





The Thompson Your resource to age well





ANNUAL REPORT 2025

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A message from our President and Executive Director

When you step inside The Thompson Center, you're likely to hear laughter spilling out of the dining room, smell something delicious coming from the kitchen, or find neighbors greeting each other like old friends. For 46 years, The Thompson has been more than just a building—it's been a lifeline, a gathering place, and a source of comfort and fun for thou-

sands of older adults and their families.

But in recent years, the need outgrew the walls. Demand for meals—both in-house and through Meals on Wheels—more than doubled in the last decade. Programs were often filled to capacity, and waiting lists were common. During crises like the pandemic and devastating floods, The Thompson became a safety net, proving again how essential it is to the community.

The reality is clear: Vermont is aging faster than most states and community based programs are critical in supporting this demographic. Whether it was curbside meals, prescription delivery, and virtu-



Karen Rosene-Montella, M.D.

Deanna Jones

al programs during the pandemic, grocery and water delivery after the flooding, or creating one number to call for any aging at home question, The Thompson has always risen to meet the moment. We knew we couldn't keep up with the demand in our previous kitchen and building. We had to think about the future—not just for today's older adults, but for the next generation too.

With the support of donors, community partners, and neighbors, we have now completed our building renovation and expansion project that added 5,000 square feet to our facility. With Estes & Gallup as the builder and architects Jason Gaddis and Jeremiah Goulet guiding the design, along with a supportive, engaged board, and volunteer cochairs of the renovation committee, Ginny Eames and Liza Deignan, the project went smoothly and finished under budget and ahead of schedule -- with programs & services continuing while we had to be out of our building from December to April. None of this would've been possible without our community. From generous donations, to off-site locations to continue our services, to the flexibility of staff and volunteers, the project was built not only of bricks and mortar, but of kindness and shared vision. The Thompson belongs to all of us. Every gift, no matter the size, and every hour of time donated is part of making sure that we all have the care, companionship, and dignity we deserve as we age.

When the doors opened on the newly expanded Thompson, it wasn't just a bigger building. It was a promise kept—that in Woodstock and surrounding towns, older adults will always have a place to gather, to be nourished, and to feel connected.

What a year! Thank you to each donor, staff member, board, volunteer, and community partner who helped make our dream a reality in 2025.

Karen Rosene-Montella, President, Board of Directors Deanna Jones, Executive Director

Our Community Counts on The Thompson

Nutrition

23,371

Total Meals



14,115 Home-Delivered Meals on Wheels7,786 In-house dining room meals1,470 Scotland House Adult Day meals

Homeshare

8

Matches Made



31 Guest Applicants18 Host Applicants

Transportation

2,185

Rides



Rides provided to and from The Thompson, medical appointments, local rides for shopping, errands, and more

Programs

Wellness classes, workshops, tax appointments, foot clinic, memoir classes, caregiver support, balance screenings, card games, music, insurance counseling, social events, & more!



28,249

check-ins

1,620

individuals

Aging at Home



Thousands of calls for caregiver and housekeeping referrals, legal or financial planning, home repairs, homesharing, medical equipment, flood assistance, vaccines, and other aging at home questions



Handy man projects



Veggie Van Go and other grocery & fresh produce deliveries



Pieces of Medical Equipment distributed







Photos (starting at the top): Daniel Bellmore & Liza Deignan at lunch, Veterans recognition, Bus trip loads for Magic Wings butterfly museum.

Statistics represent a disrupted year with construction and our building closed from December - April

Our Dream Became a Reality

Highlights of our renovated and expanded building

- Kitchen and Dining Room space doubled
- Improved efficiency in kitchen equipment
- RenewAir system to filter air and provide clean air return in each room
- Max Comins Community Room is our multi-purpose dining room and program space
- Hearing loop technology in community room allows for hearing aids and cochlear implants with T-coils to connect to hear the speaker directly in their hearing aid
- Sound system and portable hearing devices allow improved hearing for all
- Room divider in community room to allow different groups or programs to happen simultaneously
- Sliding doors on kitchen windows for sound insulation during programs
- Acoustic ceiling tiles throughout
- Private dining room/conference room off the community room for caregiver support lunches, language tables, and private lunch meetings
- Wellness room dedicated to fitness programs with new flooring, sound panels, and windows
- Health Services space for foot care clinics, medicare counseling, and Community Care Coordinator office space
- Media room for zoom classes and workshops
- ADA ramp access on both sides of the building
- Green Mountain Foundation Creative Arts Room provides dedicated space for creative and fun programs
- ADA bathroom on 2nd floor
- Improved storage space
- Artwork by Loren Fisher, Focus Gallery

