



The Thompson

Your resource to age well

MENU - NOVEMBER 2025

Please call by 9:30 am to make your reservation for all meals

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
Beef Barley Soup, Cottage Cheese, Mixed Green Salad with Garden Vegetables, Whole Grain Dinner Roll, Ice Cream Sundae, Fresh Fruit Salad	Greek Style Chicken Breast with Artichoke Hearts, Tomato, Capers and Fresh Herbs, Brown Rice Pilaf, Steamed Fall Vegetables, Whole Grain Dinner Roll, Pumpkin Bread with Whipped Cream, Fresh Fruit Salad	Pork Stew with Carrots, Potato, Mushroom and Peas, Garden Salad with Beets, Carrots and Cucumber, Whole Grain Dinner Roll, Fresh Fruit Salad, Cookie	Thanksgiving Dinner Roasted Turkey, Mashed Potato, Stuffing, Cranberry Sauce, Parsnips and Winter Squash, Whole Grain Dinner Roll, Fresh Fruit Salad, Pumpkin Pie	9 Pie for Breakfast Pie Buffet, Quiche, Fruit, Cheese, Coffee, Tea No Lunch Served
10	11	12	13	14
Chicken Corn Chowder with Broccoli and Red Potatoes, Garlic Whole Grain Dinner Roll, Fruit Parfait with Yogurt, Granola and Maple Syrup	CLOSED for Veterans Day	Veterans Lunch Baked Ham with Pineapple Sauce, Mashed Potatoes, Stewed Green Beans, Whole Grain Dinner Roll, Pumpkin Bread with Whipped Cream, Fruit	Stuffed Peppers with Ground Turkey, Butternut Squash, Spinach and Fresh Herbs, Brown Rice Pilaf, Tomato Sauce, Whole Grain Dinner Roll, Fresh Fruit Salad	Roasted Chicken Breast with BBQ Sauce, Mac and Cheese, Steamed Broccoli, Cole Slaw, Fresh Fruit Salad, Ice Cream
17	18	19	20	21
Pulled Pork Sandwich on a Wheat Kaiser Roll, Potato Salad, Quick Pickled Cucumbers, Fresh Fruit Salad, Cookie	Chicken Cacciatori, Braised Chicken with Sweet Peppers, Mushrooms and Onions in Tomato Sauce, Roasted Squash, Brown Rice Pilaf, Garden Salad with Homemade Dressing, Fresh Fruit	Baked Cod with Lemon and Fresh Herbs, Local Vegetables, Saffron Rice Pilaf, Caesar Style Salad with Carrots, Cucumber, Parmesan & Croutons, Fruit Salad	BIRTHDAY DAY Meat Loaf, Roasted Red Potatoes, Steamed Broccoli, Carrots & Cauliflower, Whole Grain Dinner Roll, Fresh Fruit, Birthday Cake and Ice Cream	Cheese Tortellini with Chicken and Pesto Sauce, Roasted Zucchini, Peppers and Onions, Garden Salad, Garlic Whole Grain Dinner Roll, Fresh Fruit Salad
24	25	26	27	28
Cheeseburger on a Whole Wheat Bun with Lettuce, Tomato, Red Onion, Pickles and House Spread, Potato Salad, Mixed Fruit Cobbler	Chicken Noodle Casserole with Peas, Mushrooms and Carrots, Garden Salad with Cucumbers, Olives and Tomato, Whole Grain Dinner Roll, Fresh Fruit Salad, Cookie	American Chop Suey With Cloudland Farm Ground Beef and Macaroni, Parmesan Cheese, Whole Grain Dinner Roll, Garden Salad with Carrots, Beets and Cucumber, Fruit	THANKSGIVING CLOSED	CLOSED
			Suggested donation for guests ages 60 and over is \$7 For guests under age 60, the meal price is \$12 2% milk, juice, coffee, tea with meals	*menu subject to change based upon product availability* *Please make requests for substitutions 24 hours in advance