The Thompson
Your resource to age well

MENU - NOVEMBER 2026

Please call by 9:30 am to make your reservation for all meals 802-457-3277

Mon	Tue	Wed	Thu	Fri
2	**3**	**4**	**5**	**6**
Butternut Squash Soup, Half Fresh Mozzarella and Pesto Sandwich, Fresh Fruit, Cookie	Southwestern Beef Chili with Cloudland Farms Ground Beef, Corn, Black Beans and Tomato Topped with Cheddar Cheese, Corn Bread, Cole Slaw, Fresh Fruit	Baked Fish of The Day with Lemon and Fresh Herbs, Mixed Vegetables, Saffron Rice Pilaf, Whole Grain Dinner Roll, Apple Crisp with Vanilla Ice Cream	**Turkey Dinner** Roasted Turkey, Mashed Potato, Stuffing, Cranberry Sauce, Parsnips and Winter Squash, Whole Grain Dinner Roll, Pumpkin Pie, Fruit	**9 am Pie for Breakfast** Pie Buffet, Quiche, Fruit, Cheese, Coffee, Tea **No lunch served**
9	**10**	**11**	**12**	**13**
Eggplant Parmesan with Marinara Sauce, Parmesan and Mozzarella Cheese, Basil Pesto, Mixed Greens with Garden Vegetables, Fresh Fruit	Chicken Casserole with Pulled Roasted Chicken, Peas, Carrots, Butternut Squash with a Breadcrumb Topping, Corn Bread, Cole Slaw, Fruit Salad	**CLOSED for Veterans Day**	**Veterans Day Lunch** Baked Ham with Pineapple Sauce, Mashed Potatoes, Stewed Green Beans, Whole Grain Roll, Pumpkin Bread with Whipped Cream, Fruit	American Chop Suey (Cloudland Farms Beef) and Macaroni, Parmesan Cheese, Whole Grain Dinner Roll, Garden Salad with Carrots, Beets and Cucumber Fresh Fruit Salad
16	**17**	**18**	**19**	**20**
Hearty Beef and Vegetable Soup, Half Grilled Cheese Sandwich, Brownie with Whipped Cream Mixed Fruit Salad	Pulled Pork, BBQ Macaroni Salad, Broccoli Brunch Salad with Craisins, Toasted Almonds and Carrots. Biscuit, Ice Cream, Fresh Fruit	Chicken Cacciatori, Braised Chicken with Sweet Peppers, Mushrooms and Onions in Tomato Sauce, Brown Rice Pilaf, Caesar Salad, Whole Grain Roll, Fresh Fruit	**Birthday Lunch** Meatloaf, Roasted Potatoes, Roasted Vegetables, Gravy, Whole Grain Roll, Fresh Fruit Salad, Birthday Cake and Ice Cream	Ham Salad Sandwich, Potato Salad, 3 Bean Salad with Peppers and Carrots, Yogurt Parfait with Granola, Fresh Fruit, and Maple Syrup
23	**24**	**25**	**26**	**27**
New England Style Clam Chowder, , Garden Salad with Lemon Herb Dressing, Whole Grain Dinner Roll, Cookie and Fresh Fruit	Baked Chicken Breast with Lemon and Herbs, Couscous, Roasted Fall Vegetables, Garden Salad and House Made Dressing, Fresh Fruit, Vanilla Pudding with Nilla Wafers	Quiche Bacon, Spinach, Tomato and Vermont Cheddar Cheese (Vegetarian Options avail), Garden Salad, Whole Grain Dinner Roll, Apple Pie	**Thanksgiving Closed**	**Closed**
30				
Chicken Marsala, Rice Pilaf with Carrots and Peas, Steamed Green Beans, Dinner Roll, Fresh Fruit, Pumpkin Pie			**Suggested donation for guests ages 60 and over is $7** **For guests under age 60, the meal price is $12** **2% milk, juice, coffee, tea**	***menu subject to change based upon product availability*** ***Please make requests for substitutions 24 hours in advance**

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