



# The Thompson

Your resource to age well

## MENU - MAY 2025

Mon	Tue	Wed	Thu	Fri
			1	2
<b>Suggested donation for guests ages 60 and over is \$7</b>  <b>For guests under age 60, the meal price is \$12</b>  <b>2% milk, juice, coffee, tea with meals</b>	<b>*menu subject to change based upon product availability*</b>  <b>*Please make requests for substitutions 24 hours in advance</b>		<b>MOW ONLY</b> Baked Fish of the Day with Lemon and Fresh Herbs, Rice Pilaf, Mixed Vegetables, Greek Style Salad with Croutons, Carrots, Cucumber, Sweet Peppers, Olives & Tomatoes, Cookie	<b>MOW ONLY</b> Chicken Salad served on a bed of local Mixed Greens with Carrots, Cucumber, Tomatoes, Pickled Red Onion and Croutons, House Made Maple Vinaigrette, Roll, Fresh Fruit, Brownie
5	6	7	8	9
<b>Cinco De Mayo</b> Enchilada Casserole with Ground Beef, Black Beans, Corn Jack & Cheddar Cheese, Corn Chips & Salsa, Garden Salad, Fruit, Churros with Whipped Cream	Tuna Salad Sandwich on Whole Wheat Bread with Lettuce & Tomato, Cucumber and Red Onion Salad with Fresh Herbs, Fresh Fruit Salad and a Cookie	Chicken Parmesan with Marinara & Provolone Cheese, Pasta Tossed with Fresh Herbs & Olive Oil, Steamed Mixed Vegetables, 'Garlic Bread, Fresh Fruit Salad	Patty Melt (Beef) Sandwich with Caramelized Onions & Mushrooms & Cheddar Cheese on Whole Wheat Bread, Broccoli Slaw, Fruit Salad, Cookie	<b>Community Partner Appreciation Day</b> Mac and Cheese with Peas, Chicken and Toasted Bread Crumb Crust, Mixed Green Salad, Fresh Fruit, Ice Cream
12	13	14	15	16
<b>Mother's Day Lunch</b> Swedish Meatballs with Egg Noodles, Steamed Seasonal Vegetables, Garden Salad with Fresh Vegetables & House Made Dressing, Strawberry Shortcake	Roasted Mild Italian Sausage Link with Peppers & Onions, Pasta Casserole with Garden Vegetables & Parmesan Cheese, Caesar Salad, Fresh Fruit, Cookie	Baked Chicken Breast with Fresh Rosemary and Garlic, Roasted Red Potatoes, Cauliflower, Broccoli and Carrots, Dinner Roll, Brownie	<b>Community Partner Appreciation Day</b> Vegetable Frittata with Zucchini, Tomato, Broccoli and Roasted Sweet Peppers and Cheddar Cheese, Mixed Green Salad, Roll, Fresh Fruit, Hedgehog Cookies	Grilled Hot Dog on a Wheat Bun, Cole Slaw, Potato Chips, Baked Beans, Fresh Fruit, Ice Cream Sundae
19	20	21	22	23
Beef Bolognese with Linguini Pasta, Sautéed Green Beans with Almonds & Parmesan Cheese, Dinner Roll, Fresh Fruit, Apple Crisp	Grilled Chicken Breast Seasoned with Fresh Herbs & Lemon Brown Rice Pilaf, Baked Squash with Zucchini & Corn, Fresh Fruit Salad, Rice Pudding	Beef Stew with Potatoes, Peas, Carrots & Mushrooms, Mashed Potatoes, Mixed Green Salad with Garden Vegetables & Fresh Croutons, Whole Grain Roll, Mixed Fruit Salad	<b>Older Americans Lunch/Birthday Day</b> Baked Ham with Roasted Pineapple & Maple Glaze, Cole Slaw, Savory Baked Beans, Corn Bread, Gingerbread Birthday Cake and Ice Cream	Teriyaki Chicken, Steamed Jasmine Rice, Mixed Vegetables, Garden Salad with Pineapple, Carrots, Cucumber and Sesame Ginger Dressing, Cookies
26	27	28	29	30
<b>CLOSED for Memorial Day</b>	Chicken Tortilla Soup with Tomato, Black Beans, Corn, Sweet Peppers, Topped with Sour Cream, Tortilla Chips, Garden Salad with Green Goddess Dressing, Dinner Roll, Hot Fudge Sundae	<b>Volunteer Appreciation Lunch</b> Grilled Maple Mustard Chicken Breast, Roasted Potatoes, Mixed Garden Vegetables, Whole Wheat Roll, Brownie and Fresh Fruit	Stuffed Peppers with Ground Turkey, Zucchini, Butternut Squash, Cauliflower and Quinoa, Tomato Sauce, Mixed Grain Pilaf, Fresh Fruit, Pumpkin Bread	Cheeseburger on a Whole Wheat Bun with Lettuce, Tomato, Red Onion, Pickles and House Spread, Baked Potato Wedges, Cole Slaw, Mixed Fruit Cobbler