Builder:

Estes & Gallup, Lyme, NH

Architects:

J Gaddis Design and Jeremiah Goulet

Major Gifts Campaign Co-Chairs:

Carolyn Kimbell and Tom Phillips

Building Committee Volunteer Co-Chairs:

Ginny Eames and Liza Deignan

Project Manager:

Deanna Jones











BUILDING OUR FUTURE TOGETHER

Honoring the generosity of all who supported the 2025 building renovations, together shaping a stronger future for our community.

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Victoria Thrane Matthew von Unwerth & Jacqueline LeDonne Tuesday & Dennis Wright

Charles & Elizabeth Rattigan

Emma & Michael Schmell

Events & Fundraising

Thank you to all who donated or participated in our 2025 fundraising events to support the operations of the Thompson.

Special Thanks to The Woodstock Rotary Club for supporting Meals on Wheels at their annual gala.



Thank you to our Fabulous Winter Gala Sponsors!

Underwriters



Tom & Tracy Phillips

Diamond Sponsors













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Volunteer Spotlight

More than 180 volunteers gave over 5,000 hours last year!



The enthusiasm, dedication, and joyful spirit of our volunteers are the heartbeat of The Thompson.

Volunteers give their time in these critical roles:

Board Member

Committee Work (Holiday Bazaar, Auction, Aging at Home, Strategic Planning)



Guest Speaker

Handyman

Kitchen Help

Library Volunteer

Meals on Wheels Driver

Musicians

Newsletter Folder

Office Helper

Program Facilitator

Receptionist

Table Setting

Tax Assistance

Wait Staff

Yard Work













Annual Appeal Donors 2024 - 2025

Friend: up to \$99

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Sustainer: \$500 - \$999

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Thomas Weschler
& Mary Hawkins
Tuesday & Dennis Wright

Thank you to each of these donors for responding to our annual appeal for operating support.

We are so grateful to all of our donors. Please let us know if you spot an error.









Age Well with The Thompson

One Number to Call



One number to call for any need — Thompson staff are happy to help with any question, from shower chairs to Medicare and everything in between. We're here for a friendly chat or a check-in call, too.

Vetted Service Providers

We partner with a wide variety of businesses and individuals to bring you any service you need to AGE WELL at HOME! We check references and only suggest businesses or individuals who have happily agreed to be an Aging at Home service provider.



Home Repairs and Odd Jobs

Volunteers and staff can help with a variety of non-skilled, small odd jobs like putting away porch furniture and bird feeders, changing smoke detector batteries, figuring out how to check your voice mail, or even put up a Christmas tree. If it's a bigger job, we can help you find the right person or business for your need.

Age Well Education and Outreach

Educational talks are presented on topics ranging from legal planning, fall prevention, the Smart Driver safety course, nutrition and cooking, downsizing, hospital to home transitions, advance directives, and more. Our Age Well e-newsletter is published every other month and provides readers with information on ways to age well at home and in their community through current and reliable information on health, lifestyle, diet and resources.

Homeshare

Homesharing is a simple idea: two or more people share a home for mutual benefit. One person offers a private bedroom and shared common space in their home in exchange for rent, help around the home or a combination of the two. After conducting background and reference checks, trained Thompson staff will work to find the most compatible match possible based on mutual interests, needs, ar



most compatible match possible based on mutual interests, needs, and lifestyle. There are no age or income restrictions to be eligible for the program.

Our homeshare pilot project was funded in part by a grant from the Woodstock Economic Development Commission. As of October 1, 2023, The Thompson operates as a satellite office of HomeShare Vermont.

