



PROGRAM CALENDAR - MARCH 2026

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
8-3 Tax Assistance 10 BINGO 10 Ping Pong 1 Gentle Yoga 1 Advisory Meeting	Reflexology Appointments 9:30 Benefits Assistance 10:30 Chair Yoga 1 Mahjong 3 Bone Builders	10 Advanced Tai Chi (Virtual) 10 Ping Pong 10:30 Handwork Circle 12 French Table 1 Gentle Yoga	10 Cribbage 10-12 Morning Jam 10:30-11:30 Tech Tutoring 1 Men's Yoga 1:30 Art with Finnie 3 Bone Builders	10 MOW Thank You Walk 10 Beginner Tai Chi (Virtual) 10 Ping Pong 10:30 BINGO 1 Mahjong 1 The American Revolution Documentary
9	10	11	12	13
8-3 Tax Assistance 10 BINGO 10 Ping Pong 1 Gentle Yoga	10:30 Chair Yoga 12 Caregiver Support Group 1 Mahjong 1 Virtual Tour - Basilica of St. Ambrose 3 Bone Builders	10 Advanced Tai Chi (Virtual) 10 Ping Pong 10:30 Handwork Circle 12 French Table 1 Gentle Yoga	10 Cribbage 10-12 Morning Jam 1 Men's Yoga 1 Art with Rose 3 Bone Builders	10 Beginner Tai Chi (Virtual) 10 Ping Pong 10:30 BINGO 1 Mahjong 1 The American Revolution Documentary 1 Comedy Show
16	17	18	19	20
8-3 Tax Assistance 10 BINGO 10 Ping Pong 1 Gentle Yoga 2-4 Jackson House Tea	St. Patrick's Day Reflexology Appointments 9:30 Commodities 10:30 Chair Yoga 12:45 Fiddler 1 Mahjong 3 Bone Builders	8:30 Board Meeting 10 MOW Annual Meeting 10 Advanced Tai Chi (Virtual) 10 Ping Pong 10:30 Handwork Circle 12 French Table	8:30-3 Foot Clinic 10 Cribbage 10-12 Morning Jam 10:30 Strength, Stretch, Stability 1 Men's Yoga 1 Legal Talk 2-3 Tech Tutoring 3 Bone Builders	10 Beginner Tai Chi (Virtual) 10 Ping Pong 10:30 BINGO 11 Grief Support Group 1 Mahjong 1 The American Revolution Documentary
23	24	25	26	27
8-3 Tax Assistance 10 BINGO 10 Ping Pong 1 Gentle Yoga	10:30 Chair Yoga 1 Mahjong 1 Master Class 3 Bone Builders	10 Advanced Tai Chi (Virtual) 10 Ping Pong 10:30 Handwork Circle 12 French Table 1 Gentle Yoga 1 Book Group	BIRTHDAY DAY 10 Cribbage 10-12 Morning Jam 10:30 Strength, Stretch, Stability 1 Men's Yoga 3 Bone Builders	10 Beginner Tai Chi (Virtual) 10 Ping Pong 10:30 BINGO 1 Mahjong 1 The American Revolution Documentary
30	31			
8-3 Tax Assistance 8:30-3 Foot Clinic 10 BINGO 10 Ping Pong 1 Gentle Yoga	10:30 Chair Yoga 1 Mahjong 3 Bone Builders			RESERVATIONS REQUIRED FOR ALL PROGRAMS & MEALS 802-457-3277