



The Thompson

Your resource to age well

PROGRAM CALENDAR - AUGUST 2025

Mon	Tue	Wed	Thu	Fri
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RESERVATIONS REQUIRED FOR ALL PROGRAMS & MEALS				10 Ping Pong at the Little Theater 10:30 BINGO 1 Mahjong
4	5	6	7	8
9 Walking Group 10 BINGO 10 Ping Pong at the Little Theater 1 Gentle Yoga 1 Advisory Meeting	9:30 Benefits Assistance 10-12 Memoir Class 1 Mahjong 1 Writer's Workshop 1-3 Memoir Class 2 SLN: FDR and the Bomb 3 Bone Builders	9:30 Beginner Tai Chi 10 Ping Pong at the Little Theater 10:30 Handwork Circle 10:40 Advanced Tai Chi 12 French Table 12 Spanish Group 1 Gentle Yoga 1 Bridge	10 Cribbage 10-12 Morning Jam 10:30 Strength, Stretch, Stability 3 Bone Builders	10 Ping Pong at the Little Theater 10:30 BINGO 10:30 Revo Casino Trip 1 Mahjong
11	12	13	14	15
9 Walking Group 10 BINGO 10 Ping Pong at the Little Theater 1 Gentle Yoga 1:15 Movie Day	10-12 Memoir Class 12 Caregiver Support Group 1 Writer's Workshop 1-3 Memoir Class 2 SLN: Iran through the Ages 1 Mahjong 3 Bone Builders	8:30-3 Foot Clinic 9:30 Beginner Tai Chi 10 Ping Pong at the Little Theater 10:30 Handwork Circle 10:40 Advanced Tai Chi 12 French Table 1:30 Community Connections 12 Spanish Group 1 Gentle Yoga 1 Bridge	10 Cribbage 10:30 Strength, Stretch, Stability 3 Bone Builders	10 Ping Pong at the Little Theater 10:30 BINGO 1 Mahjong
18	19	20	21	22
9 Walking Group 10 BINGO 10 Ping Pong at the Little Theater 10:30 Chair Yoga 1 Gentle Yoga	9:30 Commodities 10-12 Memoir Class 1 Mahjong 1 Writer's Workshop 1-3 Memoir Class 1:30 SMP Talk 2 SLN: Pro Football Hall of Fame 3 Bone Builders 5:30 Supper Club at Angkor Wat	8:30 Board Meeting 9:30 Beginner Tai Chi 10 Ping Pong at the Little Theater 10:30 Handwork Circle 10:40 Advanced Tai Chi 12 French Table 12 Spanish Group 1 Gentle Yoga 1 Bridge	8:30-3 Foot Clinic 10 Cribbage 10-12 Morning Jam 10:30 Strength, Stretch, Stability 3 Bone Builders	10 Ping Pong at the Little Theater 10:30 BINGO 1 Mahjong
25	26	27	28	29
9 Walking Group 10 BINGO 10 Ping Pong at the Little Theater 10:30 Chair Yoga 1 Gentle Yoga	1 Mahjong 1 Writer's Workshop 2 SLN: FDR and Social Security 3 Bone Builders	9:30 Beginner Tai Chi 10 Ping Pong at the Little Theater 10:30 Handwork Circle 10:40 Advanced Tai Chi 12 French Table 12 Spanish Group 1 Gentle Yoga 1 Bridge	Birthday Day 10 Cribbage 10:30 Strength, Stretch, Stability 12 Hawaiian themed birthday lunch (wear your Hawaiian shirts!) 3 Bone Builders	Breakfast Day (No lunch) 10 Ping Pong at the Little Theater 10:30 BINGO 1 Mahjong