Program Highlights

In spite of our renovations and moving completely out of our own building, it was a fun year with lots of program and events to enrich our lives. We loved all the ways we connected with our community over the year, but here are a few highlights:

- Our holiday and annual events were festive and fun. We enjoyed the Yankee Swap and holiday meal at the North Chapel, Holiday Tea at The Jackson, St. Patrick's Day lunch at the Masonic Lodge, and returned to our new building before our annual ice cream social with classic car rides.
- ▼ We stayed fit with Bone Builders, Tai Chi, Strength &
 Stretch, Yoga, and Eat Smart, Move More, Weigh Less,
 with virtual and in-person options for some classes. Special
 thanks to the Woodstock Jewish Community Shir Shalom
 and the Woodstock Rec Center for hosting our wellness
 programs during our renovations.
- ▼ We got creative with ArtistTree through creative art projects with Finnie, writing workshops with Robin Gaby Fisher, Memoir writing with Margaret Edwards, tie dyeing, musical performances and jam sessions, and a story telling workshop.
- Hundreds benefitted from the help of the AARP Tax-Aid volunteers, foot care clinics, and flu shot vaccination booster clinic.
- Community Connections chats with local area leaders and partners as well as Supper Club outings kept us engaged.
- We cooked at the White Cottage and Woodstock Inn Country Club and brought lunches to the Masonic Lodge.









Treasurer's Report Fiscal Year 2024 - 2025

	Fiscal Years Ending							
OPERATING INCOME	9/30/2021*	9/30/2022	9/30/2023 9/30/2024		9/30/2025			
Transportation Donations	\$ 4,124	\$ 4,717	\$ 4,497	\$ 6,026	\$ 7,336			
Meal Donations	50,836	81,941	89,784	105,480	96,669			
Fundraisers & Donations	223,626	252,284	296,182	260,276	302,810			
Senior Solutions (OAA funding)	91,416	124,738	98,224	130,604	127,369			
Grants	181,822	43,488	99,179	53,610	116,098			
Town Funding	67,800	64,800	64,800	69,600	70,000			
Program Income	5,454	5,281	16,417	55,326	18,404			
Rental Income	540	1,780	2,990	4,475	1,466			
Memorial Donations	23,930	7,418	15,071	12,685	8,525			
Total Operating Income	\$649,548	\$586,446	\$ 687,143	\$ 698,082	\$ 748,677			
OPERATING EXPENSES								
Fundraising Expense	\$ 7,051	\$ 9,302	\$ 32,402	\$ 31,502	\$ 32,690			
Insurance - General	8,033	9,730	9,187	17,527	13,347			
Occupancy	51,766	62,024	85,129	76,155	56,932			
Personnel-Wages, Insurance, Taxes	341,203	380,484	424,665	497,357	621,388			
Food & Kitchen Expense	95,123	118,121	105,131	116,941	109,835			
Programs & Trips	9,666	9,779	30,987	58,080	37,516			
Vehicle Expense	10,881	9,045	8,671	11,349	10,589			
Administrative Costs	51,630	48,976	44,265	49,195	47,826			
Total Operating Expenses	\$575,352	\$647,462	\$ 740,438	\$ 858,106	\$ 930,122			
NET OPERATING INCOME (LOSS)	\$ 74,196	\$(61,015)	\$ (53,295)	\$ (160,024)	\$ (181,445)			

Stated as of October 1, 2025. Subject to independent accountant financial review and year end adjustments.

Reports available upon request. *FY21 include Covid related expenses/ relief.

Payroll Protection Loan (PPP) forgiven in FY21 Grants

Invested Funds								
Fiscal Year End	9/30/2021	9/30/2022	9/30/2023	9/30/2024	9/30/2025			
Beginning Balance	\$1,299,975	\$1,716,435	\$2,214,382	\$2,749,929	\$3,322,404			
Gains (appreciation)	286,460	-316,756	306,651	423,218	344,149			
Gifts to Invested Funds	130,000	759,703	288,896	269,257	528,468			
Balance	1,716,435	2,159,382	2,809,929	3,442,404	4,195,021			
Withdrawals for Operations	0	55,000	60,000	120,000	30,000			
Ending Balance	\$1,716,435	\$2,214,382	\$2,749,929	\$3,322,404	\$4,165,021			

A message from our Treasurer

Local contributions and fundraising led our FY2025 operating revenue to \$748,000, a 7% increase over 2024. Not surprisingly, operating costs rose 8.4% to \$930,122. We acknowledge our tremendous staff who truly went extra miles to deliver services throughout the renovation months, while maintaining operating budget integrity.

