



The Thompson

Your resource to age well

MENU - JANUARY 2026

Please call by 9:30 am to make your reservation for all meals 802-457-3277

Mon	Tue	Wed	Thu	Fri
			1	2
Suggested donation for guests ages 60 and over is \$7 For guests under age 60, the meal price is \$12 2% milk, juice, coffee, tea with meals	*menu subject to change based upon product availability* *Please make requests for substitutions 24 hours in advance		CLOSED for New Year's Day	Ed's Famous American Chop Suey, Green Beans, Garlic Bread, Fresh Cut Fruit
5	6	7	8	9
New England Clam Chowder Soup, Tossed Garden Salad with Feta Cheese, Orang and Toasted Almonds, Whole Grain Dinner Roll, Brownie, Fresh Fruit Salad	Cheese Tortellini with Chicken and Pesto Sauce, Steamed Garden Vegetables, Garlic Bread, Mixed Berry Crisp with Whipped Cream	Catch of the Day, Brown Rice Pilaf, Steamed Broccoli, Mixed Green Salad with Garden Vegetables, Whole Grain Dinner Roll, Fresh Fruit	Beef Enchilada Casserole (Cloudland Farms Beef) with Cheese and Red Enchilada Sauce, Rice and Beans, Chips and Salsa, Fruit, Key Lime Pie	Turkey Burger on a Whole Wheat Bun, Lettuce, Tomato, Onion and Pickle, Baked French Fries, Macaroni Salad with Hard Egg and Peas, Ice Cream Sundae with Blueberry Compote and Whipped Cream
12	13	14	15	16
Cheese Ravioli with Roasted Butternut Squash, Zucchini, Tomatoes, Parmesan Cheese and Fresh Herbs, Garlic Bread, Fresh Fruit Salad	Sweet and Sour Chicken with Pineapple, Sweet Peppers and Red Onions, Steamed Brown Rice, Garden Salad with Crispy Noodles and Sesame Dressing, Ice Cream	Beef Stroganoff, Egg Noodles, Roasted Mixed Vegetables, Whole Grain Dinner Roll, Fresh Fruit Salad	BBQ pulled Pork with Homemade BBQ Sauce, Potato Mac Salad, Cole Slaw, Corn Bread, Ice Cream with Fruit Topping	Split Pea Soup with a Half Ham and Cheese Sandwich Panini Style (or Veggie Panini), Broccoli Slaw, Fruit, Cookie
19	20	21	22	23
CLOSED for Martin Luther King Jr. Day	Italian Wedding Soup with Meatballs, Spinach, Carrots, Orzo Pasta, Tomato and Parmesan Cheese, Tossed Caesar Salad, Whole Grain Dinner Roll, Fresh Fruit	Philly Cheese Steak Sandwich with Peppers, Onions and Mushrooms, Cole Slaw, Baked French Fries, Mixed Fruit Crisp with Whipped Cream	Birthday Day Roasted Pork Loin and Gravy, Baked Potato, Roasted Vegetable Mix, Dinner Roll, Fresh Fruit, Birthday Cake and Ice Cream	Butternut Squash, Peppers, Onions, Broccoli & Mushroom Pasta Casserole, Tossed Mixed Green Salad with Carrots, Oven Roasted Tomatoes, Croutons and Parmesan Cheese, Fresh Fruit
26	27	28	29	30
Eggplant Parmesan with Basil Pesto, Marinara Sauce, Mozzarella & Parmesan Cheeses, Tossed Salad with Olives, Roasted Peppers, Tomato and Carrots, Dinner Roll, Fruit	Tex-Mex Style Pork Chili with Corn, Black Beans, Tomato, Roasted Sweet Peppers Topped with Sour Cream, Cheddar Cheese and Scallions, Corn Bread Cole Slaw, Fresh Fruit	Chefs Choice Fish of the Day, Boiled Potatoes with Fresh Herbs and Butter, Sautéed Vegetables, Apple Cake with Spiced Whipped Cream	Roasted Chicken Breast with Lemon, Rosemary and Garlic, Baked Sweet Potatoes, Steamed Broccoli, Carrots & Cauliflower, Dinner Roll, Fresh Fruit Salad	Italian Sausage Link with Sautéed Peppers and Onions, Pasta with Marinara Sauce, Green Beans, Dinner Roll, Ice Cream with Fruit Compote