



PROGRAM CALENDAR - APRIL 2024

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
Easter Dinner 8-3 Tax Assistance 10 Ping Pong at the Little Theater 10 BINGO 1 Gentle Yoga	10 Game Day 1 Advisory Meeting 1 Mahjong 2 SLN: Soldiers in Skirts 3 Bone Builders	9:30 Beginner Tai Chi 10 Ping Pong at the Little Theater 10:30 Handwork Circle 10:40 Advanced Tai Chi 12 French Table 1 Gentle Yoga 1 Bridge	10 Cribbage 10:30 Strength, Stretch, Stability 12:30 Tech Support 3 Bone Builders	10:30 Bingo 1 Mahjong 1-2:30 Creative Arts Workshop
8	9	10	11	12
Eclipse Day 8-3 Tax Assistance 10 BINGO 10 Ping Pong at the Little Theater 1 Gentle Yoga	Reflexology Appts 10 Game Day 12 Caregiver Support Group 1 Mahjong 2 SLN: Heart Castle 3 Bone Builders	8-3 Tax Assistance 9:30 Beginner Tai Chi 10 Veggie VanGo 10 Ping Pong at the Little Theater 10:30 Handwork Circle 10:40 Advanced Tai Chi 12 French Table 1 Gentle Yoga 1 Bridge	10 Cribbage 10:30 Strength, Stretch, Stability 1 Author Talk with Celia Ryker 2 Chronic Pain Management Virtual Class 3 Bone Builders	10:30 Bingo 1 Mahjong
15	16	17	18	19
8:30 Newsletter Folding 9:30-12:30 Benefits Assistance Appts 10 BINGO 10 Ping Pong at the Little Theater 1 Gentle Yoga 1 Quilt Program	9:30 Commodities 10 Game Day 1 Mahjong 1 Puffin Slideshow 2 SLN: Will Rogers 3 Bone Builders	8:30 Board Meeting 9:30 Beginner Tai Chi 10 Ping Pong at the Little Theater 10:30 Handwork Circle 10:40 Advanced Tai Chi 12 French Table 1 Gentle Yoga 1 Bridge	8:30-3 Foot Clinic 10 Cribbage 10:30 Strength, Stretch, Stability 12:30 Tech Support 1:30 Art with Finnie 2 Chronic Pain Management Virtual Class 3 Bone Builders	CLOSED for Spring Cleaning
22	23	24	25	26
10 BINGO 10 Ping Pong at the Little Theater 1 Gentle Yoga 1 Community Connections with Melanie Sheehan	Volunteer Appreciation Banquet 5:30 pm CLOSED for lunch and all daily programs	Reflexology Appts 10 Ping Pong at the Little Theater 9:30 Beginner Tai Chi 10:30 Handwork Circle 10:40 Advanced Tai Chi 12 French Table 1 Gentle Yoga 1-3 Coin Appraisals 1 Bridge	Birthday Day 10 Cribbage 10:30 Strength, Stretch, Stability 1 Movie Day 1-3 Coin Appraisals 2 Chronic Pain Management Class 3 Bone Builders	10:30 BINGO 1 Mahjong
29	30			
9:30-12:30 Benefits Assistance Appts 10 BINGO 10 Ping Pong at the Little Theater 1 Gentle Yoga	8:30-3 Foot Clinic 10 Game Day 1 Mahjong 3 Bone Builders			RESERVATIONS REQUIRED FOR ALL PROGRAMS & MEALS