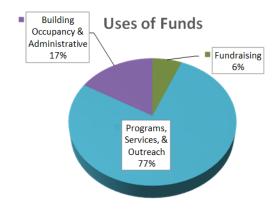
We anticipate operating costs will increase sizably in FY2026 as we digest new occupancy expenses, hire necessary staff, and juggle inflationary pressures in food and healthcare costs.

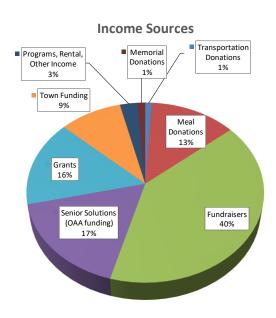
The Thompson receives limited annual federal funding through the Older Americans Act, distributed by the state of VT and ear-marked for meals costs. Roughly 17% of our total operating revenue, this funding has been volume-capped for FY2026, effectively a funding reduction, since we anticipate meal volumes will be higher. Potential disruptions at either the federal or state level could be consequential.

Thus, we are especially grateful for our endowment to buffer economic uncertainty. Our strategic plan directs us to use 5% of endowment funds annually to supplement operations. In FY2025, we were fortunate to receive several bequests and a covid-era employee retention grant, minimizing the need to draw on the endowment for operations. Preservation of the endowment gives us a dose of confidence that we can bridge transitional operating expenses in 2026, even if they exceed the 5% target.

The Thompson staff is dedicated to the daily enrichment of its participants. Our financial stability reflects those priorities. Thank you for the widespread commitment of our patrons, volunteers, individual contributors, business sponsors, and town government. Together, we have built so much more than a building.

Respectfully submitted, Beth Harper, Treasurer for the Board of Directors





Memorial Gifts

In memory of Anna King

Mary Corrigan Rhonda & Dan Bruce

In memory of Carl Kesseli

Richard & Linda Brackett

In memory of Charles Luetke

Peggy Lichtenstein

In memory of Dale Richards

David Westphalen & Susan Dotson

In memory of David Laughlin

Janet Mayberry

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In memory of Eddie English

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John & Wendy Wannop
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Ralph English & Sally Olsen
Fred & Corey Barr
Roy & Joanne Bates
Susan Chiefsky & Ed Esmond
Rhonda & Dan Bruce

In memory of Edwin & Dorothy Thompson

David & Patricia Thompson

In memory of Gordon Worth

Deborah Gravel
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In memory of Margaret Audsley

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Ping Pong Friends

In memory of Norman Boynton

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In memory of Robert & Nancy Lewis

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In memory of Ruth Wiegand

John Wiegand

In memory of Allen Dougherty

Rhonda & Dan Bruce

In memory of Janet Maxham

Paula Audsley & Tom Morse

In memory of Perry Maxham

Paula Audsley & Tom Morse

In memory of Lyle Morgan

Raymond Racicot

dear friends for supporting The Thompson during their lifetime and for leaving legacy gifts that will help to support the mission of The Thompson now and in

the future.

We are so grateful to these

Legacy Gifts



Jim & Noreen Huff





Edwin A. English gift of his West Woodstock home

Wilfert Family
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Lunch at the Masonic Lodge

Our Mission



The Thompson helps older adults age well in our rural community. We provide timely support and services and are a resource and advocate on issues related to aging. Our programs and activities foster the physical, intellectual and social well being of our adult community to enhance dignity, self-worth and independence.

Supporting Foundations and Grants 2024-2025

AARP

Glad Rags

HomeShare Vermont

Kirby Family Foundation

Laurance & Mary Rockefeller/ Woodstock Foundation Fund

Liswhit Foundation

Elizabeth Blencowe Fund

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Vermont Community Foundation

Woodstock Farmer's Market

Woodstock Garden Club

Woodstock Rotary Club

Fiscal Year 10/1/24- 9/30/25



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