars with Vanilla Ice Cream (pumpkin cake)
5	6	7	8	9
Cheese Burgers on a Whole Wheat Bun, Lettuce, Tomato, Pickles, Onion and Cheddar Cheese, Cole Slaw, Pasta Salad, Fruit Salad, Ice Cream Sundae	Pizza Day Tossed Mixed Green Salad, Pasta Salad with Garden Vegetables, Fruit Salad	Chicken Salad with Fresh Cucumbers, Tomatoes, Roasted Beets, Olives, Croutons, Carrots, Whole Grain Roll, Fresh Fruit, Cheese Cake	Spaghetti and Meat Sauce, Steamed Mixed Vegetables, Tossed Garden Salad, Dinner Roll, Fresh Fruit	Baked Chicken Leg with Lemon and Herbs, Rice Pilaf with Craisins and Toasted Almonds, Cole Slaw with Kale and Pineapple, Whole Grain Dinner Roll, Cookie
12	13	14	15	16
New England Clam Chowder, Garden Salad with Fresh Vegetables, Dinner Roll, Yogurt Parfait with Maple Syrup, Fresh Fruit and Granola	Baked Chicken Parmesan Pasta Casserole, Green Beans, Caesar Salad, Fresh Fruit, Cookie	Valentine's Day Chefs Choice Fish, Middle Eastern Style Rice Pilaf with Lentils and Fresh Herbs, Baked Cauliflower Gratin with Tomato, Whole Grain Dinner Roll, Fresh Fruit Salad	Lasagna with Braised Pork, Spinach, Mushrooms and Basil Pesto, Mozzarella and Parmesan Cheese, Garden Salad, Fresh Fruit Parfait with Granola and Honey	Grilled Bratwurst, Sweet and Sour Cabbage, Potato Salad, Whole Grain Roll, Fresh Fruit, Ice Cream with Peach Compote
19	20	21	22	23
CLOSED for Presidents Day	Italian Wedding Soup with Beef Meat Balls, Garden Vegetables, Spinach and Orzo Pasta, Tossed Garden Salad, Whole Grain Dinner Roll, Fresh Fruit Salad, Brownie	Stuffed Zucchini with Ground Turkey, Spinach, Roasted Peppers and Butternut Squash, Mixed Green Salad, Dinner Roll, Fresh Fruit	Birthday Day Baked Ham with Roasted Pineapple, Mashed Potato, Root Vegetables, Dinner Roll, Cake and Ice Cream, Fresh Fruit	BBQ Style Chicken Breast, Cole Slaw, Baked Beans, Mixed Green Salad with Fresh Vegetables, Whole Grain Dinner Roll, Fresh Fruit
26	27	28	29	
Butternut Squash Ravioli with Chicken and Sage, Steamed Broccoli, Garden Salad, Dinner Roll, Fresh Fruit	Beef Enchilada Casserole with Peppers, Onions and Cheese, Garden Salad with Oranges and Beets, Corn Chips and Salsa, Key Lime Pie	Chicken Fricassee with Carrots, Peas and Mushrooms, Roasted Red Potatoes, Spinach Salad, Dinner Roll, Cookies	Black Bean Soup with Home Made Pork Sausage, Tossed Mixed Green Salad, Dinner Roll, Lemon Bundt Cake	