



The Thompson

Your resource to age well

PROGRAM CALENDAR - NOVEMBER 2025

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10 BINGO 10 Ping Pong 1 Gentle Yoga 1 Advisory Meeting	9:30 Benefits Assistance 10:30 Chair Yoga 1 Mahjong 1 Recipe Swap 2 SLN: Eisenhower on the Farm 3 Bone Builders	9:30 Beginner Tai Chi 10:30 Handwork Circle 10:40 Advanced Tai Chi 12 French Table 12 Spanish Group 1 Gentle Yoga 1 Bridge	Thanksgiving Dinner 8-3 Medicare Appts 10 Cribbage 10:30 Strength, Stretch, Stability 10:30-11:30 Tech Appointments 1:30 Art with Finnie 3 Bone Builders	9:00 Pie for Breakfast (No lunch today) 10 Ping Pong 10:30 BINGO 1 Mahjong
10	11	12	13	14
8:30-3 Foot Clinic 10 BINGO 10 Ping Pong 1 Gentle Yoga	CLOSED for Veterans Day 2 SLN: Veterans Day at the Mighty Eight (online viewing only)	Veterans Lunch 10:30 Handwork Circle 11:45 Veteran Ceremony 12 French Table 12 Spanish Group 1 Music with Jerry Blakeney 1 Gentle Yoga 1 Bridge	8-3 Medicare Appts 10 Cribbage 10:30 Strength, Stretch, Stability 3 Bone Builders	10 Ping Pong 10:30 BINGO 1 Mahjong
17	18	19	20	21
10 BINGO 10 Ping Pong 1 Gentle Yoga 1:15 pm Movie Day	9:30 Commodities 10:30 Chair Yoga 12 Caregiver Support Group 1 Mahjong 1:15 Calligraphy with Chris Eldridge 2 SLN: Wright Brothers National Memorial 3 Bone Builders	8:30 Board Meeting 9:30 Beginner Tai Chi 10:30 Handwork Circle 10:40 Advanced Tai Chi 12 French Table 12 Spanish Group 1 Gentle Yoga 1 Bridge	BIRTHDAY DAY 8-3 Medicare Appts 8:30-3 Foot Clinic 10 Cribbage 10:30 Strength, Stretch, Stability 2-3 pm Tech Appointments 3 Bone Builders	10 Ping Pong 10:30 BINGO 1 Mahjong 1-2:30 Line Dancing Class
24	25	26	27	28
8-3 Medicare Appts 10 BINGO 10 Ping Pong 1 Gentle Yoga 1 Community Connection	10:30 Chair Yoga 1 Mahjong 1:30 Soup Supper Club 2 SLN: Francis Perkins: FDR Library & Museum 3 Bone Builders	9:30 Beginner Tai Chi 10:30 Handwork Circle 10:40 Advanced Tai Chi 12 French Table 12 Spanish Group 1 Gentle Yoga 1 Bridge	THANKSGIVING CLOSED	CLOSED
				RESERVATIONS REQUIRED FOR ALL PROGRAMS & MEALS



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