



MENU - OCTOBER 2024

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
Suggested donation for guests ages 60 and over is \$7 For guests under age 60, the meal price is \$12 2% milk, juice, coffee, tea with all meals	Beef Ravioli with Pesto Sauce, Garden Vegetables, Mixed Green Salad with Balsamic Dressing, Garlic Bread, Fresh Fruit	Chicken Cacciatori, Brown rice Pilaf, Steamed Broccoli, Fruit, Cookie	Pulled Pork with House Made BBQ Sauce, Cole Slaw, Baked Beans, Corn Bread, Apple Pie	Half Ham and Cheese Sandwich on Wheat Bread with Lettuce, Tomato, Cheddar Cheese, Bowl of Split Pea Soup, Fresh Fruit
7	8	9	10	11
Clam Chowder Soup, Garden Salad with Garbanzo Beans, Beets, Orange Segments, Carrots and Cucumber, Cottage Cheese, Cookie	Pork Stew with Peas and Carrots, Mashed Potatoes, Roasted Fall Squash, Whole Wheat Dinner Roll, Cookie	Baked Cod with Lemon and Fresh Herbs, Local Vegetables, Saffron Rice Pilaf, Caesar Style Salad with Carrots and Tomatoes, Fresh Fruit Parfait	Roasted Herb Chicken Breast, Roasted Potatoes, Local Vegetables, Whole Wheat Dinner Roll, Brownie and Fresh Fruit	Oktoberfest Grilled Bratwurst, Sweet and Sour Cabbage, Potato Salad, Apple Cake
14	15	16	17	18
CLOSED for Indigenous Peoples' Day	Grilled Hamburgers on a Whole Wheat Bun with Lettuce, Tomato, Red Onion and Pickles, Cole Slaw, Baked Beans, Hot Fudge Sundae, Fresh Fruit	Penne Pasta with Beef Bolognese Sauce using Cloudland Farms Beef, Local Vegetables, Tossed Mixed Green Salad with Garden Vegetables, Fresh Fruit and a Cookie	Sweet and Sour Chicken with Peppers and Red Onion, Steamed Jasmine Rice, Mixed Green Salad with Crispy Noodles and Sesame Vinaigrette, Cookies	Baked BBQ Style Chicken Leg Quarters, Cole Slaw, Roasted Fall Vegetables, Baked Beans, Dinner Roll
21	22	23	24	25
Turkey Club Sandwich on Wheat Bread with Bacon, Cheddar Cheese, Lettuce, Tomato and Pickles, Cole Slaw, Fresh Fruit, Pumpkin Pie	Italian Wedding Soup with Mild Italian Sausage, Garden Salad with Garbanzo Beans, Beets, Oranges, Carrots & Cucumber, Cottage Cheese, Fruit, Cookie	Chicken Parmesan, Angel Hair Pasta, Steamed Broccoli, Tossed Garden Salad, Garlic Bread, Fresh Fruit	Birthday Day Roasted Pork Loin with Gravy, Baked Potato, Green Beans, Caesar Salad, Fruit, Cake and Ice Cream	Baked Chicken Breast with Lemon and Fresh Herbs, Rice Pilaf, Local Vegetables, Roll, Fresh Fruit
28	29	30	31	
Southwestern Style Pork Chili with Tomatoes, Corn, Peppers and Onions, Garden Salad with Ranch Dressing, Corn Bread, Ice Cream with Fruit Compote	Grilled Hot Dog on a Whole Wheat Bun, Cole Slaw, Savory Baked Beans, Tossed Green Salad with Garden Vegetables, Fresh Fruit and a Cookie	Annual Meeting Spaghetti and Meat Balls with Parmesan Cheese, Roasted Squash, Caesar Salad, Fresh Fruit Salad	Tuna Salad Sandwich on Whole Wheat Bread with Lettuce, Tomato and Pickles, Broccoli Brunch Salad with Craisins and Almonds, Pumpkin Bread with Whipped Cream	*menu subject to change based upon product availability* *Please make requests for