



The Thompson

Your resource to age well

MENU - MAY 2026

Please call by 9:30 am to make your reservation for all meals 802-457-3277

Mon	Tue	Wed	Thu	Fri
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<p>Suggested donation for guests ages 60 and over is \$7</p> <p>For guests under age 60, the meal price is \$12</p> <p>2% milk, juice, coffee, tea</p>	<p>*menu subject to change based upon product availability*</p> <p>*Please make requests for substitutions 24 hours in advance</p>			Sweet Italian Sausage Link with Roasted Peppers and Onions, Marinara Sauce, Pasta Casserole with Garden Vegetables, Apple Cinnamon Bread with Whipped Cream
4	5	6	7	8
Eggplant Parmesan with Marinara Sauce, Basil Pesto, Mozzarella and Parmesan Cheese, Garden Salad with Feta Cheese, Orange, Toasted Almond, Carrots and House made Dressing, Fruit	Cinco de Mayo Beef Enchilada Casserole with Cloudland Farms Beef, Corn, Enchilada Sauce, Jack and Cheddar Cheese, Black Beans and Brown Rice Chips and Salsa, Guacamole, Key Lime Pie	Baked BBQ Chicken Leg Quarters, Potato Salad Red Cabbage Slaw with Apples and Craisins, Whole Grain Roll, Apple Crisp with Whipped Cream	Pork Stew with Peas and Carrots, Mashed Potatoes, Mixed Green Salad with Beets, Orange and Carrots, Whole Wheat Dinner Roll, Cookie	Quiche with Broccoli, Bacon, Sweet Roasted Peppers, Vermont Cheddar, Mixed Green Salad with Garden Vegetables with Maple Vinaigrette, Fresh Fruit and a Cookie
11	12	13	14	15
Mother's Day Lunch Roasted Turkey Breast with Pan Gravy, Steamed Red potatoes with Butter and Fresh Herbs, Baked Butternut Squash, Corn and Kale, Whole Grain Roll, Strawberry Short Cake	Cheese Ravioli with Roasted Vegetables, Vodka Style Pasta Sauce, Tossed Mixed Green Salad with Carrots, Tomato, Cucumber, Croutons and House Made Caesar Dressing, Fresh Fruit Salad	Baked Haddock with Lemon and Herbs, Saffron Brown Rice Pilaf, Roasted Squash, Whole Grain Roll, Yogurt parfait with Fresh Fruit, Granola and Maple Syrup	Birthday Day Roasted Pork Loin with Gravy, Baked Potato, Green Beans, Caesar Salad, Fruit, Cake and Ice Cream	Cheeseburgers on a Whole Wheat Bun with Lettuce, Tomato, Pickles and Red Onion, Potato Salad with Hard Egg and Peas, Brownies, Fresh Fruit
18	19	20	21	22
New England Style Clam Chowder Soup, Garden Salad with Croutons, Sweet Peppers, Carrots and Olives, Dinner Roll Ice Cream	Sweet and Sour Chicken with Peppers and Red Onion, Steamed Jasmine Rice, Mixed Green Salad with Crispy Noodles and Sesame Vinaigrette, Cookies	Older Americans Month Lunch Chicken Parmesan with Marinara Sauce and Mozzarella Cheese, Pasta Casserole, Steamed Broccoli, Caesar Salad, Fruit Salad	Pork Spareribs with Homemade BBQ Sauce, Baked Beans, Cole Slaw, Corn Bread, Blueberry Cobbler	Turkey Club Sandwich on Wheat Bread with Bacon, Cheddar Cheese, Lettuce, Tomato and Pickles, Cole Slaw, Fresh Fruit, Pumpkin Pie
25	26	27	28	29
Closed for Memorial Day	Tomato Soup with a Fresh Mozzarella and Basil Pesto Sandwich, Broccoli Brunch Salad, Fresh Fruit Salad, Lemon Pound Cake with Whipped Cream	Indian Style Butter Chicken, Rice Pilaf with Saffron and Fresh Herbs, Roasted Local Vegetables, Tossed Garden Salad, Roll, Cookie	Chef's Dinner No lunch served	Ed's American Chop Suey, Mixed Green Salad with Carrots, Olives, Cucumber, Garlic Bread, Mixed Fruit Crisp with Oat Crumb Crust